

**STEREOMICROSCOPIC COMPARATIVE ANALYSIS  
OF MICROLEAKAGE IN ROOT CANAL OBTURATED  
WITH C-POINTS, GUTTAFLOW, AND GUTTA  
PERCHA.**

**(IN- VITRO STUDY)**

**Thesis submitted in partial fulfilment of the requirement for degree  
of**

**MASTER OF DENTAL SURGERY**

**In the subject of  
CONSERVATIVE DENTISTRY AND ENDODONTICS**

**DEPARTMENT OF CONSERVATIVE DENTISTRY & ENDODONTICS  
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## **DECLARATION BY THE CANDIDATE**

I hereby declare that this dissertation entitled **“Stereomicroscopic Comparative Analysis Of Microleakage In Root Canal Obturated With C-Points, Guttaflow And Gutta Percha (In Vitro Study)”** is a bonafied and genuine research work carried out by me under the guidance of **Dr. Lalit C. Bourah**, professor Department of Conservative Dentistry and Endodontics, Babu Banarasi Das College of Dental Sciences, Babu Banarasi Das University, Lucknow, Uttar Pradesh.

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**CERTIFICATE**

This is to certify that the dissertation entitled  
“**Stereomicroscopic Comparative Analysis Of Microleakage  
In Root Canal Obturated With C-Points, Guttaflow, And  
Gutta Percha (In Vitro Study)**” is an original bonafied  
research work done by *Dr. ANSITA GUPTA*, in partial  
fulfilment of the requirement for the degree of **MASTER OF  
DENTAL SURGERY (M.D.S)** in the speciality of  
**CONSERVATIVE DENTISTRY AND ENDODONTICS**  
under our supervision.

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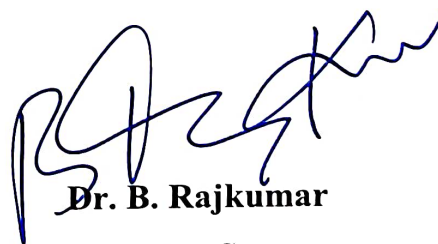


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**CERTIFICATE**

This is to certify that the dissertation entitled “**Stereomicroscopic Comparative Analysis Of Microleakage In Root Canal Obturated With C-Points, Guttaflow, And Gutta Percha (In Vitro Study)**” has been undertaken by the candidate **Dr. ANSITA GUPTA**, under direct supervision and guidance of **Dr. Lalit C. Bourah**, Professor, Department of Conservative Dentistry and Endodontics, Babu Banarasi Das College of Dental Sciences, Babu Banarasi Das University, Lucknow, Uttar Pradesh.

  
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# *Introduction*

### INTRODUCTION

Complete obturation with three dimensional fluid tight seal of the root canal system is a critical step in successful root canal therapy; it should provide a fluid tight seal to inhibit penetration of bacteria and their byproducts into the cleaned and disinfected canals. Thus various materials and techniques for obturation have been developed from time to time.<sup>1</sup>

The primary objectives of endodontics are total debridement of the pulpal space, development of a fluid-tight seal at the apical foramen and total obturation of the root canal system.<sup>2</sup>

According to Ingle the most common causes of endodontic failure is incomplete obturation and 59% endodontic failure were due to leakage in the root canal seal.<sup>2</sup>

Microleakage between root canal filling and root canal walls may adversely affect the outcome of root canal treatment. Therefore, complete obturation of the root canal system with an inert filling material and creation of an apical seal have been proposed as goals for successful endodontic treatment.<sup>3</sup>

The three main objectives of obturation is to remove all the bacteria remaining in the root canal system and to stop the influx of periapical tissue derived fluid from re-entering the root canal and to prevent coronal leakage of bacteria.<sup>4</sup>

In the past root canal filling materials and techniques have been developed in a hope to achieve total root canal obturation.<sup>5</sup> The root canals have been reported to be filled with amalgam, balsam, bamboo, cement, copper, gold foil, iron, lead, oxy-chloride of zinc, paraffin paste, plaster of Paris, resin, rubber, silver points, tin foil and a lot more materials.<sup>6</sup>

## INTRODUCTION

Gutta-percha was first introduced by HILL (1847) in restorative dentistry and G.A. Bowman (1867) in endodontics. Gutta-percha is a dried coagulated extract of plant of *Balaquium*, Blanco genus of *sapotaceae* family.<sup>5</sup>

Gutta percha is the most commonly used obturating material in contemporary endodontic practice. It is known for its excellent properties that is-Chemical stability; biocompatibility<sup>7</sup>, inert nature; ability to adapt to the canal walls, low tissue irritation, its permanency (Wein 1962, Grossman 1983) and heated gutta-percha possesses the property of flow.

Chemically pure Gutta-percha exists in two distinctly different crystalline forms ( $\alpha$  and  $\beta$ ),

That can be interconvertible, so taking advantage of the phase transformation of the gutta-percha various obturation techniques have been developed from time to time.<sup>8</sup>

Numerous methods have been proposed to fill the root canal. Current techniques are still based on gutta-percha and sealer to achieve this goal; despite the advent of numerous techniques and rotary instrumentation systems, the lateral compaction technique remains as a widely used option because of its simplicity and low cost.<sup>9</sup>

Recently newer materials have been introduced for better obturation like Guttaflow and C-point.

Guttaflow (Colten\waledentAltstätten, Switzerland) is a thixotropic root canal filling material which combines the sealer polydimethyl siloxane with fine gutta percha powder. it is the first sealer\gutta percha combination which is flowable at room temperature.<sup>8</sup> The finely ground gutta-percha powder and the silicone-based matrix are distributed homogeneously after mixing. Gutta-Flow has very promising properties because of its insolubility, biocompatibility, post-setting expansion, great fluidity, and for providing a thin film of sealer. Gutta-Flow has nano-silver in its composition. Nano-silver is a



*Results*

### **Statistical analysis**

Data were summarized as Mean  $\pm$  SE (standard error of the mean). Groups were compared by one way analysis of variance (ANOVA) and the significance of mean difference between the groups was done by Tukey's HSD (honestly significant difference) post hoc test after ascertaining normality by Shapiro-Wilk's test and homogeneity of variance by Levene's test. A two-tailed ( $\alpha=2$ ) p value less than 0.05 ( $p<0.05$ ) was considered statistically significant. Analysis were performed on SPSS (Windows version 17.0).

### **Results and Observations**

The present *in vitro* study evaluates the stereomicroscopic comparative analysis of microleakage in root canals obturated with lateral compaction (LC), Gutttaflow (GF), and C-points (CP). The outcome measure of the study was microleakage measured in mm. The objective of the study was to compare the microleakage among the groups.

### **Sample and group**

In the present study, total 30 intact human single rooted premolars extracted for orthodontic reasons with closed apices were included. randomise equally in three groups. The sample, material used and allocation of groups is summarized in Table 1 and also depicted in Fig. 1.

**Table 1: Distribution of samples, material used and allocation of groups**

Material used	Group name	No of samples (n=30)
GUTTA PERCHA USING AH PLUS SEALER	Group 1	10
GUTTAFLOW SYSTEM with master cone	Group 2	10
C-POINT with bio-ceramic sealer	Group 3	10

**Table 2: Observed microleakage length and width at interface of root canal filling  
(mm) of three groups**

		Microleakage length (mm)			Microleakage width (mm)		
		Coronal	Middle	Apical	Coronal	middle	Apical
Group 1	SNO						
LC	1	0.000	0.000	0.589	0.000	0.000	0.430
	2	0.000	0.000	0.000	0.000	0.000	0.000
	3	0.000	0.000	0.140	0.000	0.000	0.000
	4	0.000	0.000	0.000	0.000	0.000	0.000
	5	0.000	0.000	0.000	0.000	0.000	0.000
	6	0.000	0.000	0.000	0.000	0.000	0.000
	7	0.000	0.000	0.000	0.000	0.000	0.380
	8	0.000	0.000	0.000	0.000	0.000	0.000
	9	0.000	0.000	0.000	0.000	0.000	0.000
	10	0.000	0.000	0.000	0.000	0.000	0.162
Mean	3.000	0.000	0.000	0.146	0.000	0.000	0.223
SD	1.58	0.000	0.000	0.255	0.000	0.000	



Group 2							
GF	1	0.000	0.000	0.000	0.000	0.000	0.000
	2	0.000	0.000	0.000	0.000	0.000	0.000
	3	0.000	0.000	0.000	0.000	0.000	0.000
	4	0.000	0.000	0.000	0.000	0.000	0.000
	5	0.513	0.000	0.000	0.000	0.000	0.000
	6	0.000	0.000	0.000	0.000	0.000	0.000
	7	0.000	0.000	0.000	0.000	0.000	0.000
	8	0.000	0.000	0.000	0.747	0.000	0.000
	9	0.000	0.000	0.000	0.000	0.000	0.000
	10	0.000	0.000	0.000	0.000	0.000	0.000
Mean	3.000	0.103	0.000	0.000	0.149	0.000	0.000
SD	1.581	0.229	0.000	0.000	0.334	0.000	0.000
Group 3							
CP	1	0.000	0.000	0.000	0.000	0.000	0.000
	2	0.000	0.000	0.300	0.000	0.000	0.090
	3	0.060	0.250	0.000	0.000	0.800	0.000
	4	0.000	0.000	0.000	0.000	0.000	1.650
	5	0.000	0.000	0.000	0.000	0.000	0.000
	6	0.000	0.000	0.280	0.000	0.000	0.000
	7	0.000	0.000	0.130	0.000	0.000	0.250
	8	0.000	0.000	0.120	0.000	0.000	0.000
	9	0.000	0.000	0.000	0.060	0.000	0.940
	10	0.000	0.000	0.000	0.000	0.000	0.000
Mean	3.000	0.012	0.050	0.166	0.012	0.160	0.586
SD	1.581	0.027	0.112	0.124	0.027	0.358	0.700



Fig.1. Mean microleakage width of three groups.

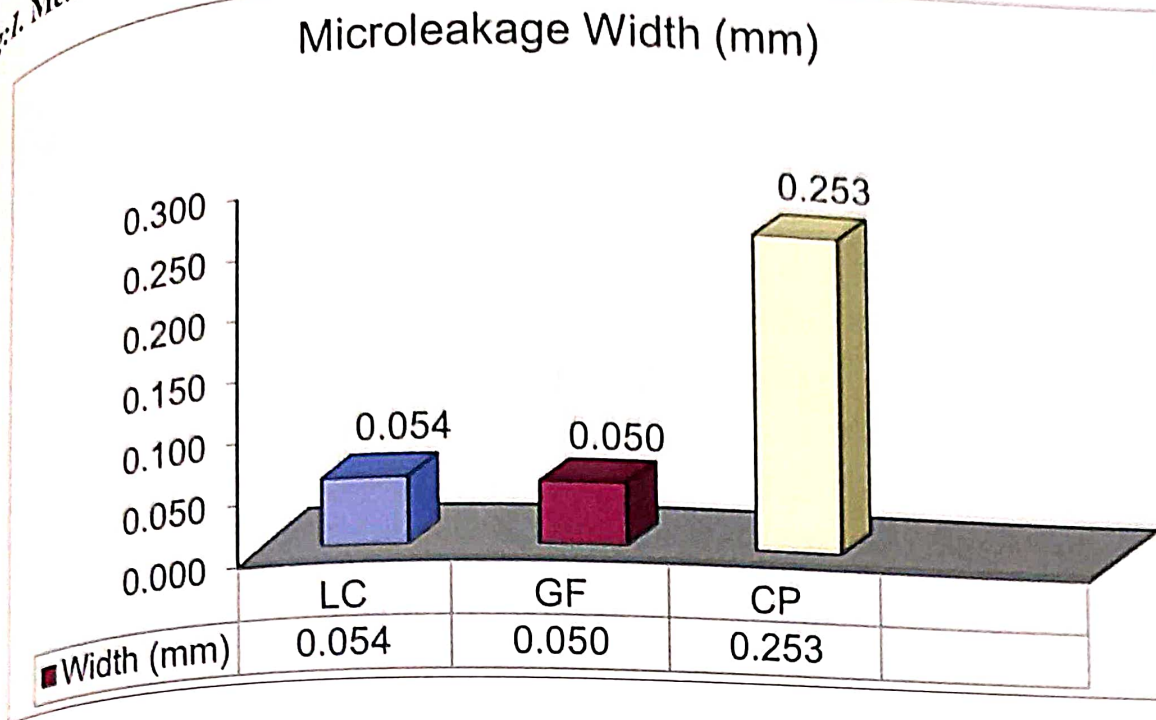


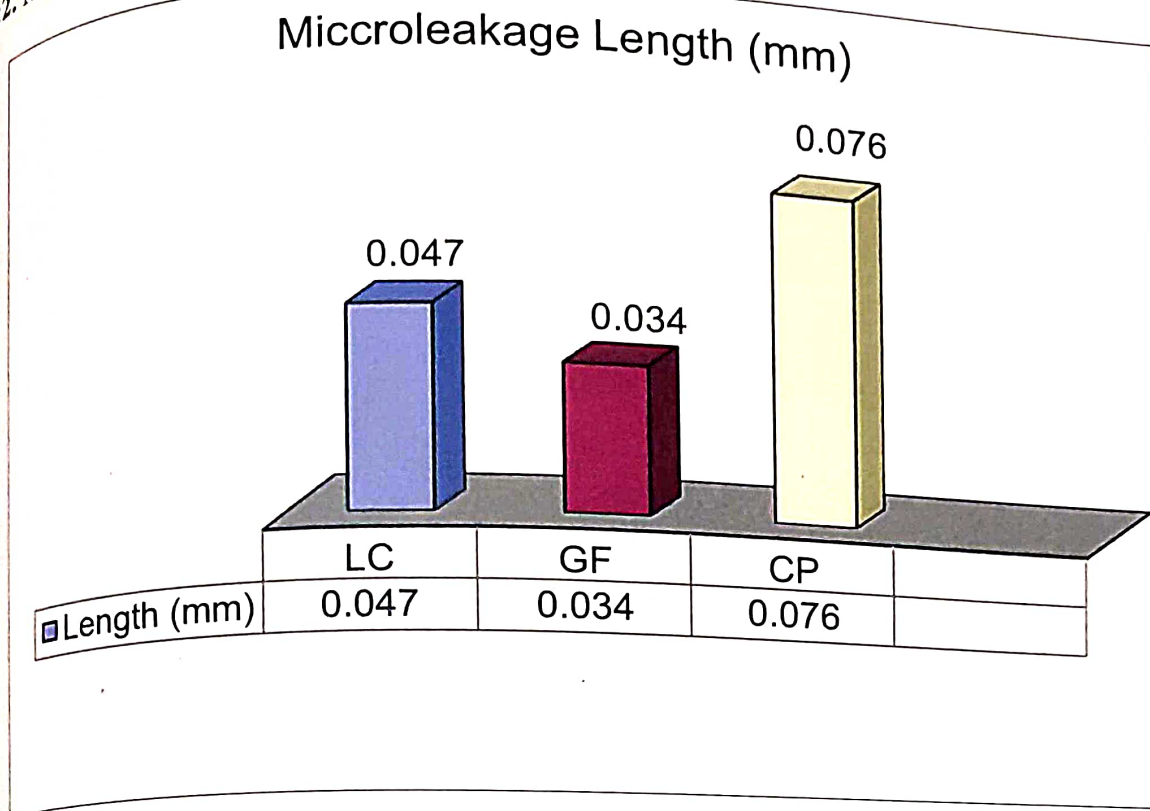
Table 3: Microleakage (Mean  $\pm$  SE, n=10) of three groups

LC	GF	CP	F VALUE	P VALUE
0.054 $\pm$ 0.033	0.050 $\pm$ 0.050	0.253 $\pm$ 0.133	2.02	0.151

Table 4: Comparison (p value) of mean difference in microleakage between the groups by Tukey test

Mean difference	P value	q value	95% CI
0.004	1.000	0.06	-0.30 to 0.30
0.199	0.267	2.69	-0.50 to 0.10
0.203	0.251	2.74	-0.50 to 0.10

Fig.2. Mean microleakage length of three groups.



#### Microleakage at interface-

The microleakage at interface of the root canal filling and the dentinal wall (mm) of three groups (LC, GF, and CP) is summarized in Table 2. Table 3, Fig.1 and Fig.2 both showed that the mean microleakage of CP was highest in compare to LC, and GF and least in GF ( $GF < LC < CP$ ).

Comparing the mean microleakage of three groups, ANOVA showed similar microleakage among the groups ( $F=2.02$ ,  $p=0.151$ ) (Table 3). Further, comparing the mean microleakage between the groups, Tukey test also showed significantly similar ( $p>0.05$ ) microleakage among the groups 1 and 2 i.e. did not differ significantly (Table 4).

*Discussion*

This in-vitro study "Stereomicroscopic comparative analysis of microleakage in root canal obturated with C-points, Guttaflow, and Gutta percha" using Methylene Blue dye (S.D. Fine-Chem Limited Mumbai 400 025)) was undertaken in the department of conservative dentistry and endodontic, Babu Banarasi Das College of Dental sciences. Stereomicroscopic examination was done in Birbal Sahani.

The present study was done in-vitro as the clinical functions and characteristics are difficult to evaluate under in-vivo condition. The in-vitro tests give possibility to evaluate mechanical properties of restored teeth, and are considered as a predictor of the possible clinical performance of a material. The main aim of this study to evaluate the distribution of sealer around the root canal walls is possible by in-vitro study only.

For many years' endodontics has been the "Cinderella of dentistry". Countless teeth have been extracted because of an exposed or pain full tooth which was considered untreatable earlier. However, approach of the people towards dentistry as a whole and endodontic therapy in particular is undergoing a dramatic change.<sup>11</sup>

Success of non-surgical endodontics is well predicted and can be attributed to-

- 1) The meticulous cleaning and shaping of the root canal system.
- 2) It's three dimensional fluid tight obturation.
- 3) A well-fitting leakage free coronal restoration

A three dimensional obturation is critical for endodontic success. Micro leakage remains to be the most crucial cause of endodontic failure. Micro leakage is defined as the passage of bacteria, fluids, and chemical substances between the root structure and filling material of any type. This occurs because of microscopic gaps at the interface of the filling material and the tooth. The objectives of obturation are-to achieve three dimensional (apical, coronal and lateral) fluid tight seal, to prevent percolation and



## DISCUSSION

microleakage of periapical exudates into the root canal space, to prevent re-infection, to create a favorable biological environment for tissue healing to take place.<sup>12</sup>

Incomplete root canal obturation has generally been considered as one of the principle cause of endodontic failure. In the past various materials and techniques have been tried to obtain a hermetic seal. The sealing ability and adaptability of various root canal filling materials were studied over years and it was found that none of the available material satisfactorily provide a hermetic seal. Thus because of the above reason currently used techniques utilize several materials for obturation. Numerous techniques have been developed to improve adaptation of the sealer to the root canal walls and to reduce its film thickness to minimum.<sup>13</sup>

Many attempts have been made to resolve this problem by variation and modification in obturation technique as well as material including Gutta percha, Guttaflow, and C-point.

Maeshal and Massler showed by way of isotopes that in a root canal procedure, Gutta-percha gives the best apical seal among the commonly used root canal filling techniques.<sup>14</sup> Gutta-percha is the most universally used solid core root canal filling material to date. Chemically pure gutta-percha exists in two distinctly different reversible crystalline form (alpha and beta).<sup>15</sup>

In this study; 30 freshly extracted single rooted pre molar teeth extracted for orthodontic reasons were used for the study. The teeth were observed under magnifying loop and checked for the absence of immature root apices, cracks, root caries, fracture and resorption defects. After extraction, the teeth were placed in sterile physiological saline solution at room temperature, cleaned ultrasonically and sectioned at cement-enamel junction using water cooled diamond disc.

Instrumentation was performed by a crown down technique using Protaper next Ni-Ti rotary instrument system.

The canal was irrigated between each instrumentation with 2% NaOCl for 1 minute and then final flush of 17% EDTA (pH 7.7) was done for 3 minute for removal of smear layer

Finally, the canals were washed with normal saline. GU et al.<sup>16</sup> (2009), Wu et al.<sup>17</sup> (2009) and Cecchin et al.<sup>18</sup> (2010) concluded that the smear layer should be removed in order to allow for better penetration of the sealer into dentinal tubules.

AH Plus was chosen as an endodontic sealer in Group (I), and Endosequence bioceramic sealer was chosen as an endodontic sealer in Group (III).

AH Plus is an epoxy-amine resin based sealer and had improved properties including color and shade stability, good esthetic demands, easy to mix, adapt closely to the wall of the prepared root canal, provide minimal shrinkage upon setting and possesses outstanding long term dimensional stability, shorter setting time and more radio opacity as proved by S. Khedmat et al.<sup>19</sup>

AH Plus showed greater adhesion to root dentin than epiphany or any other root canal sealer.<sup>20</sup> This is likely due to the fact that, as an epoxy resin based sealer, AH Plus had better penetration in the micro irregularities and dentinal tubules, which increase the mechanical inter locking between sealer and root dentin after the expansion of gutta-percha. This fact allied to the cohesion among sealer molecules, increase the resistance to removal and displacement from dentine, which can be translated as greater adhesion.<sup>20</sup>

AH-Plus is reported to expand slightly during setting resulting in lower leakage.

Bioceramic sealer (Endosequence; BRASSELER USA) Endosequence BC Sealer is a recently introduced Calcium Silicate based BC sealer, described by its manufacturer as an insoluble, radiopaque, aluminum-free material that requires the presence of water to set and harden.<sup>21,22</sup>



BC sealer being biocompatible and hydrophilic in nature it expands on setting forming a 'self seal', this expansion can reach upto 0.2% on completion of setting reaction.<sup>23</sup> This expansion, chemical and micromechanical bonding all in total increase the bonding of the sealer to root canal walls. Adding to this, high pH (12.8) during the initial 24 hours of the setting process makes this sealer strongly antibacterial.<sup>21</sup>

There are two major advantages associated with the use of bioceramic materials as root canal sealers. Firstly, their biocompatibility prevents rejection by the surrounding tissues. Secondly, bioceramic materials contain calcium phosphate which enhances the setting properties of bioceramic and results in a chemical composition and crystalline structure similar to tooth and bone apatite materials, thereby improving sealer-to-root dentin bonding. However, one major disadvantage of these materials is in the difficulty in removing them from the root canal once they are set for later retreatment or post-space preparation.<sup>13</sup>

After sealer placement, the canals were obturated according to manufacturer's instructions. After the completion of obturation, The obturation material was removed in all groups up to 2 mm apical to the orifice and cervically and sealed with restorative Glass ionomer cement. The samples were then placed in an incubator for 48 hours at 37° C 100% humidity to allow the sealer to set.

After that the root surfaces of all samples were coated with two coats of nail varnishes up to the apical 2 mm. The teeth were then immersed into methylene blue dye. The samples were then left in incubator undisturbed for 72 hrs at 37°C, after removing from dye solution; the specimens were washed with water and dried.

After drying all the specimens were longitudinally sectioned using a slow speed diamond disc. The quality of apical seal obtained by root canal obturation material can be assessed by various methods like bacterial penetration<sup>24</sup> fluid transport<sup>25</sup>, clarification<sup>26</sup>,

penetration of radioisotopes<sup>27, 28</sup> electrochemical methods<sup>29</sup> and gas chromatography<sup>30</sup>. Dye penetration tests; however, seem to be the most widely used<sup>31, 32, 33</sup>

In this technique dye penetration method was used because of its simplicity, ease to perform and it does not require sophisticated materials. Methylene blue dye was used as it is nontoxic (p H 3-4.5), its molecular size is similar to bacterial by-products 17 Å<sup>0</sup> such as butyric acid which can leak out of infected root canals to irritate periapical tissues. This dye was found to penetrate more up the canal than any other isotope traces. The teeth were placed vertically in the dye because in a study by Melvin *et al*, when teeth were placed horizontally in the dye, the air was trapped in the middle and did not allow the dye to penetrate fully.

The resulting samples were examined with a Wild Heerbrugg stereomicroscope under 65X magnification surface using Leica application software to determine the presence or absence of dye.

Stereomicroscopic examination was chosen for this study as this gives a three dimensional view of the surface to be examined, needs no pretreatment of the specimen (as in scanning electron microscopic examination) and is associated with an image analysis which can done by visual interpretation of parameters.<sup>34</sup>

The samples were then observed under stereomicroscope. The dye leakage was measured from the apical constriction to the longest point of dye penetration along the canal walls and obturation material itself. The obtained results were submitted for statistical analysis.

Lateral compaction of gutta-percha has remained the most widely used method of obturating root canals and is also often used as a control for evaluating sealing ability of new obturation techniques. Its advantages include predictability, relative ease of use, conservative preparation and controlled placement of materials. Disadvantages include



time consuming, lack of homogeneity of gutta-percha mass, increased number of voids and sealer pools, and less adaptation to canal walls and irregularities<sup>8</sup>.

Gutta-flow contains gutta-percha particles in powder form, with particle size of less than 30  $\mu\text{m}$ , and sealer (polydimethylsiloxane). The manufacturer claims a better seal and good adaptability because of increased flowability and the fact that this material expands slightly (0.2%) on setting, enhancing its adaptation to root dentin walls.<sup>35</sup>

The lateral expansion of C Points is claimed to occur non-uniformly, with the expandability depending on the extent to which the hydrophilic polymer is pre-stressed (i.e., contact with a canal wall will reduce the rate or extent of polymer expansion).

One of the prime reasons for increased microleakage in C Points would be due to limited moisture availability from intraradicular dentine for the expansion of the polymer.

Furthermore, the canal was blot-dried with paper points before the sealer was applied.

In this study, Gutta-flow was found superior to Lateral compaction technique and C-point.

The most likely explanation for low mean microleakage score in group 2 would be the setting expansion of Guttaflow by 0.2 % as claimed by manufactures, and validated in studies.<sup>9</sup> Post setting expansion are supposed to exhibit favorable sealing properties since expansion maximizes the movement of the material to fill voids and gaps between the main cone and the root canal walls and permits flow into canal irregularities to fill lateral canals and apical deltas.<sup>32</sup>

On evaluating the results, it was observed that C-point group shows highest Microleakage then lateral compaction and Gutta-flow. One of the prime reasons for increased microleakage in C Points would be due to limited moisture availability from intraradicular dentine for the expansion of the polymer.

## DISCUSSION

Comparing the mean microleakage of three groups, ANOVA showed similar microleakage among the groups ( $F=2.02$ ,  $p=0.151$ ) (Table 3). Further, comparing the mean microleakage between the groups, Tukey test also showed significantly similar ( $p>0.05$ ) microleakage among the groups 1 and 2 i.e. did not differ significantly (Table 4).

*Conclusion*

CONCLUSION

The present in-vitro study compared the microleakage in root canal obturated with C-points, Guttaflow, and Gutta-percha with AH Plus sealer. With the results obtained after evaluation and comparison the following conclusion were drawn from this study-

- 1) It was observed that C-point shows highest microleakage.
- 2) Though Guttaflow and Gutta percha with AH plus sealer shows no statically significant difference in microleakage, the better results were shown by Guttaflow.