### THESIS REPORT ON

### MENTAL HEALTH DEVELOPMENT CENTRE

### A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF

BACHELOR OF ARCHITECTURE
TO THE
SCHOOL OF ARCHITECTURE
BABU BANARASI DAS UNIVERSITY
LUCKNOW

by PRAGYA YADAV (1140101052)

Under the guidance of AR. PROF. K.K DIXIT

SESSION 2019/20

### **CERTIFICATE**

### SCHOOL OF ARCHITECTURE AND PLANNING BABU BANARASI DAS UNIVERSITY, LUCKNOW (U.P.).

I hereby recommend that the thesis entitled, "MENTAL HEALTH DEVELOPMENT CENTRE" under the supervision, is the bonafide work of the student and can be accepted as partial fulfillment of the requirement for the degree of Bachelor's degree in architecture, School of Architecture and Planning, BBDU, Lucknow.

Prof. Mohit Kumar Agarwal Dean of Department	Prof. Sangeeta Sharma Head of Department
Recommendation	Accepted Not Accepted
External Examiner	 External Examiner

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### **EVALUATION**

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4. Degree for which the thesis is submitted:	
5. Faculty of the University to which the thesis is su	ıbmitted
6. Thesis Preparation Guide was referred to for prothesis.	eparing the YES/NO
7. Specifications regarding thesis format have been followed.	closely YES/NO
8. The contents of the thesis have been organized b guidelines.	ased on the YES/NO
9. The thesis has been prepared without resorting t plagiarism.	YES/NO
10. All sources used have been cited appropriately.	YES/NO
11. The thesis has not been submitted elsewhere for	r a degree. YES/NO
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Pragya Yadav

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### **INTRODUCTION..**

### INTRODUCTION TO THE TOPIC....

<u>Mental health</u> includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Mental wellness goes hand-in-hand with physical health. When you eat well, get enough sleep and stay active, your emotional health can improve. Being mentally well means that your mind is in order and functioning in your best interest. You are able to think, feel and act in ways that create a positive impact on your physical and social well-being.

### AIM OF THE PROJECT

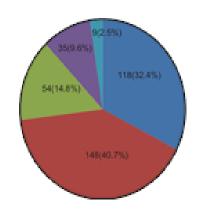
- Achieving good mental health will enable you to:
- Realise your own abilities,
- Cope with the stress and challenges of life,
- Engage in productive work,
- Contribute to your community.
- Sustaining mental health requires time and effort.
- The more you invest in your mental health, he stronger
- it will become.

### **NEED OF THE PROJECT**

- Increasing our knowledge base and awareness of mental disorders
- Increase our number of mental health professionals
- Awareness of treatment options available to treat mental disorders
- Education of the poor about the importance of mental health
- Make quality care and treatment easily available and accessible to everyone.

### **MENTAL ILLNESS IN INDIA**

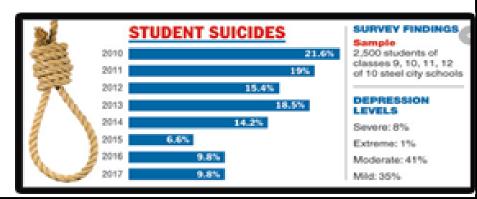
- NO depression
- MminimaL symptoms
- Minor depression
- Major depression
- Severe depression



### **MENTAL ILLNESS IN INDIA**

### MOST COMMON DISORDERS REPORTED

MOOD DISORDER 22% SCHIZOPHRENIA 23% DEPRESSION 26% ANXIETY 15% SUBSTANCE 12%



### SITE:-

### SITE INTRODUCTION

DTTDC has 6 acres of land near Garden of Five Senses Area, Said-ul-Ajab, New Delhi. DTTDC proposes to set up a world class 'MENTAL HEALTH DEVELOPMENT CENTRE' at this land through Public Private Partnership on Design, Build, Finance, Operate and Transfer (DBFOT) basis.

### **LOCATION OF THE SITE:-**

The site is located in the prime area of South Delhi near garden of five senses.

Site is surrounded by green belt on three sides ensures peace and serenity and hence augurs well for the concept of "Mental health

development center."

### **LANDFORMS:-**

- Project Site is trapezium in Shape.
- Soil type of site is kohi soil, which is known for the rocky areas as this site is located in south zone of Delhi.

### **SITE BOUNDARIES**

- --North: Saket Metro Station, Qutub minar
- --East: Garden of Five Senses
- --West: Green Belt/Jungle
- --South: Green Belt/Jungle, Said-ul-Ajab residential

area BYE LAWS:

- ☐ Permissible F.A.R. 1.25
- ☐ Ground coverage 30%
- ☐ Max. height 16M
- Front set back 12M
- Rear set back 9M
- ☐ Side set back 9m

### **BSITE PARAMETERS:**

- ☐ Site Area 6 acres
- ☐ Site Shape TRAPEZIUM
- Orientation Site have one

side roads EW.

- ☐ Geographical condition -
- 28.47 N 77.51 E
- ☐ Land use Industrial Area
- ☐ Contours & Levels Site is

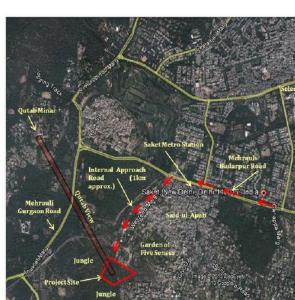
almost plain with no major levels

CONNECTIVITY

The project site is at a distance of 1 Km (via a 2 lane road) from Mehrauli Badarpur Road which is a 4 lane road connecting NH236 and NH2. The site is approximately 1 Km from Saket Metro Station (located on Mehrauli Badarpur Road).

**PROPOSED SITE** 

SIND



SITE CONNECTIVITY ROUTE

### SITE DISTANCE FROM KEY LANDMARKS:-

### **SITE IMAGES**

Area Location	Distance (Km)
Airport	15
Railway Station	17
ISBT	22
Delhi Wellness & Recreational Club Project Site	0
Select City Mall	4
Saket Metro Station	1
Qutub Minar	2.5
Gurgaon (border)	12
Faridabad(border)	11
India Gate	14
Akshardham Temple	20
Chhatarpur Temple	5



**ENTRANCE OF SITE** 



### **OBSERVATION:-**

NEAR FIVE SENSES OF GARDEN

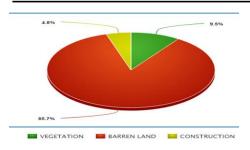
- Proposed site and garden of five senses that both are govern by (DTTDC).
- Site is surrounded by green belt/ jungle on three sides.
- Site have a kacchi road as its main approach.
- Site is attached with five senses of garden.
- In the rare side of five senses of garden there is a slum area in small zone.

SERVICES
ELECTRICITY
SEWERAGE
WATER SUPPLY

### SOURCES

B.S.E.S (Bombay suburban electricity supply NDMC AND DELHI CANTONMENT BOARD DELHI JAL BOARD

### **LANDUSE OF THE SITE:-**



### SITE INFERESES

We need to think of a mixed city with mixed functions, as near by site there is residential area, commercial area, and public area
The visitors passing by the centre while walking in the park should feel welcome, it can be designed

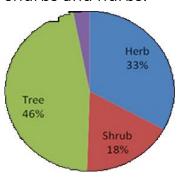
like that with the reference of park.

Add a famous park that is combine the
neighbourhood street. In that sense all inhabitants
of the area as well as visitors could enjoy the space
and the design.

### **VEGETATION On SITE:-**

In site there is various kind of deciduous

shurbs and hurbs.



- 25% TREES
- 15% SHRUBS
- **20% HERBS**
- 5% OTHERS

Percentage Of Existing vegetation





### **EXISTING IMAGES OF THE SITE**





Wild grass covers the 25% of the ground.

### S.W.O.T ANALYSIS:-

### **STRENGTH**

- Site location is prefect for mental. health development centre as it is disconnected to the central city.
- Site is surrounded by green belt and adjecent of garden of five senses.
- Various infrastructure availble in surrounding.

### **WEAKNESS**

- Vegetation: few trees present on the site, need of more landscape.
- Some part of the site covered with big boulders and rocks.

### **OPPORTUNITIES**

- Herbal garden can be used to enhance the visual and aesthetic apperance of the site.
- .The fertile soil can be used to grow herbal plants that will be used for treatment.

### **THREATS**

The construction of the project might cause disturbance to the ecological balance to a small extent.

### **SEISMIC ZONE:**

- As per Bureau of Indian Standards [IS-1893 (Part-1): 2002], based on the past seismic history,
- Delhi lies in Zone-IV that has fairly high seismicity where the general occurrence of earthquakes is of 5-6 magnitude and occasionally of higher magnitude. Delhi lies among the high-risk area. **SITE SURROUNDING:**-

- GARDEN OF FIVE SENSES.
- FIO RESTORENT
- **RESIDENDIAL AREA OF SAID-UL-AJAB.**
- **HERB GARDEN**
- **JUNGLE**
- **ELEPHANT ROCK GARDEN**

### **ORIENTATION OF SITE:**

- There is a road in front and portion of the site.
- There are vacant lands front the the site...

### **CLIMATE OF THE SITE**

### **CLIMATE**

In New Delhi Said-ul-Ajaib is a census town in South district in the Indian state of Delhi. Today it is most known for the Garden of Five Senses park developed by Delhi Tourism.

The climate is subtropical, with a very mild and sunny winter, a very hot season from mid-March to mid-June (before the monsoon), and a muggy and rainy summer due to the monsoon.

### **Temperature**

The hot season lasts for 2.8 months, from April 14 to July 8, with an average daily high temperature above 96°F. The hottest day of the year is May 26, with an average high of 103°F and low of 81°F.

The cool season lasts for 2.2 months, from December 7 to February 14, with an average daily high temperature below 74°F. The coldest day of the year is January 7,

with an average low of 46°F and high of 67°F.

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Min (°C)	6	10	14	20	26	28	27	26	24	18	11	7
Max (°C)	21	24	29	36	40	39	35	34	34	34	28	23
Min (°F)	43	50	57	68	79	82	81	79	75	64	52	45
Max (°F)	70	75	84	97	104	102	95	93	93	93	82	73

### Average temperatures

### **SUN MOVEMENT**

The length of the day in New Delhi varies over the course the year. In 2020, the shortest day is December 21, with 1 hours, 19 minutes of daylight; the longest day is June 21, with 13 hours, 58 minutes of daylight.

### **PRECIPITATION**

The wetter season lasts 2.9 months, from June 15 to September 13, with a greater than 28% chance of a given day being a wet day. The chance of a wet day peaks at 55% on July 21.

The drier season lasts 9.1 months, from September 1 to June 15. The smallest chance of a wet day is 2% on November 25.

The percentage of days in which various types of precipitation are observed.

## Surface - Minner -

### **SUN MOVEMENT OF SITE**



### **RAINFALL**

The rainy period of the year lasts for 9.3 months, from January 9 to October 18, with a sliding 31-day rainfall of at least

0.5 inches. The most rain falls during the 31 days centered around August 3, with an average total accumulation of 6.9

### inches.

### **HUMIDITY**

New Delhi experiences extreme seasonal variation in the perceived humidity.

The muggier period of the year lasts for 5.0 months, from May 19 to October 19, during which time the comfort level is muggy,

oppressive, or miserable at least 25% of the time.

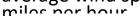
The muggiest day of the year is August 16, with muggy conditions 99% of the time.

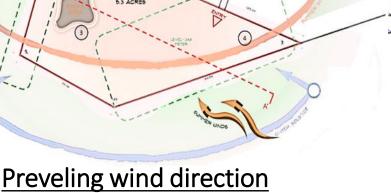
### <u>WIND</u>

The average hourly wind speed in New Delhi experiences significant seasonal variation over the course of the year.

The windier part of the year lasts for 5.9 months, from January 31 to July 27, with average wind speeds of more than 6.7

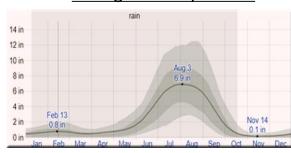
in Proposed site.

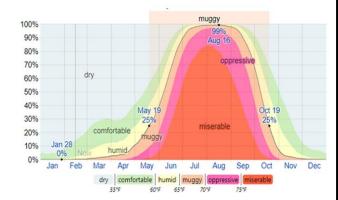




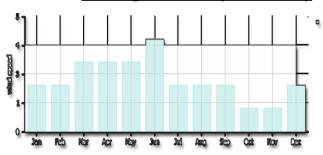
D-UL-AJAIB

### **Average Monthly Rainfall**

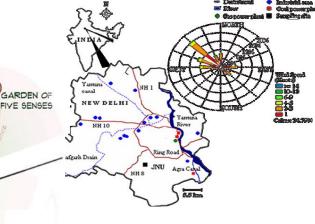




### Average Monthly Humidity



### **Average Monthly wind**



### Windrose diagram

On average, the most wind is seen in June.

On average, the least wind is seen in November

### CASESTUDY-1 PATANJALI YOGAPEETH

**FACILITIES.** 

10. Sinage for help.



### **INTRODUCTION**

Patanjali Yogapeeth in Haridwar, Uttarakhand, is one of the largest yoga institutes in India, possibly the whole world. Named after the Rishi Patanjali, the institute is Baba Ramdev's flagship project.

Its purpose is to practice and research and develop yoga and ayurveda, as well as manufacture ayurvedic medicines. It is also the home of the University of Patanjali.

### **LOCATION & APPROACH:-**

- Located on the Haridwar-Delhi highway at, very near to Roorkee, HARIDWAR.
- Pantanjali Yogpeeth is about 20 km from Haridwar at Kankhal and about 15 km from Roorkee.

•	Dehrad	un is 27	miles fro	om Hari	dwar,
	LICY INICO				•

KEY INFORIVIA	ATION:	FACILITIES		
Founder(s) Balkrishna	Baba Ramdev, Acharya	1.Hospice		
Balkrishna		2.Canteens		
Established	2006	3. Ayurvedic collages		
Focus	Yoga, Ayurveda and	4.Ayurved hospital		
	medical aid.	5.Yoga and meditation		
Chairman	Acharya Balkrishna	6.Herbal Garden		
Key people	Baba Ramdev	7.Auditorium		
Owner Divva	Yog Mandir (Trust)	8.Mega stores		
A solution of a solution		9.Residential units		

Patanjali Yogpeeth comprises two campuses named:-

1.Patanjali Yogpeeth - I 2.Patanjali Yogpeeth - II

### Patanjali Yogpeeth – I

Architect: combine space

**UNIVERSITY OF PATANJALI** 

This first Yogpeeth campus was commissioned on 6 April 2006.

Patanjali Ayurveda College. In 2010, this study and research facility was commissioned as part of the university and has 122 students as of 2013. Inside the Campus library is a special area dedicated to the research of yoga and ayurveda.

### **AMENTIES:-**

1.ATM

2.Public toilet

3.Parking





1.Patanjali Yogpeeth - I.



.Yog Bhavan

### PATANJALI YOGPEETH - II

This second Yogpeeth campus was inaugurated in April 2009. Yog Bhavan Patanjali Yog Bhawan is a huge auditorium of 200,000 sq. ft. where thousands of participants practice yoga, pranayama and meditation together. Shradhalayam is a 60,000 sq. ft. air conditioned auditorium.

Panchkarma & Shatkarma Centre is a 40,000 sq.ft.

centre where up to about 1,000 people can perform

and participate in panchakarma and shatkarma therapy.

### **OTHER FACILITIES**

- Patanjali Residencial facility for the outside visitors.
- Yoga and Research centre.
- Valmiki dhramshala
- PARKING (canteen)
- Parking
- Seva Sadan

### PATANJALI HERBAL GARDEN:-

. Patanjali Herbal Garden site Nursery, Patanjali Herbal

Garden site Gurukul Gaushala Farm, situated nearby Patanjali Yogpeeth at Maharishi Dayanand Gram, . Delhi-Haridwar highway. These Herbal Gardens have beautiful collections of more than 200 medicinal herbs, shrubs, trees climbers and ornamental plants. Since, 1997 it was a great effort with high spirit to collect the valuable medicinal plant and to ensure to grow in Garden, a Divya Vanaushadhi Vatika has been earlier established in the Ashram at Kankhal.

. PATANJALI AYURVEDIC COLLAGE:-The Patanjali Ayurved College has been established with the permission of Ayush Department Govt. of India, under the patronage of Patanjali Yogpeeth, the world renowned Institution of Medical Science & Research in Yoga and Ayurveda run by the blessing of H.H. Swami Ramdevji Maharaj.





### PATANJALI YOGAPEETH-2



### **SINAGE BOARDS**



### **HERBAL PLANTS**

Area: 2.6 Hectares

Institution Type : Govt.

Recognition: Central

Council of

Indian Medicine (CCIM)

Affiliation : Uttarakhand Ayurveda

University Harrawala, Dehradun, Uttarakhand

### CASE STUDY -2

### **BAPU NATURE CURE HOSPITAL**

### **& YOGA ASHRAM**

### **INTRODUCTION**

Bapu Nature Cure Hospital & Yogashram (BNCHY) has aligned its goals on the similar fundamentals acknowledged by Gandhiji where Naturopathy and Yoga are recognized as the finest, trouble-free and reasonably priced systems of medicine for the poor and downtrodden section of the society who cannot

afford the costly medicines.

Today, Bapu Nature Cure Hospital and Yogashram is one among the few leading

Nature Cure Hospitals in the Country helping a good share of regular health seekers, patients, students, interns and so on. The institution has been highly vigorous in imparting health care training to Schools, Corporates & Government Institutions.

### **LOCATION AND APPROACH:-**



Gandhi Smarak Nidhi, Mayur Vihar, Delhi, 110091. **DISTANCE:-**

Bus:- Bapu nature cure is 13.0 km away from the ISBT Delhi via NH44, Takes 32 min.

Train: - Bapu nature care is 10.0 km away from the Railway station via Noida link road, takes

25 min.

Airport:-Bapu nature cure is 22.7 km away from Indira Gandhi Internation Airport via Baba banda singh bahadur, setu, Takes 50 min

### **REASON TO CHOOSE THIS:-**

- This centre have all requirements which i want to provide on my 1. mental health development Centre.
- Bapu Nature Cure Hospital & Yogashram teaches Yoga and helps 2. individuals remain, physically and mentally energetic.
- 3. This site is available in Delhi as mine is also, having same topography climate and conditions.

### **FACILITIES**:

The existing premises of hospital is well equipped with following wings to cater 50 indoor & 300 outdoor patients: 6. Laboratory

- 1. Naturopathy Department 2. Physiotherapy
- Department
- 3. Ayurveda Department

7. Nature Cure S 8. Green Leaf Food Court

9.Research and

Development Center

Beautiful lush green 3 acres of campus with hospital approved by MCD & allotted by DDA.

### **CONCEPT OF NATURE CURE:-**

Three basic concepts of Nature Cure

- Accumulation of morbid (waste & toxic) matter
- Abnormal composition of blood & lymph
- Lowered vitality.

### Vision

Our vision is to encourage awareness on Naturopathy and Yoga, as the most competent

solution for prolonged health and fitness.

### Mission

Our mission is "Promotion of Holistic Health

Care through Naturopathy, Yoga therapy, Ayurveda and other drugless systems of medicines for the benefit of mankind."



- (1) Nature Cure believes that all the diseases arise due to accumulation of morbid matter in the body If scope is given for its removal, it provides cure or relief.
- (2) Nature Cure also believes that the human body possesses inherent self constructing and self healing powers.

### **EXIXTING IMAGES**







**AYURVEDA HOSPITAL** 

**NATUROPATHY DEPARTMENT** 

**PHISIOTHERAPY** 

### MATERIALS USED IN NATURE CURE:-

- campus is designed by keeping architecture in mind.
- Materials used in building are energy efficient and sustainble.





### **FLOORING**

- **TILE FLOORING** 1.
- 2. **CONCRETE**
- 3. **LAMINATE**
- 4. **STONE**

**FLOORING** 

### **STRUCTURAL**

- 1. **BRICK**
- 2. **STONE**
- 3. TIMBER
- 4. **STEEL**

### **Architectural**

The walls of building are sound insulated.

Tiles used in walls to enhance esthetic look.

Clay tiles used in roof.



Vegetation on centre

### **VEGETATION:-**

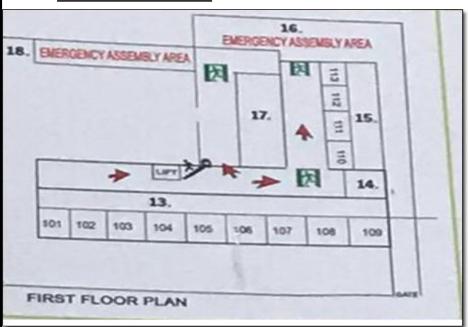
- Various types of herbal plants areayurveda medicine plants are present there as they are used for the treatment purpose.
- Herbal plants also enhances the asthetical look of the centre.

3.

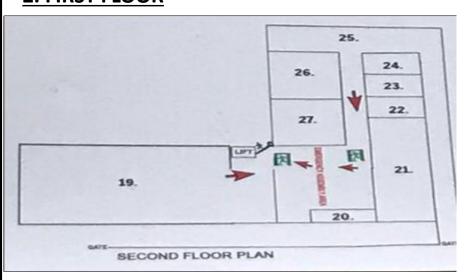
They produce their vegetables in the restorent.

# EMERGENCY ASSEMBLY AREA TO SERVICE STATE OF THE SE

### 1. **GROUND FLOOR**



### 2. FIRST FLOOR



### 3. THIRD FLOOR

- .MEDICAL SHOP
- AYURVEDA TREATMENT SECTION
- 3. OPD

1.

- 4. HOSTEL
- PHYSIOTHERAPY
- 6. BILLING
- 7. STORE
- 8. TREATMENT SECTION (MALE)
- TREATMENT SECTION (FEMALE)
- 10. PATIENT ROOM

NO.20-23

- 11. CANTEEN AREA
- 13.PATIENT ROOM NO. 101-109
- 14.NURSING CABIN
- 15.PATIENT ROOM NO. 110-113
- 16.TERRACE
- 18.TERRACE (EMERGENCY)
- 19.YOGA HALL
- 20.WASHROOM
- 21.MALE GEN.

**WARD** 

- 22.PRIVATE YOGA ROOM
- 23.LAB
- 24.STORE
- 25.FEMALE GEN. WARD.
- 26. CONFERENCE ROOM.

### LITRATURE STUDY -1

### KAIRALI - (THE AYURVEDIC HEALING VILLAGE)

### **INTRODUCTION**

Kairali - The Ayurvedic Healing Village is situated at Palakkad...a land of palm trees and paddy fields. Its known to be rich in flora and fauna.

Etymologically Palakkad is derived from the words Pala and Kadu. Pala, (Alstonia Scholaris) is a tree with sweet scented flowers and Kadu meaning forest. Palakkad has probably the biggest mountain pass in the world (30-40 kms) separating the two folds of the Western Ghats on the border of Kerala with Tamil Nadu. It is the chief granary of Kerala, often called Gateway of Kerala. Palakkad lies at the foot of the gigantic Western ghats on the border of Kerala. Palakkad is known for its historical background. This district with mountains, forests, and fertile valleys, rivers and mountain streams are rich in flora and fauna.

KaAIRALI - basicly treats people mentaly, physically and spiritually with the help of

ayurved, Ayurvedic elements are:

- 1. Ether 4. Earth
- 2. Fire 5. Water

3. Air

### **LOCATION AND APPROACH:-**

Kairali - The Ayurvedic Healing Village is a Green Leaf Ayurvedic resort spread over 50 acres in Olassery, Kodumbu in the Palakkad district.

The red placemark is the healing centre and the yellow line is the way in from the Palakkad- Chittur rd..

**By Road**: Palakkad is well connected by good moterable roads with the major cities of kerala and Tamil nadu. The centre is 12 km away from the city centre.

**By Air**: The Nearest Airport is Coimbatore & Cochin Airport which is 60 kms away. To the south is cochin airport, 120 kms away.

By Rail: There are two railway stations here. The main one is the Palakkad

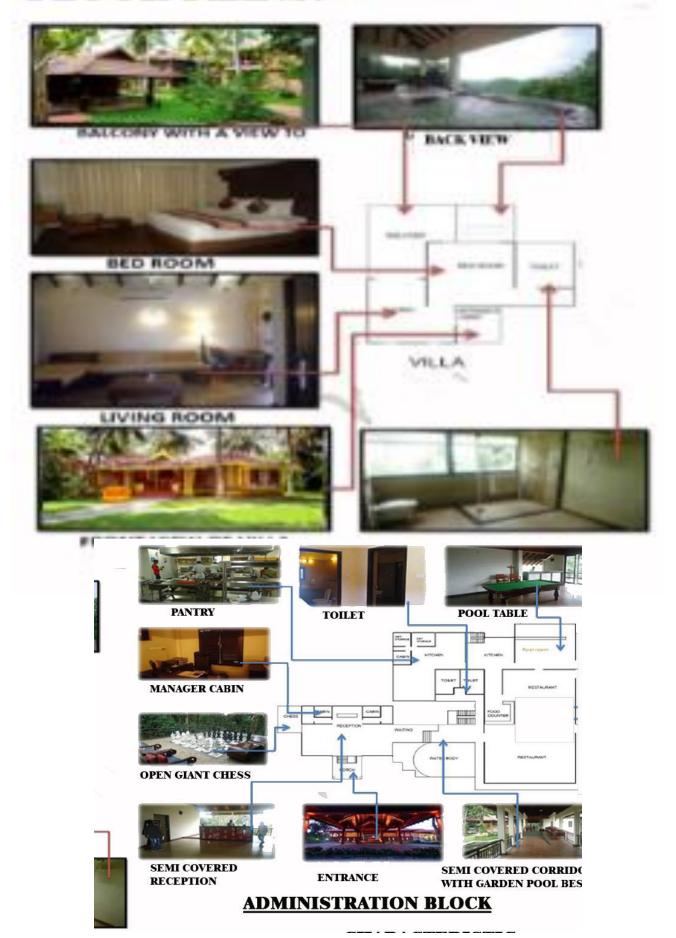
on Station 5 kms from the city and other is in the town.







### FLOOR PLANS:-











### LITRATURE STUDY -1

### MATRIMANDIR, AUROVILLE



### INTRODUCTION

Matrimandir, which is the Sanskrit word for 'Temple of The Mother', is the most important edifice of the Auroville township in Pondicherry.

It is called soul of the city and is situated in a large open space called Peace, that was designed by Roger Anger. The foundation of the Matrimandir was laid by The Mother in the ear 1971, and it took 37 years to be built. The construction was completed in the year 2008.

The Matrimandir is an edifice of spiritual significance for practitioners of Integral yoga, in the centre of Auroville established by The Mother of the Sri Aurobindo Ashram.

At the same time, it is also a place for individual silent concentration. Matri Mandir to be the divine's answer man's aspiration for human perfection. **LOCATION & approach:** 

Matrimandir is located 10 kilometres from Pondicherry town, from where you can take a direct bus or taxi to Auroville. Matrimandir is situated in the Auroville township Auroville also has a Shared Transport Service (STS) you can book your vehicle from Pondicherry on sharing basis and at a reduced cost.

### **DESIGN CONCEPTS AND PHILOSOPHY:-**

The idea of the Matrimandir was initiated by The Mother of the Shri Aurobindo Ashram .According to the teachings of Sri Aurobindo, the concept of the 'Mother' represents the 'great evolutionary, conscious and intelligent principle of Life', that is the Universal Mother aims to help humankind to move ahead of its present limitations onto the next stage of its evolutionary adventure, which is the supramental consciousness.

Matrimandir is a place for acquiring peace and meditation and belongs to no particular any discrimination by caste, religion, colour or socio-economic status, with the sole purpose of realising human unity.

### **BUILDING CONSTRUCTION AND MATERIALS:-**

The entire structure uses reinforced cement concrete. At the same time, the harsh starkness of concrete is hidden through various cladding to evoke a certain illusionary ambience a dream like space. The industrial finish of the geodesic structure is covered up by parabolic stainless steel discs, clad with gold foil fussed between glass plates giving the whole structure an expression of purity, beauty and grandeur,

 It has two ramps and pillars which do not touch the ceiling,

in order to give a feeling that meditation has no limit.

The white marble is a symbol of peace here, and the symbol of flower has 12 petals representing attributes of the Universal mother.

It The emphasis is given to the surfaces in terms of colours and textures, becoming the dominant architectural features controlling and directing the light quality and overall ambience inside and outside the building.

The reinforced concrete framework, infilled with ferrocement panels, is covered with red sandstone transported from Agra, to form the petals around the structure. The sandstone is intermixed with patches of grass, in an expression of dissonance; a depiction of the rising Earth rending open to a craters space for the supernatural floating appearance of the structure.



**MODEL SECTION** 



### **TOP VIEW**

### **BUILDING MATERIALS EXTERIORS:**

### **OBSERVATION**

• It has a unique shape of a flattened sphere, which is coated with golden discs and this is to represent, that there are no ends and corners, and that the whole world is round like a sphere here.

### **ASTHETIC APPEARANCE:-**

The gold discs cladding

Disc frams: stainless steel sheet

Disc material- stainless steel sheet

2 Gold leafe: 28 gm of gold per 1000 leaves

2 Leaf size: 85mmm X 85mm

Total number of discs: 1415

2 Small convex discs: 954

Large concave discs: 461

2 Av. diameter (large discs)- 2.3 meter

2 Av. diameter (small discs): 1.5 meter

GOLDEN DISC



**INTERIOR GLASS** 

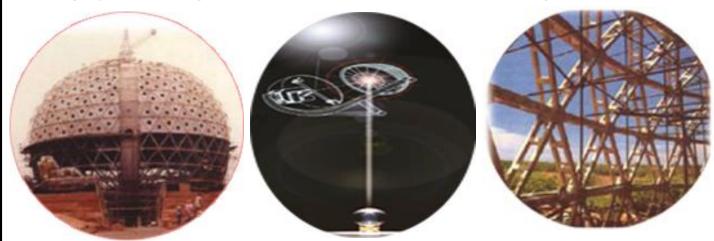
**INTERIOR GLASS** 



**INTERNAL GALLERY** 

### **MATERIAL DETAIL:-**

- Interior glass inner skin.
- ② Glass cladding has been provided on the inner line of the sphere of Matrimandir .Big peach coloured panels, 800 in number oarE required to cover the entire inner surface area of about 3,000 sq. Mts.
- ☑ After fusing colour onto 8m thick float glass it is laminated to a second sheet of clear glass for safety reasons. Each glass panel triangular in shape is roughly measuring 3Mts. At the base and 2.4 Mts. In height.



**Exterior construction** The heliostat and lens Prefab truss

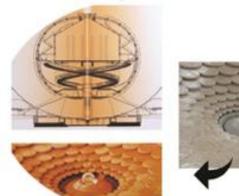
### **Construction Details**

### **BUILDING MATERIAL EXTERIOR:-.**

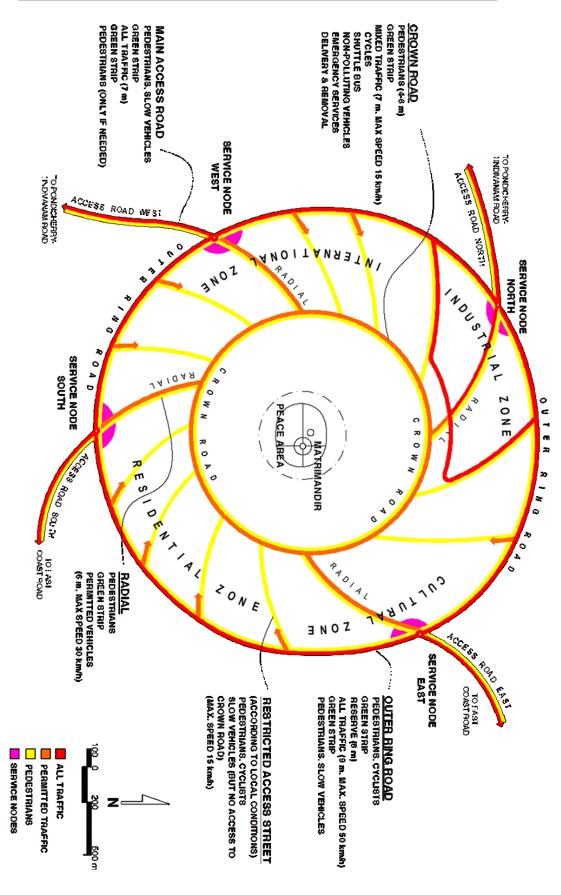
• The outer shell consist of ferrocement triangles wh workshop, lifted in place and then grouted.

### The heliostat and lens:-

- To realize the Mother's concept of a strong half of light always striking the centre.
- Deveped a prototype non-tracking mechanism called a haliostat which will be used to direct sun's rays onto a crystal globe.

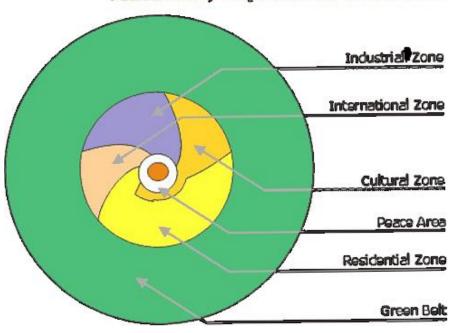


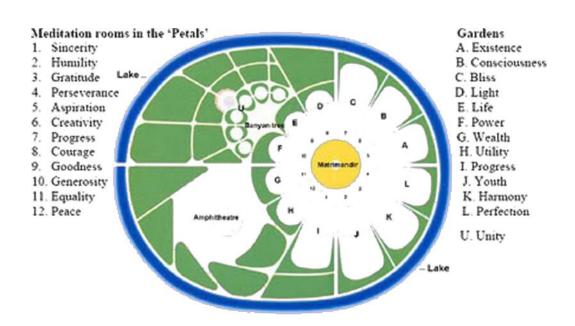
### THE GALAXY PLAN OR SITE PLAN



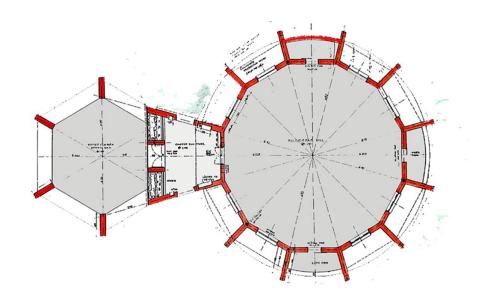
### **KEY PLAN**

### Peace Area, City Zones & Green Belt

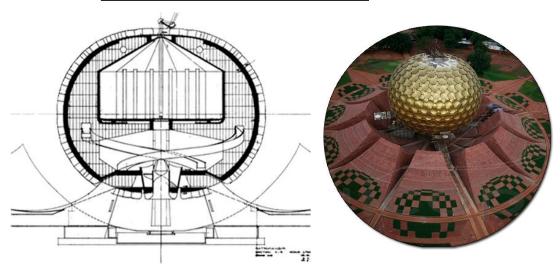




### **MATRIMANDIR**



### **PLAN OF MATRIMANDIR**



SECTION OF MATRIMANDIR MODEL VIEW

### **CONCEPT**

### ENERGY CENTERS OF THE HUMAN BODY

### "7 CHAKRAS WITH MUDRAS"

### WHAT ARE CHAKRAS?

The word chakra literally means "wheel" in Sanskrit and symbolises the flow of energy in our body. The 7 chakras present in your body are actually energy centres and are known to regulate emotions.

### LOCATION OF THE CHAKRAS.

They start from the pinnacle of your head and go all the way to the very end of your spinal cord. It ensures that there is a harmonious flow of energy throughout the body.

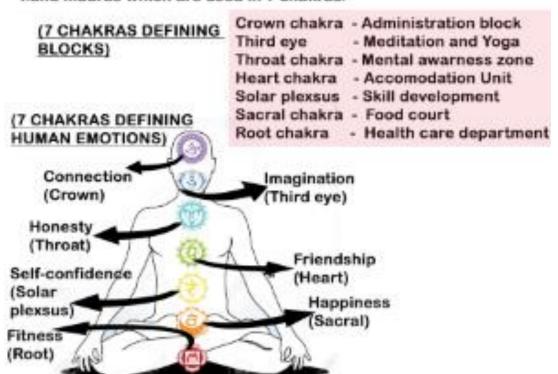
### AIM OF THE CHAKRAS.

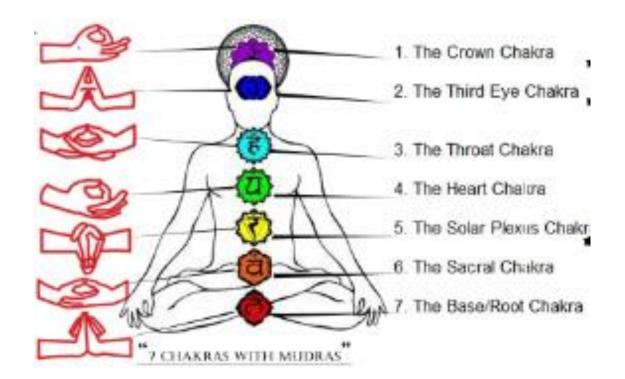
According to the meditation practices, if the chakras ever become Out of sync, they can negatively impact your physical, mental and spiritual health. Each of the chakras is associated with a particular body part and its proper functioning.

It is believed that the chakras vitalize the physical body and influence the physical, emotional and mental movements of the mind and body.

### INCORPORATING CHAKRA'S WITH MY CONCEPT

- Site is evolving with 7 blocks by corelating with the 7 chakras.
- The form evolution of these blocks will be evolved by following hand mudras which are used in 7 chakras.





### **REASON TO CHOOSE THIS AS CONCEPT**

This concept has been adapted to design a plce whose ultimate aim is to connect a bond with yourself.

Like "7 chakras" heal your body mentally, physically and spiritually, I have also developed 7 blocks in my site which will guide and help human beings to heal from mental stress.



Like every chakra have their own location speciality, colour and element( Earth, Water, Fire, Wind and Space), Site and its block are also going to be zoned similarly by considering Panchtatva theory.



### **DESIGN CONSIDERATION**

### **SITE ORIENTATION**

LONGER AXIS OF THE SITE IS (EAST-WEST).
 SHORTER AXIS OF THE SITE IS (NORTH-SOUTH).

2.PLANNING TECHNIQUE: MAXIMUM WINTER SUN EXPOSER

TO THE BUILDING IN THE SUMMER.

- SUMMER SHADING FROM SURROUNDING TREES.
- NATURAL WIND VENTILATION WITH OPERABLE WINDOWS.
- BUILDING BLOCKS WILL BE ARRANGED IN NORTH-WEST DIRECTION TO TAKE ADVANTAGESN OF PREVELLING BREEZES.
- LOCAL AND SUSTAIBLE MATERIALS WILL BE USED SUCH AS
- 1.TIMBER,
- 2.METAL
- 3.PRE-CAST CONCRETE STRUCTURES, ETC.

### **Courtyard:**

Building form derived in such a way that it creates courtyard.

COurtyard architecture is beneficial for user

& the site as well because of its natural

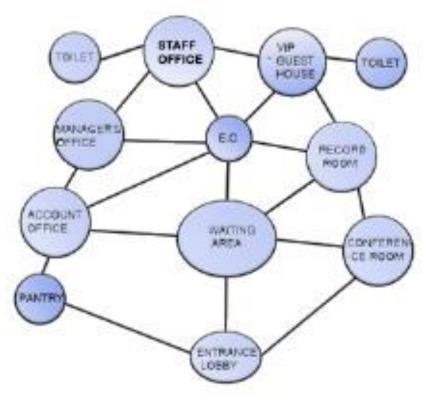
benefits such as maintaining optimal temperature proper light and good air Flow as courtya engages within itself.

### **ROOF GARDENING**

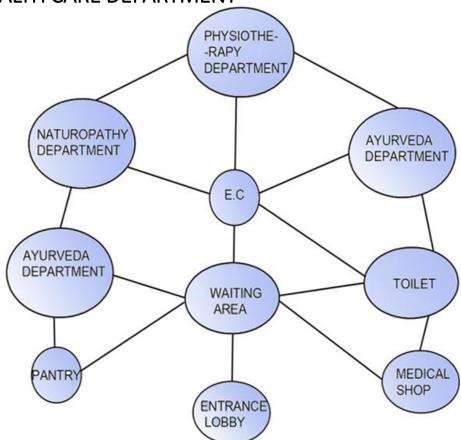
- 1.A ROOF GARDEN CAN INCREASE THE LIFE EXPECTANCY OF YOUR ROOF.
- 2.GREEN ROOFS RETAIN AND MANAGE STORMWATER.

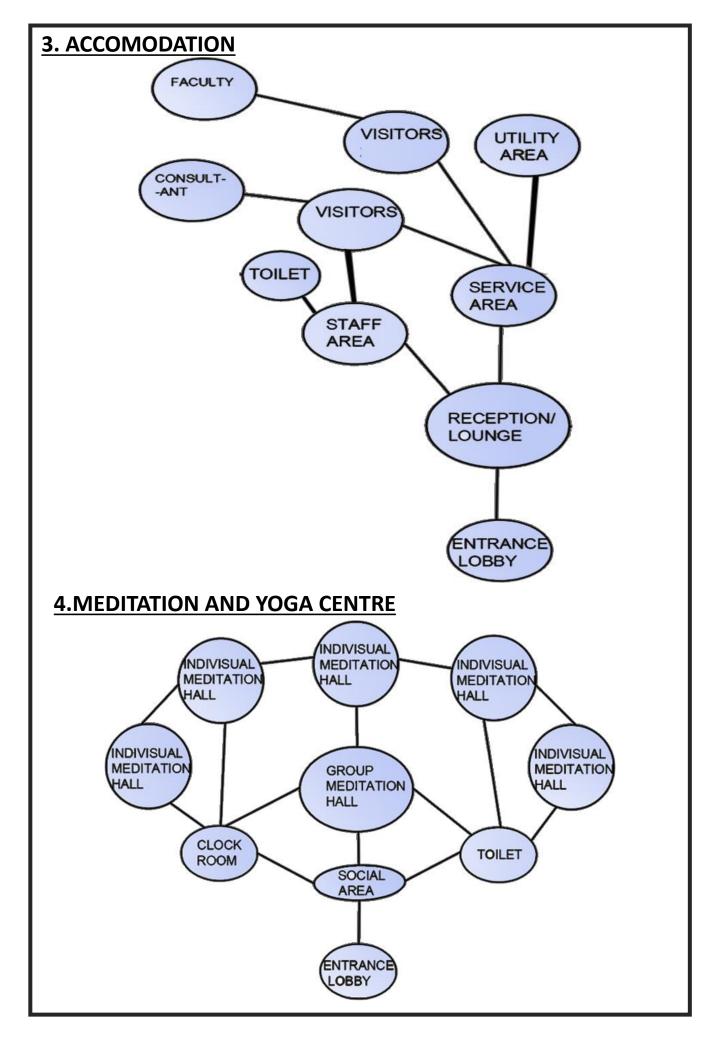
### **STACKING**

### 1. ADMINISTRATION BLOCK

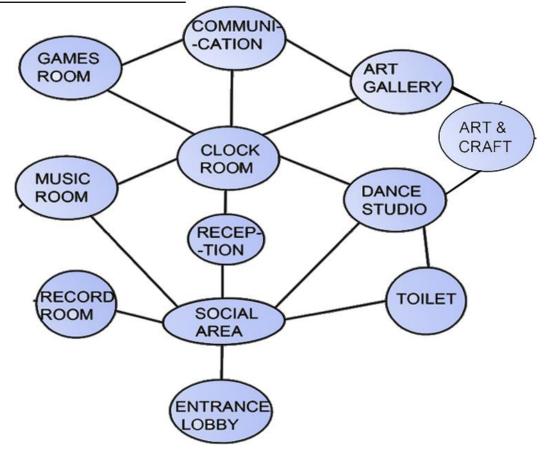


### 2. HEALTH CARE DEPARTMENT

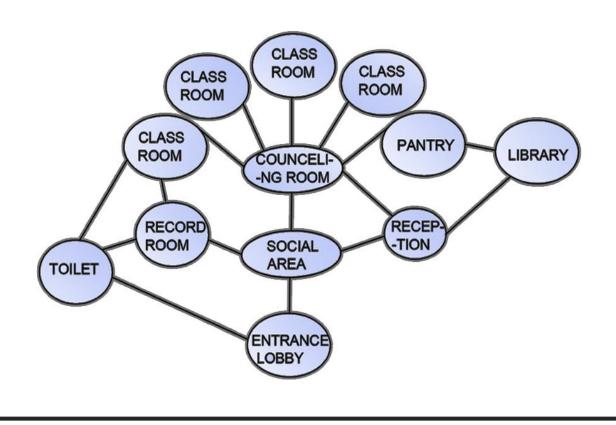




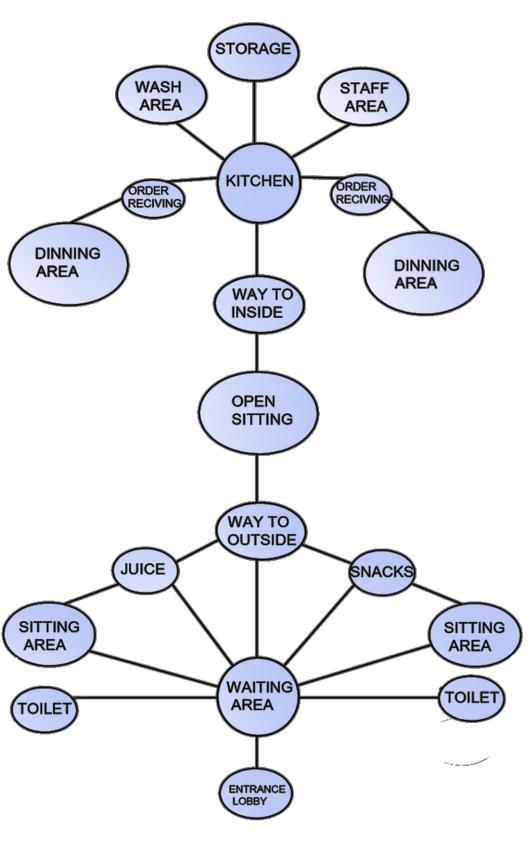
### **5.SKILL DEVELOPMENT**



### 6. MENTAL AWARENESS ZONE



### 7. FOOD COURT

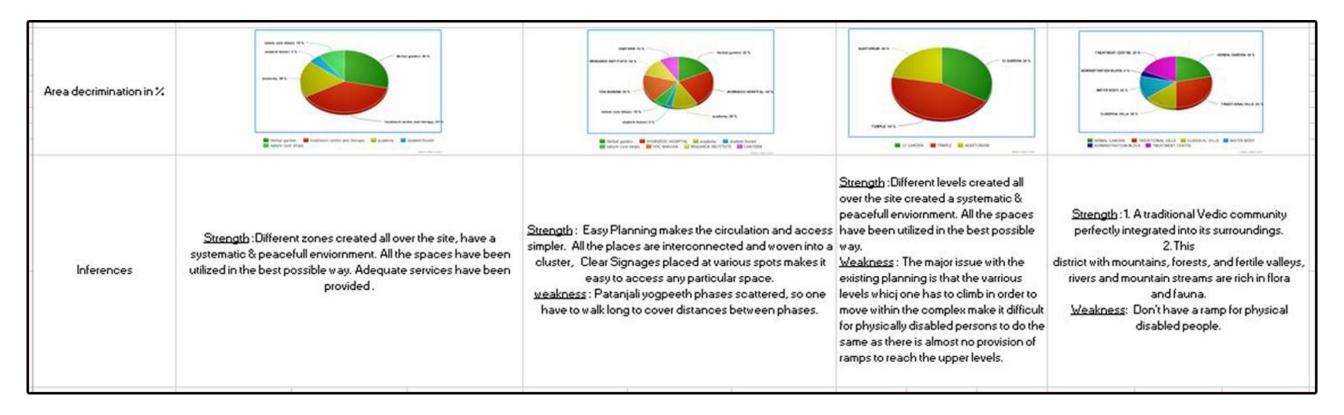


### **AREA ANALYSIS**

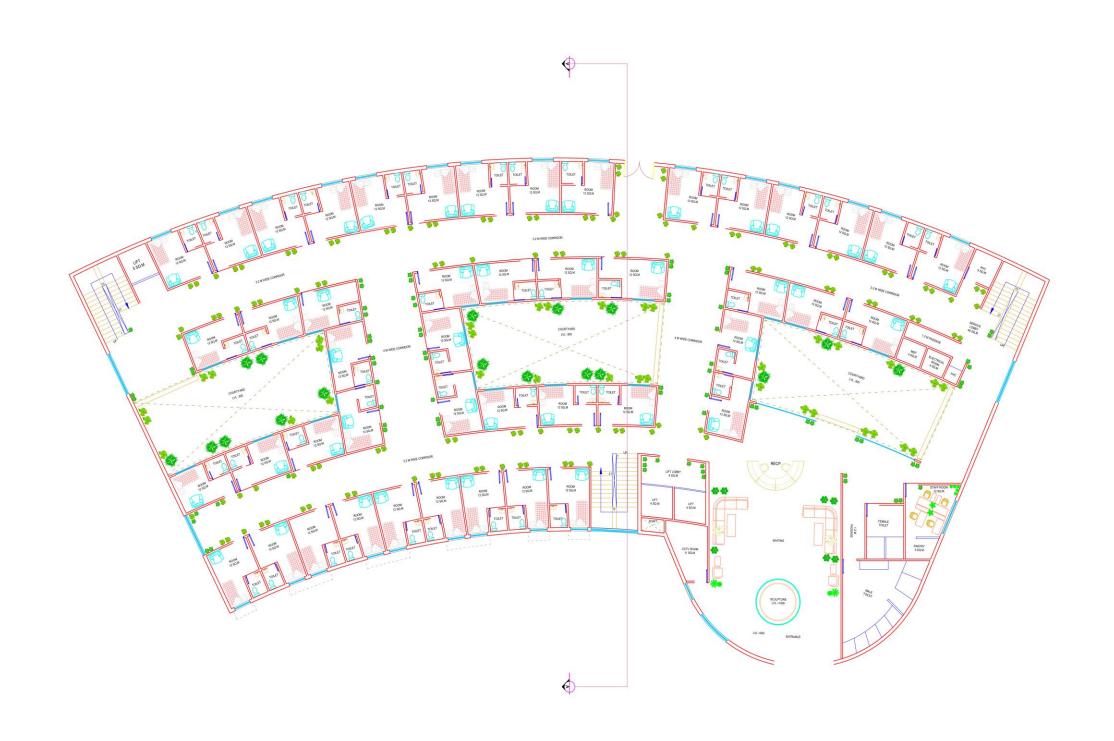
i.NO.	REQUIREMENTS	CAPACITY	AREA AS PER STANDARD	AREA REQUIRE
		MEDITATION AND YOGA CEN	VTRE	
1	MEDITATION SPACE			
1	RECEPTION	5-8 PERSON	O.9 SQ.M/PERSON	9 SQ.M
	SOCIAL AREA	30 PERSONS	0.9 SQ.M/PERSON	27 SQ.M
	LOCKER ROOM	2 NOS.	2.2 M X 4.2M	18.2 SQ.M
	TOILET			
	MALE TOILET			
	FEMALE TOILET			
5	GROUP MEDITATION HALL	2 NOS. (90 PERSONS EACH)	1.4 SQ,M/PERSON	252 SQ.M
	INDIVISUALS MEDITATION ROOM	15 NOS.	2.2 M X 4M (EACH)	132 SQ.M
2	YOGA SPACE			
1	SOCIAL AREA	30-40 PERSONS	0.9 SQ.M/PERSON	36 SQ.M
- 2	LOCKER ROOM	2 NOS.	2.2 M X 4.2M	18.2 SQ.M
3	TOILET			
	MALE TOILET			
	FEMALE TOILET			
- 4	YOGA HALL	3 NOS. (60 PERSONS EACH)	1.8 sq.m/person	324 SQ.M
	TOTAL AREA			985 SQ.M
	WITH 30% CIRCULATION			295 SQ.M
	TOTAL AREA			1280 SQ,M
		FOOD COURT		
		1		10.00.11
	WAITING AREA	10-15 PERSONS	1.2 SQ.M/PERSON	18 SQ.M
	BILLING COUNTER	10 PERSON	0.9 SQ.M/PERSON	9 SQ.M
	LOUNGE	40 PERSON	0.5 M SQ/PERSON	20M SQ
4	TOILETS			_
	MALE	+	_	+
r	FEMALE SNACKS COUNTER (STANDING)	2 NOT (F 10)	O O CO MEDITOCOM	9 SQ.M
	JUICE AREA	2 NOS. (5-10) 1 NOS.	0.9 SQ,M/PERSON 1.2M X 2M	2.3 SQ.M
-	KITCHEN AREA		30% OF SITTING	60 SQ.M
_	STORAGE	1 NOS. 1 NOS.	2.2M X 3.2M	7.2 SQ.M
100				
-	WASHING AREA	2NOS.	3M X4.5 M	27 M SQ.
	STAFF PERSONAL OUTDOOR SITTING	1 NOS. 60 PERSONS	2.2M X 3.2 M 1.2 SQ.M/PERSON	7.2 SQ.M 72 SQ.M
	DINNING AREA	180 PERSONS	1.2 SQ.M/PERSON 1.2 SQ.M/PERSON	72 SUM 216 SQ.M
10.50	DISH WASH PANTRY	1 NOS.		216 SQ.M 20 SQ.M
13	DIST WASTIFABILIT	1 191/2.	10% OF SITTING	20 3L(JW
	TOTAL AREA	_		554 SQ.M
	WITH 30% CIRCULATION	+		166 SQ.M
				a comment and it makes

S.NO.	REQUIREMENTS	CAPACITY	AREA AS PER STANDARD	AREA REQUIR
1		ADMINISTRATIVE BLOCK		
1	RECEPTION	8-10 PERSONS	0.9 SQ,M	9 SQ.M
	WAITING AREA	20-30 PERSONS	1.2 SQ.M/PERSON	36 SQ.M
	ENGIARY COUNTER	10 PERSON	0.9 SQ.M/PERSON	9 SQ.M 16.5 SQ.M
	MANAGER'OFFICE	1 NOS	3M X 5.5M	
_	ACCOUNTANT'S OFFICE	1 NOS	3m X 5.5m	16.5 SQ.M
	STAFF ROOM	15-20 PERSONS	1.2 SOM/PERSON	24 SQ.M
	TOILET	13-20 1 (13016)	1.2 John Ferdon	ET JOLINE
	MALE TOILET			
	FEMALE TOILET	+	+	
		1 NAC	SHAVA SHA 10 CO NA GENERALI SIZE)	13.5 SQ.M
$\overline{}$	PANTRY	1 NOS	3M X 4.5M (8 SQ,M GENERAL SIZE)	
-	RECORD ROOM	1 NO5	3M X 4M	12 SQ,M
$\overline{}$	MEETING ROOM	40-50 PERSONS	1.2 SQ,M/PERSON	60 SQ,M
11	STORE	1 NOS	3M X 4.5M	13.5 SQ.M
	TOTAL AREA			274 SQ,M
	WITH CIRCULATION 30%			84 SQ.M
	TOTAL AREA			358 SQ.M
			1	The fact of the sage of
		ACCOMODATION UNITS		
1	RECEPTION	AS PER PLANNING		
	SOCIAL AREA	30-40 PERSONS	1.2 SQ.M/PERSON	48 SQ.M
	FOR			· ·
3	(A) VISITORS			
	ROOM TYPE 1 (SINGLE BEDROOM)	80 NOS	2M X 4.2M	672 SQ.M
	ROOM TYPE 2 (DOUBLE BEDROOM)	100 NOS	3M X 4.6M	1260 SQ,M
4	(B) STAFF (SINGLE BEDROOM)	20 NOS	2M X 4.2M	168 SQ.M
	TOILET			
	MALE TOILET:			
	FEMALE TOILET:			
	TOTAL AREA			2200 SQ,M
	WITH 30% CIRCULATION			660 SQ.M
	TOTAL AREA			2860 SQ,M
-	RECEPTION	8.10 PERSONS	0.9 SQ.M/PERSONS	9 SQ.M
	CLOCK ROOM	2 NOS.		-
	TOILET	4 1903.	2.2 M X 4.2M	18.2 SQ,M
- 3	FEMALE	+	+	
	MALE	+	+	
A	RECORD ROOM	1 NOS.	4M X 2.2M	8.8 SQ.M
	DANCE AND DRAMA STUDIO	2 NOS. (50 PERSONS EACH)	3.2 SQ.M/PERSON	320 SQ.M
	MUSIC ROOM	1 NOS. (60-80 PERSONS)	1.2 SQ.M/PERSONS	96 SQ.M
	GARDENING CLASS	2 NOS. (50 PERSONS EACH)	1.2 SQ.M/PERSONS	120 SQ.M
	ART AND CRAFT ROOM	1 NOS	4.2M X 5.2M	21.2 SQ.M
	GAMES ROOM	1 NOS	10.2M X 10.2M	104 SQ.M
	ART GALLERY	1 NOS	4.2M X 5.2M	21.2 SQ.M
40	TOTAL AREA	4 1900	THE PERSON NAMED IN COLUMN	800 SQ.M
	WITH 30% CIRCULATION		+	240 SQ.M
	TOTAL AREA		_	1040 SQ.M
	TV INC NOTES			20 TO DUE NO.

		COMPARITIVE ANALYSIS		
DESCRIPTION	Bapu Nature Cure Hospital & YogAshram	Patnjali Yogpeeth	MATRIMANDIR, TAMIL NADU	KAIRALI-THE AYURVEDIC HEALING VILLAGE,PALAKKAD
	(CASESTUDY 1)	(CASESTUDY 2)	(LITRATURE 1)	(LITRATURE 2)
LOCATION	Gandhi smark nidhi, Mayur Vihar, New delhi	Haridwar-Delhi highway at very near to Roorkee, Haridwar	Auroville Pondicherry, Tamil Nadu	Palakkad, kerala
Climate	Humid sub tropical climate	Humid sub tropical climate	wet and dry climate	Tropical wet and dry climate
Architect	Ar.	Space Combine	Ar. Roger Anger	Ar. Trivedi
Footfall	100-200 people per day	50 people per hour 1200 people per day	300 people per hour 3500 people per day	-
Material	Timber, Red stones, Brick, Concrete wood laminate flooring	Sand blast stone hugly used and insulated glass	Cladding of Golden disc (stainless steel)	laterite stone and red tiles, Timber
Orientation	Longer Axis belongs to North south	Longer axis is East west, north facing diety.	South East facing temple	North facing
Area	3 Acres	65 Acres	22.2 Acres	50 Acres
Circulation ,Form and Plan	Trapizium form, scattered planning.	segragated phases and scattered planning.	The graphics symbols of Sri Aurobindo and The Mother are generators of the plan.	Blocks are segregated with concentric planning
Concept	vision is to encourage awareness on Naturopathy and Yoga, as the most competent solution for prolonged health and fitness.	Vedic Architecture	International Modernism Architecture	Traditional Vedic Hospitality
Concept	vision is to encourage awareness on Naturopathy and Yoga, as the most competent solution for prolonged health and fitness.	Vedic Architecture	International Modernism Architecture	Traditional Vedic Hospitality
Main Parts	Reception block Herbal Garden, Gaushala, Yoga Hall, Green leaf foodcout Academy Nature cure shops Naturopathy,Phiysiotherapy,Ayurveda department	Patanjali ayurved hospital Annapurna and Prasadam (canteen) Research centre and institute Residential Facilities Ptanjali herbal garden Yog Bhavan hospice Parking	Entrance Plaza Temple Auditorium 12 Gardens	Administration block Traditionaland Classical villas Oraganic and Herbal garden Restorent Ayuvedic Treatment centre
Construction Technique	Trabeated	Trabeated	Truss	Pitched roof
Architectural features	Sustainble planning and landscaping Use biophilic design to enhance healing.	Symmetry in building blocks, landscaping enhance the asthetic look of site.	Southern style architecture	Traditional style architecture
Services	DG sets, Water tank, Parking, AHU, water supply	DG sets, Water tank, Parking, AHU, water supply	DG sets, Water Tank, AHU, Water supply	water supply, drainage connection, waste disposal, electricity supply etc
Parking	NO parking is availble.	Parking for 200-300 (3 and 2 wheelers) in phase two	No vehicular entry into the site . All the parking is outside the permises.	Parking for 200 (3 and 2 wheeler)



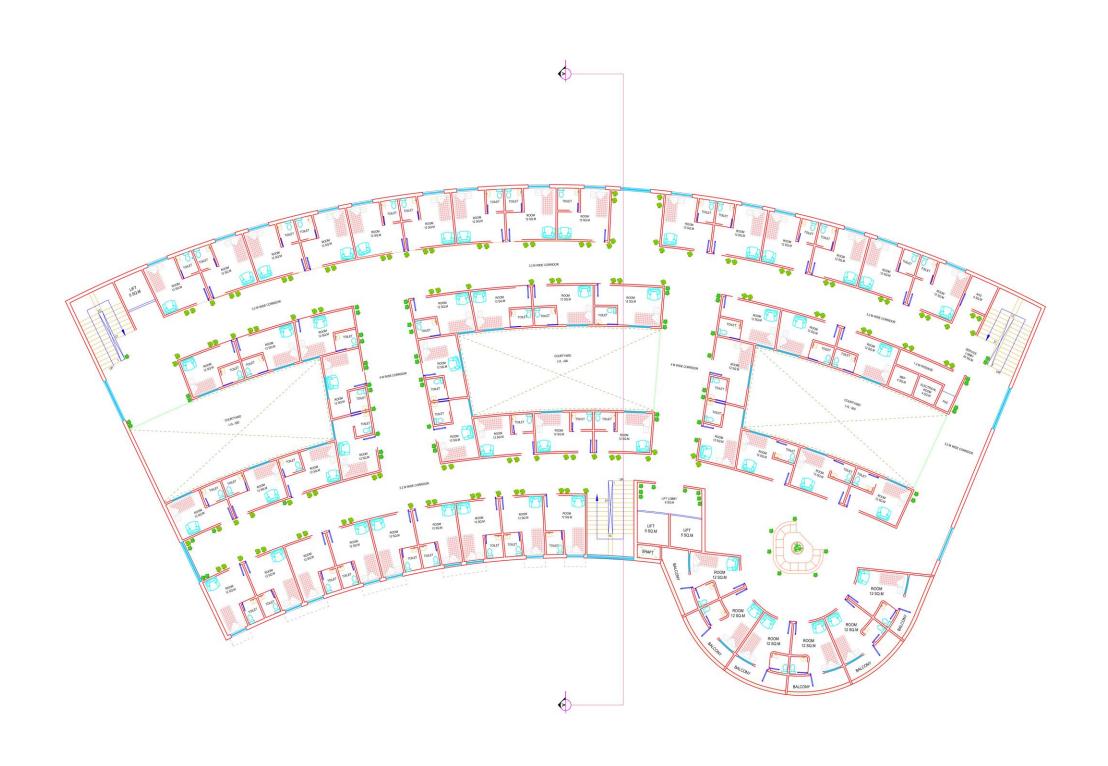
# ACCOMODATION



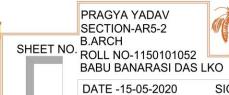
**GROUND FLOOR** 

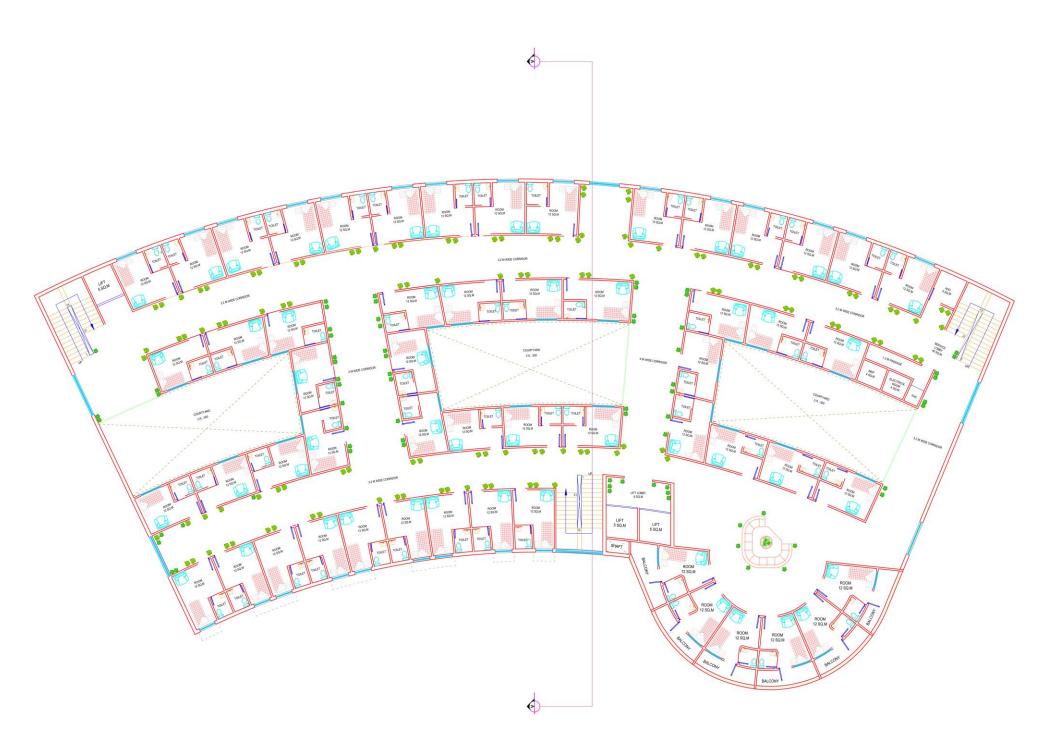
PRAGYA YADAV SECTION-AR5-2 B.ARCH ROLL NO-1150101052 BABU BANARASI DAS LKO

DATE -15-05-2020



FIRST FLOOR

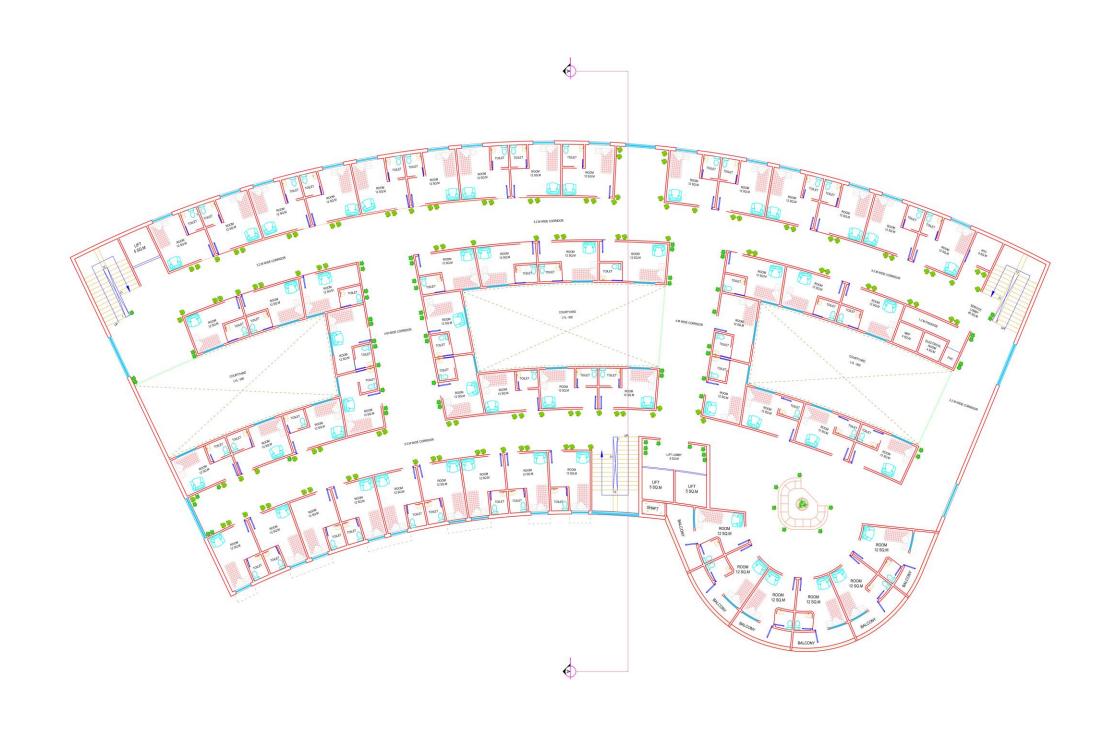




SECOND FLOOR

DATE -15-05-2020

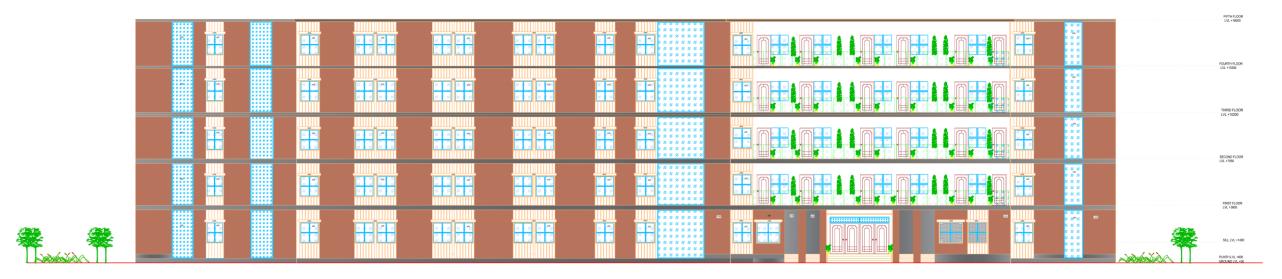
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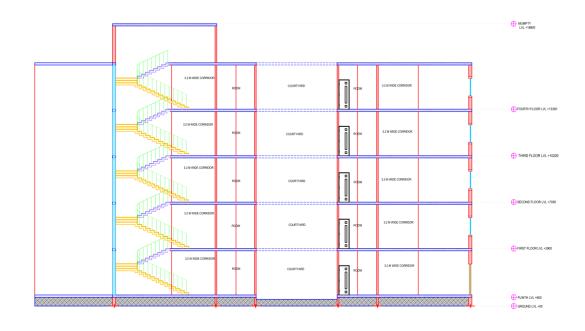
THIRD FLOOR

PRAGYA YADAV SECTION-AR5-2 B.ARCH ROLL NO-1150101052 BABU BANARASI DAS LKO

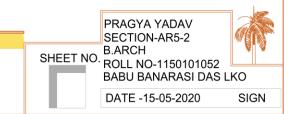
DATE -15-05-2020



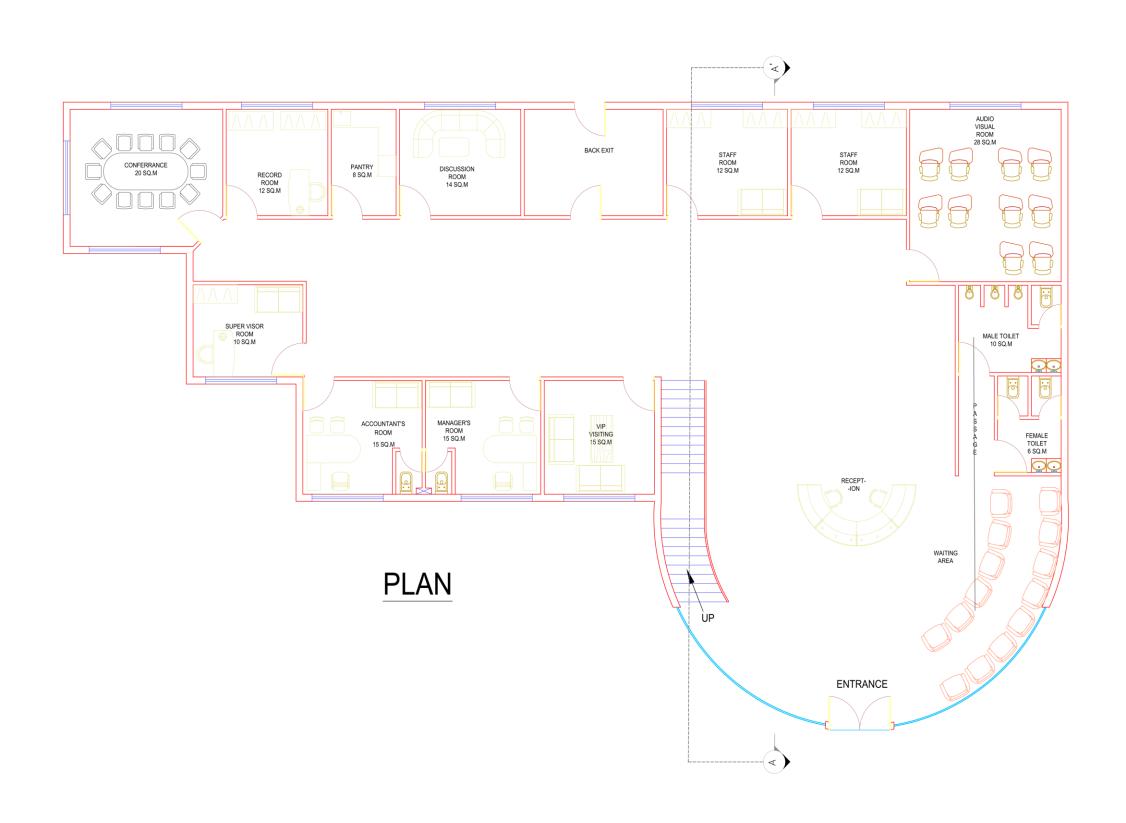
#### FRONT ELEVATION



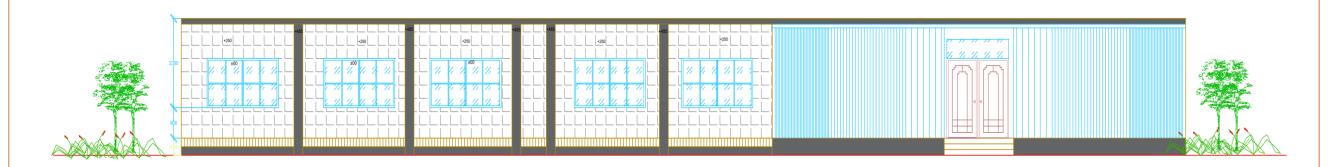
**SECTION AA'** 



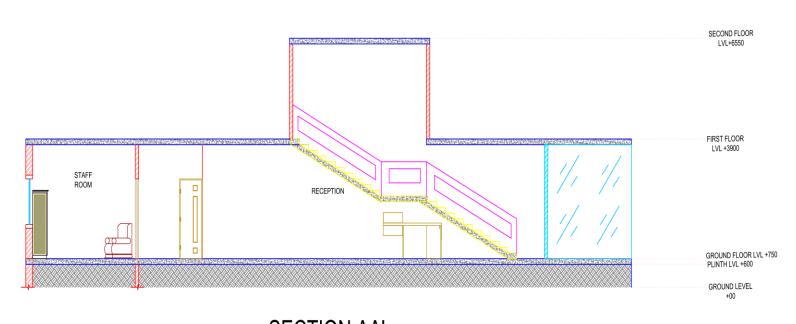
## ADMINISTRATION



PRAGYA YADAV
SECTION-AR5-2
B.ARCH
ROLL NO-1150101015
BABU BANARASI DAS LKO
DATE -15-05-2020



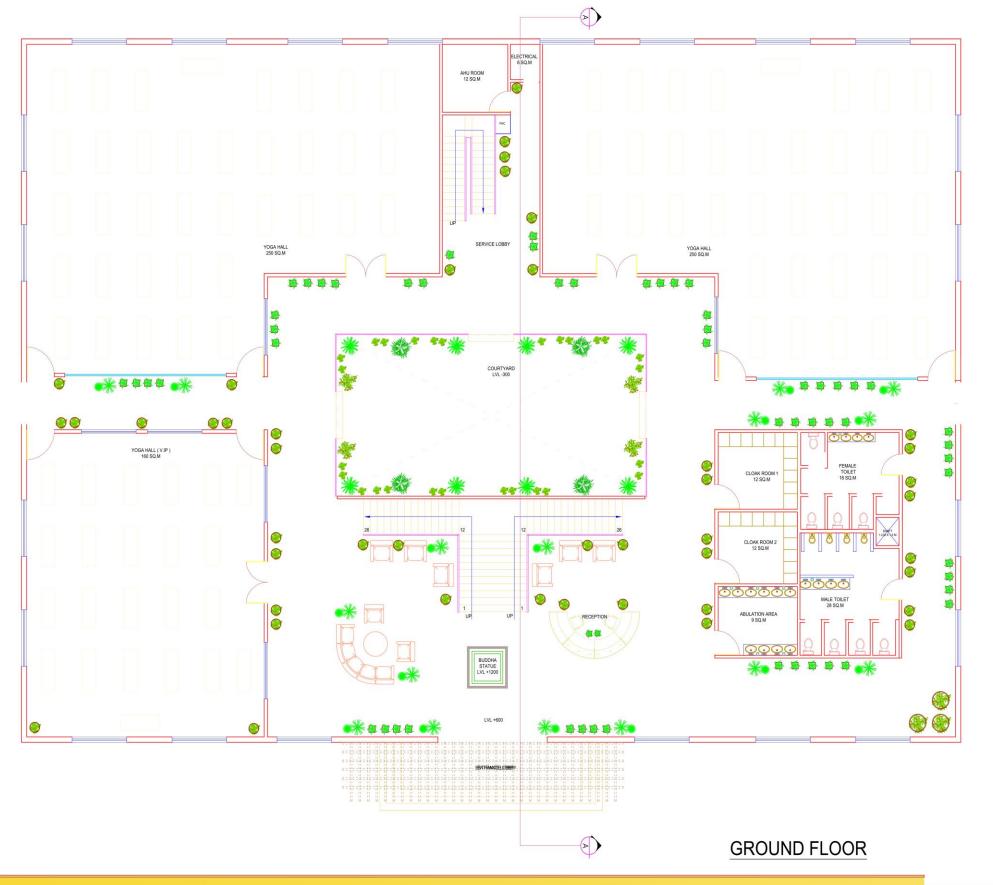
#### FRONT ELEVATION



**SECTION AA'** 

PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101015 BABU BANARASI DAS LKO

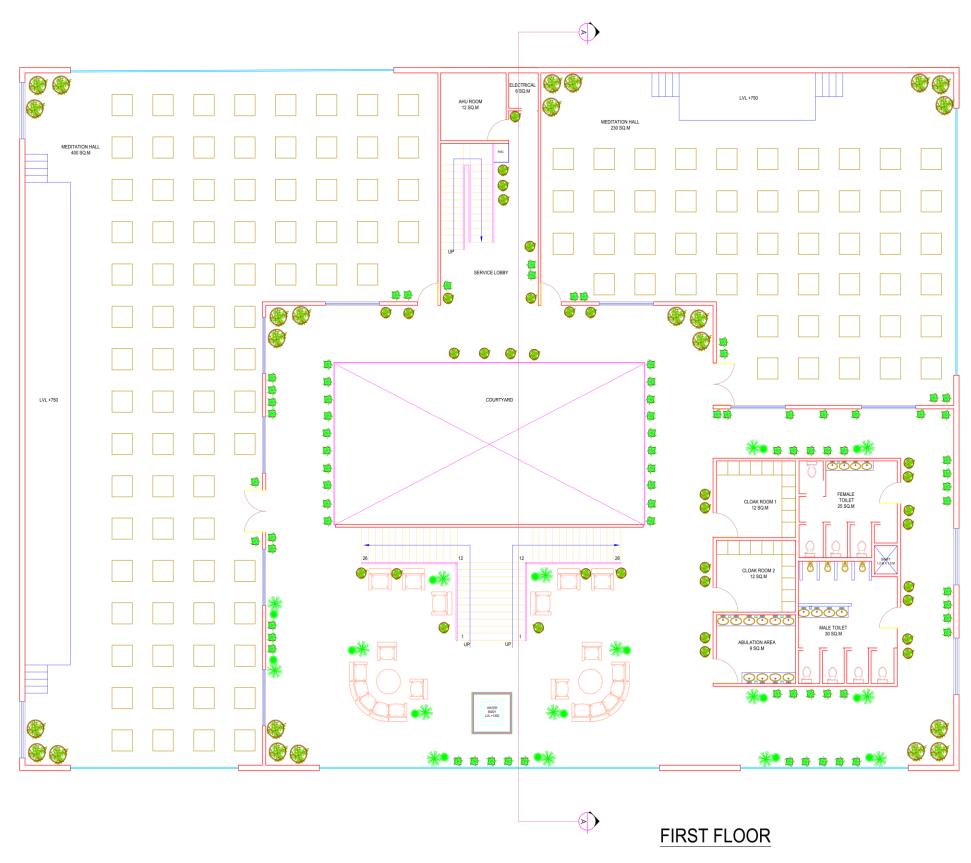
DATE -15-05-2020



MENTAL HEALTH DEVELOPMENT CENTRE

PRAGYA YADAV SECTION-AR5-2 SHEET NO. B.ARCH ROLL NO-1150101015 BABU BANARASI DAS LKO

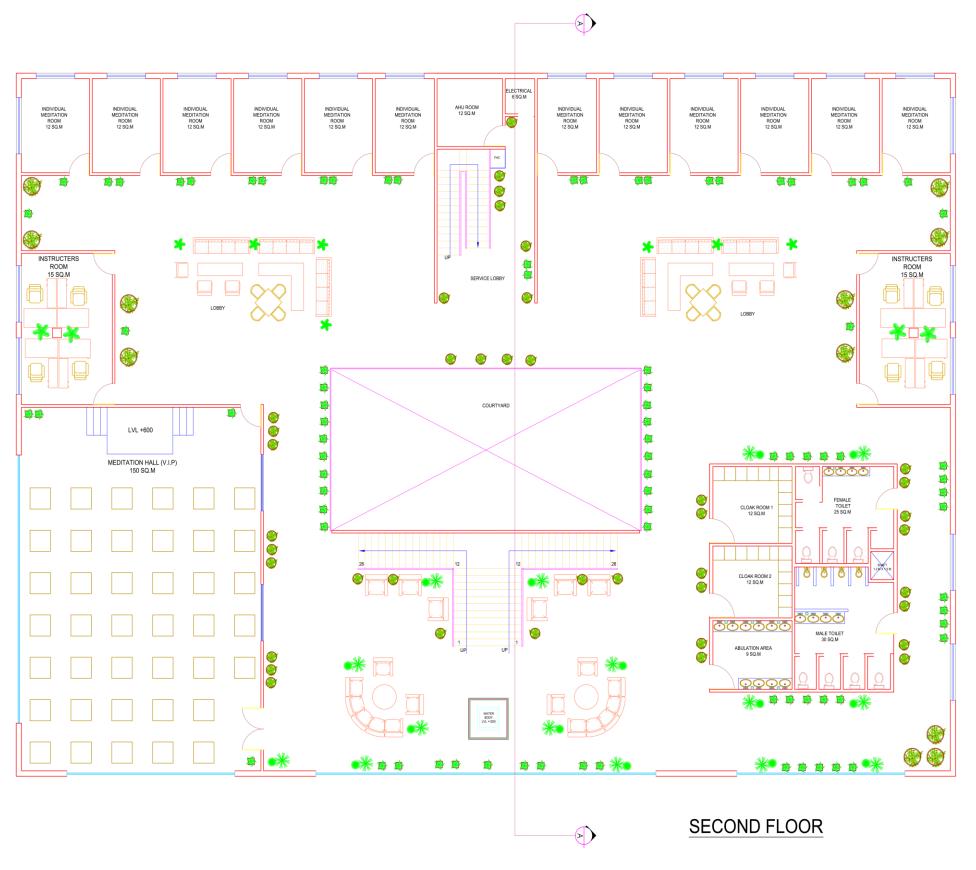
DATE -15-05-2020



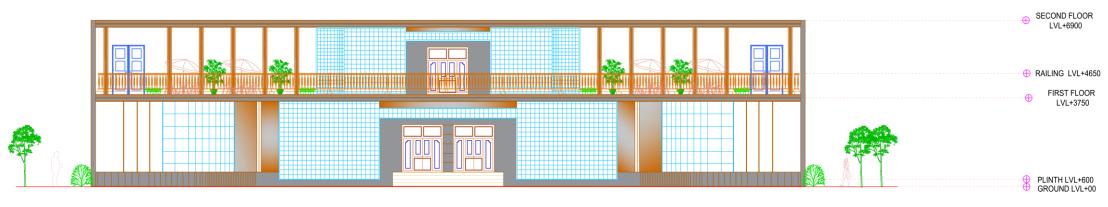
PRAGYA YADAV
SECTION-AR5-2
B.ARCH
ROLL NO-1150101015
BABU BANARASI DAS LKO

MENTAL HEALTH DEVELOPMENT CENTRE

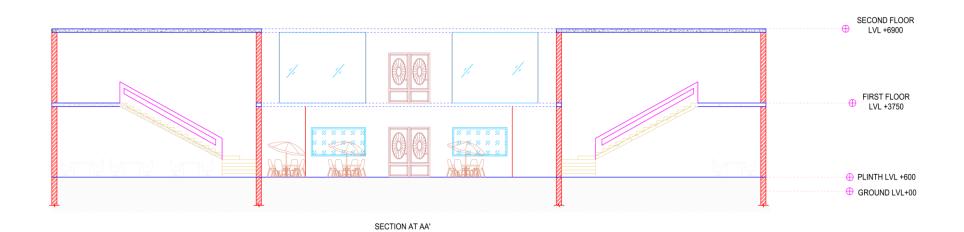
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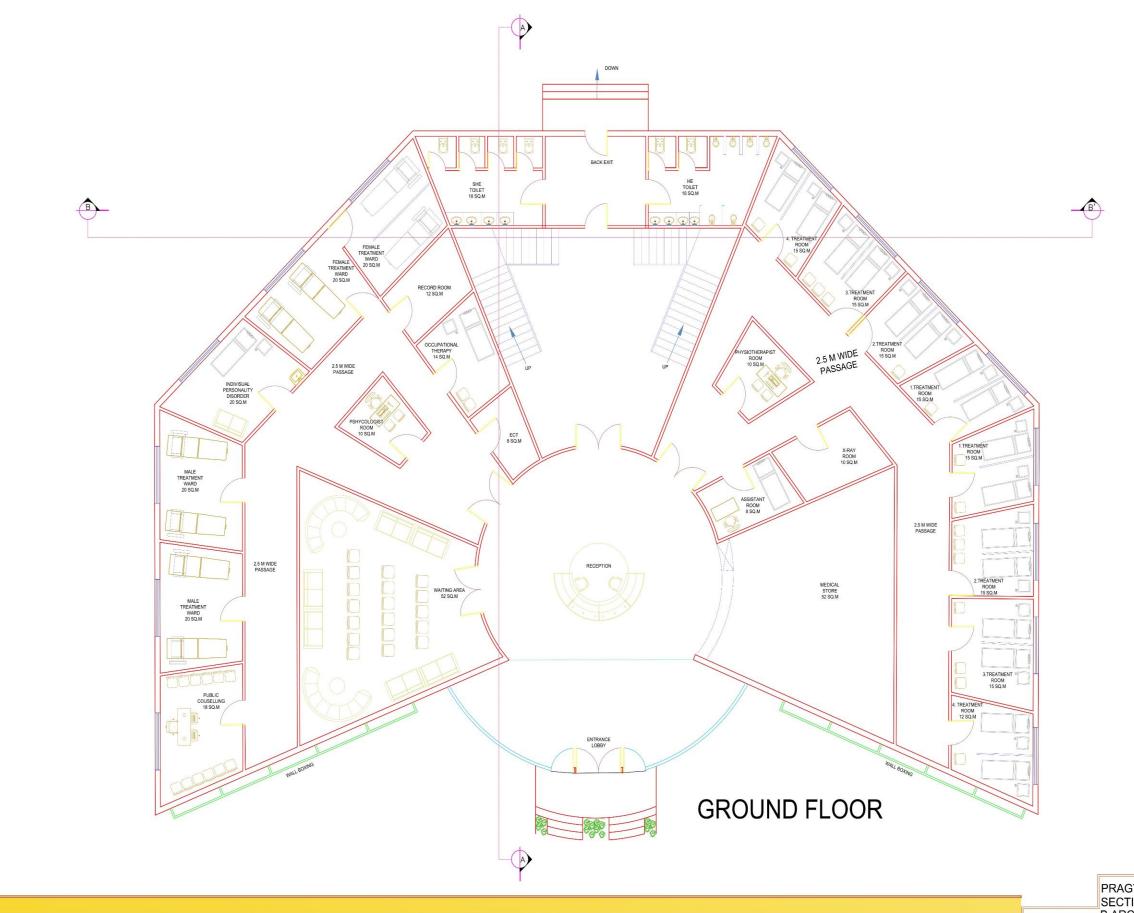
PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101015 BABU BANARASI DAS LKO



#### FRONT ELEVATION

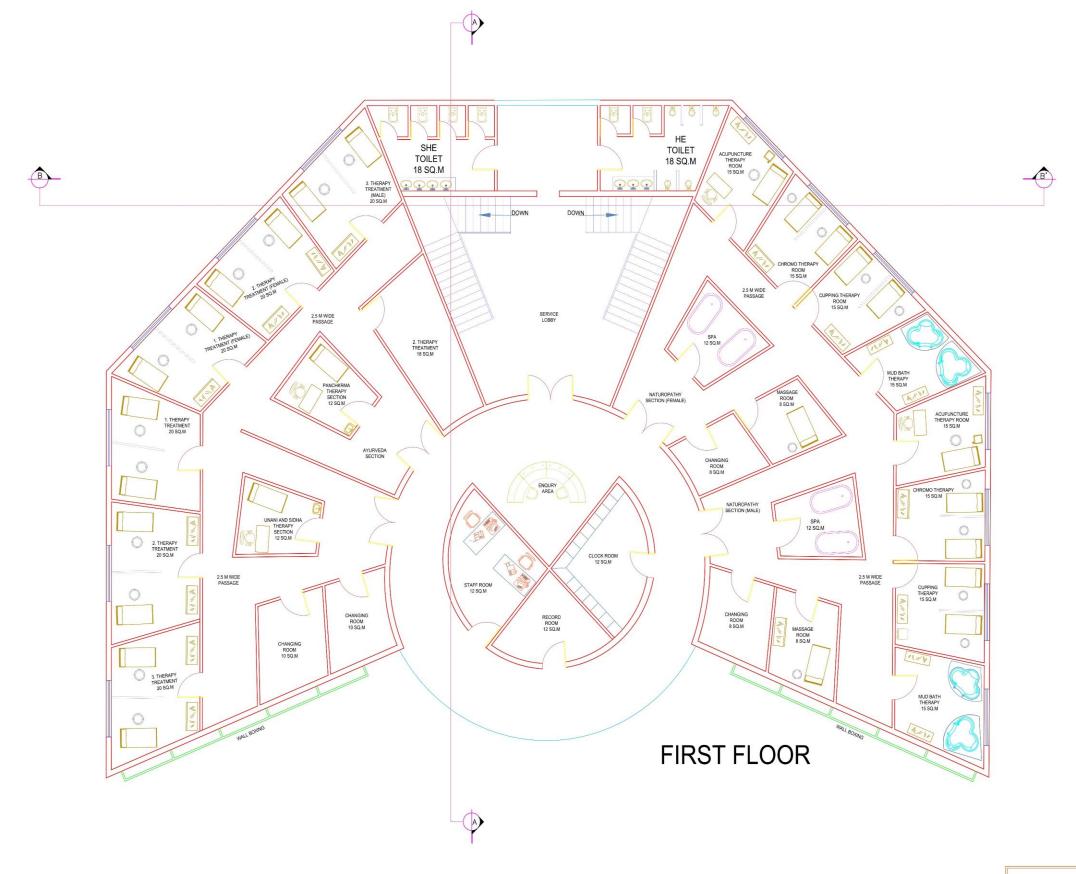


# FEALUE CARE



PRAGYA YADAV SECTION-AR5-2 B.ARCH ROLL NO-1150101015 BABU BANARASI DAS LKO

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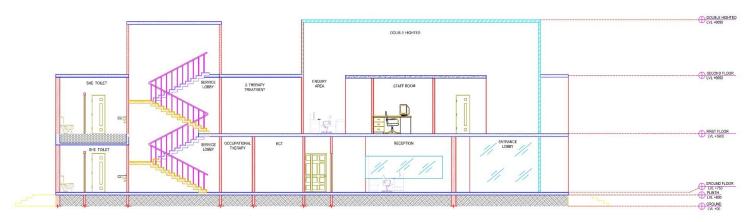




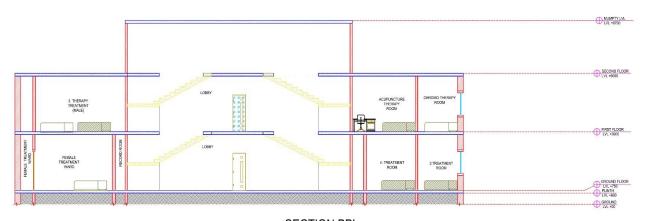
PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101015

BABU BANARASI DAS LKO

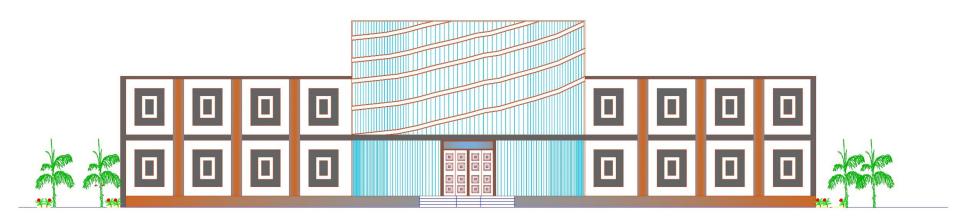
DATE -15-05-2020



SECTION AA'



SECTION BB'



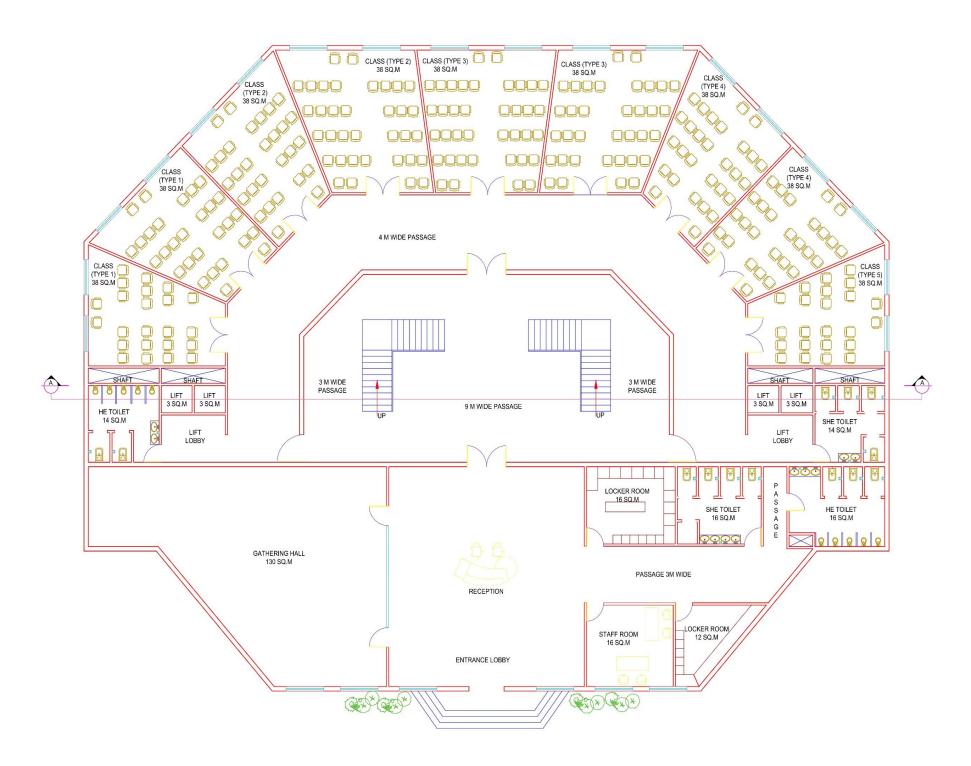
FRONT ELEVATION



PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101015

BABU BANARASI DAS LKO

# 



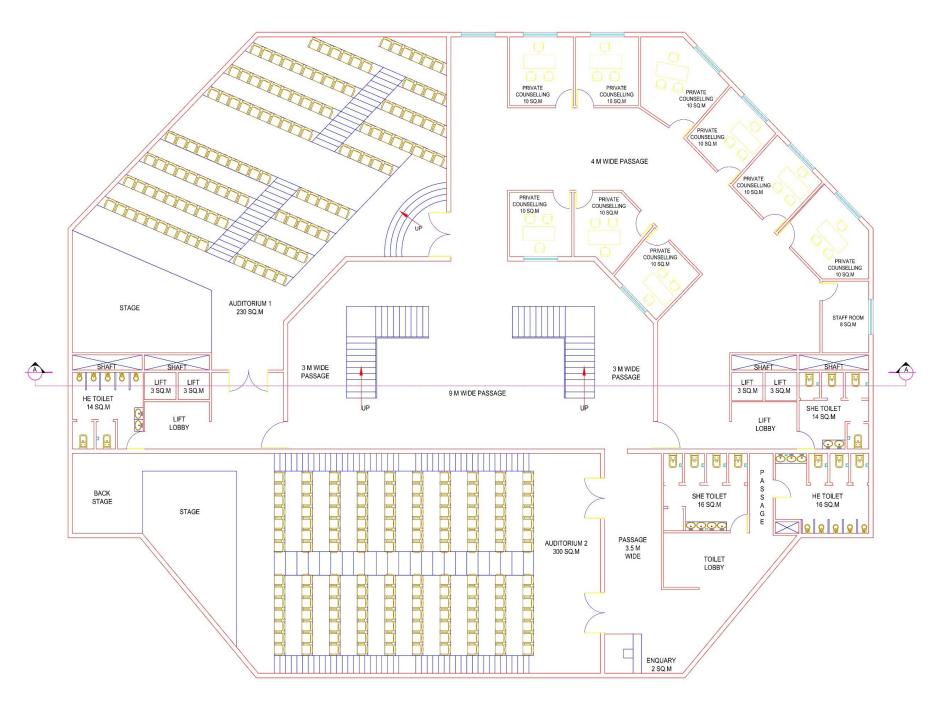
**GROUND FLOOR** 



PRAGYA YADAV SECTION-AR5-2 B.ARCH O. ROLL NO-1150101015 BABU BANARASI DAS LKO

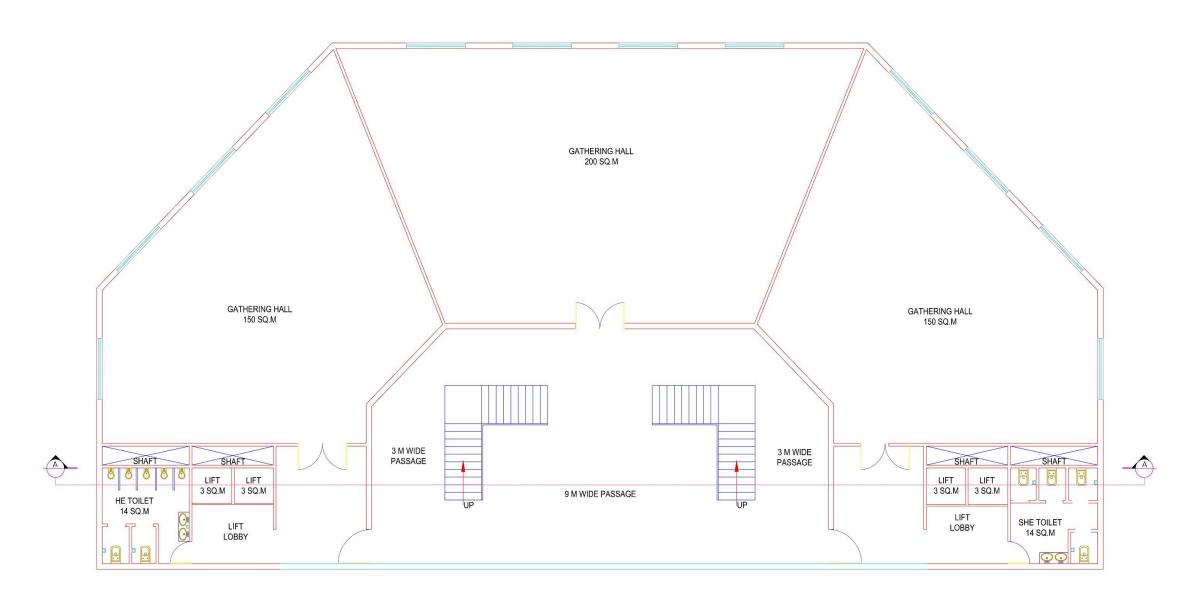
SIGN

DATE -15-05-2020

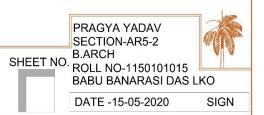


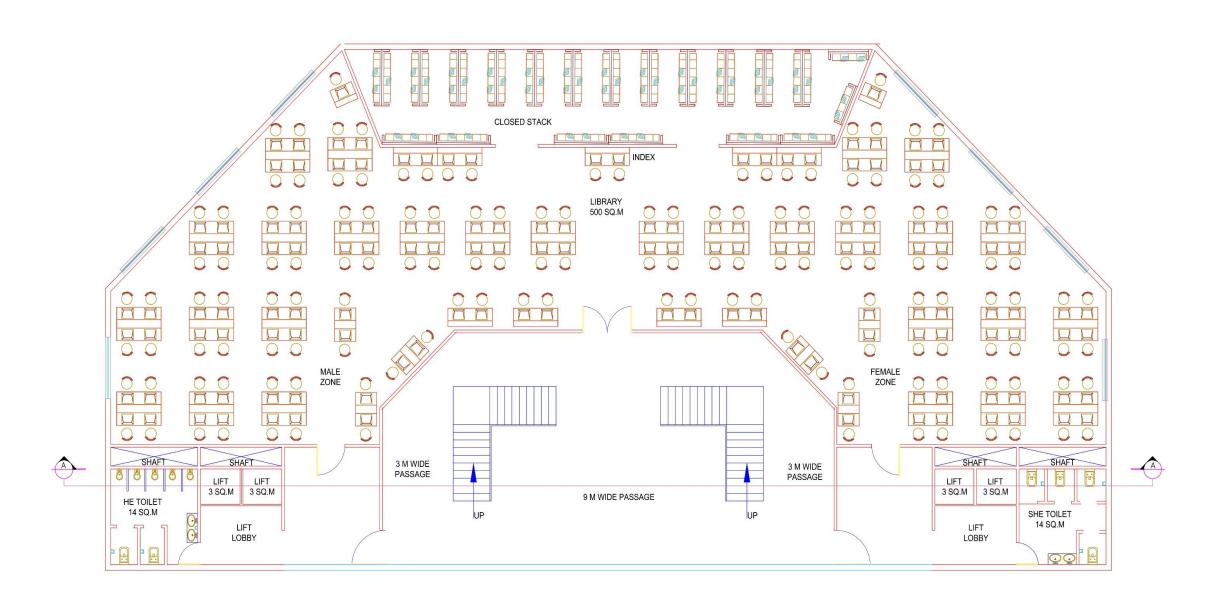
FIRST FLOOR

DATE -15-05-2020

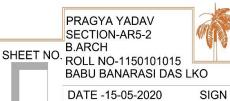


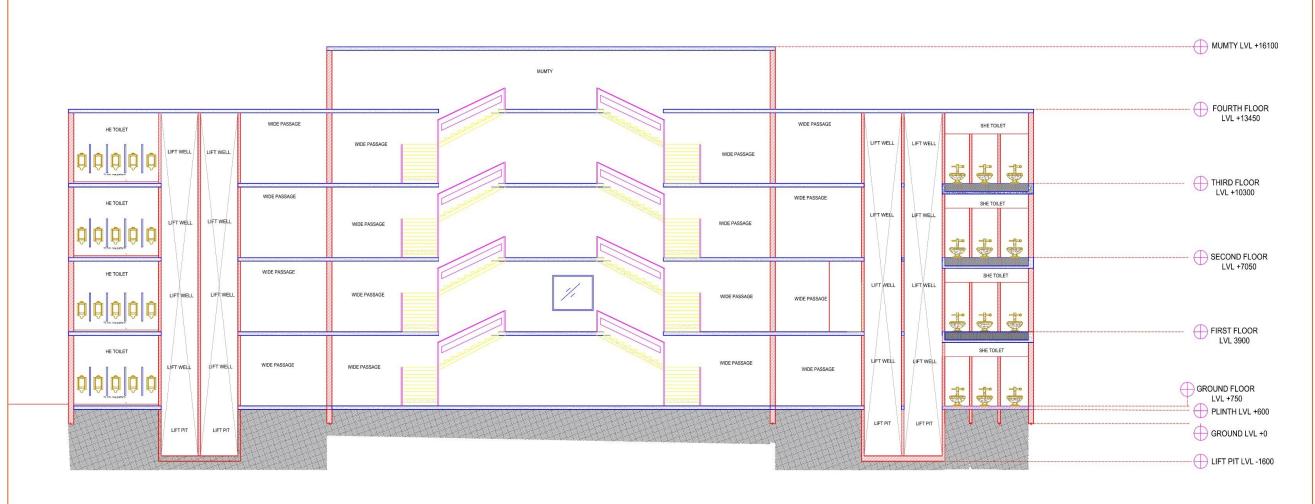
SECOND FLOOR



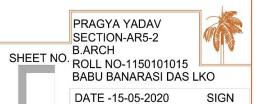


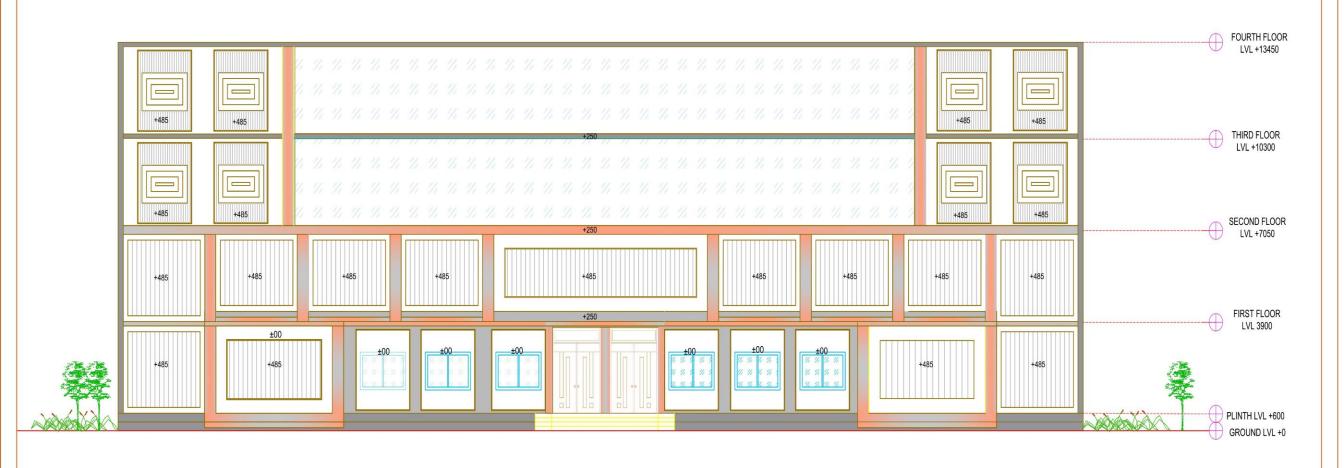
### THIRD FLOOR





**SECTION AT AA'** 





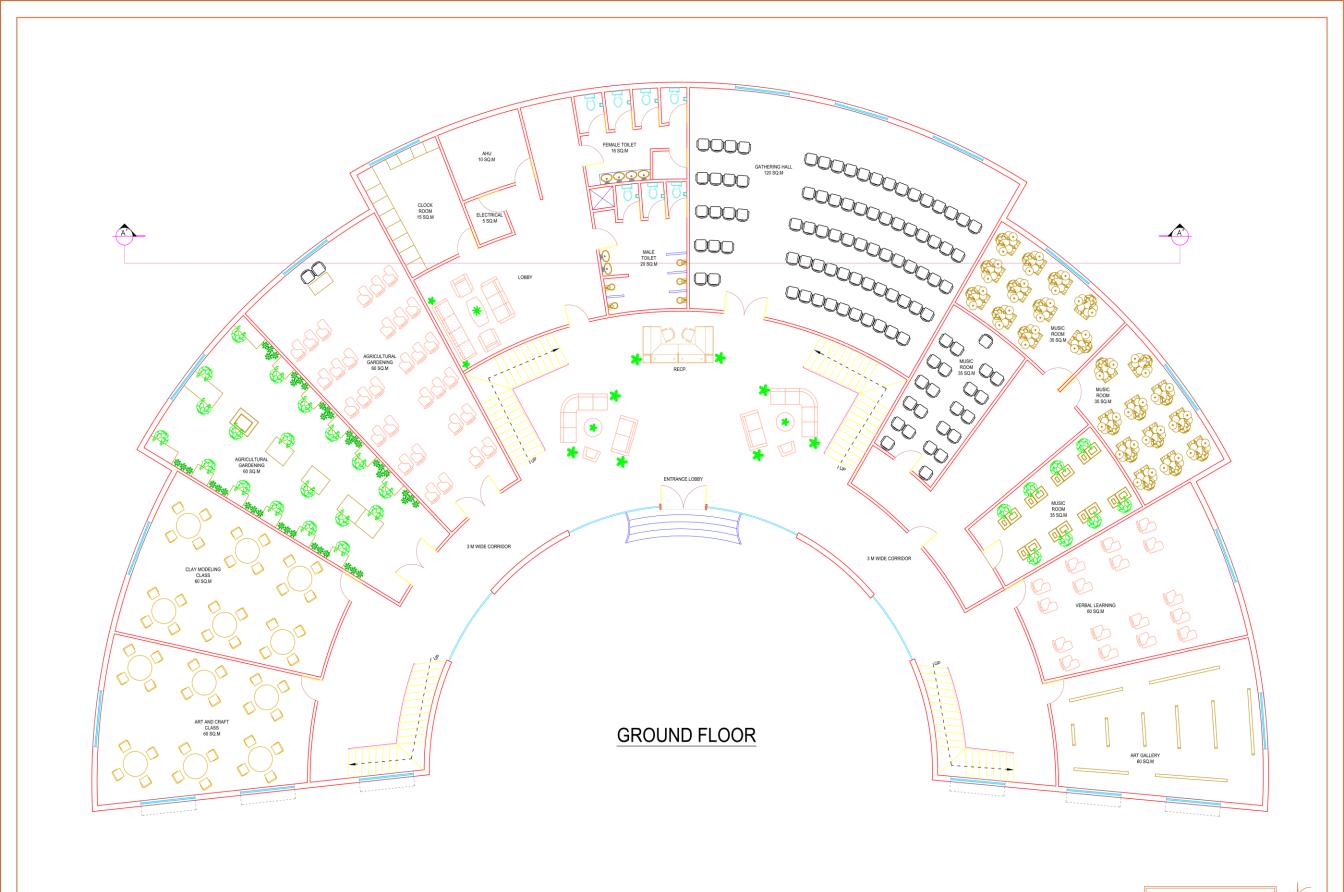
MENTAL HEALTH DEVELOPMENT CENTRE

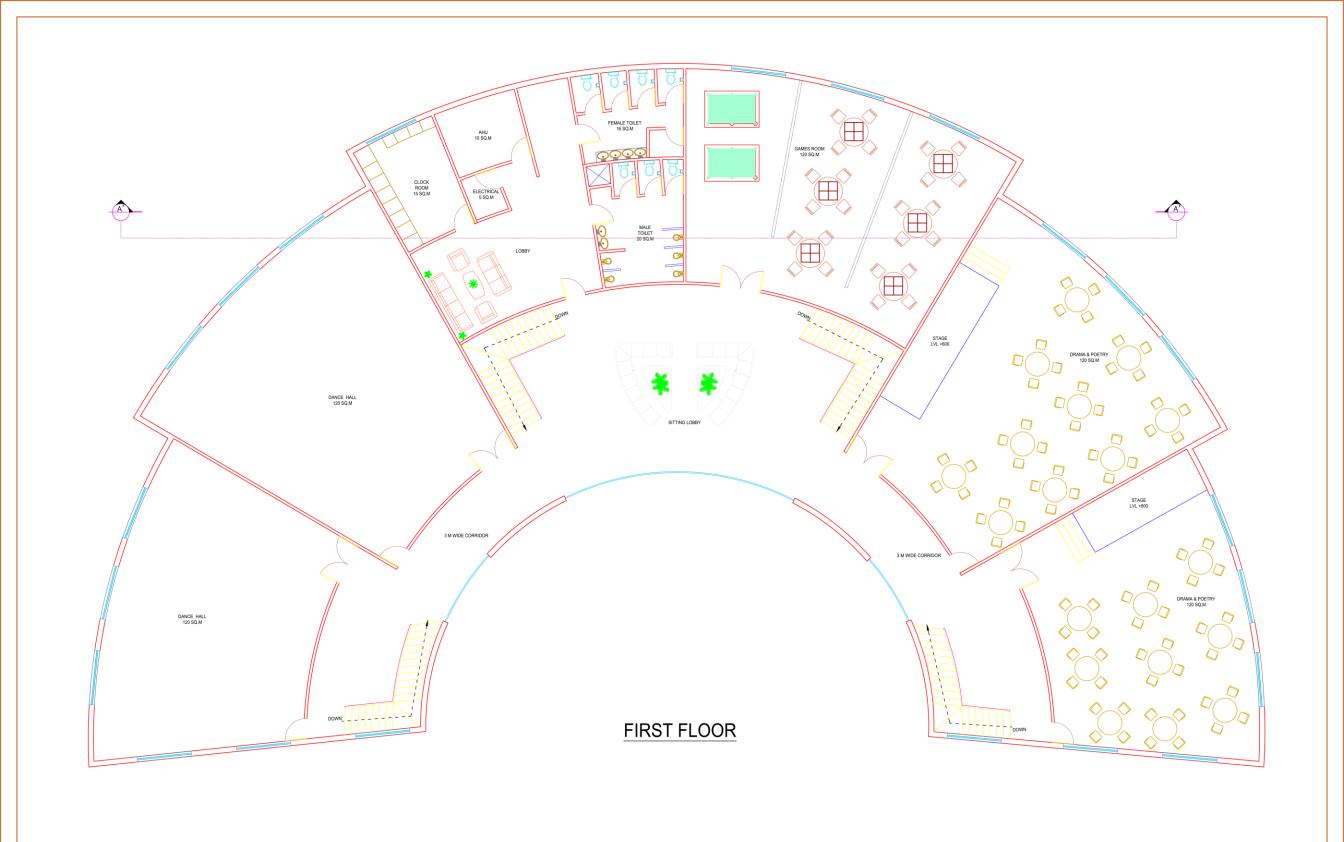
PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO.

ROLL NO-1150101015 BABU BANARASI DAS LKO

DATE -15-05-2020

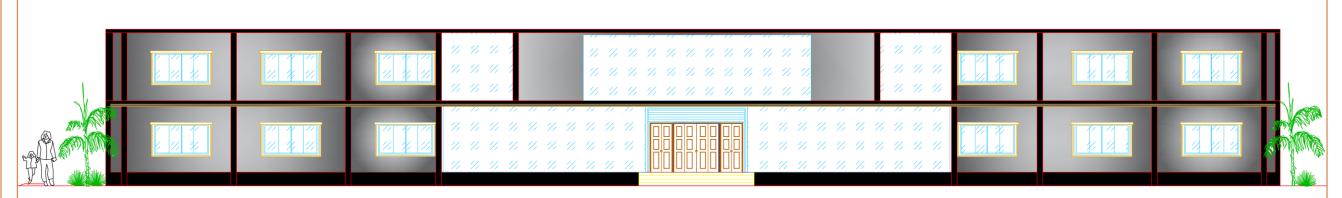
# SKILL DEVELOPMENT





PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101052 BABU BANARASI DAS LKO

DATE -15-05-2020 SIGN

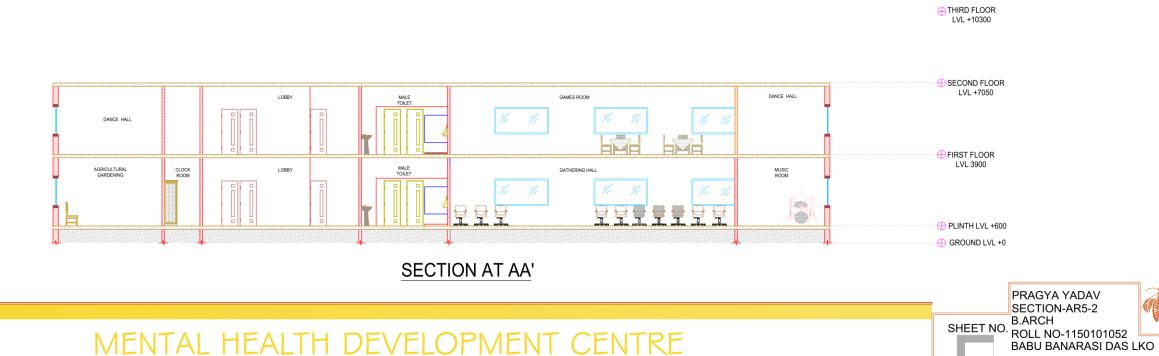


#### FRONT ELEVATION

LVL +12950

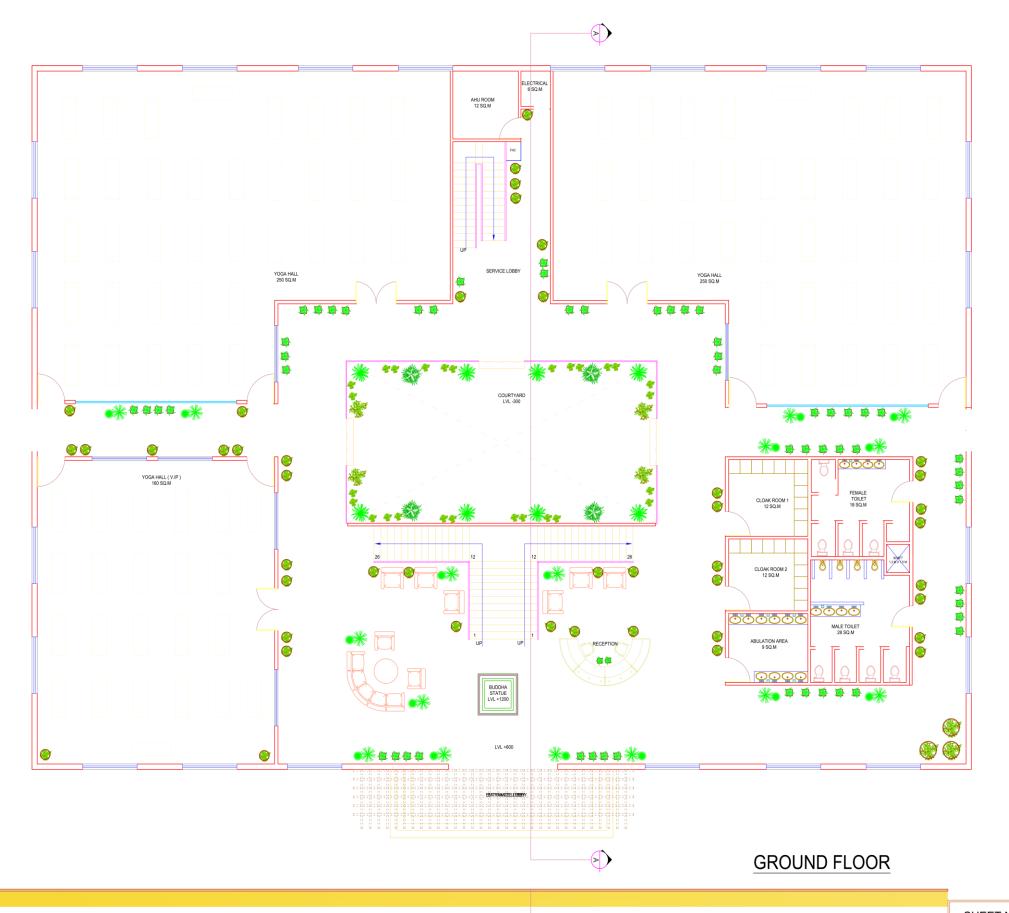
SIGN

DATE -15-05-2020



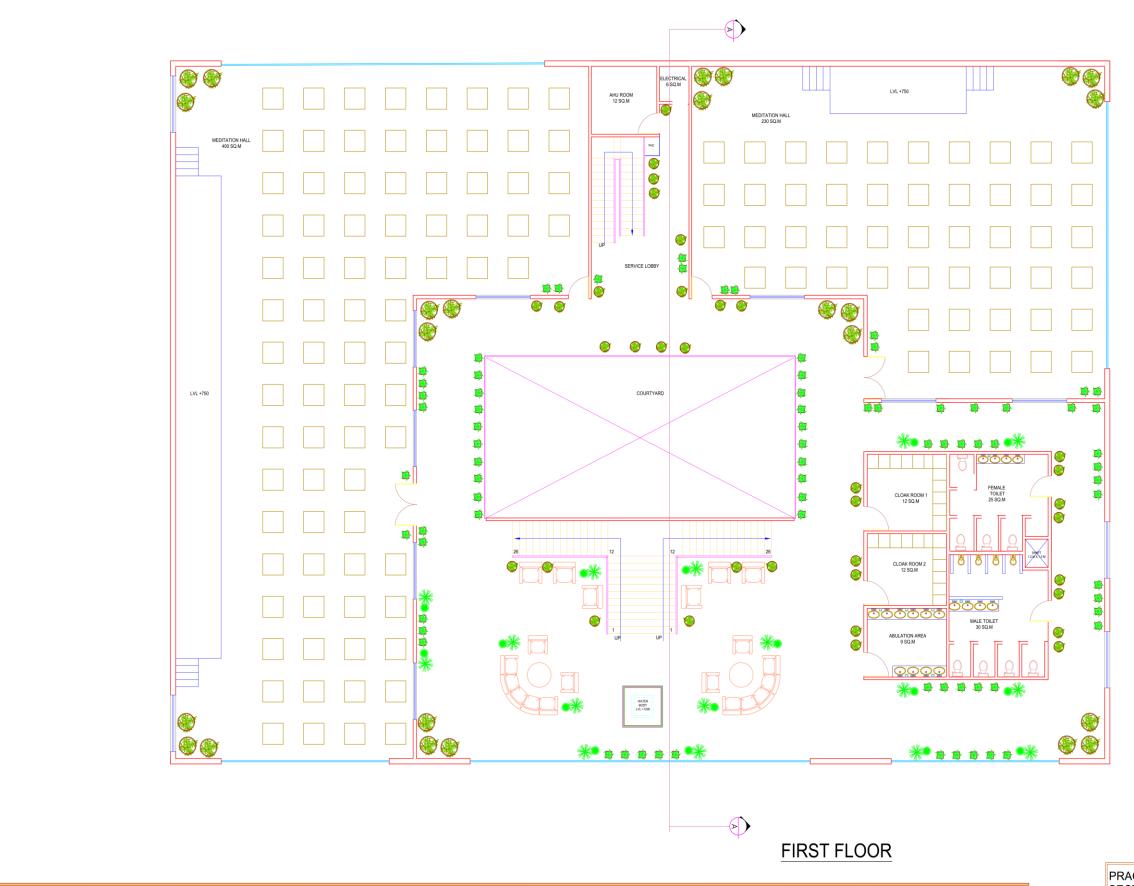
MENTAL HEALTH DEVELOPMENT CENTRE

# MEDITATION



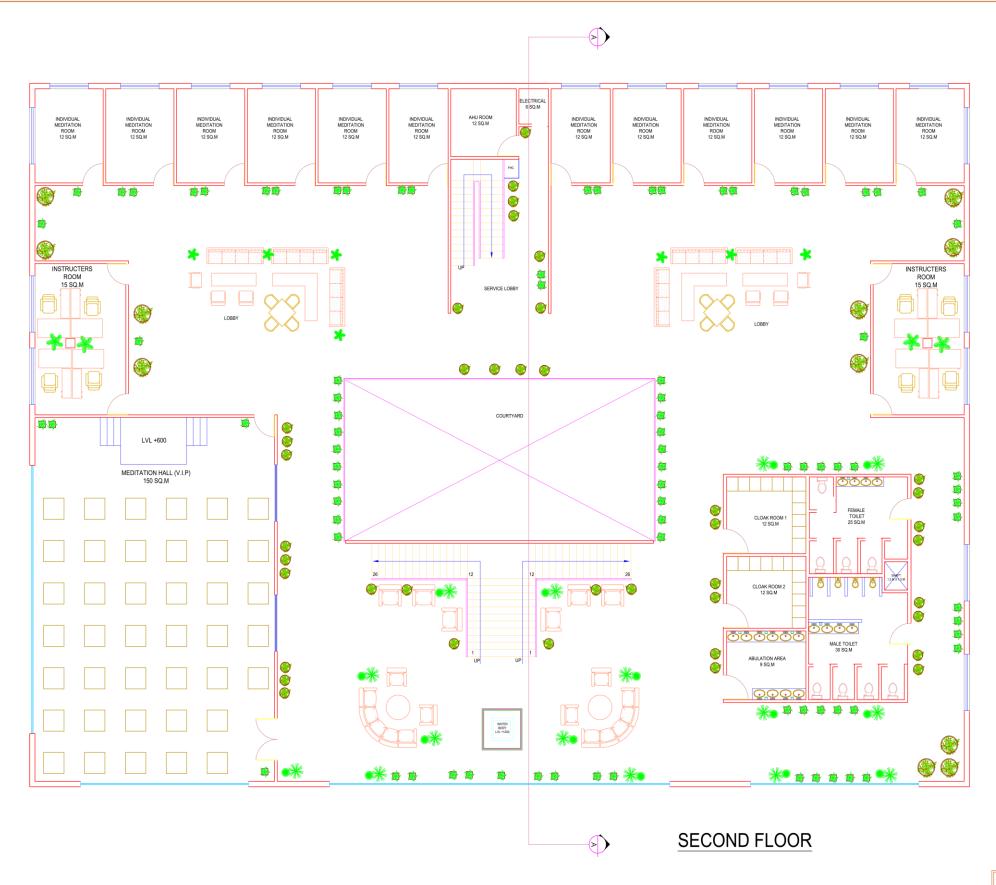
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DATE -15-05-2020



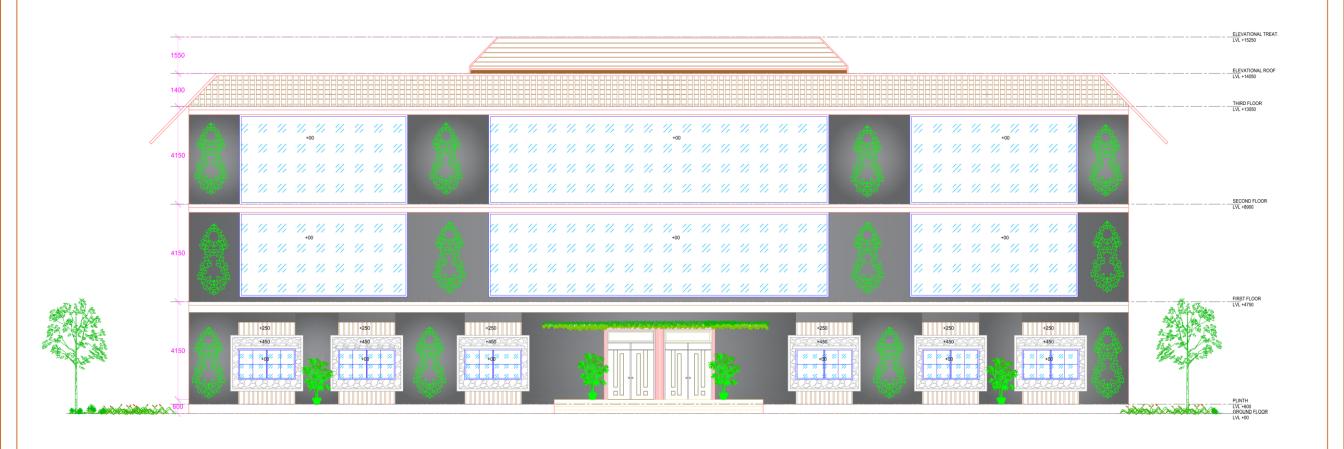
PRAGYA YADAV SECTION-AR5-2 B.ARCH SHEET NO. ROLL NO-1150101015
BABU BANARASI DAS LKO

SIGN DATE -15-05-2020



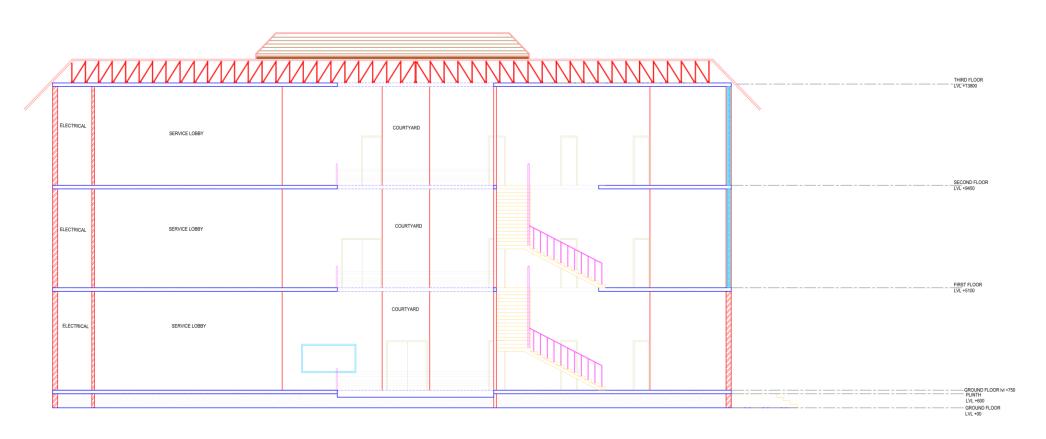
PRAGYA YADAV
SECTION-AR5-2
B.ARCH
ROLL NO-1150101015
BABU BANARASI DAS LKO

DATE -15-05-2020

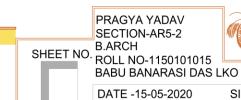


FRONT ELEVATION

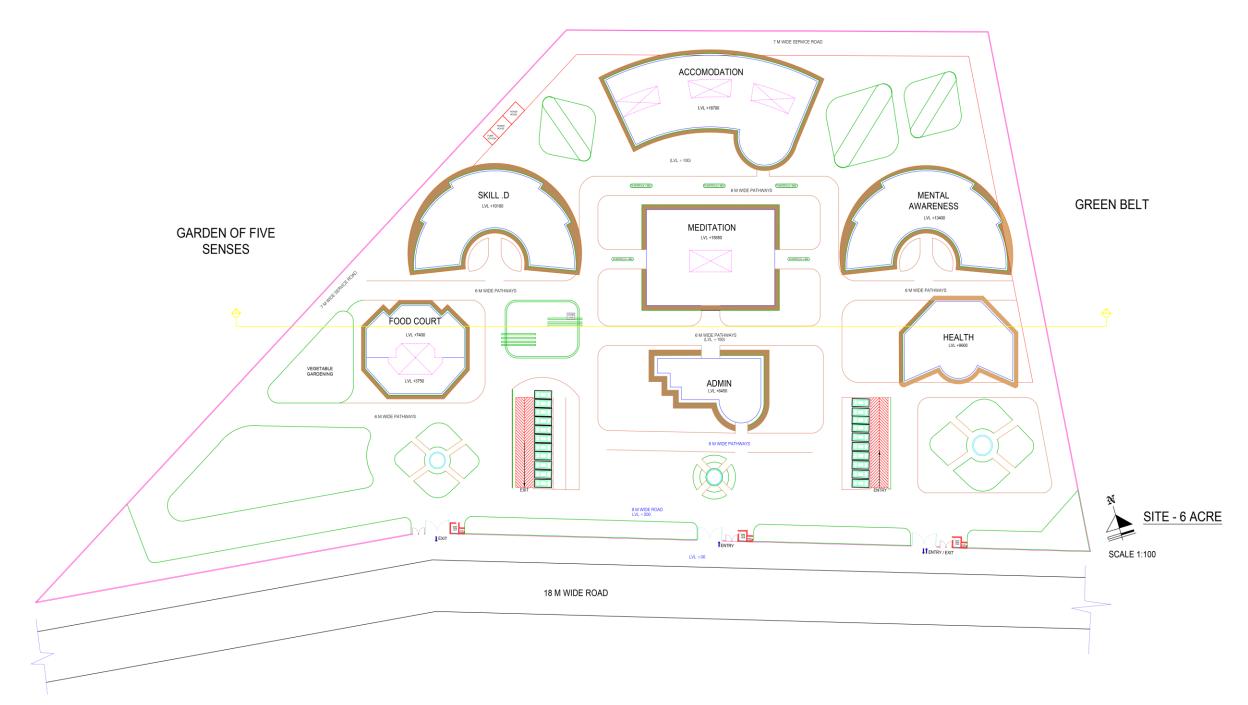
PRAGYA YADAV
SECTION-AR5-2
B.ARCH
ROLL NO-1150101015
BABU BANARASI DAS LKO
DATE -15-05-2020 SIGN



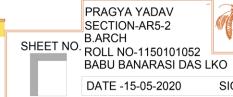
SECTION AA'



#### **GREEN BELT**

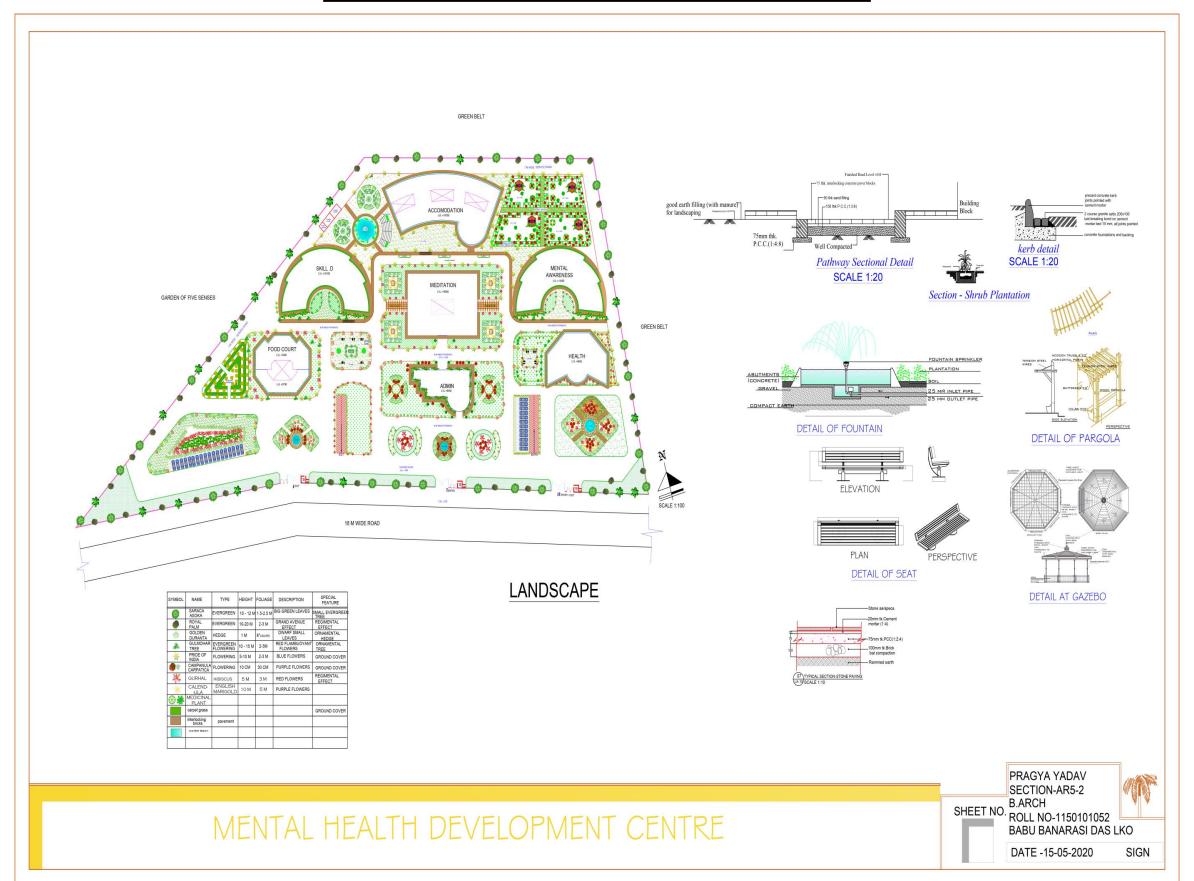


### SITE PLAN



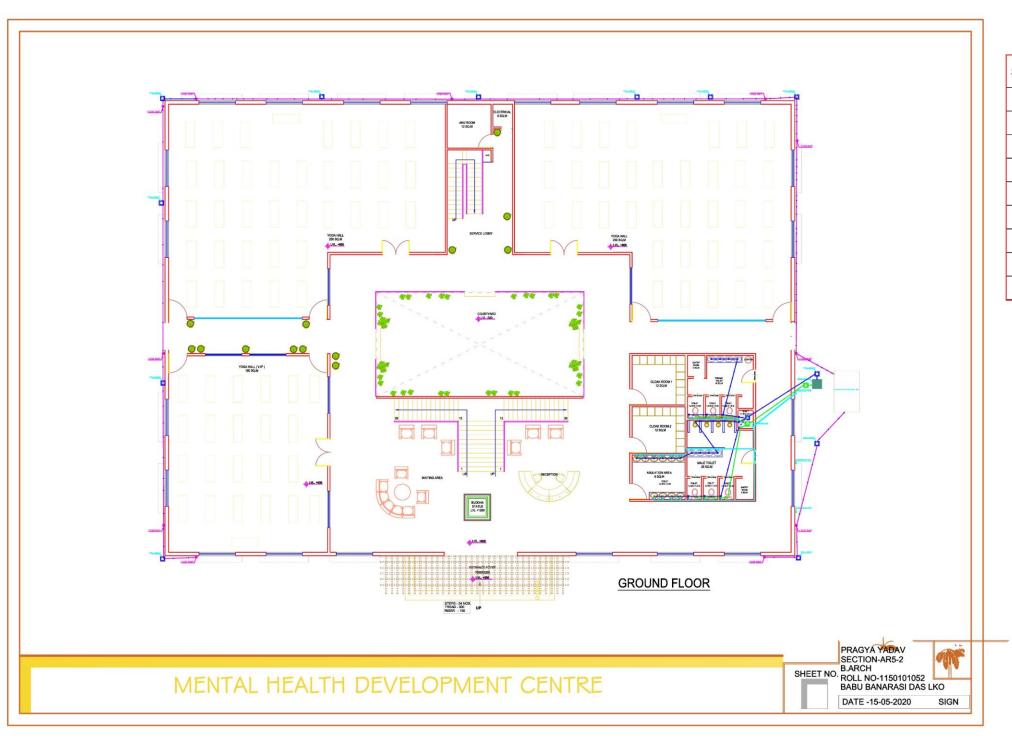
# SITE PLAN AND SITE SECTION

## 1. ELECTIVE (LANDSCAPE)

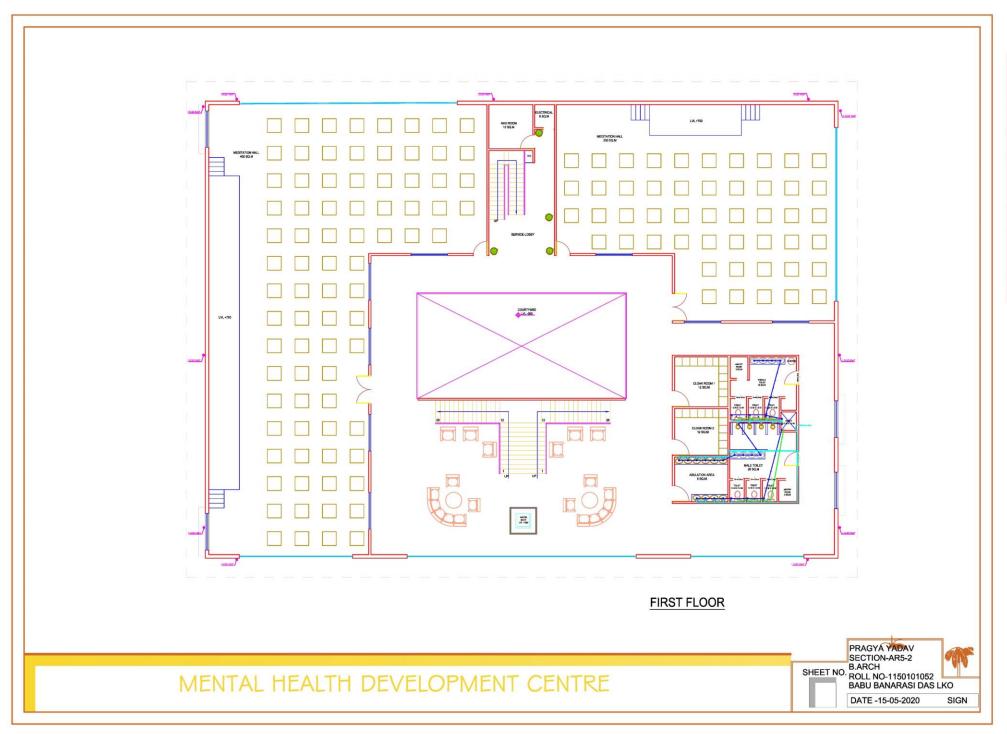


## 2. ELECTIVE (PLUMBING)

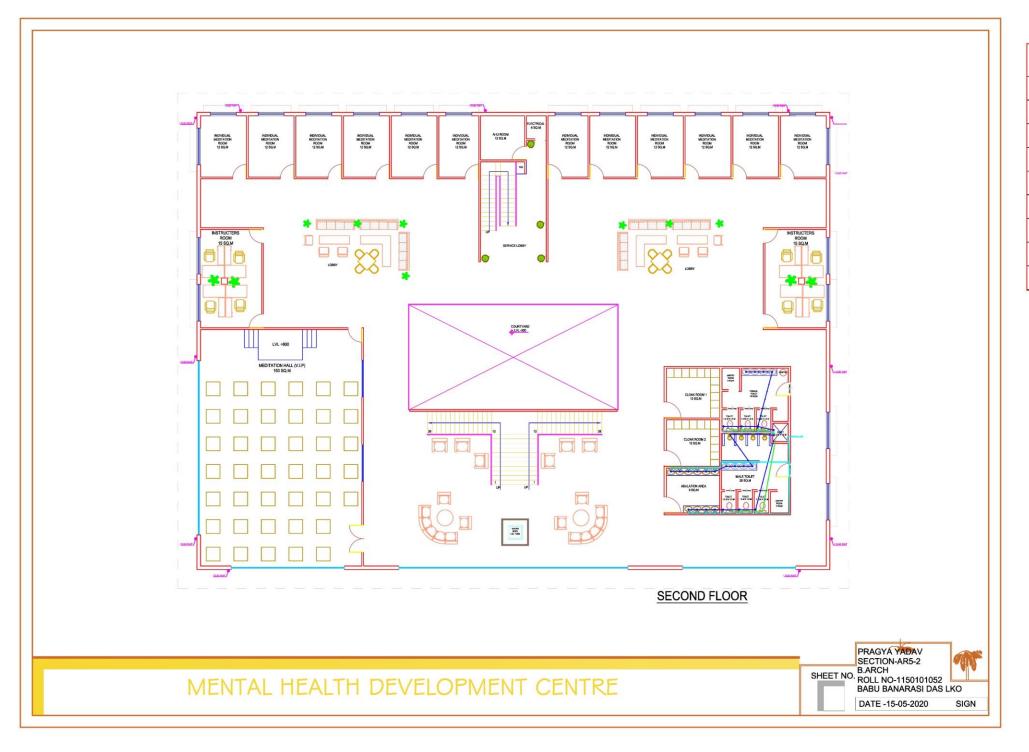
### MEDITATION BLOCK PLUMBING



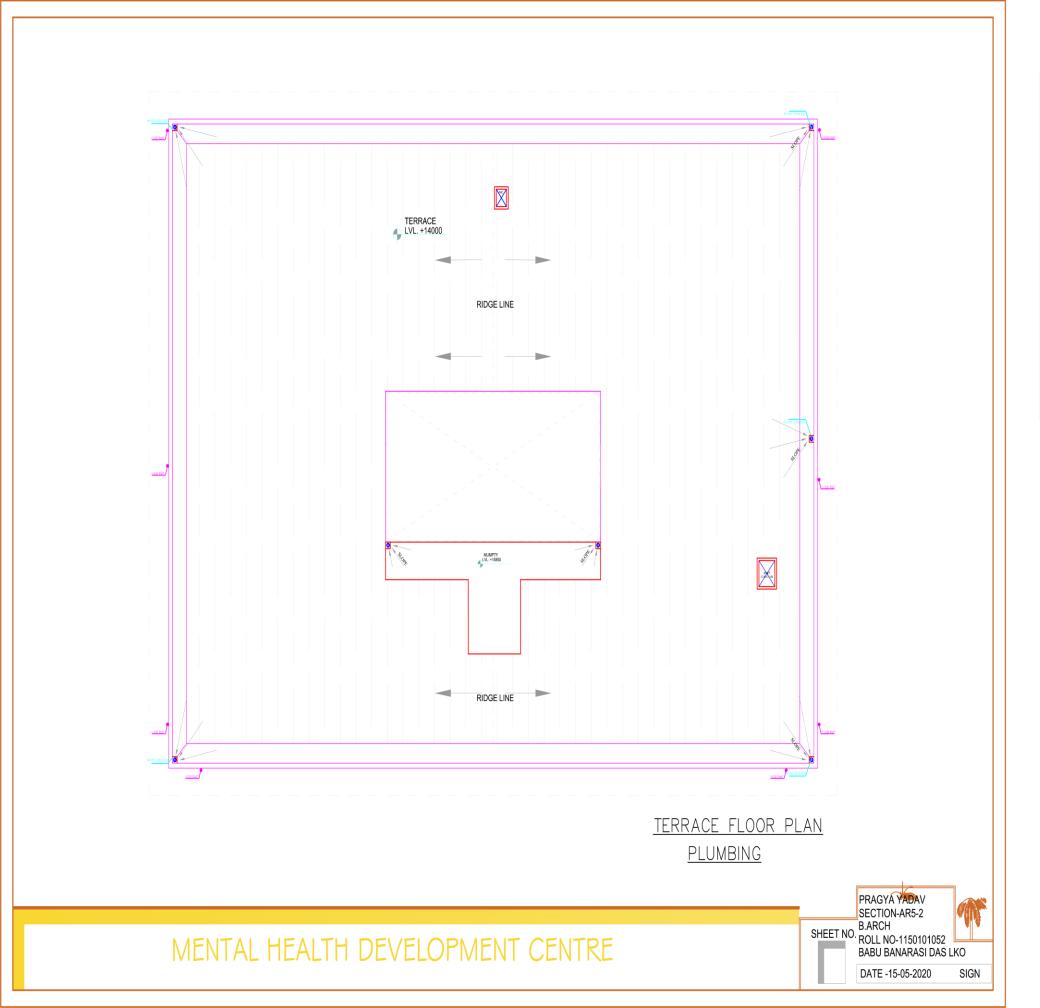
S.NO.	SYMBOL	DESCRIPTION
1.		P.V.C. PIPE FOR WATER SUPPLY
2.		RAIN WATER PIPE
3.	1	P.V.C. SOIL AND VENT PIPE
4.	-	P.V.C. WASTE AND VENT PIPE
5.	☐ G.T.	GULLY TRAP
6.	☐ I.C.	INSPECTION CHAMBER
7.	☐ M.H.	MAN HOLE
8.	F.T.	FLOOR TRAP
9.	A.T.	ABLUTION TAP



S.NO.	SYMBOL	DESCRIPTION
1.		P.V.C. PIPE FOR WATER SUPPLY
2.		RAIN WATER PIPE
3.	_	P.V.C. SOIL AND VENT PIPE
4.		P.V.C. WASTE AND VENT PIPE
5.	☐ G.T.	GULLY TRAP
6.	☐ I.C.	INSPECTION CHAMBER
7.	■ M.H.	MAN HOLE
8.	F.T.	FLOOR TRAP
9.	A.T.	ABLUTION TAP

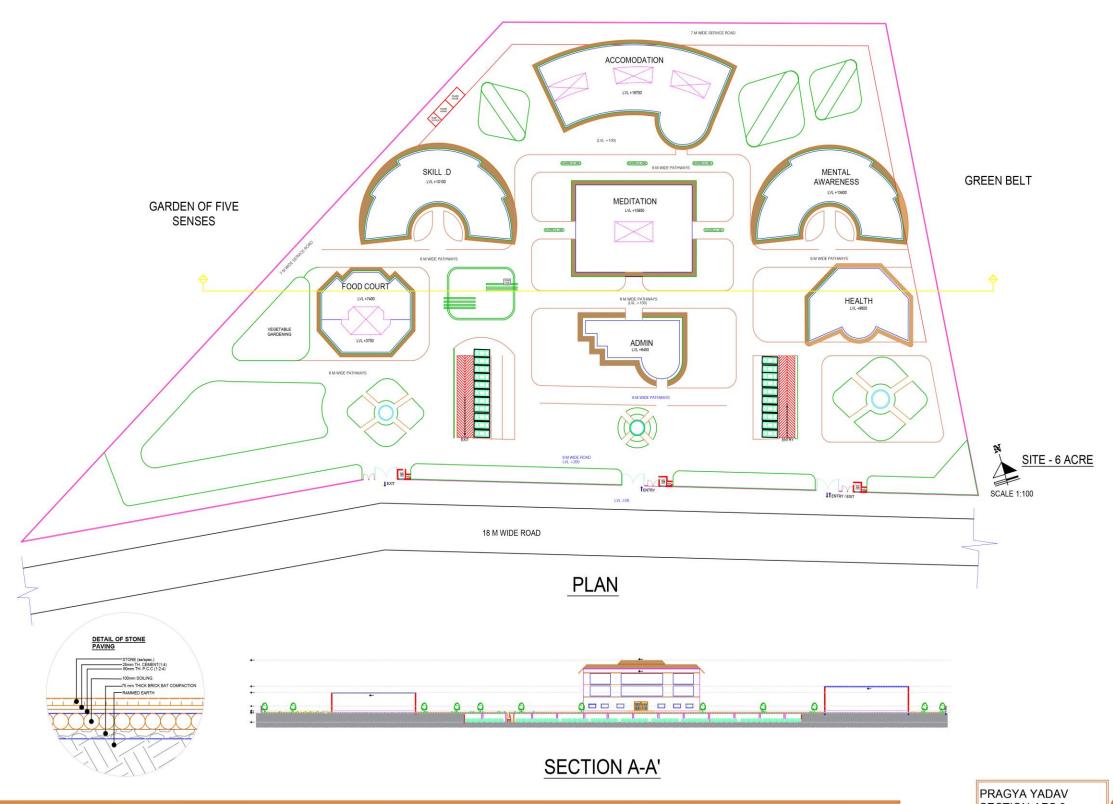


S.NO.	SYMBOL	DESCRIPTION
1.		P.V.C. PIPE FOR WATER SUPPLY
2.		RAIN WATER PIPE
3.	-	P.V.C. SOIL AND VENT PIPE
4.	1	P.V.C. WASTE AND VENT PIPE
5.	☐ G.T.	GULLY TRAP
6.	☐ I.C.	INSPECTION CHAMBER
7.	□ М.Н.	MAN HOLE
8.	F.T.	FLOOR TRAP
9.	A.T.	ABLUTION TAP



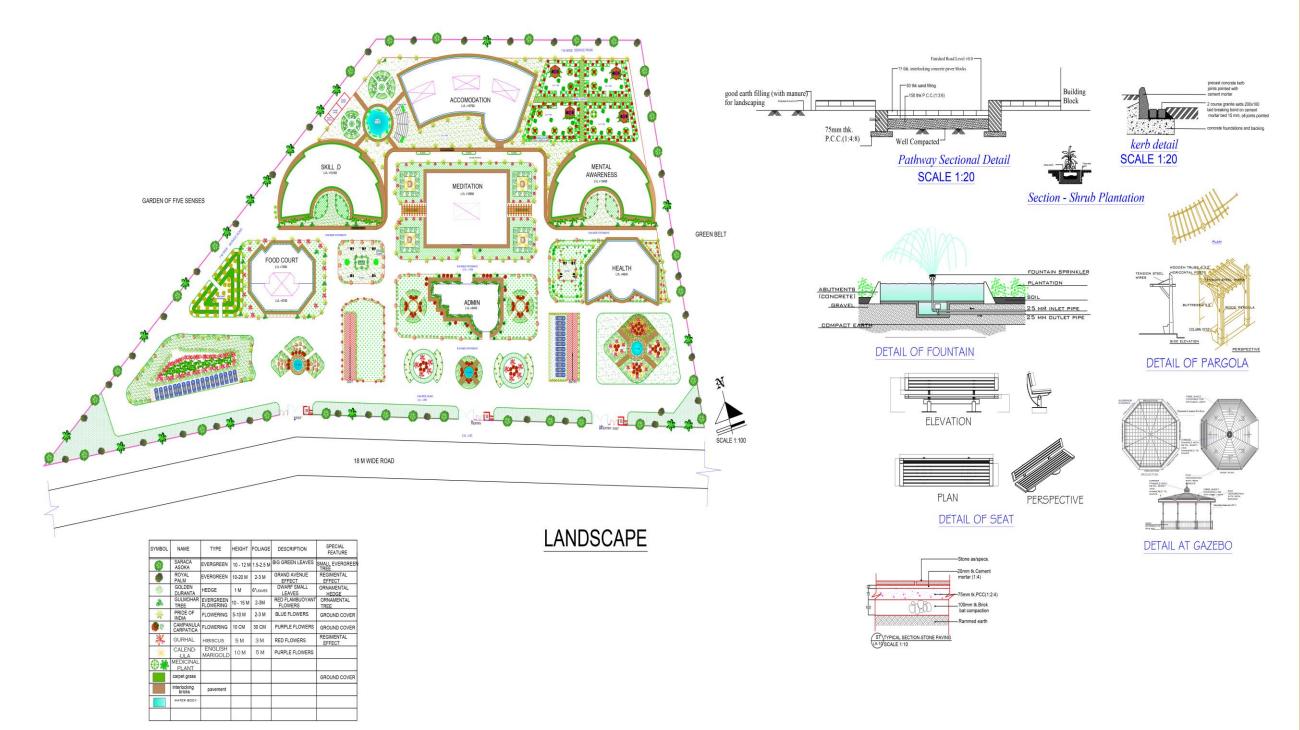
S.NO.	SYMBOL	DESCRIPTION
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2.		RAIN WATER PIPE
3.		P.V.C. SOIL AND VENT PIPE
4.		P.V.C. WASTE AND VENT PIPE
5.	G.T.	GULLY TRAP
6.	☐ I.C.	INSPECTION CHAMBER
7.	☐ M.H.	MAN HOLE
8.	F.T.	FLOOR TRAP
9.	A.T.	ABLUTION TAP

#### **GREEN BELT**



MENTAL HEALTH DEVELOPMENT CENTRE

PRAGYA YADAV
SECTION-AR5-2
B.ARCH
ROLL NO-1150101052
BABU BANARASI DAS LKO
DATE -15-05-2020



PRAGYA YADAV SECTION-AR5-2 **B.ARCH** SHEET NO. ROLL NO-1150101052 BABU BANARASI DAS LKO

DATE -15-05-2020

#### **LEGENDS GREEN BELT** DESCRIPTION S.NO. SYMBOL P.V.C. PIPE FOR WATER SUPPLY 7 M WIDE SERVICE ROAD RAIN WATER PIPE

1.

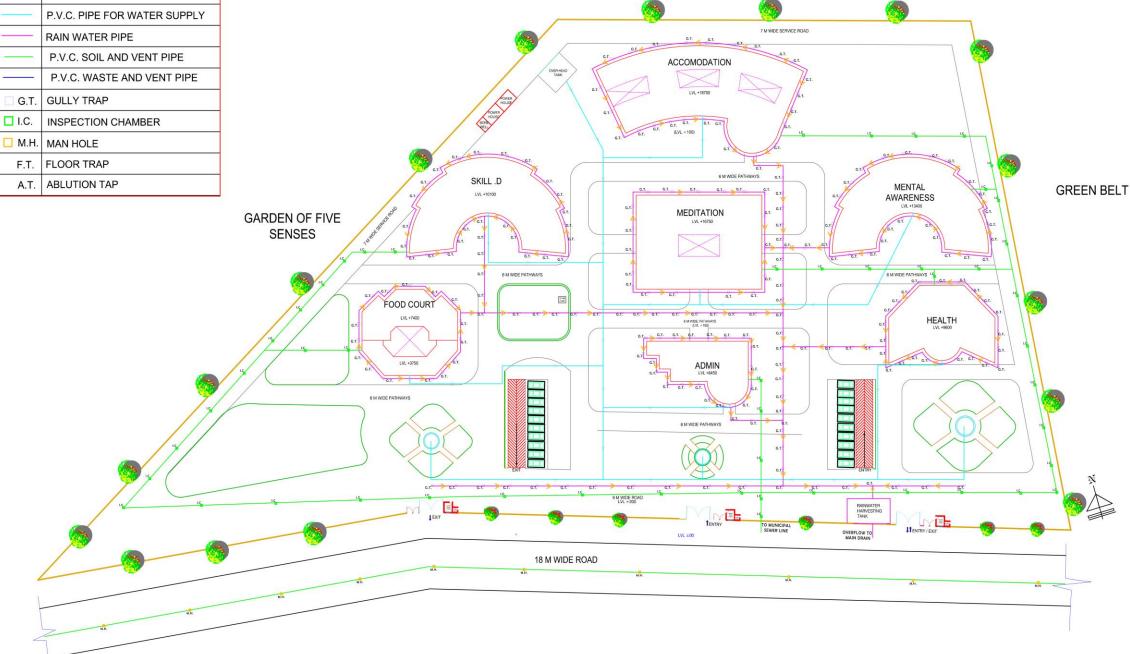
2.

4.

5.

6.

8.



SITE PLUMBING