

THESIS REPORT ON
“CURATING TRANQUALIN ESCAPES
THE ART AND SCIENCE OF SALON AND SPA DESIGN”
SULTANPUR, UTTAR PRADESH

A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR
THE DEGREE OF:

BACHELOR OF INTERIOR DESING

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THESIS GUIDE
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TO THE
SCHOOL OF ARCHITECTURE & PLANNING
BABU BANARASI DAS UNIVERSITY
LUCKNOW

**SCHOOL OF ARCHITECTURE & PLANNING
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CERTIFICATE

I hereby recommend that the thesis entitled “CURATING TRANQUALIN ESCAPESTHE ART AND SCIENCE OF SALON AND SPA DESIGN, SULTANPUR, UTTAR PRADESH. “under the supervision, is the bonafide work of the students and can be accepted as partial fulfillment of the requirement for the degree of Bachelor’s degree in Architecture, School of Architecture & Planning, BBDU, Lucknow.

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Recommendation Accepted

Not Accepted

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ACKNOWLEDGEMENT

Our hard work never truly shines if we do not express our heartfelt gratitude to those who have given us considerable support and encouragement during this project.

To start with. First and foremost, gratitude towards almighty GOD for his blessings. Then I would like to thank all my faculty members who have supported and guided me all these memorable 4 years.

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I have put in my best of efforts and worked day and night to make this project successful.

Hope u too will appreciate my endeavor.

THANKING YOU

KARUNA GUPTA

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4. Degree for which the thesis is submitted:
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6. Thesis preparation guide was referred to for preparing the thesis. Yes / No
7. Specification regarding thesis format have been closely followed. Yes / No
8. The content of the thesis have been organized based on the guidelines. Yes / No
9. The thesis has been prepared without resorting to plagiarism Yes / No
10. All the sources used have been cited appropriately Yes / No
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DECLARATION

I hereby declare that the work done in this thesis project is my own work and I have collected the data from various sources, which I have duly acknowledged in my report.

ABSTRACT

This thesis presents an innovative approach to interior design by conceptualizing a spa and salon that harmoniously blends the raw, grounding essence of earth with the refined sophistication of elegance. Addressing the growing demand for wellness spaces that connect users to nature while exuding luxury, this study explores the fusion of natural materials—such as reclaimed wood, stone, and clay textured tiles, modern elements like glass, metal, and minimalist finishes.

Through extensive research, including case studies and literature studies of existing wellness spaces, the project investigates how biophilic design principles, earthy color palettes, and organic textures can coexist with elegant lighting, luxurious furnishings, and cutting-edge spa technology.

The core of this thesis is a conceptual design for a spa and salon prototype, incorporating natural water features, living green walls, and handcrafted materials alongside polished stone counters and ambient lighting to create a serene yet upscale environment. Results demonstrate that this fusion not only enhances the sensory experience of relaxation and rejuvenation but also promotes sustainability and emotional well-being. This research contributes to the field of interior design by proposing a scalable model for spa and salon spaces that balance environmental consciousness with high-end aesthetics, offering a blueprint for future wellness destinations.

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CHAPTER - 01

INTRODUCTION

INTRODUCTION

The design of a salon and spa plays a vital role in creating a relaxing and inviting atmosphere for clients. As spaces dedicated to wellness and self-care, these environments must balance aesthetics, functionality, and comfort. Modern salon and spa designs emphasize clean lines, soothing color palettes, and thoughtful material choices to enhance the overall experience. Key elements such as lighting, furniture layout, and spatial flow are crucial in ensuring a seamless customer journey while maintaining an elegant and contemporary vibe.

- **Key Role of Interior Design** – Interior design plays a crucial role in shaping customer experience, ensuring comfort, and reinforcing a brand's identity through thoughtful design.
- **Beyond Aesthetics** – More than just visual appeal, interior design focuses on functionality, creating the right ambiance, and enhancing overall efficiency.
- **Design Elements** – Key elements such as spatial layout, lighting, materials, and color schemes work together to create a cohesive and visually appealing space.
- **Purpose** – The primary goal of interior design is to craft a luxurious and relaxing environment that enhances client well-being and satisfaction.
- **Operational Efficiency** – A well-designed interior ensures a smooth workflow, allowing staff to operate efficiently while maintaining a pleasant atmosphere.
- **Balance** – Successful interior design strikes a balance between elegance and practicality, making spaces both aesthetically pleasing and functional.
- **Essential Features** – Incorporating ergonomic furniture and sustainable design choices not only enhances comfort but also supports environmental responsibility.

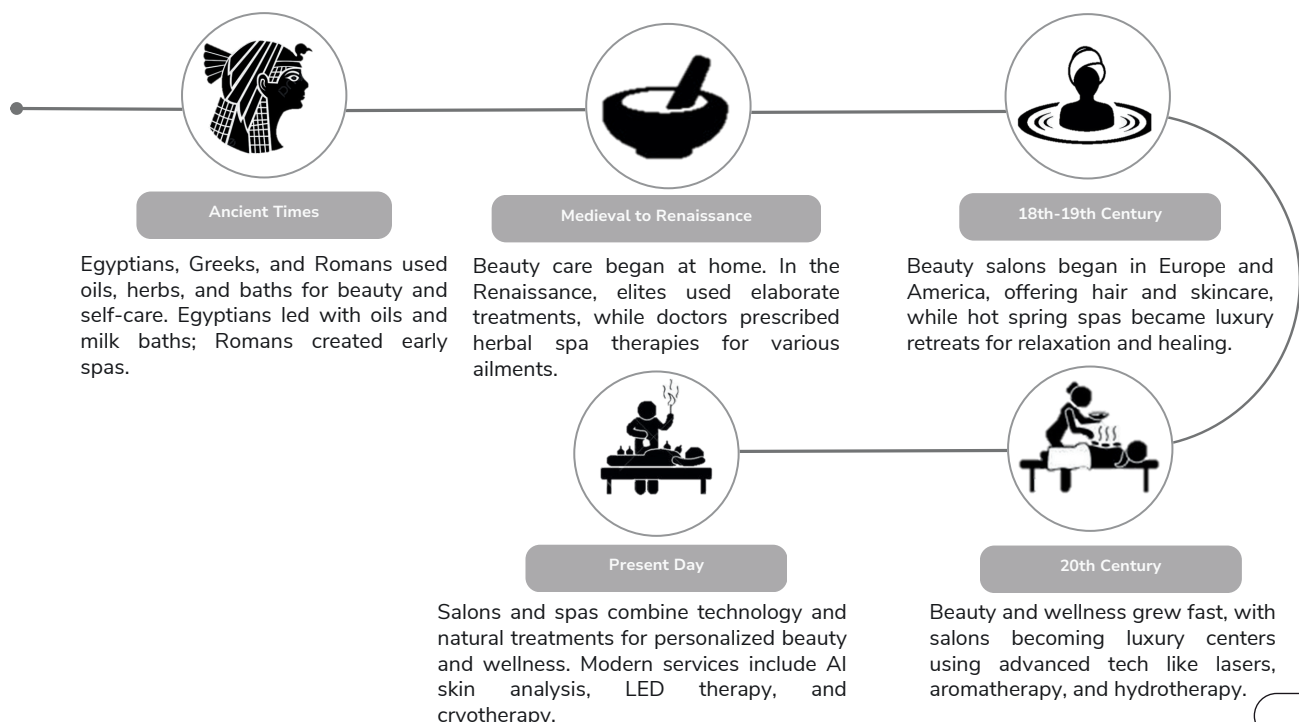
HISTORY & BACKGROUND

Origin of Salon:

Salons began in 17th-century France as intellectual gatherings. By the 19th century, they evolved into beauty parlors. Martha Matilda Harper opened the first modern salon in the late 1800s, offering professional hair care in a customer-focused setting. Today, salons provide a range of beauty and wellness services.

Origin of Spa:

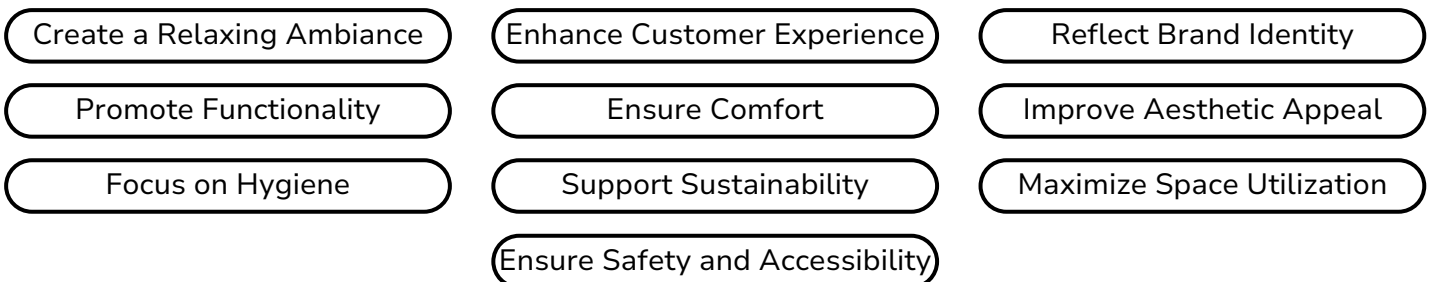
The term "spa" comes from the Belgian town of Spa, famous for its healing waters since Roman times. Inspired by ancient Greek and Roman bathhouses, modern spas now include hydrotherapy, aromatherapy, and holistic treatments.



WHY DO PEOPLE VISIT SALON AND SPA?

- **Relaxation and stress relief** – Salons and Spas provide a calming and relaxing environment that can help to reduce stress and improve mental well-being. Treatments such as massages, facials, and hydrotherapy can also help to relieve physical tension and promote relaxation.
- **Health and wellness** – Many salons and spas offer treatments and activities that promote overall health and wellness, such as fitness classes, yoga and meditation, and nutrition programs.
- **Beauty and grooming** – Salons and Spas often offer a variety of beauty and grooming services, such as facials, body treatments, and hair and nail services, that can help people look and feel their best.
- **Pain Management** – Certain salon and spa treatments, such as massage and hydrotherapy, can help to relieve pain and improve mobility.
- **Personal Pampering** – Many people visit salons and spas simply for the purpose of being pampered and treated to some well-deserved "me time."
- **Special Events** – Salons and Spas are also popular for special events such as bridal showers, bachelorette parties, and birthday celebrations.
- **Romantic gateway** – Salons and Spas are a popular destination for couples looking for a romantic getaway. offering a relaxing and intimate atmosphere where they can spend quality time together.

AIMS



OBJECTIVE

- | | |
|---|--|
| <ul style="list-style-type: none">• Create a Relaxing Ambiance• Ensure Functional Layout• Enhance Client Comfort• Promote Privacy• Incorporate Aesthetic Appeal | <ul style="list-style-type: none">• Support Hygiene and Cleanliness• Embrace Sustainability• Highlight Branding Elements• Enhance Customer Retention• Improve Staff Productivity |
|---|--|

SCOPE

- **High Demand for Aesthetic & Functional Spaces** – Spas and salons rely on visually appealing interiors to attract customers and enhance their experience.
- **Ensure Functional Layout** – Plan spaces for smooth movement, clear zoning, and efficient use of space.
- **Enhance Client Comfort** – Use ergonomic furniture and cozy seating areas.
- **Promote Privacy** – Design private treatment rooms and secluded relaxation zones.
- **Incorporate Aesthetic Appeal** – Blend stylish décor with practical design elements.
- **Improve Staff Productivity** – Design organized storage, accessible tools, and efficient workstations.
- **Support Hygiene and Cleanliness** – Use easy-to-clean materials and provide proper ventilation.
- **Embrace Sustainability** – Integrate eco-friendly materials and energy-saving solutions.
- **Highlight Branding Elements** – Incorporate signature colors, logos, and themed decor.
- **Enhance Customer Retention** – Design memorable spaces that encourage repeat visits.

METHODOLOGY

- **Research & Analysis** - Study salon and spa trends, user needs, and functional requirements.
- **Concept Development** - Create a design theme aligned with comfort, luxury, and functionality.
- **Space Planning** - Develop efficient layouts for smooth workflow and customer comfort.
- **Material & Color Selection** - Choose soothing tones, textures, and durable materials.
- **Lighting Design** - Integrate ambient, task, and accent lighting for a relaxing ambiance.
- **Furniture & Fixture Design** - Focus on ergonomic and aesthetic elements

PROJECT REQUIREMENTS

- **Concept & Theme** – Define brand identity, choose a theme (luxury, Zen, minimalist), and align colors & materials accordingly.
- **Space Planning** – Optimize layout with dedicated zones for reception, waiting area, service stations, and storage.
- **Aesthetic & Ambiance** – Use calming colors, biophilic elements, and ambient lighting for relaxation.
- **Furniture & Fixtures** – Install ergonomic chairs, massage beds, styling stations, and smart mirrors.
- **Materials & Finishes** – Use durable, moisture-resistant, and eco-friendly materials.
- **HVAC & Ventilation** – Ensure proper air circulation, temperature control, and fragrance diffusion.
- **Technology Integration** – Smart lighting, AI-powered mirrors, digital booking, and automated temperature controls.
- **Safety & Compliance** – Follow building codes, fire safety, and accessibility standards.

LIMITATIONS

- **Space Constraints** – Designing within limited space while ensuring functionality and aesthetics can be challenging.
- **Budget Restrictions** – High-end materials, smart technology, and luxury elements may exceed financial limits.
- **Regulatory Compliance** – Adhering to building codes, fire safety norms, and accessibility standards can limit design choices.
- **Sustainability Challenges** – Balancing eco-friendly designs with durability and maintenance needs.
- **Technological Dependence** – Advanced smart features require regular updates, increasing costs and complexity.
- **Client Preferences & Trends** – Constantly evolving beauty and wellness trends may make designs outdated quickly.
- **Maintenance & Durability** – Spa interiors face high humidity and frequent usage, requiring long-lasting materials.
- **Acoustic & Privacy Issues** – Ensuring soundproofing for a peaceful environment can be complex in shared spaces.
- **Lighting & Ambiance Balance** – Achieving the right mix of ambient, task, and accent lighting for different services.
- **Multifunctional Space Planning** – Creating a layout that accommodates both spa and salon services efficiently.

CHAPTER - 02

SITE ANALYSIS

ABOUT THE CITY

Sultanpur , a culturally rich city in Uttar Pradesh, holds immense potential for interior design inspired by its historical and traditional elements. Known for its connection to ancient kingdoms like Kosala and its influence during the Mughal period, Sultanpur boasts architectural features that can inspire unique design concepts. The city's heritage is reflected in its traditional craftsmanship, such as carved wooden panels, jali work, and intricate detailing, which can be integrated into modern interiors to create a fusion of old-world charm and contemporary elegance. For interior designers, Sultanpur's cultural essence offers inspiration for color palettes featuring earthy tones, warm hues, and natural textures. Materials like sandstone, terracotta, and wood reflect the region's traditional construction techniques, while decorative elements such as brass artifacts, embroidered textiles, and handcrafted pottery add authenticity to interior spaces. By blending Sultanpur's rich cultural heritage with modern design principles, interiors can evoke a sense of warmth, tradition, and timeless elegance, making the city a valuable reference point for creative and meaningful design projects.

INTRODUCTION TO THE SITE

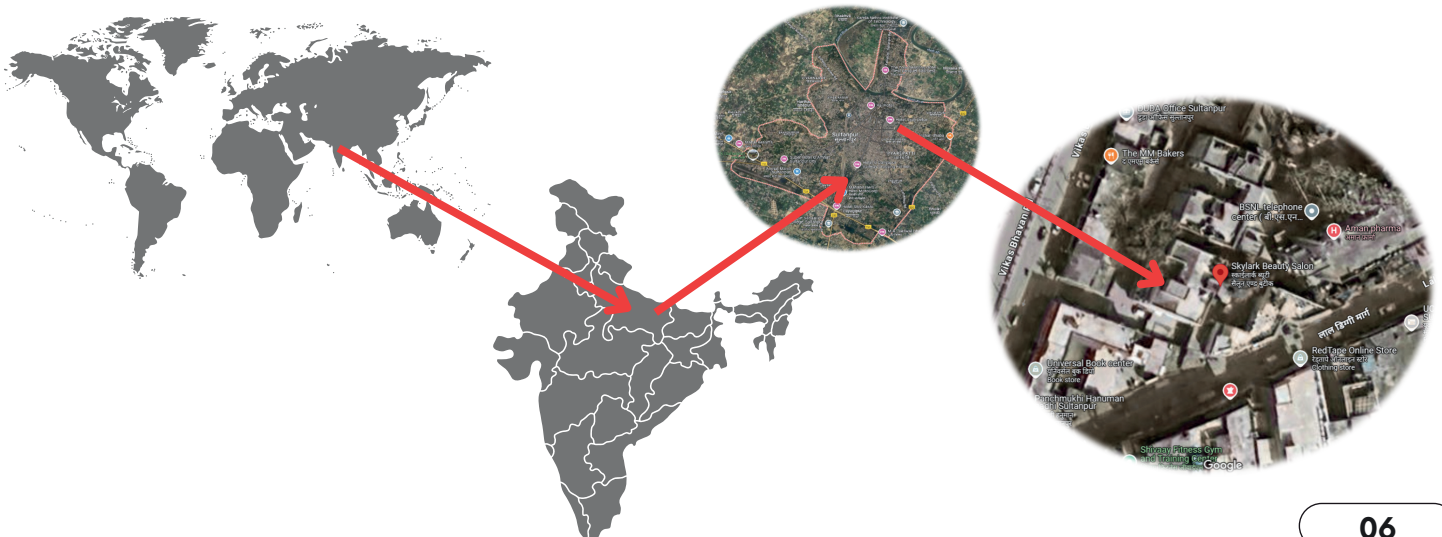
Skylark Beauty Salon in Sultanpur is a well-known beauty destination that offers a wide range of professional services including bridal and party makeup, hairstyling, hair treatments, and skincare. The salon is recognized for its expert makeup artists and skilled stylists who focus on enhancing natural beauty while catering to individual client needs. Along with providing personalized beauty services, Skylark maintains high standards of hygiene and uses quality products to ensure client satisfaction. The salon also creates a comfortable and welcoming atmosphere, making it a preferred choice for beauty and grooming in the region.

SITE LOCATION

- **CLIENT NAME** - SHASHWAT PANDAY
- **PROJECT TYPE** - SALON AND SPA
- **LOCATION** - SULTANPUR, UTTAR PRADESH
- **ADDRESS** - AMBEY SAHAY ROAD, OPPOSITE UCO BANK, CIVIL LINE.
- **SITE AREA** - 2700sqft

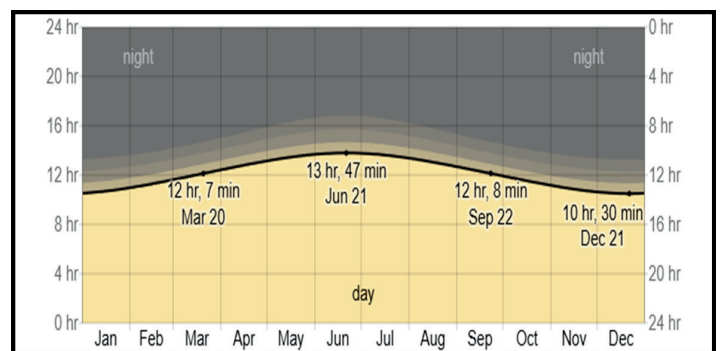
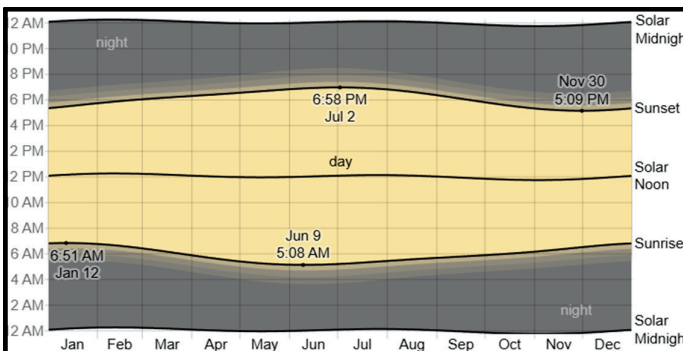
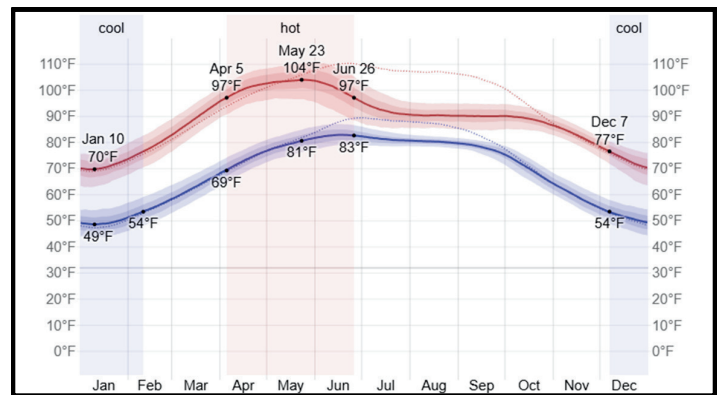
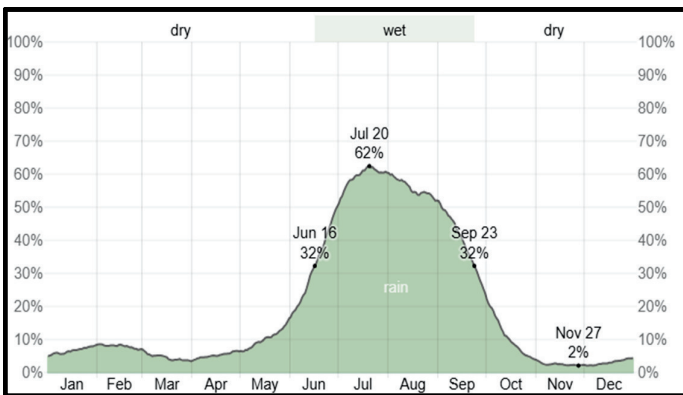
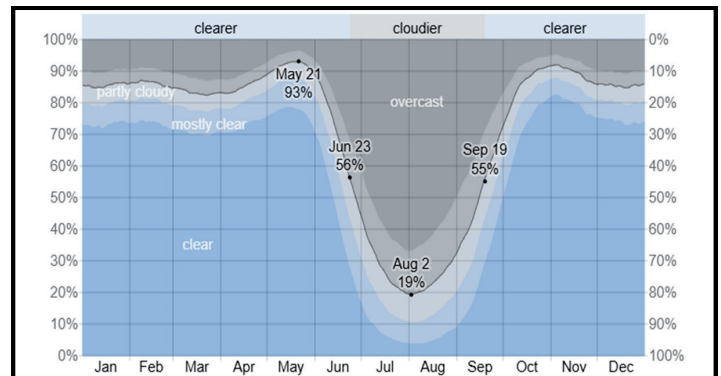
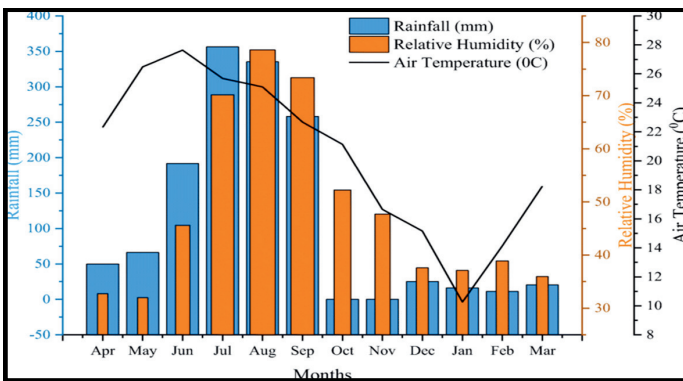
CONNECTIVITY

- DISTANCE FROM **AWADH BUS STATION** TO **SKYLARK BEAUTY SALON** – 160KM
- DISTANCE FROM **SULTANPUR JUNCTION** TO **SKYLARK BEAUTY SALON** – 1.2KM
- DISTANCE FROM **GOVT. ITI SULTANPUR** TO **SKYLARK BEAUTY SALON** – 2.8KM
- DISTANCE FROM **AMHAT PARK SULTANPUR** TO **SKYLARK BEAUTY SALON** – 4KM



CLIMATE DATA

- **High Temp-** 45°C (summer)
- **Low Temp-** 5°C (winter)
- **Mean Temp** - 26°C
- **Precipitation** -1000 mm/year (mostly in monsoon)
- **Dew Point** - 24°C (monsoon), ~5°C (winter)
- **Wind** - Hot dry winds in summer, moist in monsoon, cold in winter
- **Pressure** -1010 hPa average
- **Humidity** - High in monsoon, low in summer



SITE IMAGES



MAJOR LANDMARK



PAARIJAAT
TREE



SULTANPUR
JUNCTION



GOVT. ITI
SULTANPUR



AMHAT PARK
SULTANPUR

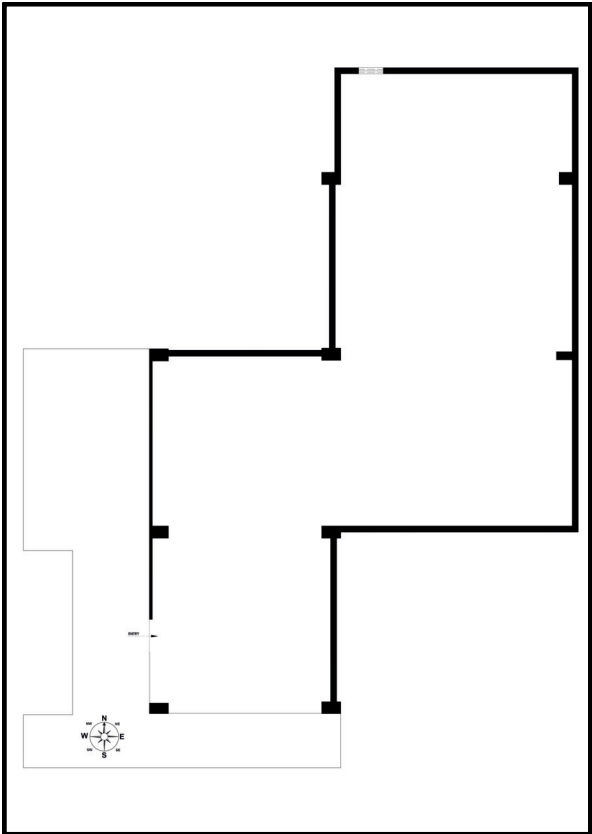


INDIA POST
OFFICE



BSNL
TELEPHONE
CENTER

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SWOT ANALYSIS

Strengths

- **Visually cohesive theme:** The mood boards/images reflect a clear, consistent aesthetic (likely modern, organic, or spa-like).
- **Material and color choices:** Earthy tones, natural textures, and thoughtful lighting indicate awareness of ambiance and functionality.
- **Conceptual clarity:** Layouts suggest a well-thought-out spatial planning approach with attention to user experience.
- **Trend alignment:** Incorporation of current design trends such as biophilic design, minimalist elegance, and sustainable materials.

Weaknesses

- **Limited user inclusivity:** Images don't visibly reflect accessibility features (e.g., ramps, seating for elderly, etc.).
- **Lack of detailed annotations:** Without labels, it might be hard for a non-designer to understand your choices or materials.
- **Functionality vs aesthetics:** Some elements (like large open spaces or delicate materials) might not suit high-traffic or utilitarian spaces.
- **Not enough technical drawings:** If the thesis relies mostly on moodboards/visuals, more floor plans or elevations might be needed.

Opportunities

- **Sustainable focus:** Highlight use of eco-friendly materials and design for energy efficiency.
- **Tech integration:** Propose smart lighting, air quality control, or other tech features to elevate the concept.
- **Real-world collaboration:** This concept can be pitched to actual businesses or clients as part of your portfolio.
- **Publication potential:** The visuals are aesthetically strong and can be showcased on platforms like Behance or ArchDaily.

Threats

- **Overdependence on visual appeal:** If the evaluation criteria are heavily academic/technical, strong visuals alone may not suffice.
- **Plagiarism risk:** Moodboards made with online images can raise originality questions unless properly credited or modified.
- **Budget constraints:** Real-world execution of such a design might be expensive; this may be questioned during viva.
- **Peer competition:** Other students may present more tech-heavy or socially inclusive designs, depending on current trends.

CHAPTER - 03

LITERATURE STUDY

1-The Lash Luxury Salon

2-Looks Salon

LITERATURE STUDY - 1: The Lash Luxury Salon

In the heart of Bangalore, a spellbinding fusion of charisma and opulence beckon visitors into the art salon. An extension of the Chennai based boutique salon, LASH invokes a mix of sensuality and boldness. It masterfully blends elegance with whimsy, creating a visual tapestry of unparalleled luxury and sophistication throughout the salon's ambience.

LASH is more than just a salon; the overall ambience exudes a romantic vibe, infused with a hint of Spanish charm that pays homage to its international inspirations. In the artful embrace of LASH-Bangalore, every visitor becomes a part of a grand narrative where sophistication dances with playfulness and dreams intertwine with reality. It's not just a salon; it's an ode to creativity and a sanctuary where beauty and art coalesce into an unforgettable experience.

SITE DETAIL

- **Project Type:** Commercial Interior Design
- **Project Name:** The Lash Luxury Salon
- **Location:** Bangalore, Karnataka
- **Year Built:** 2023
- **Duration of the project:** 5 Months
- **Plot Area:** 3000 Sq.ft
- **Built-up Area:** 2670 Sq.ft
- **Project Size:** 2000 Sq.ft
- **Designed by:** STUDIO KELEIDOSPACE
- **Principal Designer:** DAPHNE D'SOUZA

INTERIOR FEATURES

- **Modern Luxury Theme** - The salon embraces a chic and contemporary aesthetic with soft neutral tones accented by blush pinks, golds, and blacks. Use of high-end materials like marble countertops, velvet upholstery, and matte metal trims enhances the premium vibe.
- **Zoned Spatial Planning** - The layout is thoughtfully divided into reception, lash service zones, private treatment rooms, and waiting areas, maintaining privacy and operational efficiency. Flow between spaces is seamless, with minimal visual clutter.
- **Lighting Design** - Ambient lighting sets a calming tone across the salon. Precision task lighting is installed at lash and makeup stations to ensure clarity without harsh shadows. Statement chandeliers or pendant lights add a glamorous focal point.
- **Ergonomic & Aesthetic Furniture** - Recliner lash beds and cushioned waiting lounge seats prioritize client comfort. All furniture aligns with the salon's brand color palette and softness to elevate the luxurious feel.
- **Instagram-Friendly Design** - Dedicated selfie corners with neon signs, branded walls, or artistic mirrors are incorporated to encourage client engagement and social sharing. The visual identity is consistent with brand aesthetics for a cohesive customer experience.
- **Material Palette & Textures** - A mix of glossy and matte textures creates depth—e.g., velvet chairs with matte black shelving and glossy tiled accents. Easy-to-clean, high-durability materials are used to maintain hygiene without compromising style.
- **Brand-Integrated Décor** - Subtle logo placements, custom signage, and branded color schemes reinforce identity. Décor elements like gold-framed art, floral arrangements, and curated accessories reflect elegance and detail orientation.
- **Acoustics & Ambiance** - Sound-absorbing design elements (like wall panels or textiles) ensure a peaceful environment even when the salon is busy. The ambiance is curated to relax clients through scent diffusers and soft background music.
- **Hygiene-Oriented Design** - Smooth flooring, minimal corners for dust collection, and anti-bacterial surfaces ensure easy sanitation. Open shelves with concealed storage keep essentials accessible yet out of sight, maintaining cleanliness and visual order.
- **Smart Design Efficiency** - Space-saving furniture, mobile trolleys, and modular stations support both functionality and flexibility. Lighting, temperature, and music may be controlled digitally to personalize the customer experience.

SITE IMAGE



LITERATURE STUDY - 2: Looks Salon

This Modern Salon is a Sanctuary of Luxury and Comfort . Tucked away amid the finest residential townships of Hiranandani Gardens, Looks Salon Powai is a modern sanctuary for residents seeking a blend of luxury and comfort. This establishment boasts elevated interiors, high ceilings, and opulent decor that match the grandiosity of its exterior facade. By merging old-world charm with modern aesthetics, the salon creates a unique and inviting atmosphere, honouring the beauty of wood while breathing new life into traditional designs.

SITE DETAIL

- **Project Type:** Commercial Building Interior
- **Project Name:** Looks Salon
- **Location:** Powai, Mumbai, Maharashtra
- **Year Built:** 2023
- **Project Size:** 1925 Sq.ft
- **Designed by:** Studio suba
- **Duration of the project:** 2.5 Months

INTERIOR FEATURES

- **Fusion of Rustic and Modern Aesthetics** - The salon masterfully blends rustic wooden textures with sleek, contemporary elements, creating a harmonious balance that exudes both warmth and sophistication.
- **Prominent Use of Wood** - Wood is a central design element, adding depth and a sense of nostalgia. Its natural grain and patina bring authenticity and a connection to traditional craftsmanship.
- **High Ceilings with Exposed Wooden Rafters** - The salon features high ceilings adorned with exposed wooden rafters, enhancing the sense of space and adding architectural interest.
- **Natural Light Integration** - Large, unobstructed windows allow ample natural light to flood the interior, creating a bright and inviting atmosphere that enhances the salon's warmth.
- **Visible Service Elements** - Instead of concealing service elements within a false ceiling, the salon showcases them through dark grey painted ceilings, adding an industrial touch that complements the rustic-modern fusion.
- **Neutral Color Palette** - A neutral color scheme serves as a calming backdrop, allowing the wooden elements to stand out and contributing to a serene environment.
- **Textural Contrast** - The design emphasizes textural contrast, with rough, rustic textures juxtaposed against clean, polished surfaces, creating a dynamic and visually engaging space.
- **Custom Furniture and Fixtures** - The salon features custom-made furniture and fixtures that align with the overall design theme, ensuring both functionality and aesthetic coherence.
- **Thoughtful Lighting Design** - Lighting is strategically designed to enhance the salon's ambiance, with a mix of ambient and task lighting that highlights key areas and adds to the overall warmth.
- **Integration of Branding Elements** - The interior design subtly incorporates branding elements, reinforcing the salon's identity and creating a cohesive experience for clients.

SITE IMAGE



CHAPTER - 04

CASE STUDY

1- Y.S. MAKEUP STUDIO

2- MOROCCAN SPA

CASE STUDY - 1: Y.S. MAKEUP STUDIO

YS Makeup Studio & Academy is a well-known beauty and makeup destination located at 3/485, Sector H Road, Near Pahadpur Chauraha, Jankipuram, Lucknow, Uttar Pradesh. The studio has built a strong reputation for providing exceptional beauty services, blending artistry with professionalism to create stunning transformations. YS Makeup Studio has been a trusted name in the beauty industry for several years. The studio is owned and managed by highly skilled beauty professionals who are passionate about makeup artistry and customer satisfaction. YS Makeup Studio has a loyal clientele that appreciates the high-quality service and attention to detail. Clients often praise the expertise of the makeup artists, the use of premium beauty products, and the welcoming ambiance of the studio.

SITE DETAIL

- **Project Type:** Commercial Building Interior
- **Location:** Jankipuram, Lucknow, Uttar Pradesh
- **Address:** 3/485, Sector H Rd, Near Pahadpur Chauraha, Jankipuram, Lucknow, Uttar Pradesh
- **Year Built:** 2023
- **Project Size:** 2000sqft - 3000sqft

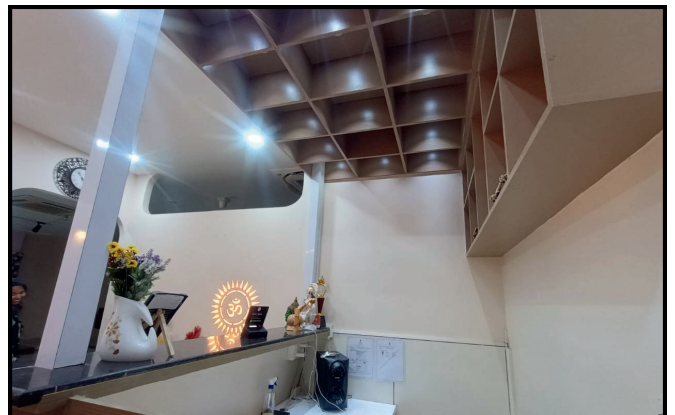
CONNECTIVITY

- **Kamta Bus Stand** – 17.9 km
- **Kesar Bagh Bus Station** – 17 km
- **Charbagh Railway Station** – 13 km
- **Krishna Nagar Metro Station** – 17.5 km
- **Amausi Airport** – 22 km

INTERIOR FEATURES

- **Reception & Waiting Area** - Reception and Waiting Area features a sleek marble or high-gloss counter, a stylish brand logo wall with backlighting or a neon/floral backdrop, and plush velvet or faux leather seating to offer clients a luxurious welcome. The area includes a digital screen or brochure stand displaying service packages, enhanced by elegant pendant or chandelier lighting for a premium feel.
- **Makeup Application Zone** - The main workspace, equipped with modular vanity counters and Hollywood-style lighted mirrors. High stools offer ergonomic support, while well-organized drawers and side shelves store makeup products. Neutral-colored walls and overhead track lighting ensure precise, shadow-free makeup application.
- **Hair Styling Zone** - The Makeup Application Zone is the main workspace, equipped with modular vanity counters and Hollywood-style lighted mirrors. High stools offer ergonomic support, while well-organized drawers and side shelves store makeup products. Neutral-colored walls and overhead track lighting ensure precise, shadow-free makeup application.
- **Makeup Academy** - It features well-lit workstations with mirrors, pinboards or magnetic walls for visual learning, and designated storage for student kits. The décor remains minimal, with motivational quotes or visuals.
- **Product Display & Retail Area** - it features well-lit workstations with mirrors, a projector or screen for demos, pinboards or magnetic walls for visual learning, and designated storage for student kits. The décor remains minimal, with motivational quotes or visuals.
- **Washroom & Staff Utility** - The Washroom and Staff Utility Area includes a modern, well-lit powder room with under-counter storage, along with a compact pantry or storage zone for staff, keeping the salon organized and efficient.
- **Nail Bar Area** - The Nail Bar Area is designed as a compact yet stylish corner, featuring manicure tables with built-in storage, comfortable chairs, and focused lighting. A pastel or glossy finish with a hint of sparkle adds charm, while wall-mounted nail polish displays double as décor.
- **Storage & Back-End Area** - The Storage & Back-End Area is smartly concealed within the design, using hidden cabinets, vertical storage units, and under-counter drawers to maintain a clutter-free and clean salon environment without compromising aesthetics.

SITE IMAGE



CASE STUDY - 2: MOROCCAN SPA

Moroccan Spa in Lucknow offers a luxurious wellness experience inspired by traditional Moroccan rituals. Located on the 3rd floor of Phoenix Palassio Mall in Gomti Nagar, the spa provides a range of services including Moroccan Hammam baths, Turkish baths, deep tissue and Swedish massages, Shirodhara therapy, and various body scrubs and wraps. The ambiance is designed to promote relaxation, featuring serene interiors and personalized treatments. Guests can enjoy amenities such as bathrobes, spa sandals, and herbal teas, ensuring a comprehensive rejuvenating experience.

SITE DETAIL

- **Project Type:** Commercial
- **Location:** Gomti Nagar, Lucknow, Uttar Pradesh
- **Address:** 3rd Floor, Phoenix Palassio Mall, Amar Shaheed Path, Gomti Nagar, Lucknow, Uttar Pradesh 226010
- **Year Built:** 2022
- **Project Size:** 2600 - 3500 sq.ft
- **Design By:** AIAC LKO (Architects Interior & Associates Consultants)

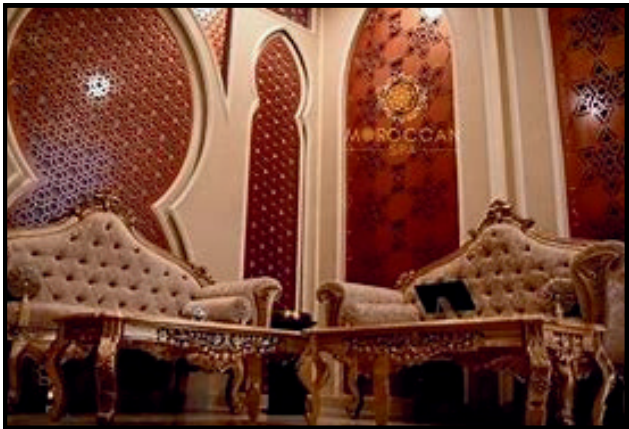
CONNECTIVITY

- **Janeshwar Mishra Park** – 4.5 km
- **Ambedkar Memorial Park** – 5.2 km
- **Gomti Riverfront** – 7.5 km
- **Lohia Park** – 6.0 km
- **Hazratganj Market** – 10.5 km

INTERIOR FEATURES

- **Reception & Waiting Lounge** - Welcome area with Moroccan archway, polished marble/tadelakt counter, backlit Arabic logo, mosaic floors or rugs, amber pendant lights, and velvet/brass low sofas.
- **Treatment Rooms (Massage & Body Therapies)** - Calm spaces with soft lighting, earth tones, textured lime plaster walls, custom massage beds, essential oil diffusers, towel warmers, and minimal décor.
- **Moroccan Hammam & Steam Bath** - Traditional wet treatment with marble/stone benches, domed ceiling, zellige mosaic tiles, brass basins, steam generators, and heated marble slabs.
- **Sauna / Hot Therapy Zone** - Detox area featuring wooden interiors, glass doors, tiered seating, and soft backlit panels.
- **Relaxation Lounge / Herbal Tea Zone** - Post-treatment rest with soft chairs, sheer curtains, carved wooden tables, indoor plants, Moroccan lanterns, and herbal teas.
- **Washrooms & Shower Area** - Clean-up with walk-in rainfall showers, mosaic niches, premium fixtures, towel racks, and heated mirrors.
- **Staff & Utility Area** - Storage and prep with closed cabinets, towel warmers, sterilizing units, and anti-slip functional flooring.
- **Retail Boutique** - Display area with wooden shelves, Moroccan-patterned tiles, ambient lighting, and elegant product presentation stands.
- **Yoga & Meditation Room** - Peaceful space with natural light, soft mats, neutral colors, floor cushions, and calming décor like hanging plants and incense holders.
- **Outdoor Courtyard** - Tranquil garden with stone pathways, water fountain, shaded seating, lush greenery, and lanterns for evening ambiance.

SITE IMAGE



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CHAPTER - 05

THEME & CONCEPT

CONCEPT AND TMEME OF SALON & SPA INTERIOR DESIGN

Earth - Represents the traditional, grounded, and natural elements of the design

Elegance - Represents the modern, refined, and minimalist part of the design

A serene salon and spa space where traditional Indian textures meet modern design clarity, creating a harmonious blend of warmth, elegance, and functionality. This fusion offers a wellness experience that is both culturally rooted and refreshingly contemporary.

THEME

Traditional Materials

- Natural wood (teak, sheesham)
- Woven cane, rattan, and bamboo
- Stone finishes like Kota or sandstone
- Brass and terracotta accents
- Handcrafted decorative elements

Modern Finishes

- Sleek glass partitions
- Matte black and gold metal details
- Minimalist furniture with clean lines
- Smooth textures and modular fittings
- Contemporary lighting fixtures

Neutral + Earthy Colors

- Soft creams, beige, taupe
- Warm browns, olive green, terracotta
- Accents of gold, matte black, and grey
- Natural tones that create calm and balance

Craft Meets Minimalism

- Traditional patterns used sparingly
- Handcrafted touches in a modern setting
- Decorative simplicity with functional elegance
- Balance between detailed texture and clean structure



WHY THIS CONCEPT WORKS?

Purpose-Driven Design

Combines the calming essence of tradition with the sleek functionality of modernity — perfect for a wellness-focused space like a salon and spa.

Cultural Connection

Traditional elements resonate with users who value Indian heritage, adding emotional depth and familiarity to the experience.

Modern Appeal

Clean lines, spacious layouts, and elegant finishes attract a contemporary, style-conscious audience.

Local Relevance

Use of regionally available natural materials (like wood, stone, cane) supports sustainability and reflects local identity.

User Comfort & Serenity

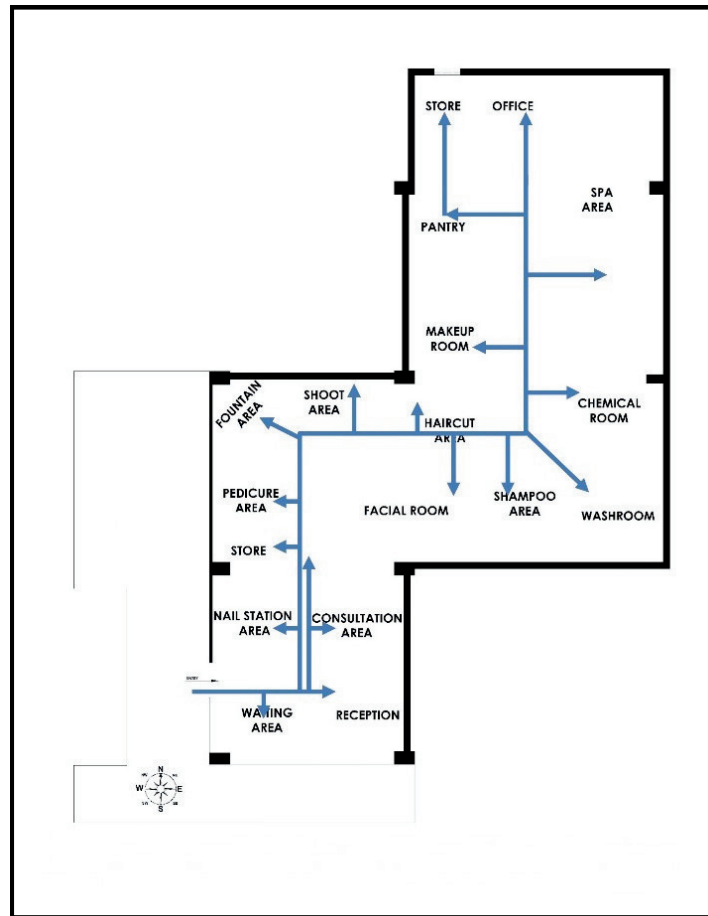
Earthy tones and organic textures create a grounding atmosphere, while modern design ensures comfort, flow, and efficiency.

Visual Harmony

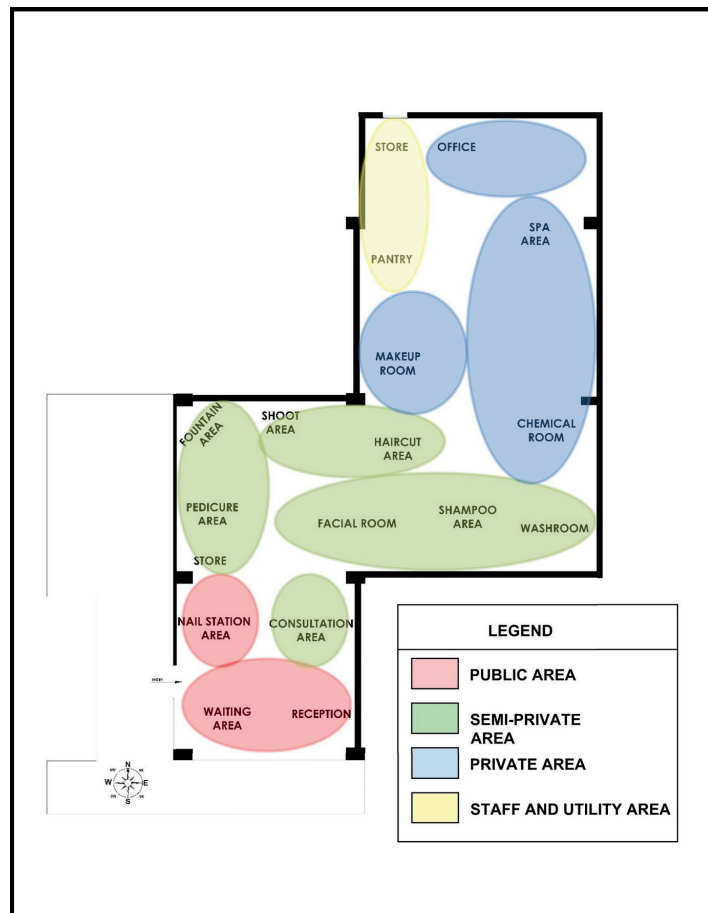
The fusion theme creates balance, offering a soothing yet stylish environment that appeals across age groups and preferences.

CIRCULATION AND ZONING IN PLAN

CIRCULATION IN PLAN

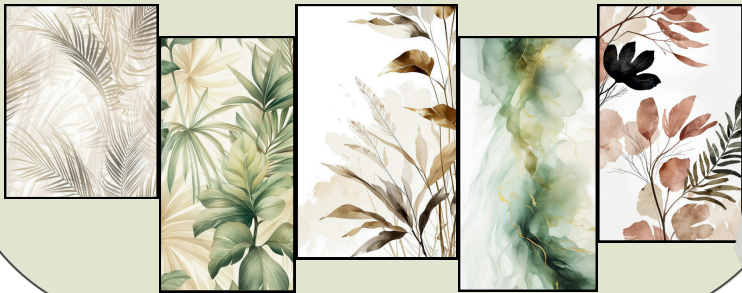


ZONING IN PLAN



MOODBOARD OF SALON & SPA INTERIOR DESIGN

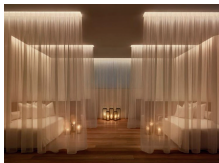
WALLPAPER



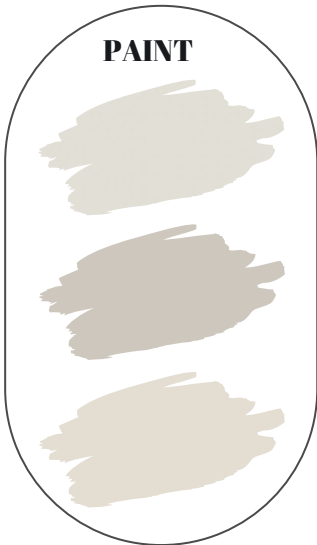
TEXTURE



CEILING FIXTURES



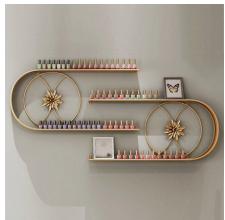
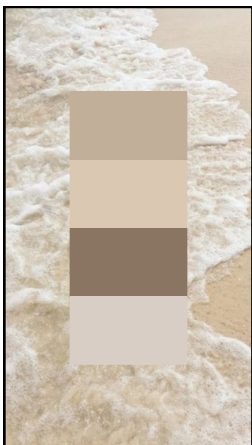
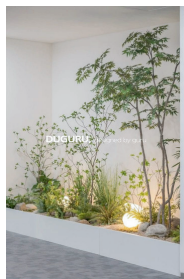
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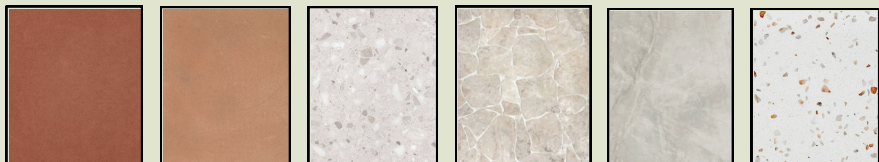
WATERBODY



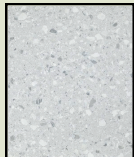
FURNITURE & FIXTURES



FLOORING



COUNTER TOP



BIBLIOGRAPHY

- Previous thesis on wellness spaces and interior design, accessed from university archives and library repositories.
- Articles and features on spa and salon trends, material innovation, and luxury design, gathered from magazines.
- Online resources and publications discussing sustainable materials, modern aesthetics, and wellness environments, retrieved from websites.
- Studies and guides on natural elements, lighting, and spatial design, obtained from books and prior research documents.
- Literature Studies: <https://thearchitectsdiary.com/>

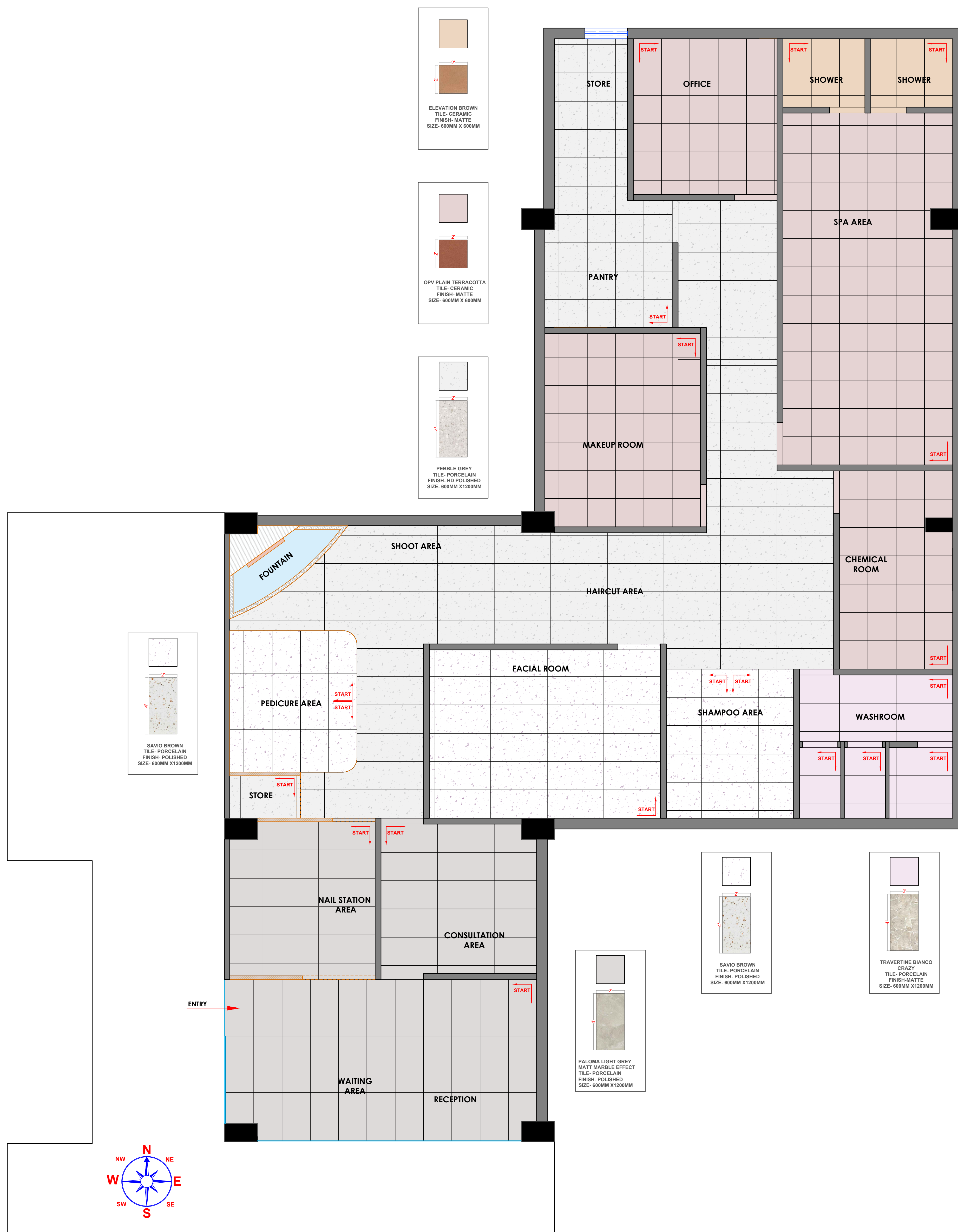
PLAN



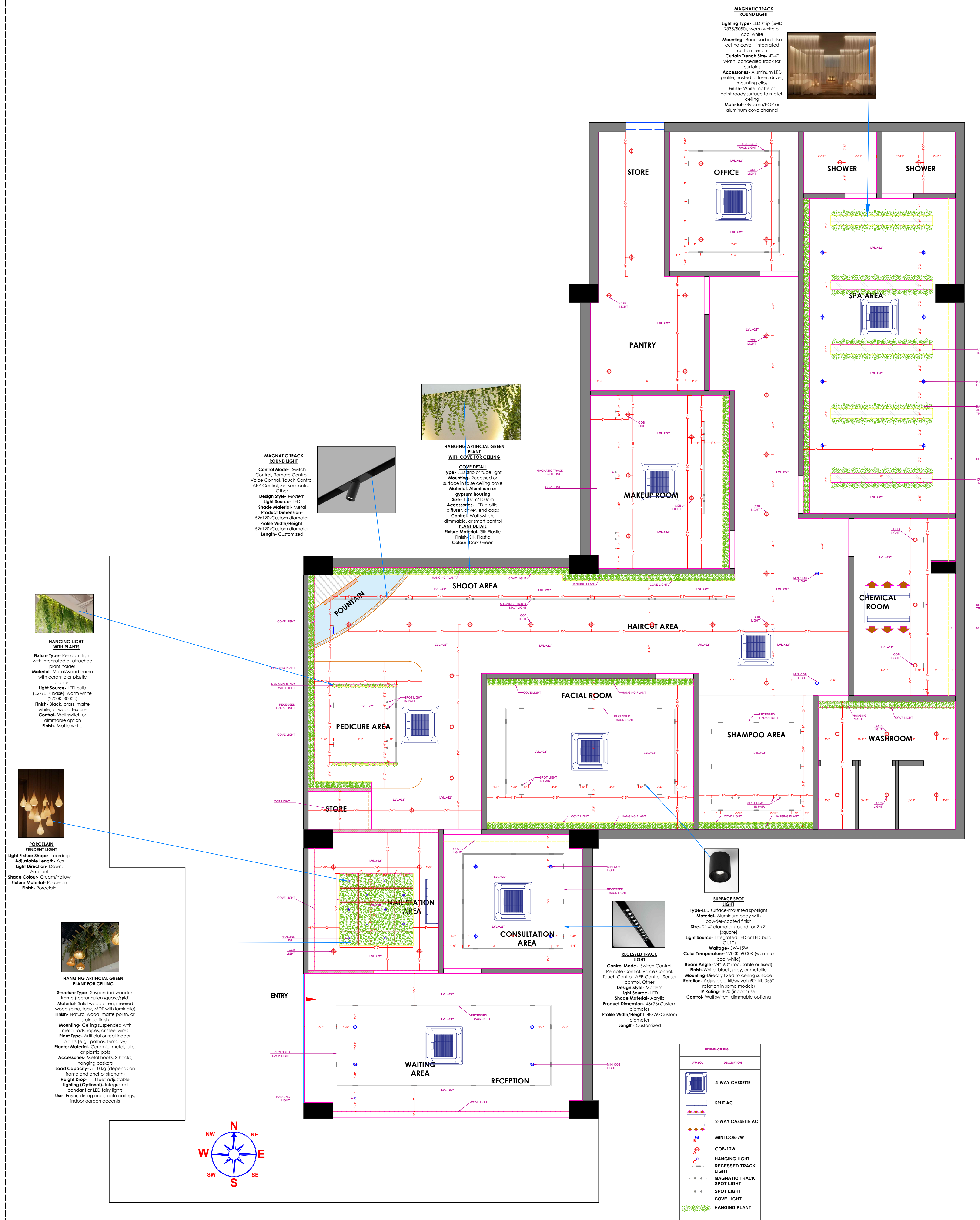
FURNITURE LAYOUT



FLOORING PLAN



CEILING PLAN



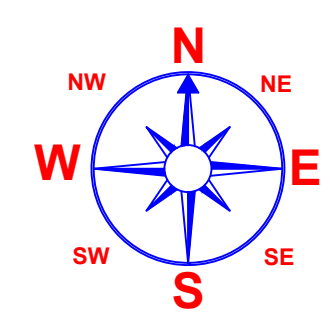
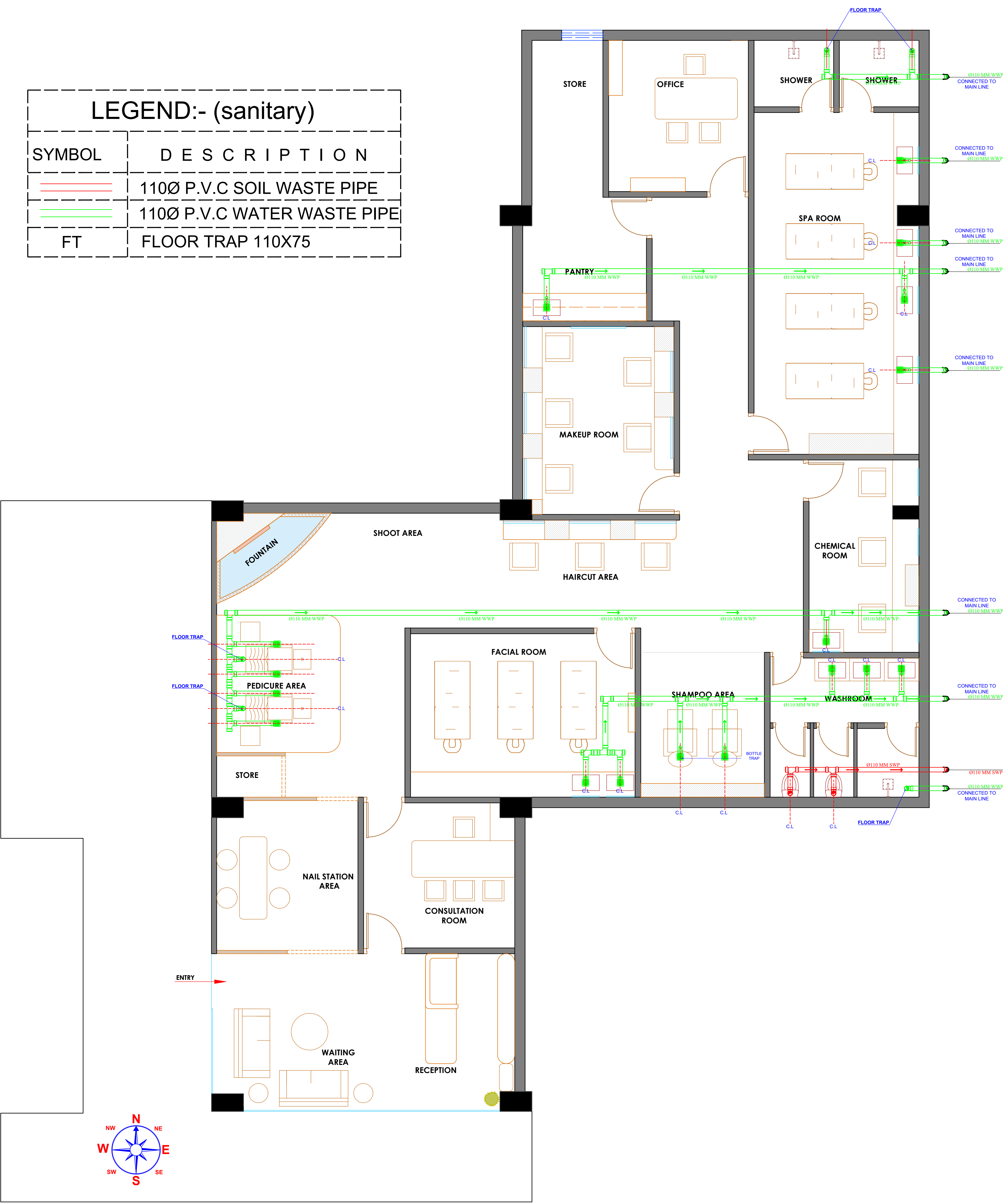
PLUMBING PLAN

ELECTRICAL PLAN



LEGEND:- (sanitary)

SYMBOL	DESCRIPTION
	110Ø P.V.C SOIL WASTE PIPE
	110Ø P.V.C WATER WASTE PIPE
FT	FLOOR TRAP 110X75



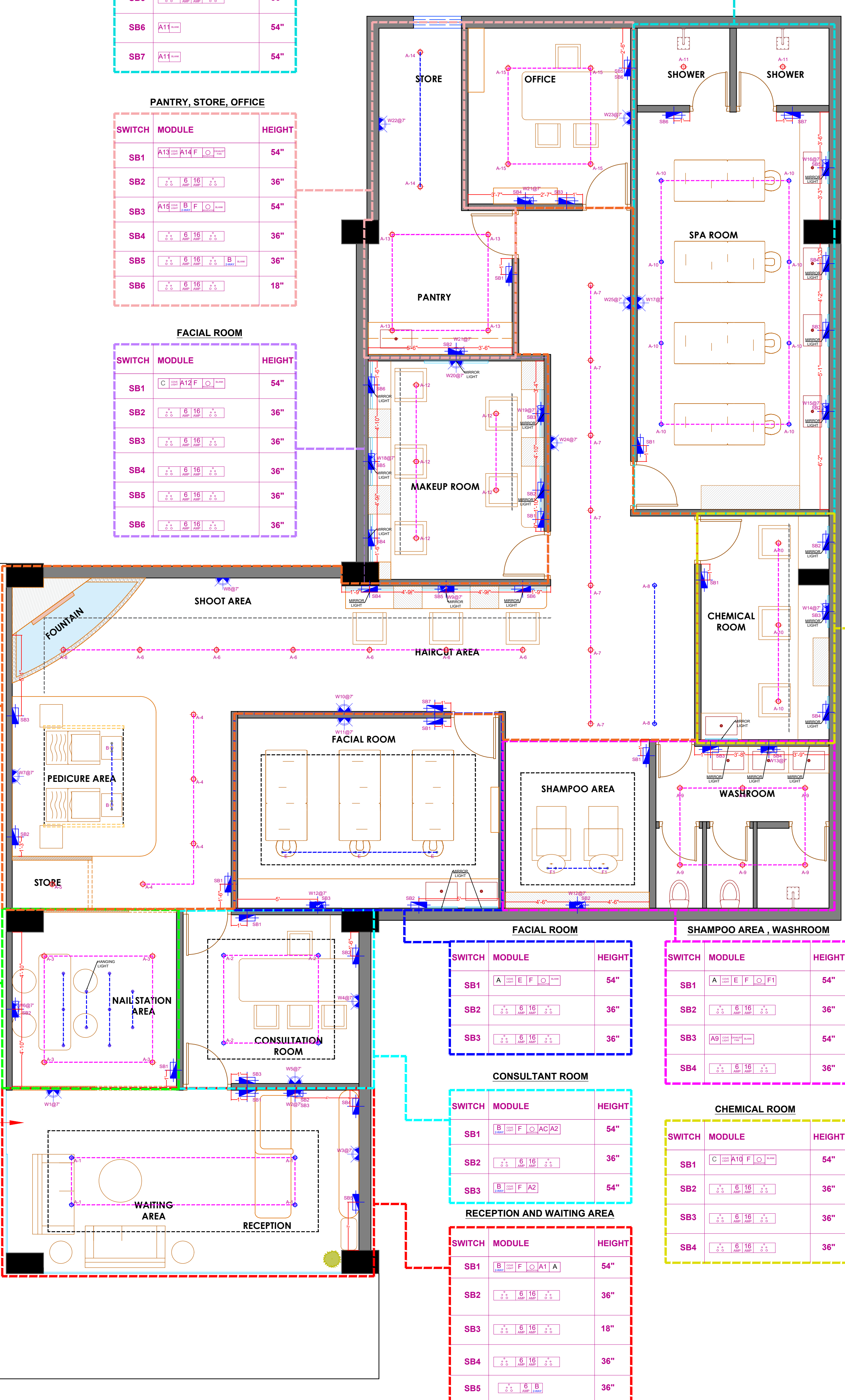
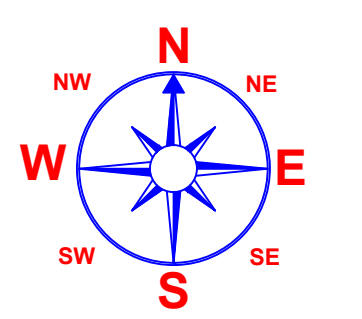
SWITCH	MODULE	HEIGHT
SB1	A18=F1Q	54"
SB2	F1S18F1	36"
SB3	F1S18F1	36"
SB4	F1S18F1	36"
SB5	F1S18F1	36"
SB6	A11	54"
SB7	A11	54"

SWITCH	MODULE	HEIGHT
SB1	A18=A14F1Q	54"
SB2	F1S18F1	36"
SB3	A18=S1F1Q	54"
SB4	F1S18F1	36"
SB5	F1S18F1	36"
SB6	F1S18F1	18"

SWITCH	MODULE	HEIGHT
SB1	C=A14F1Q	54"
SB2	F1S18F1	36"
SB3	F1S18F1	36"
SB4	F1S18F1	36"
SB5	F1S18F1	36"
SB6	F1S18F1	36"

SWITCH	MODULE	HEIGHT
SB1	A18=B1QAA18A6A7	54"
SB2	F1S18F1	18"
SB3	F1S18F1	18"
SB4	ON TABLE	30"
SB5	ON TABLE	30"
SB6	ON TABLE	30"
SB7	C=A7A8	54"

SWITCH	MODULE	HEIGHT
SB1	F1QAC1A3	54"
SB2	F1S18F1	36"



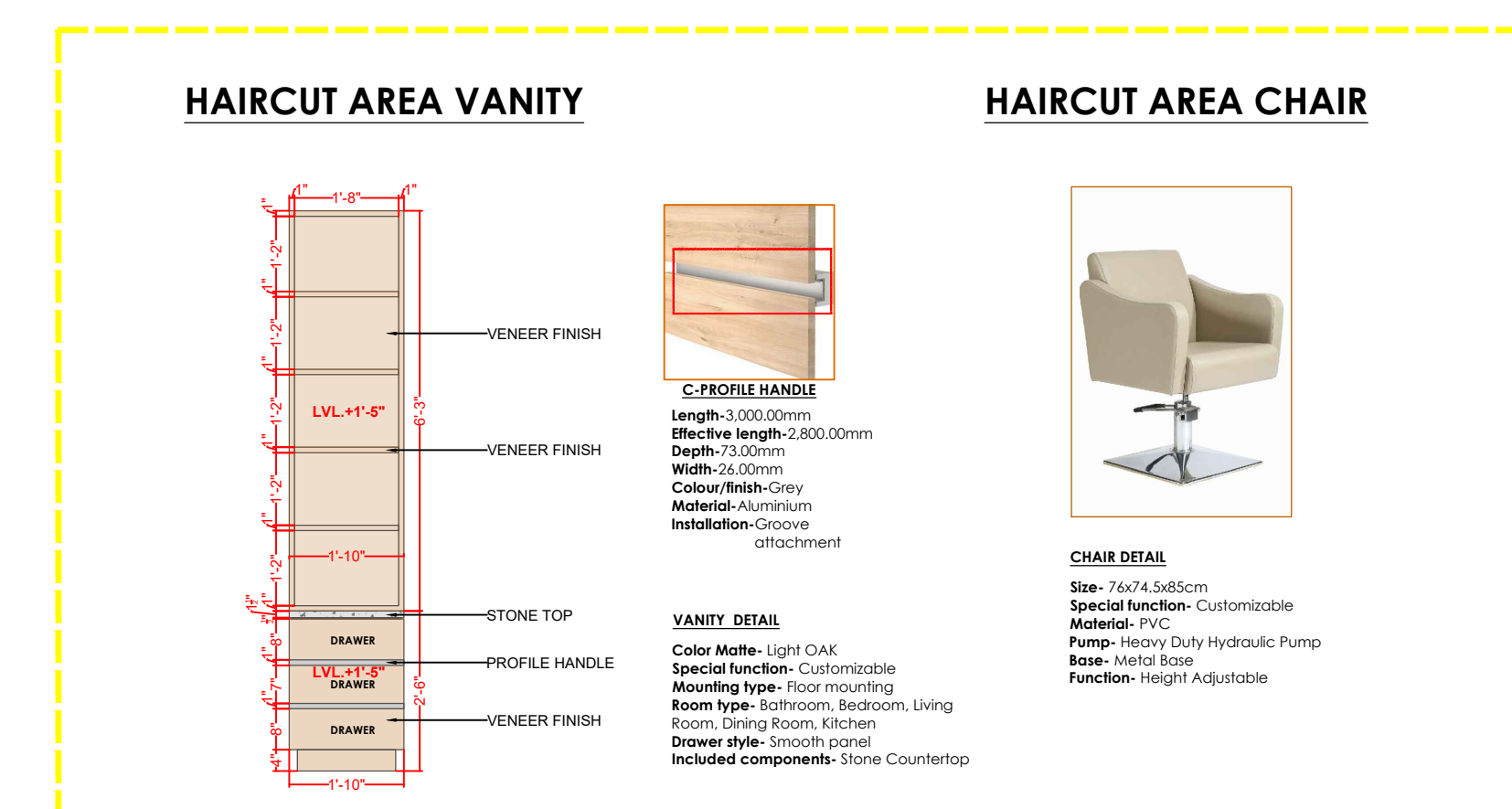
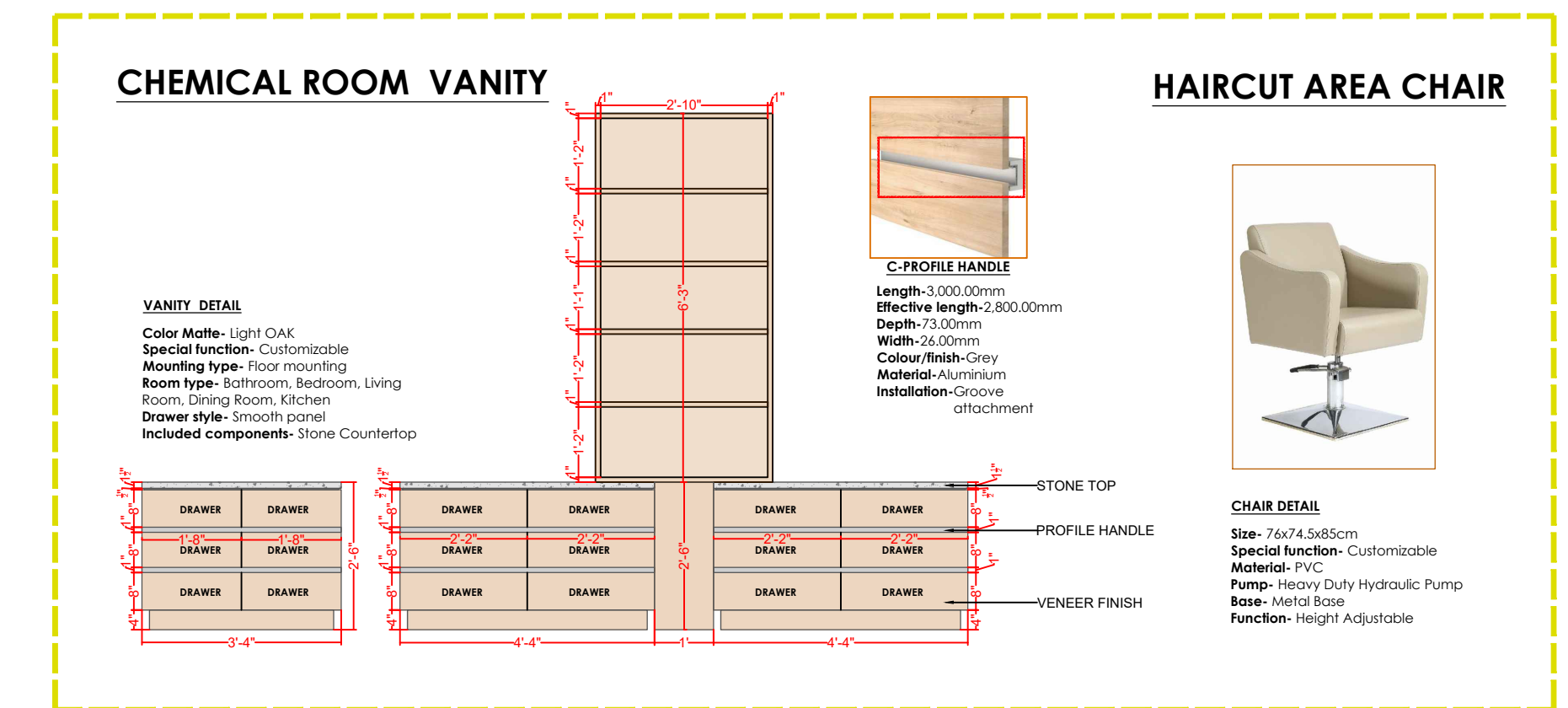
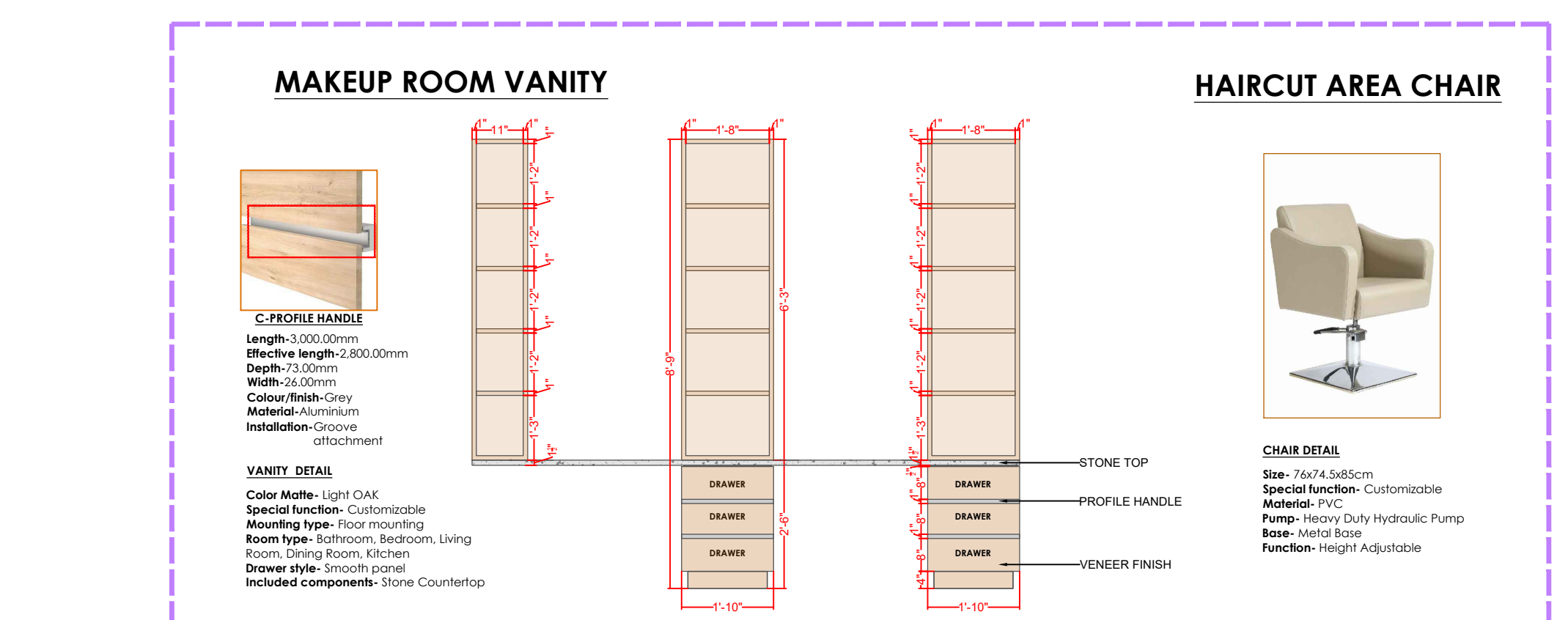
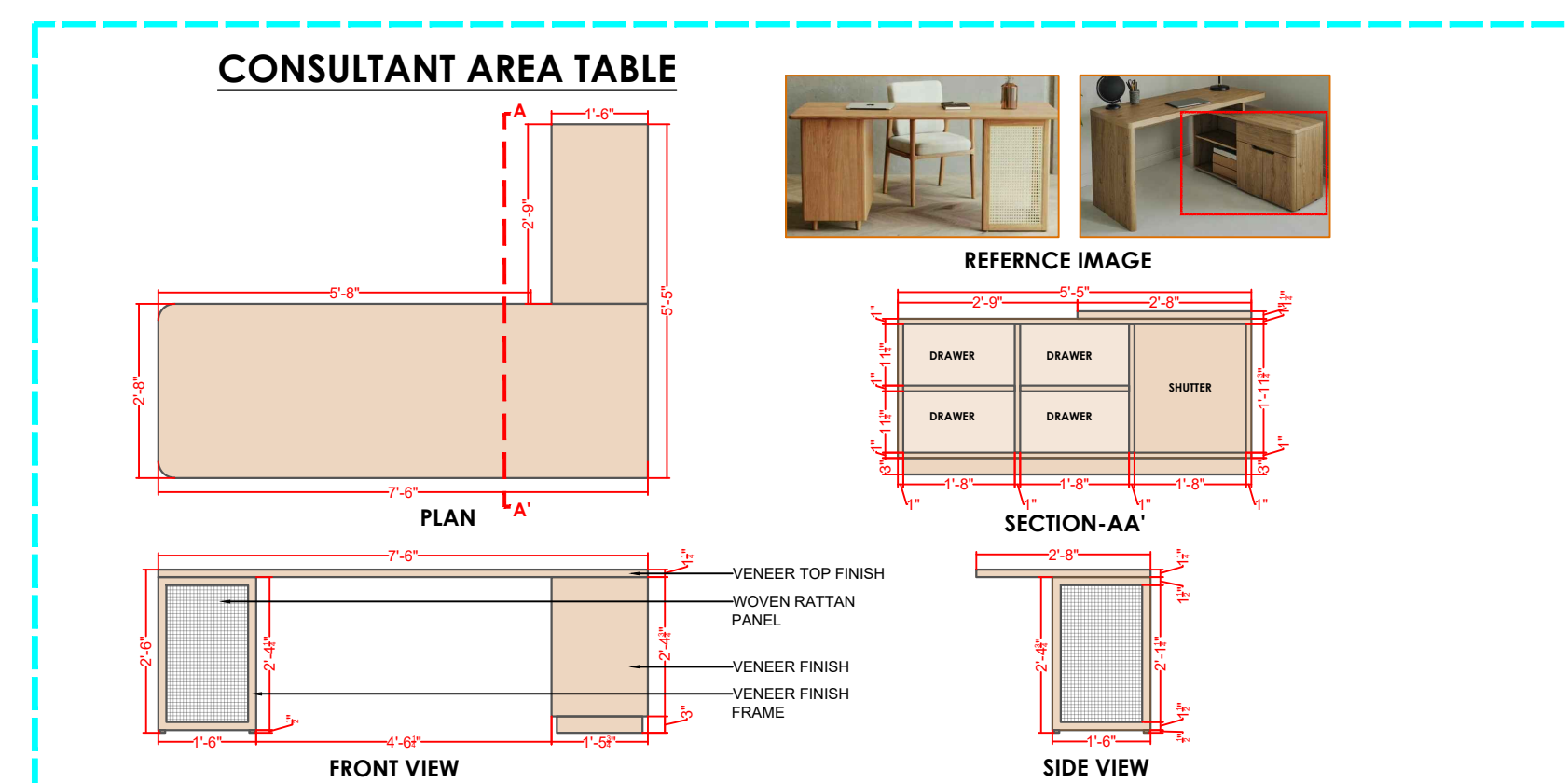
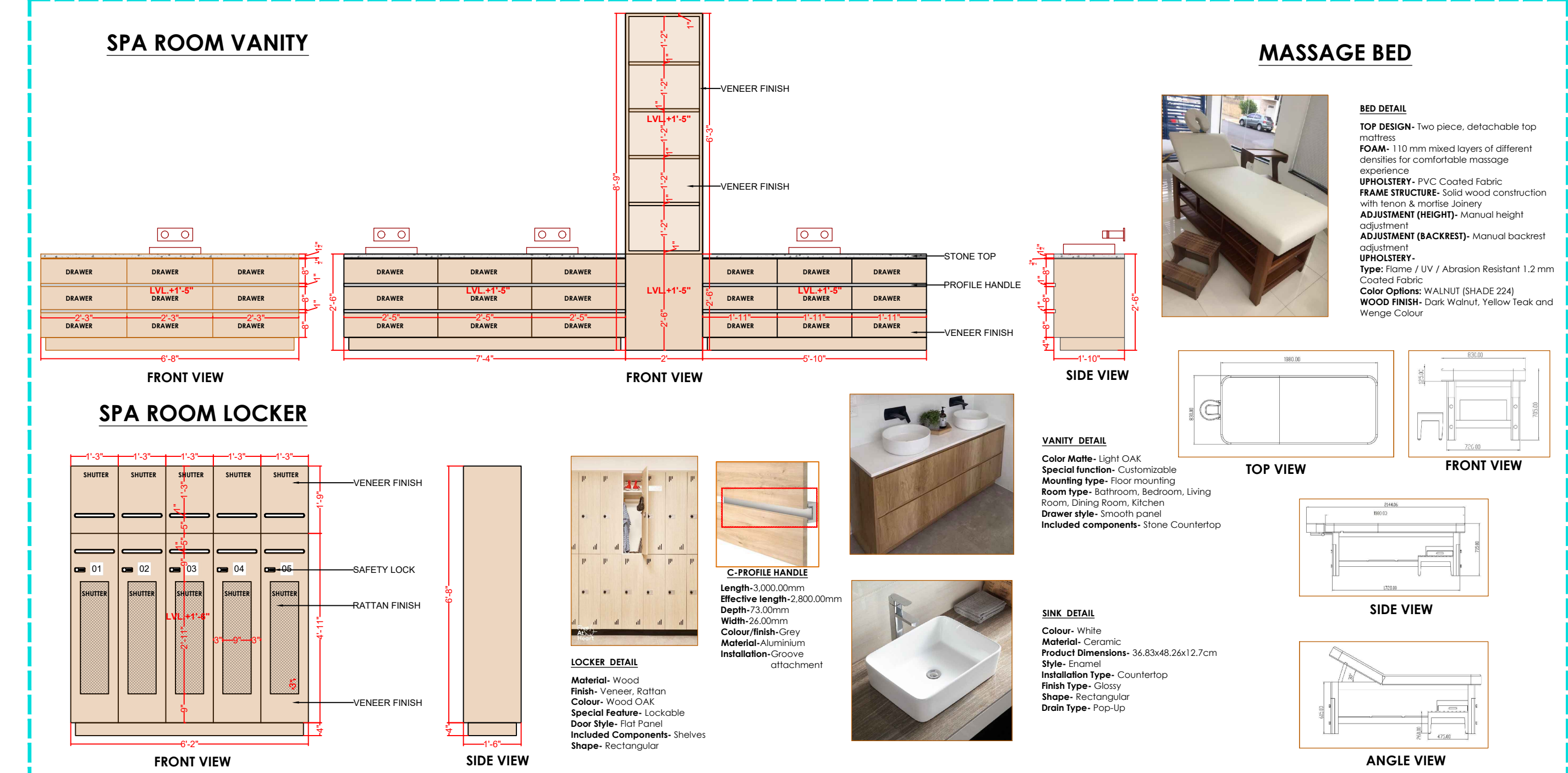
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SB3	F1S18F1	36"

SWITCH	MODULE	HEIGHT
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SB2	F1S18F1	36"
SB3	B1F1A2	54"

SWITCH	MODULE	HEIGHT
SB1	B1F1QAC1A	54"
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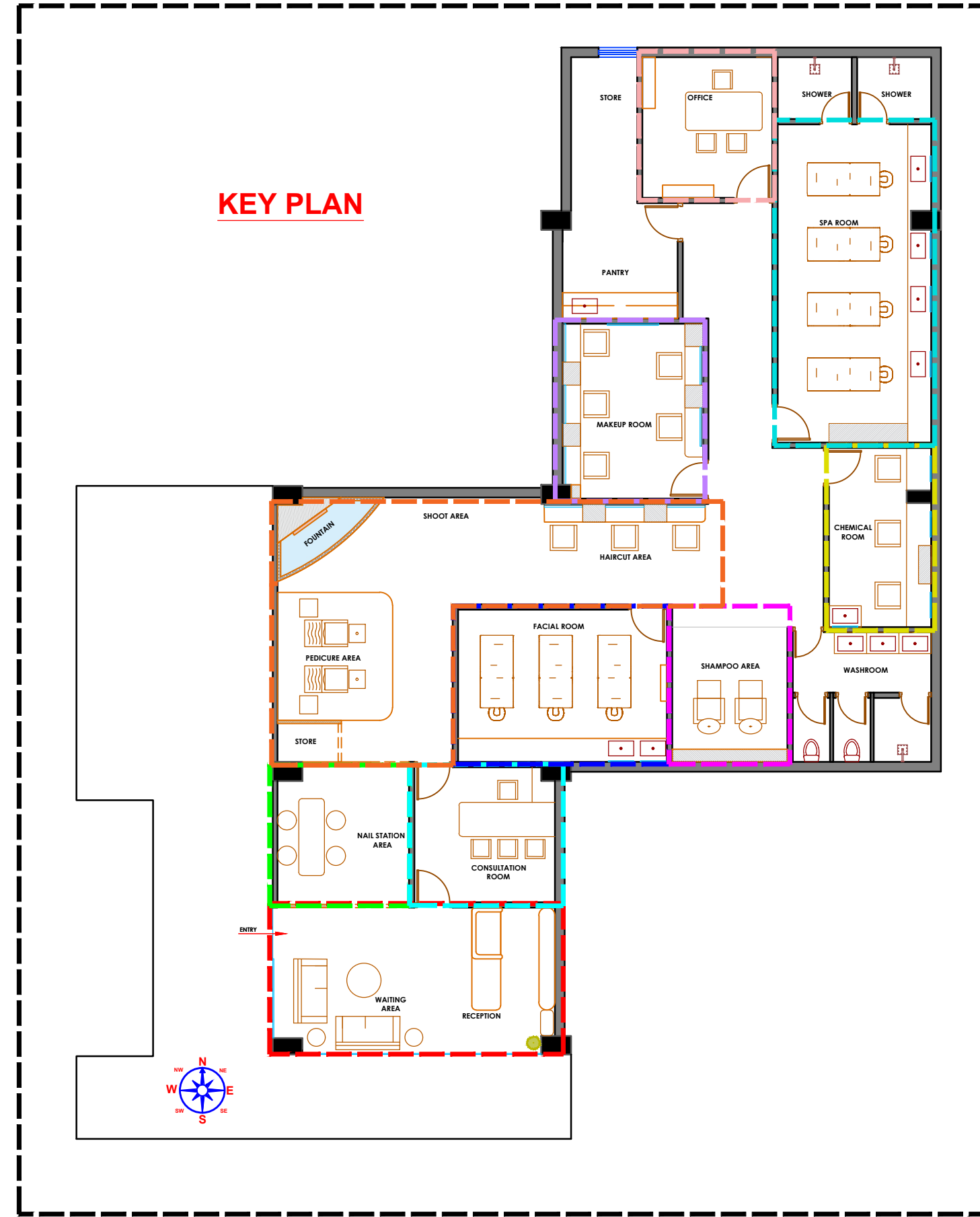
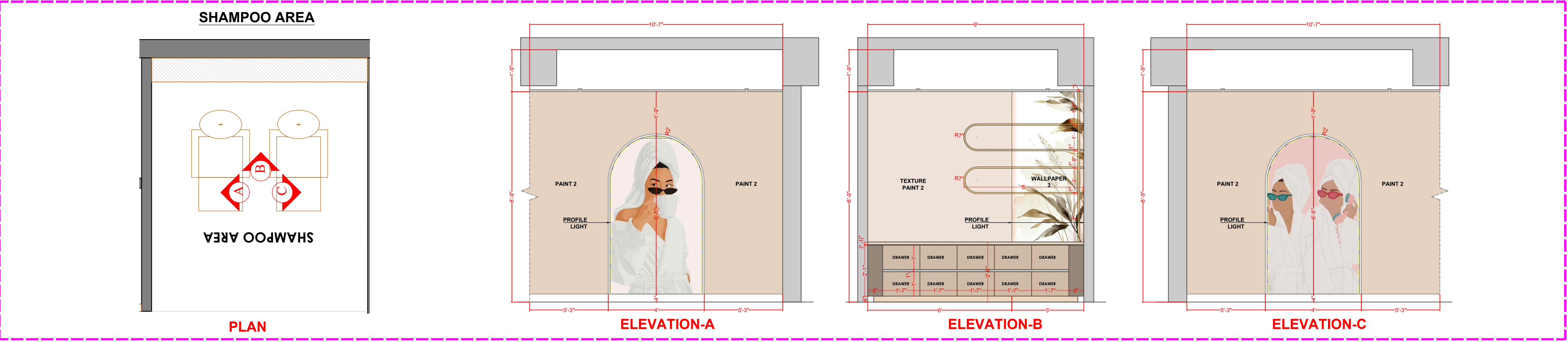
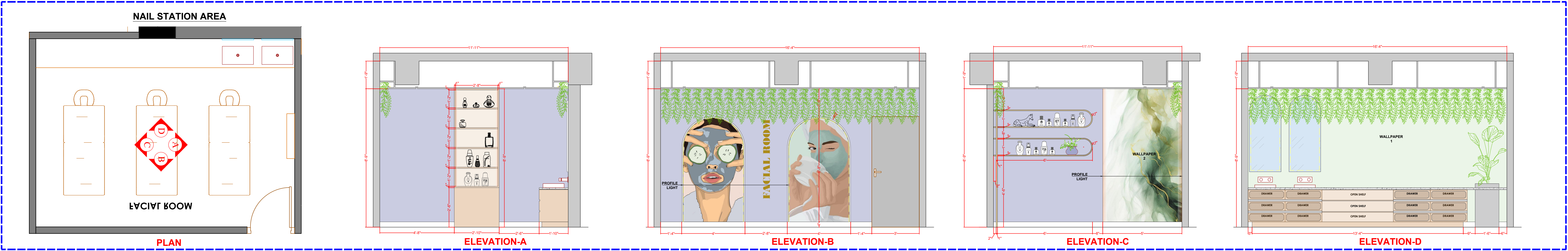
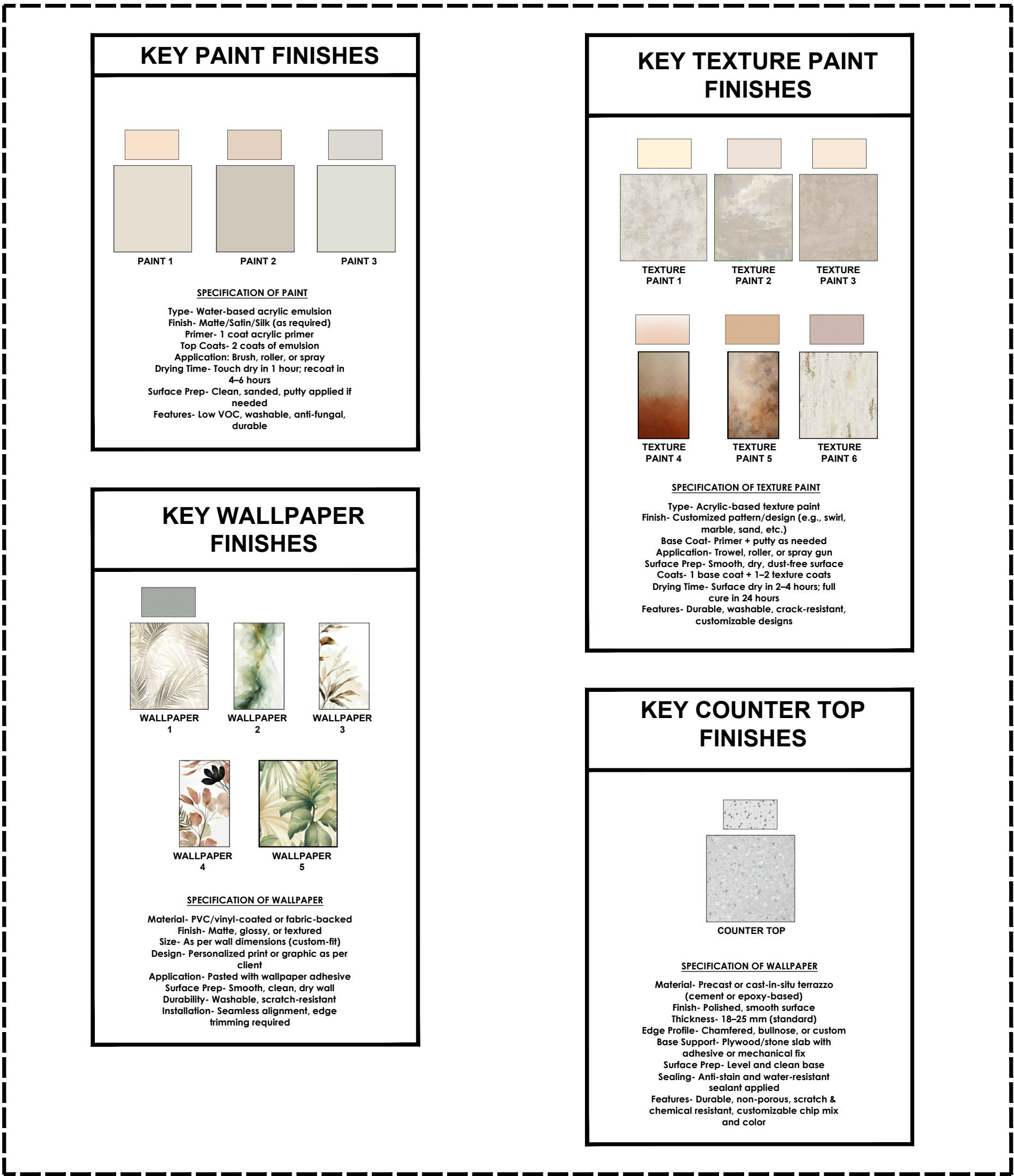
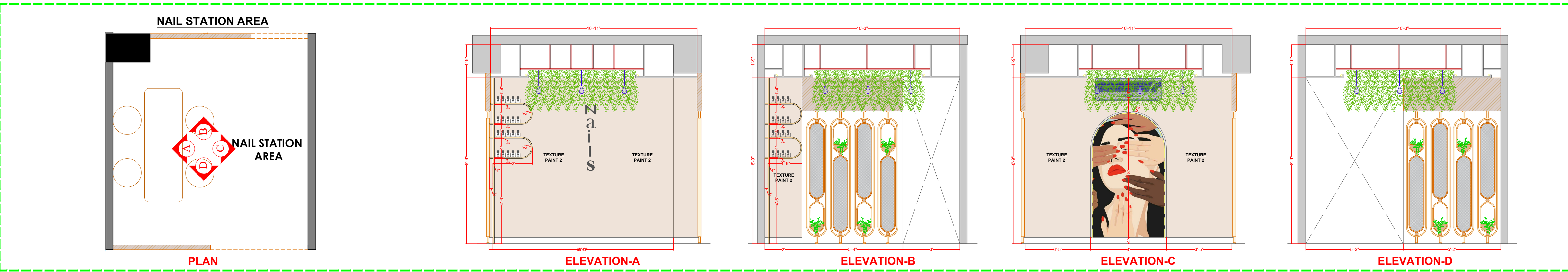
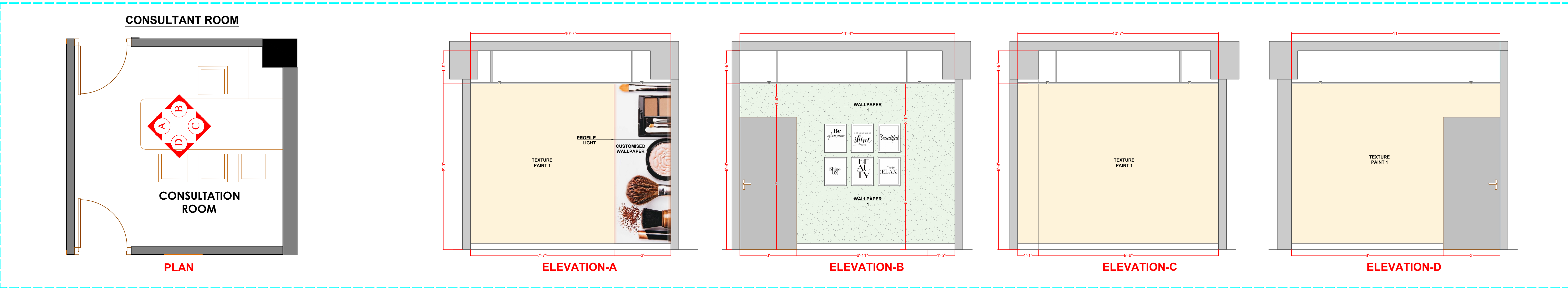
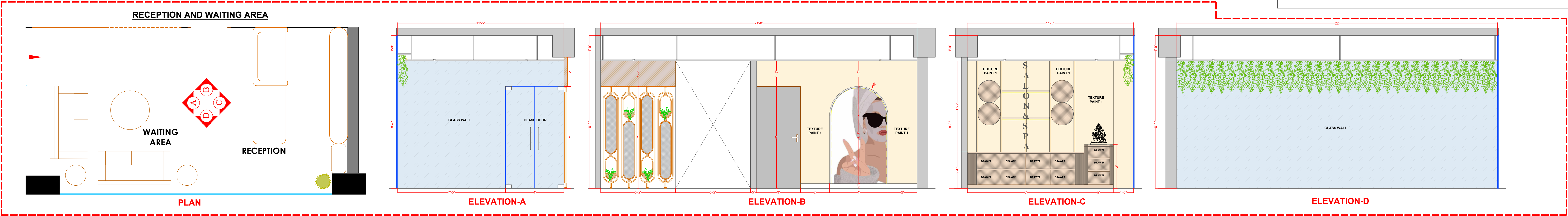
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SB4	F1S18F1	36"

SWITCH	MODULE	HEIGHT
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SB3	F1S18F1	36"
SB4	F1S18F1	36"

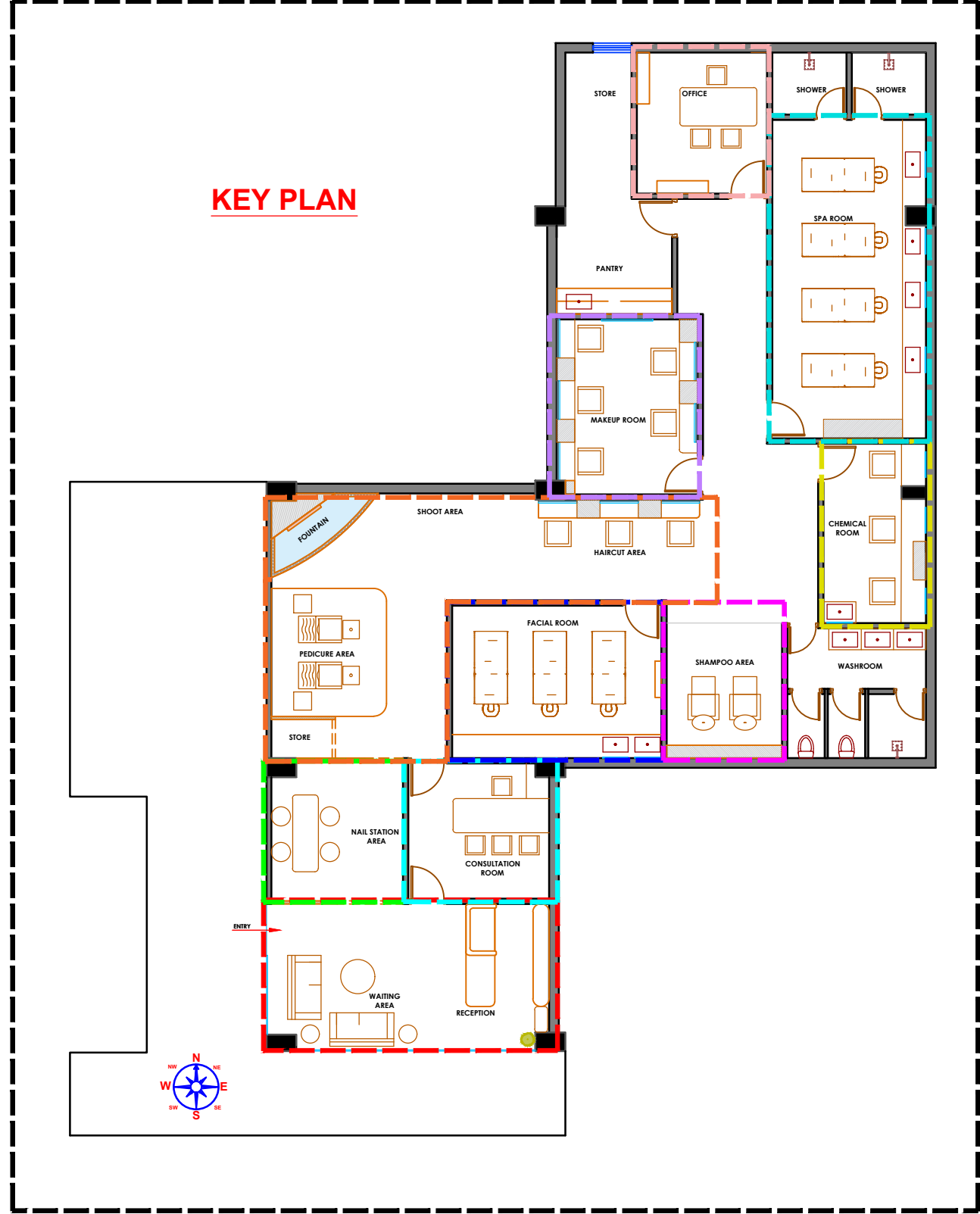
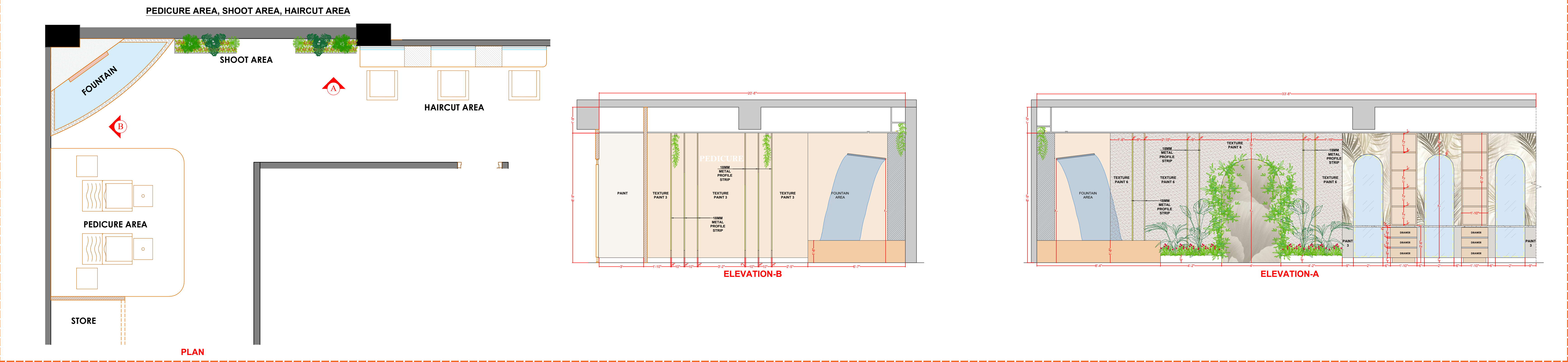
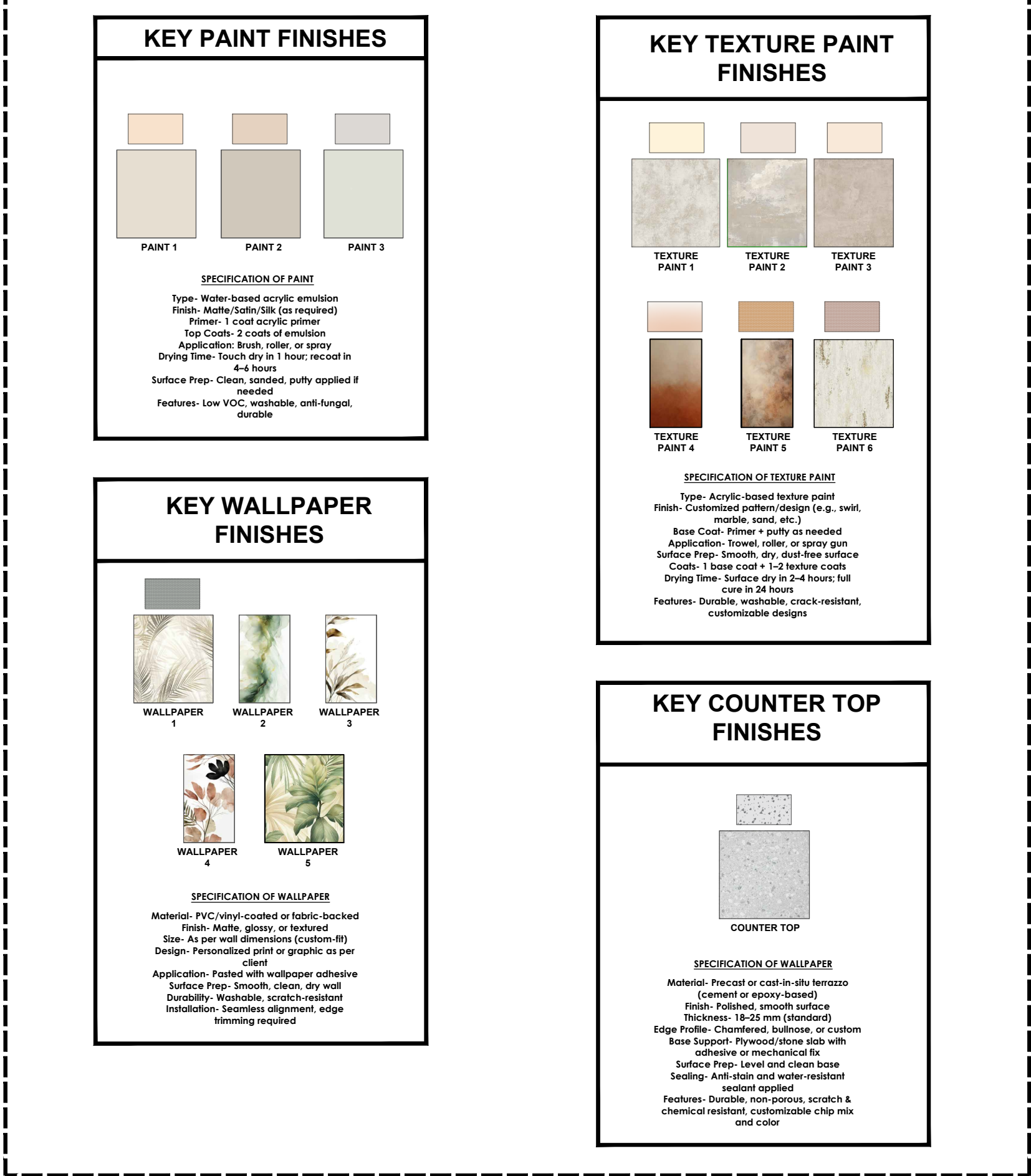
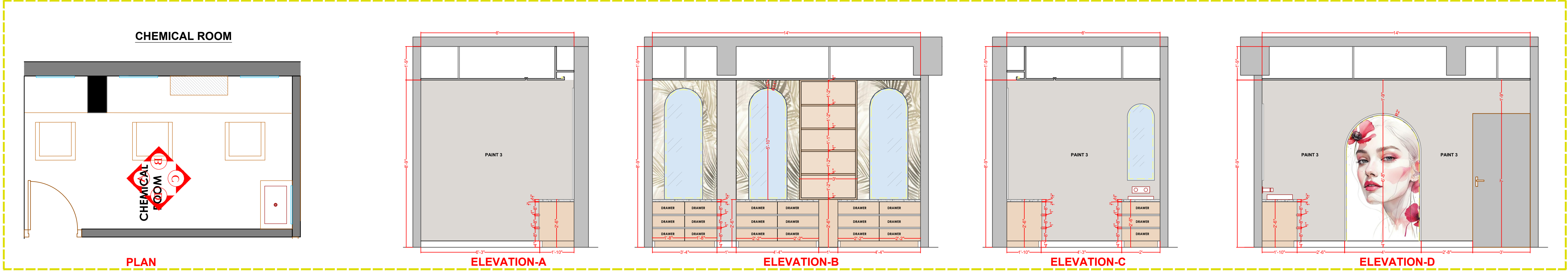
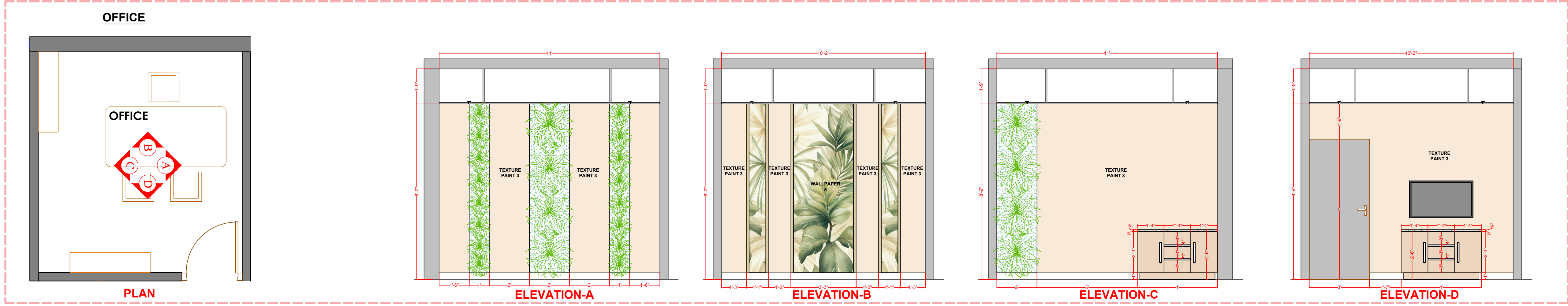
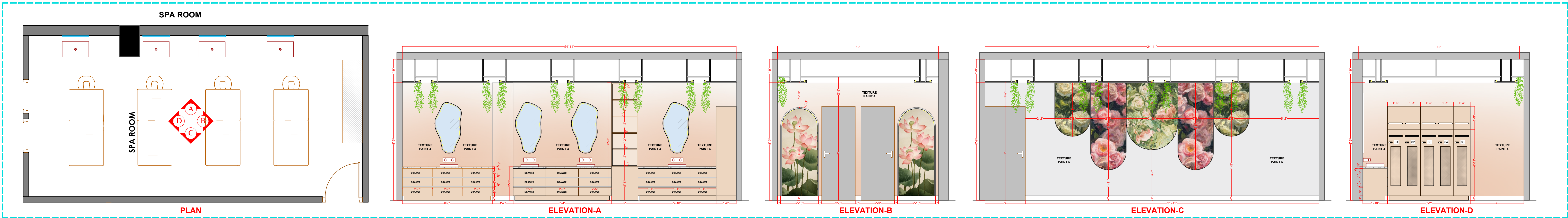
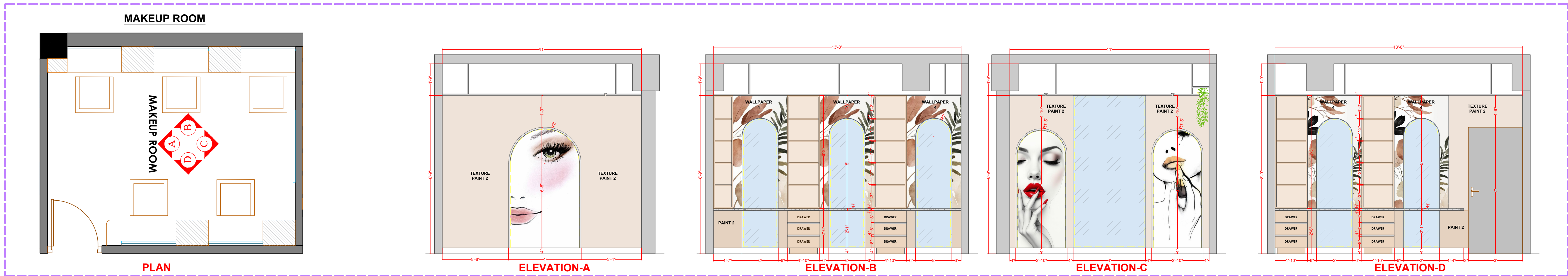


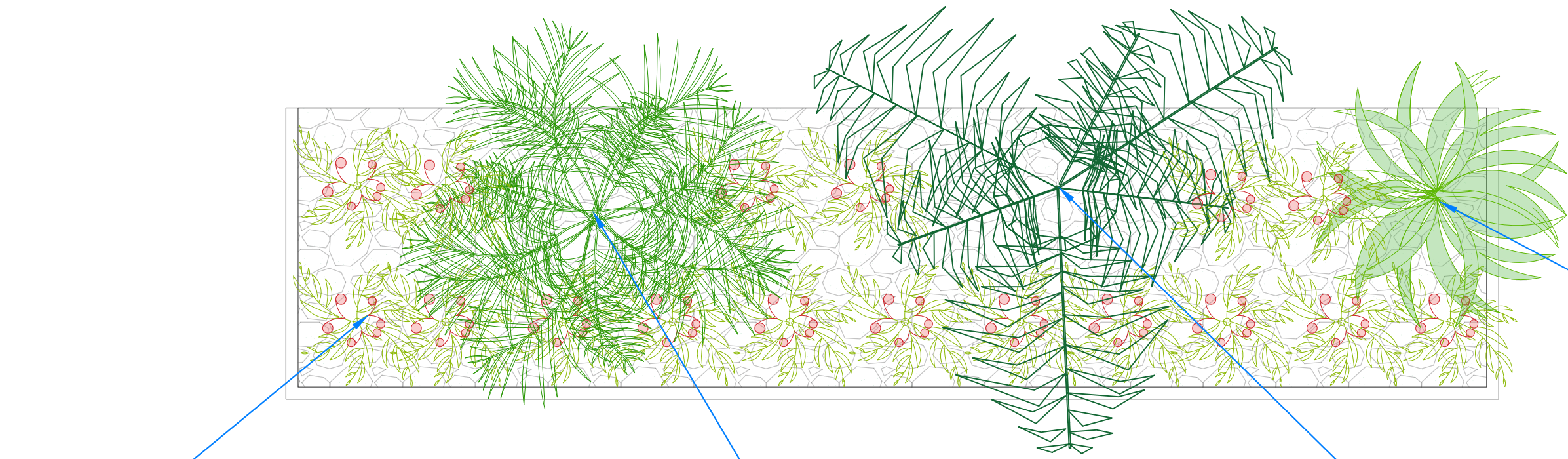
WALL ELEVATIONS

CURATING TRANQUIL ESCAPES
THE ART AND SCIENCE OF SALON AND SPA DESIGN



WALL ELEVATIONS





Pink Anthurium (Anthurium andraeanum)
Scientific Name: Anthurium andraeanum
Common Name: Pink Anthurium, Flamingo Flower
Type: Indoor flowering plant
Foliage: Glossy heart-shaped green leaves
Flowers: Bright pink waxy spathes with yellow spadix
Light: Bright, indirect light (no direct sun)
Water: Keep soil slightly moist; high humidity preferred
Placement: Tabletops, reception desks, accent corners
Design Use: Adds elegance and color; ideal for modern, luxury, or tropical themes



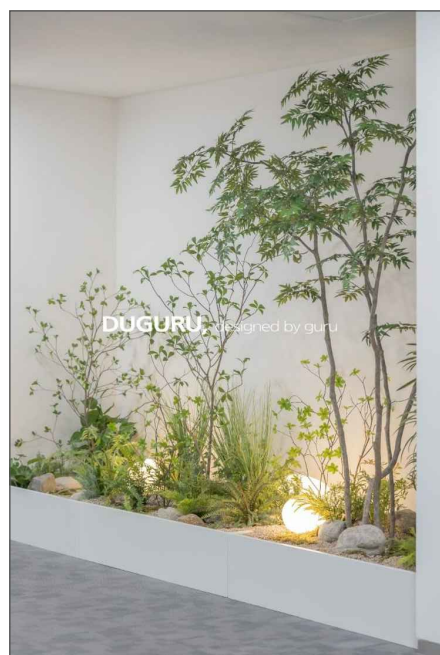
Areca Palm (Dypsis lutescens)
Scientific Name: Dypsis lutescens
Common Name: Areca Palm, Butterfly Palm
Type: Indoor ornamental palm
Foliage: Feather-like, arching green fronds
Placement: Corners, beside furniture, entry areas
Light: Bright, indirect sunlight
Water: Keep soil slightly moist; avoid overwatering
Height: 4-6 ft indoors
Design Use: Adds tropical, airy vibe; suits modern, coastal, and boho themes
Toxicity: Non-toxic to pets



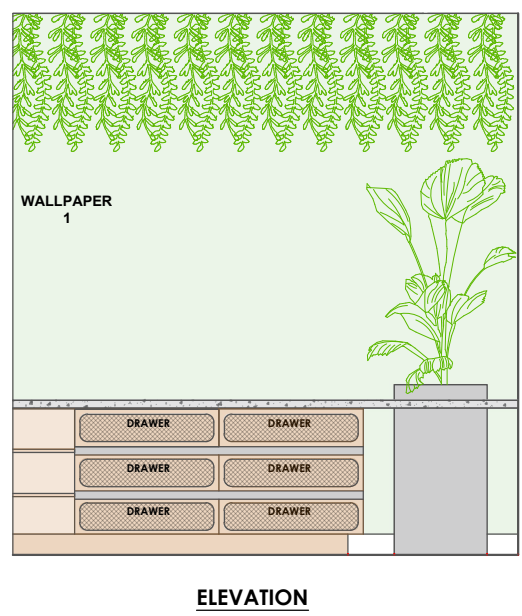
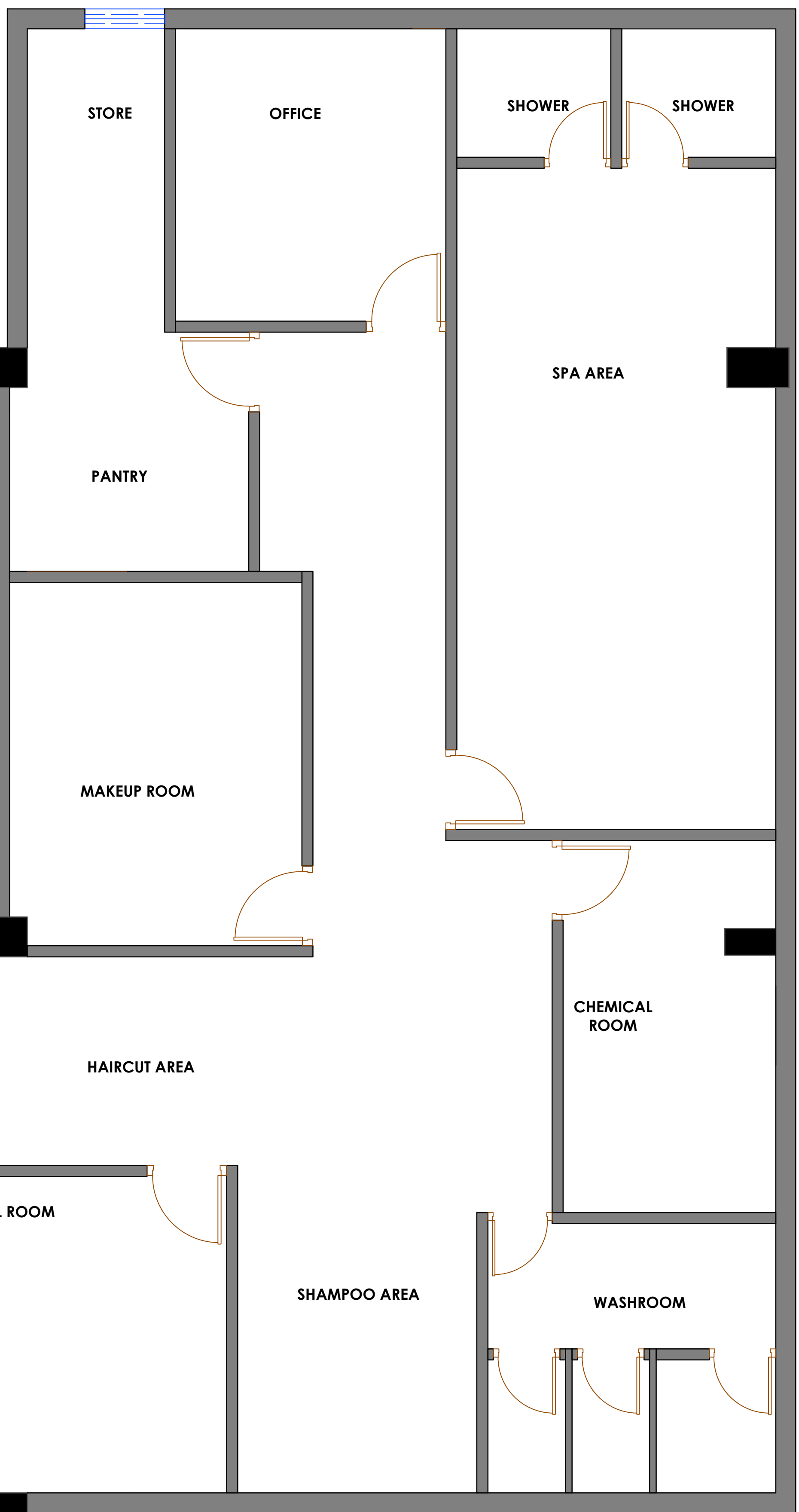
Rubber Plant (Ficus elastica)
Scientific Name: Ficus elastica
Common Name: Rubber Plant
Type: Indoor decorative foliage plant
Foliage: Large, glossy, dark green or burgundy leaves
Height: 3-8 ft indoors (can be pruned)
Light: Bright, indirect light (tolerates low light)
Water: Moderate; allow topsoil to dry between waterings
Placement: Floor pots in living rooms, offices, corners
Design Use: Bold, modern statement plant; adds vertical interest
Toxicity: Mildly toxic to pets



Zebrina Plant (Tradescantia zebrina)
Scientific Name: Tradescantia zebrina
Common Name: Zebrina, Wandering Jew
Type: Indoor trailing foliage plant
Foliage: Green-silver striped leaves with purple underside
Placement: Hanging pots, shelves, wall planters
Light: Bright, indirect light
Water: Water when topsoil is dry
Design Use: Adds pop of color
Toxicity: Mildly toxic to pets



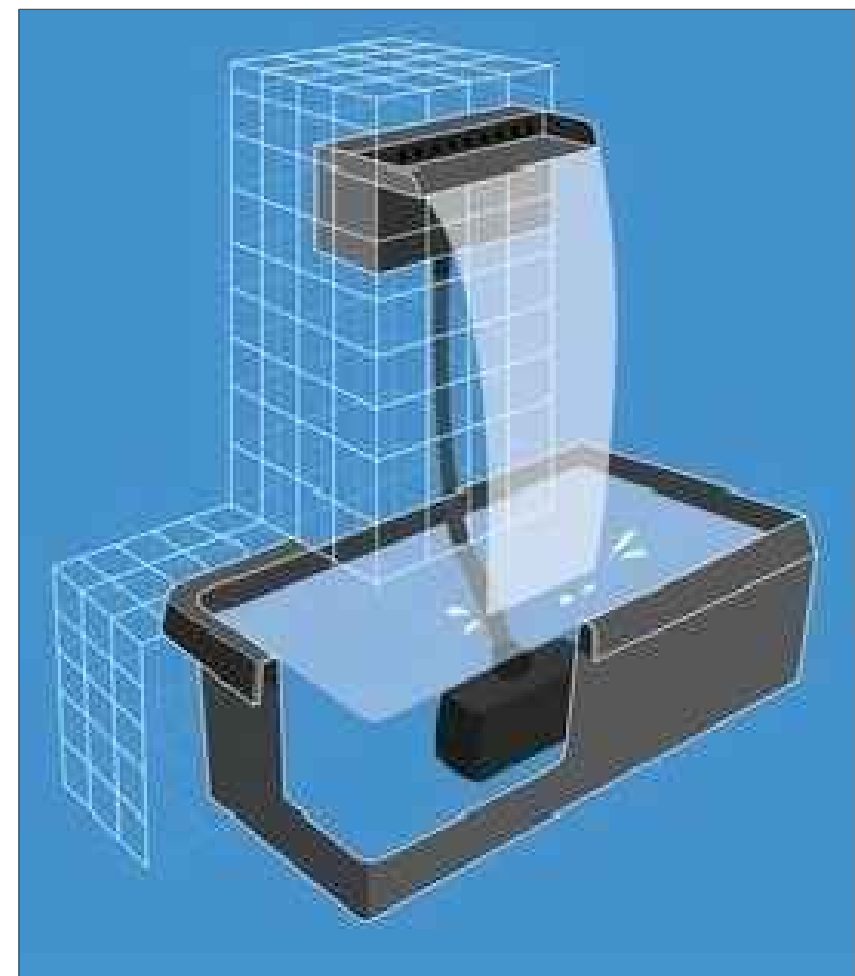
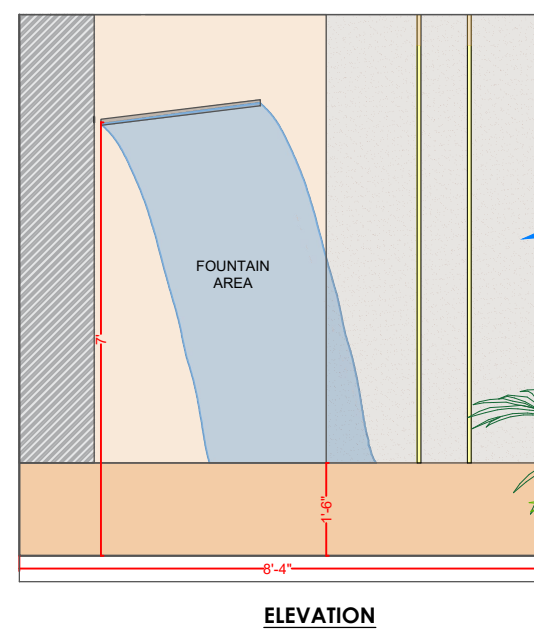
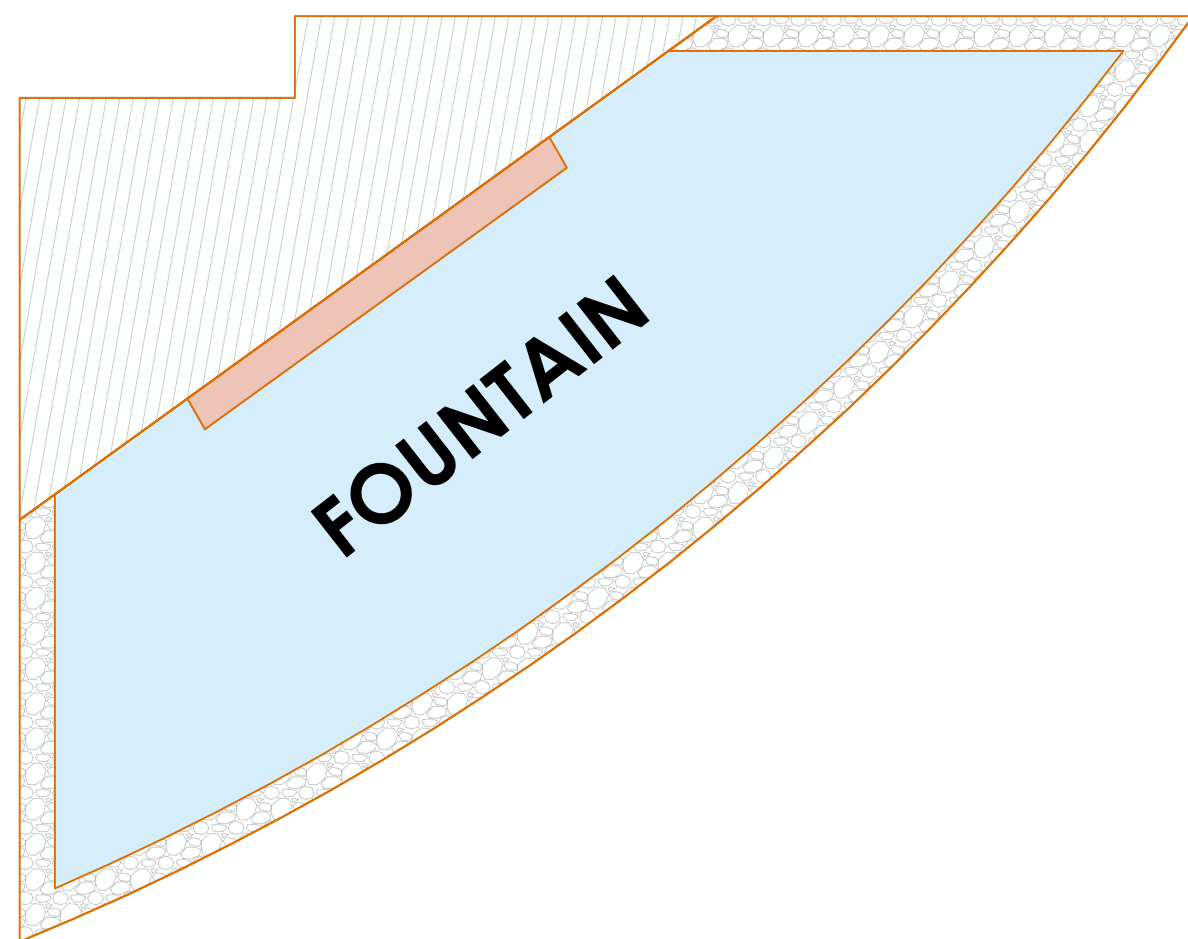
REFERENCE IMAGE
Material: Wood / Metal / Concrete / Plastic / Fiber-reinforced polymer
Shape: Rectangular / Square / Custom
Size: Varies (e.g., 24"x8"x8", custom sizes for space)
Use: Indoor/outdoor plant display & space division
Drainage: With drainage holes or tray
Finish: Polished / Painted / Matte / Natural
Placement: Balconies, window sills, lobbies, room dividers
Design Use: Organizes greenery, adds structure, aesthetic enhancement
Customization: Available in color, size, material & design



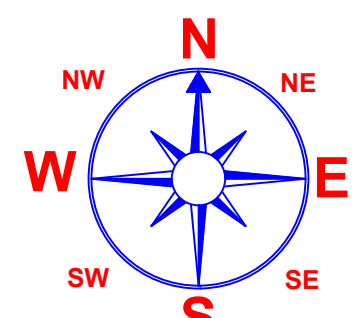
POTTED PLANT DETAIL
Colour: White
Material: Ceramic
Finish Type: Matte
Shape: Circular



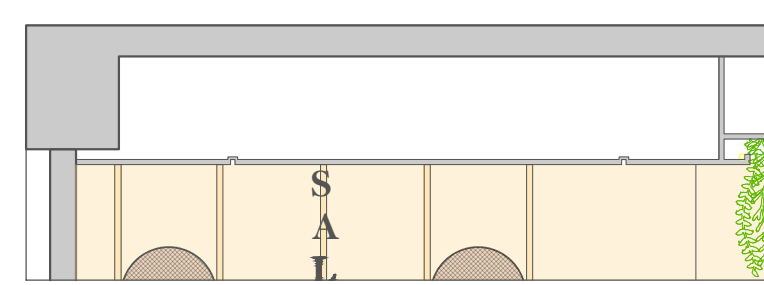
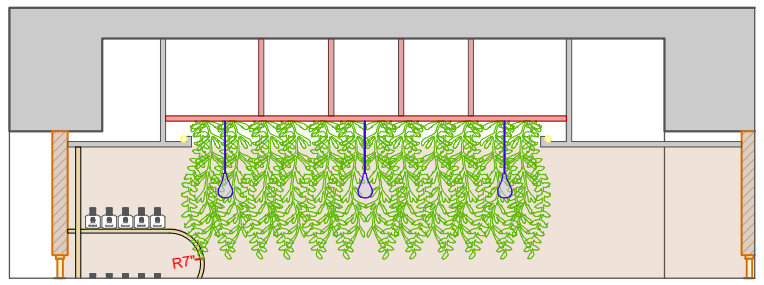
FICUS ALTISSIMA
Scientific Name: Ficus altissima
Common Name: Council Tree, Ficus Yellow Gem
Type: Indoor ornamental foliage plant
Foliage: Large, leathery green leaves with yellow variegation
Height: 4-8 ft indoors (can be pruned)
Light: Bright, indirect light (tolerates some direct light)
Water: Moderate; allow topsoil to dry slightly
Placement: Floor planter in living rooms, offices, corners
Design Use: Adds bold height and color contrast in modern or tropical themes
Toxicity: Mildly toxic to pets



Living Wall Waterfall
Type: Vertical green wall with integrated water feature
Structure: Metal/wood frame with waterproof backing
Greenery: Live plants (ferns, pothos, philodendron, moss, etc.)
Water Feature: Built-in recirculating waterfall system
Irrigation: Automated drip or hydroponic system
Lighting: LED grow lights (if indoors or low light area)
Size: Customizable (height x width as per space)
Material Finish: Natural stone, glass, wood, or metal around waterfall
Use: Focal element in lobbies, spas, offices, or luxury interiors
Benefits: Enhances aesthetics, improves air quality, soothing ambiance



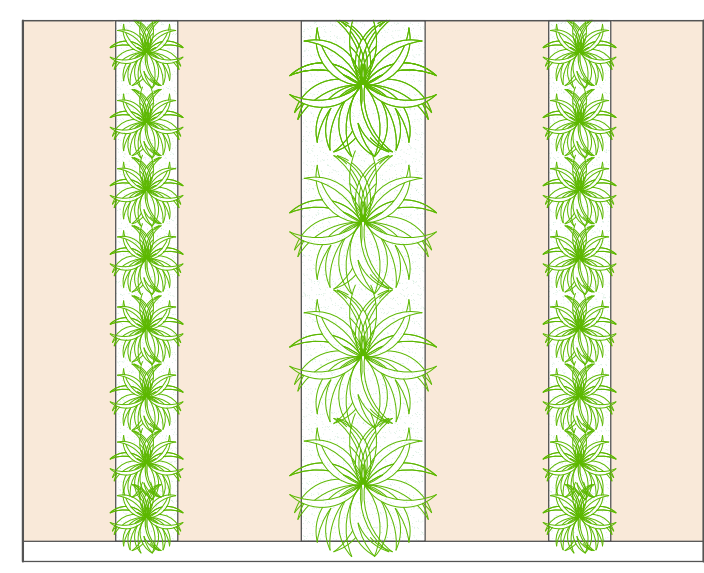
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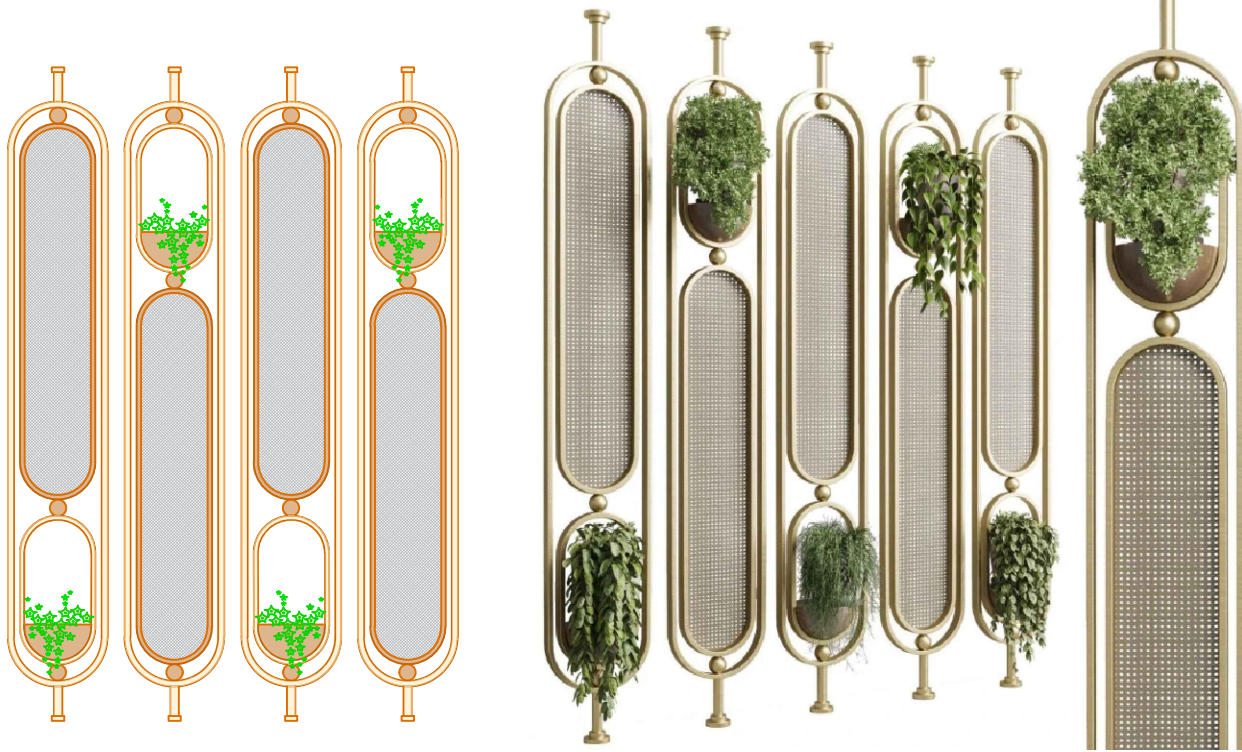
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REFERENCE IMAGE



Artificial Plant
Type: Decorative non-living plant replica
Material: Plastic, silk, polyester, fabric, or latex
Appearance: Realistic foliage and textures (UV/fade resistant options available)
Maintenance: No watering, pruning, or sunlight needed
Placement: Ideal for low-light areas, offices, hotels, lobbies, bathrooms
Design Use: Adds greenery and aesthetic appeal with zero care
Pot Options: Ceramic, wooden, fiber, metal – based on theme
Customization: Available in various styles, colors, and arrangements



REFERENCE IMAGE

3D VIEWS

CURATING TRANQUIL ESCAPES THE ART AND SCIENCE OF SALON AND SPA DESIGN

