

THESIS REPORT ON

"---- DRUG REHABILITATION CENTRE----, ---- SHALIMAR BAGH, DELHI----"

A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE DEGREE OF:

BACHELOR OF ARCHITECTURE

BY

(MOHD OVAISH)

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THESIS GUIDE

(AR. GHANSHAYM YADAV)

SESSION

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TO THE

SCHOOL OF ARCHITECTURE AND PLANNING
BABU BANARASI DAS UNIVERSITY
LUCKNOW.

SCHOOL OF ARCHITECTURE AND PLANNING BABU BANARASI DAS UNIVERSITY, LUCKNOW (U.P.).

CERTIFICATE

,(Shalima work of the students	r bagh, delhi)and can be accepte achelor's degree in	" under the sup d as partial fulfil	ehabilitation centre) pervision, is the bonafide Iment of the requirement ool of Architecture and
1			
Prof. Mohit Kumar			Prof. Sangeeta Sharma
Agarwal Dean of Department			Head of Department
	Recommendation	Accepted	
		Not Accepted	
External Examiner			External Examiner

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Certificate of thesis submission for evaluation

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12. Submitted 3	hard bound copied plus one CD		Yes / No
11. The thesis ha	s not been submitted elsewhere for a degree		Yes / No
10. All the source	es used have been cited appropriately		Yes / No
9. The thesis ha	s been prepared without resorting to plagian	rism	Yes / No
8. The content of	of the thesis have been organized based on th	ne guidelines.	Yes / No
7. Specification	regarding thesis format have been closely for	ollowed.	Yes / No
6. Thesis prepar	ration guide was referred to for preparing th	ne thesis.	Yes / No
5. Faculty of Ur	niversity to which the thesis is submitted:		Yes / No
4. Degree for w	hich the thesis is submitted:	•••••	•••••
3. Thesis Title	:		
2. Roll No.	:		
1. Name	:		

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SYNOPSIS

01. DRUG REHABILITATION CENTRE



INTRODUCTION

Drug Abuse and addiction are spreading like cancer among the youth of India. The number of deaths and crimes related to drug consumption and its abuse is on the rise. Therefore, the need of the hour to eradicate this problem is to build new and efficient drug treatment and rehabilitation centres.

Rehabilitation is a process and as a treatment is not given much importance in our society. With this concept in hindsight, much of the established infrastructure is not built around the holistic treatment of the people seeking help.





The central idea of the design is to integrate natural, spiritual and physical treatments so that anyone who is undergoing the process, is provided with a holistic treatment. The use of open spaces in the project is to overcome the closed and confined spaces which are existing in the currently established facilities.

AIMS & OBJECTIVES

AIM:

• This project aims to design a drug treatment centre where the built structures and landscape designs can accelerate the healing of the patient. This thesis aims to explore how architecture can optimize the healing process through the senses, community and spiritual methods.

OBJECTIVES:

- To understand the various spatial needs to make spaces healing.
- To creative Co-living spaces for the patients, promoting peer learning and avoid isolation.
- A merger of open spaces with closed spaces and getting nature into the built-up environment, considering climatic conditions
- Ensuring the security of the patients in the center by design.
- Formation of interactive and community spaces the surroundings through innovative landscape design.
- To create a therapeutic environment through architecture to reduces the withdrawal symptoms anxiety and relapse rate of patients.

SCOPE & LIMITATIONS:

- The facility has the prime focus on holistic healing using natural and built spaces. Focussing on co dependent methods and not just a singular approach
- The area of study is limited to Delhi only.
- The project shows the one of the methods of healing which can be used by all, irrelevant of age, sexuality, region or economic backgrounds of people.



Drug addiction treatment and rehabilitation centre is specialized healthcare dedicated to improving, maintaining or restoring physical strength, cognition and mobility of the addicts, by the help of counselling sessions by the experts and trained professionals to improve their physical and mental strength. It would eventually help people gain greater independence, self-confidence and strength to live life without the substance abuse.

NEED IDENTIFICATION:

- The current population of Delhi is 1.9 crore and combining the population of NCR it is 4.41 crore. As the population is increasing the number of drug addicts increases along with it. Unfortunately, there are only 15 De-addiction centres run by the government that provides expert, client-specific addiction treatment and counselling and there is a need to build new rehabilitation centres to cater to the maximum number of people.
- The none of the De addictions centres provide rehabilitation facility to the patients, as most of them are based on the allopathic model relying solely on medicinal treatment for the patients and importance of physical strength building, confidence-boosting and mental strength to not consume drugs again are neglected.
- Many rehab centres are located in existing renovated buildings or any operational government hospital, rather than a new construction project which is specifically designed for the rehabilitation facility.

Thus, all these factors contribute to the need for building a Drug Rehabilitation centre in Delhi.

REQUIREMENTS:

- Reception and Waiting area
- Administration block
- Consultation/Examination rooms
- Assessment/Interview rooms
- Physiotherapy spaces
- Speech and Language therapy spaces
- Garden/Outdoor spaces
- Patient Accommodation
- Staff Accommodation
- Library/Information centre
- Support Spaces
- Open Interactive Spaces
- Parking area





CASE STUDIES:

- National Drug Treatment Centre, AIIMS
- Muktangan Rehabilitation Centre

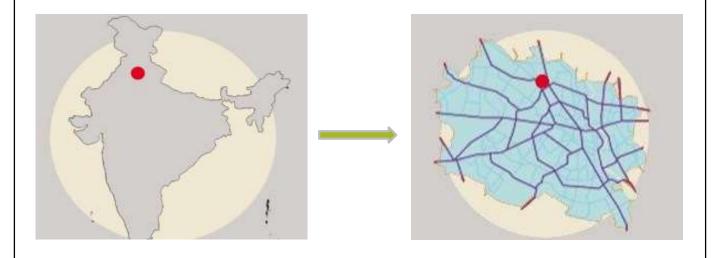
LITERATURE STUDIES:

Sanjivini, New Delhi

ABOUT SITE:

Shalimar Bagh block C and D. Delhi

Delhi, city and national capital territory, north-central <u>India</u>. The city of Delhi actually consists of two components: Old Delhi, in the north, the historic city; and <u>New Delhi</u>, in the south, since 1947 the capital of India. Shalimar Bagh is located in north west of Delhi and comes under Zone H according to the Master Plan of Delhi 2021. Zone H is distinctly characterized by well planned residential localities. This Zone is situated between two major railway lines viz, railway line to Ambala in the North East and the other to Rohtak in the South West. Railway line to Ambala is visible from the site, adjacent to the main access road to the site.



ABOUT SITE:

- Area of the site is 10.87Acre or 44000 m²
- **Nearest Metro station** is just 1Km far-off. Well connected by means of manual Rikshaw or e-Rikshaw.
- Accessibility from two metro lines

Close proximity to Haiderpur Badli more metro station yellow line (500m, 6 mins walking, 1 min by car)

Proximity to Jahangirpuri metro station pink line (2.7km, 7 mins by car)



- Access Roads are on two sides
- Basic facilities like ATM, Banks and market is available, in close proximity of maximum walking distance 600m

SITE ANALYSIS

PROJECT INTRODUCTION

DRUG ADDICTION TREATMENT AND REHABILITATION CENTRE ISSPECIALIZED HEALTHCARE DEDICATED TO IMPROVING, MAINTAINING OR RESTORING PHYSICAL STRENGTH, COGNITION AND MOBILITY OF THE ADDICTS, BY THE HELP OF COUNSELLING SESSIONS BY THE EXPERTS AND TRAINED PROFESSIONALS TO IMPROVE THEIR PHYSICAL AND MENTAL STRENGTH. IT WOULD EVENTUALLY HELP PEOPLE GAIN GREATER INDEPENDENCE, SELFCONFIDENCE AND STRENGTH TO LIVE LIFE WITHOUT THE SUBSTANCE ABUSE.REHABILITATION IS A PROCESS AND AS A TREATMENT IS NOT GIVEN MUCH IMPORTANCE IN OUR SOCIETY. WITH THIS CONCEPT IN HINDSIGHT, MUCH OF THE ESTABLISHED INFRASTRUCTURE IS NOT BUILT AROUND THE HOLISTIC TREATMENT OF THE PEOPLE SEEKING HELP.

SCOPE OF PROJECT

- THE FACILITY HAS THE PRIME FOCUS ON HOLISTIC HEALINGUSING NATURAL AND BUILT SPACES. FOCUSSING ON CO DEPENDENT METHODS AND NOT JUST A SINGULAR APPROACH
- THE AREA OF STUDY IS LIMITED TO DELHI ONLY.
- THE PROJECT SHOWS THE ONE OF THE METHODS OF HEALING WHICH CAN BE USED BY ALL, IRRELEVANT OF AGE, SEXUALITY, REGION OR ECONOMIC BACKGROUNDS OF PEOPLE.





REQUIREMENTS OF PROJECT

RECEPTION & WAITING AREA

ADMIN OFFICES

CONSULTATION / EXAMINATION ROOMS

ASSESSMENT ROOMS PHYSIOTHERAPY SPACES SPEECH / LANGUAGE THERAPY SPACES

PATIENT ACCOMODATION STAFF ACCOMODATION INFORMATION CENTRE

DETOXIFICATION CENTRE

OPEN INTERACTIVE SPACES

PARKING & SERVICE AREAS

CASE STUDIES

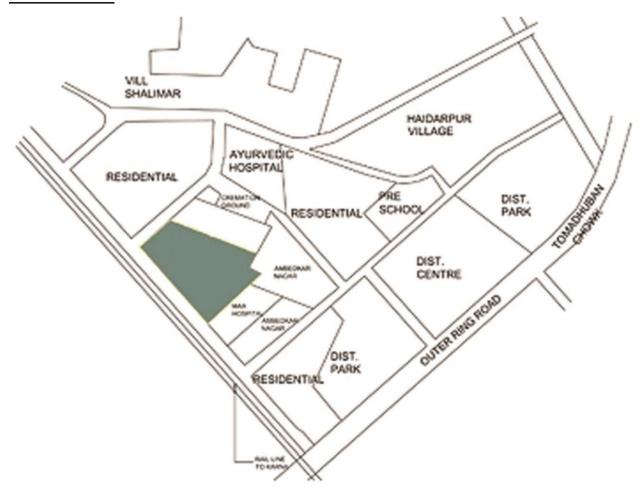
 NATIONAL DRUG DEPENDENCE CENTRE, GAZIABAD

LITERATURE STUDIES

• MUKHTANGAN, PUNE



ABOUT SITE





LOCATION

SHALIMARBAGH, BLOCK C & D, DELHI



SITE AREA

10.87 ACRE



USERS:

PATIENTS, DOCTORS, NON-MEDICAL STAFF



CLIENT

DELHI DEVELOPMENTAUTHORITY



DISTANCE FROM IGI AIRPORT-28 KM



DISTANCE FROM NEW DELHI RAILWAYSTATION- 16 KM



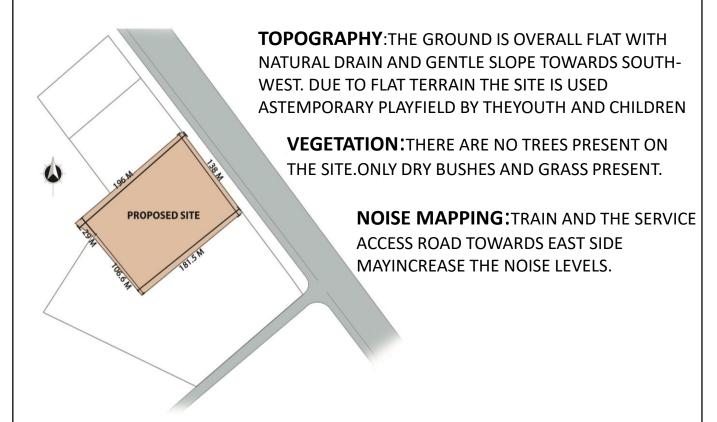
DISTANCE FROM ANAND VIHAR ISBT - 28 KM



BUILDING TYPE

DRUG REHAB

SITE ANALYSIS



ELECTRICITY: PROVIDED BY POWER STATION IN FRONT OF MUBARAKA CHOWK BUS STATION.66KV TRANSFORMER IS PLACED JUST IN FRONT OF SITE. ELECTRIC POLES RUN ALONG THE ROAD WITH STREET LIGHTS. NEAREST SUB-STATION IS LOCATED ATTHE DISTANCE OF 1.5 KM.

WATER SUPPLY: THE WATER IS SUPPLIED THROUGH DELHI JAL BOARD.NEAREST JAL BOARD IS SITUATED AT SHALIMAR BAGH.THIS JAL BOARD IS AT A DISTANCE OF 15.4KM.



FIRE STATION: THE NEAREST FIRE STATIONIS JAHANGIR PURI FIRE STATION. THIS FIRE STATION IS LOCATED 2.1 KM AWAY FROM THE SITE.

SEWAGE: WASTE DISPOSAL PLANT IS SITUATED AT MAIN PUSTA ROAD BADLI, DELHITHIS WASTE DISPOSAL PLANT IS SITUATED AT A DISTANCE OF 3.8 KM FROM THE SITE. SEWER PIPES RUNS ALONG THE SITE.

SITE INFERENCES

- 1. INDUSTRIAL AREA WITH RAILWAY TRACK INFRONT OF THE SITE MAKES THE ENVIRONMENT NOISY.
- 2. NOISE BARRIERS HAVE TO BE CREATED IN FORMS OF TREES OR MOUNTS.
- 3. PRESENCE OF CREMATORY BEHIND THE SITE WILL SOMEHOW PROVIDE NEGATIVE ATTITUDE TOTHE PATIENTS, THUS THIS AREA SHOULD BE HIDDEN FROM THE BUILDING, NOT VISIBLE TO THE PATIENTS.
- 4. PRESENCE OF MAX HOSPITAL, COMMUNICATION CENTER MAKES THE ENVIRONMENT INSTITUTIONAL TYPE.
- 5. DRUG DE-ADDICTION CENTER IS VERY IMPORTANT IN THIS AREA AS SLUM IS PRESENT JUSTBEHIND THE MAX HOSPITAL.
- 6. THERE IS STILL ENOUGH LAND FOR FURTHUR EXPANSION.
- 7. EASILY ACCESSIBLE, LOCATED AT ONE OF THE PRIME LOCATIONS.
- OPPURTUNITY FOR DEVELOPMENT OF MEDICAL MARKET.
- 9. AS THE SITE FALLS UNDES SEISMIC ZONE IV SO THE DESIGNING OF THE STRUCTURE SHOULD BEDONE KEEPING IN MIND.
- 10. DESIGNING OPEN SPACES IN DELHI'S CLIMATE CAN BE CHALLENGING.
- 11. IF POSSIBLE TWO ENTRIES SHOULD BE PROVIDED, ONE FOR STAFF AND ONE FOR PATIENTS.



SHOWS HIGH VOLTAGE LINES



SEWAGE DRAINAGE PIPELINE



SHOWS THE STORM WATER DRAIN



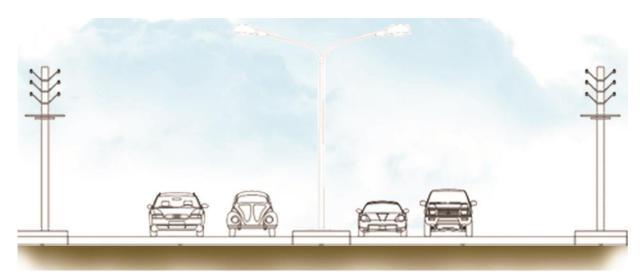
SHOWS THE ACCESS ROAD





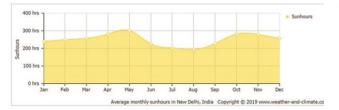






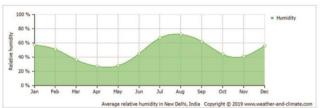
ROAD SECTION

SUNHOURS



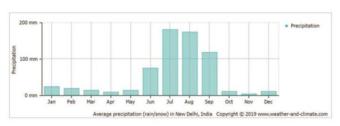
ON AVERAGE, MAY IS THE MOST SUNNY. ON AVERAGE, AUGUST HAS THE LOWEST AMOUNT OF SUNSHINE.

HUMIDITY



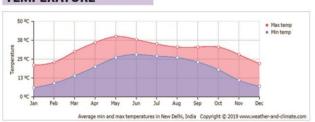
ON AVERAGE, AUGUST IS THE MOST HUMID. ON AVERAGE, APRIL IS THE LEAST HUMID MONTH. THE AVERAGE ANNUAL PERCENTAGE OF HUMIDITY IS: 49.0%

PRECIPITATION



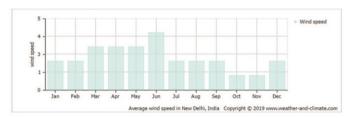
A LOT OF RAIN (RAINY SEASON) FALLS IN THE MONTHS: JULY, AUGUST AND SEPTEMBER. NEW DELHI HAS DRY PERIODS IN JANUARY, FEBRUARY, MARCH, APRIL, MAY, OCTOBER, NOVEMBER AND DECEMBER. ON AVERAGE, JULY IS THE WETTEST MONTH. ON AVERAGE, NOVEMBER IS THE DRIEST MONTH. THE AVERAGE AMOUNT OF ANNUAL PRECIPITATION IS:642.0 MM.

TEMPERATURE



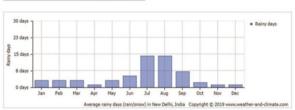
ON AVERAGE, THE WARMEST MONTH IS MAY. ON AVERAGE, THE COOLEST MONTH IS JANUARY. THE AVERAGE ANNUAL MAXIMUM TEMPERATURE IS:31.0° CELSIUS (87.8° FAHRENHEIT) THE AVERAGE ANNUAL MINIMUM TEMPERATURE IS:18.0° CELSIUS (64.4° FAHRENHEIT)

WIND SPEED



ON AVERAGE, THE MOST WIND IS SEEN IN JUNE.ON AVERAGE, THE LEAST WIND IS SEEN IN NOVEMBER.

RAINY DAYS



NEW DELHI HAS DRY PERIODS IN APRIL, OCTOBER, NOVEMBER AND DECEMBER. ON AVERAGE, JULY IS THE MOST RAINY. ON AVERAGE, NOVEMBER HAS THE LEAST RAINY DAYS. THE AVERAGE ANNUAL AMOUNT OF RAINY DAYS IS: 57.0 DAYS

SWOT ANALYSIS

STRENGTH

- AS THE SECTOR IS DERDEVELOPMENT PROPOER TRANSPORTATION IS AVAILABLE AND BASIC AMENITIES ARE NEAR TOWARD.
- MAHATMA GANDHI MARG, ASIAN
 HIGHWAY-1,2 AND OUTER RING ROAD
 ARE ALL CONNECTED TO THIS AREAD

OPPORTUNITY

• THERE IS A OPPORTUNITY FOR GREEN BELT TO ENHANCE THE SUSTAINABILITY TO THE SITE.

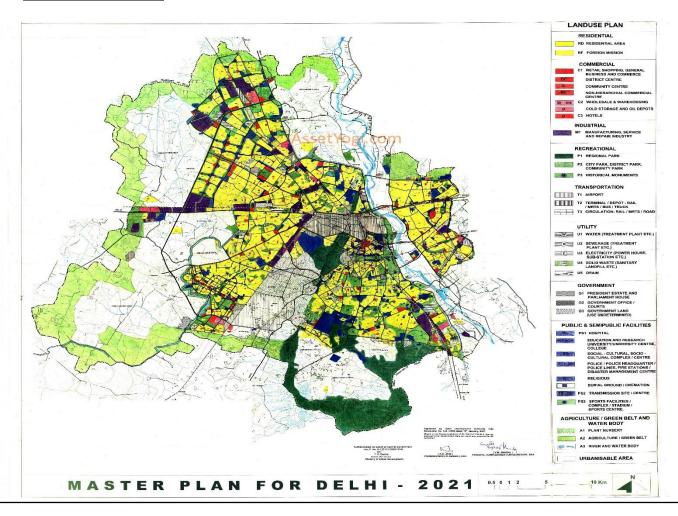
WEAKNESS

•INDUSTRIAL AREA WITH RAILWAY TRACK INFRONT OF THE SITE MAKES THE ENVIRONMENT NOISY.

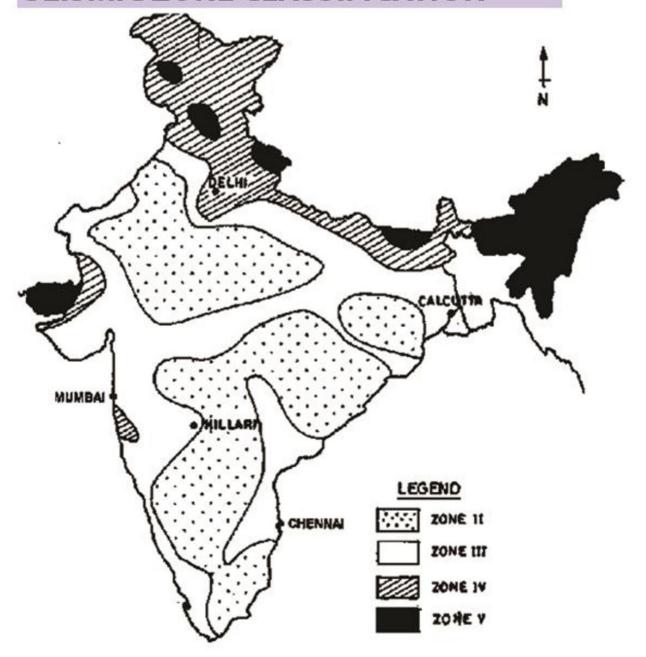
THREATS

- PROPOSE SITE COME UNDER 4THSEISMIC ZONE IN INDIA.
- UNSUSTAINABLE MANAGEMENT ON ITS LAND & WATER RESOURCES.

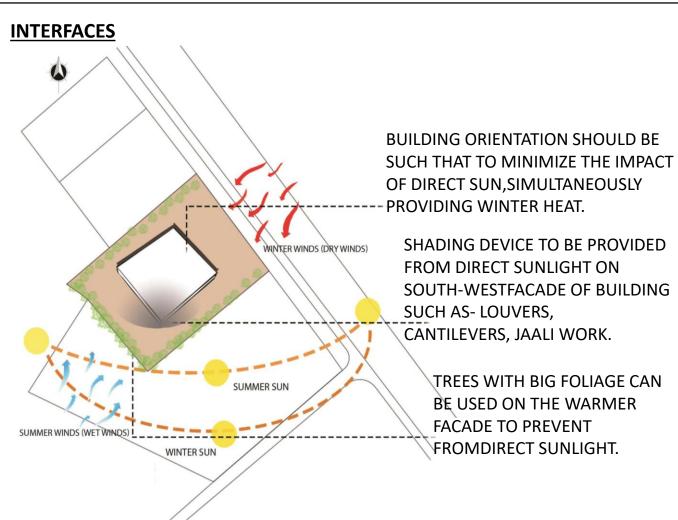
SITE ANALYSIS



SEISMIC ZONE CLASSIFICATION



THE SEISMIC ZONING MAP OF INDIA (IS1893-2002) MARKS A FAIRLY LARGE REGION INCLUDING **DELHI** TO BE IN **ZONE IV**. EARTHQUAKES ARE LOW PROBABILITY EVENTS BUT WITH VERY HIGH LEVELS OF RISK TO SOCIETY



NEW DELHI IS 215M ABOVE SEA LEVEL. THE PREVAILING CLIMATE IN NEW DELHI IS COMPOSITE CLIMATE.

DELHI LIES IN THE LANDLOCKED NORTHERN PLAINS OF THE INDIAN SUBCONTINENT. ITS CLIMATE IS GREATLY INFLUENCED BY ITS PROXIMITY TO THE HIMALAYAS AND THE THAR DESERT. CAUSING IT TO EXPERIENCE BOTH WEATHER EXTREMES.

TWO IMPORTANT OCCURRENCES INFLUENCING DELHI'S CLIMATEARE WESTERN DISTURBANCE AND SOUTH-WEST WINDS.



ALLUVIAL SOIL HAVE BEEN DEPOSITED BY THE INDUS, THE GANGES, AND THE BRAHMAPUTRA RIVERS. THE ENTIRE NORTHERN PLAINS, CHANDIGARH,

DELHI (ALMOST ENTIRELY), HARYANA, HIMACHAL PRADESH, JAMMU AND KASHMIR, MADHYA PRADESH, PUNJAB, RAJASTHAN, UTTARAKHAND, UTTAR PRADESH, AND WEST BENGAL) ARE MADE OF ALLUVIAL SOIL.

THE COMMONLY USED FOUNDATION SYSTEM IN ALLUVIAL DEPOSITS IN THE INDIAN SCENARIO ARE **RAFT FOUNDATION**. LOADS ARE TRANSFERRED TO THE GROUND THROUGH A RAFT SLAB COVERING THE WHOLE FOOTPRINT

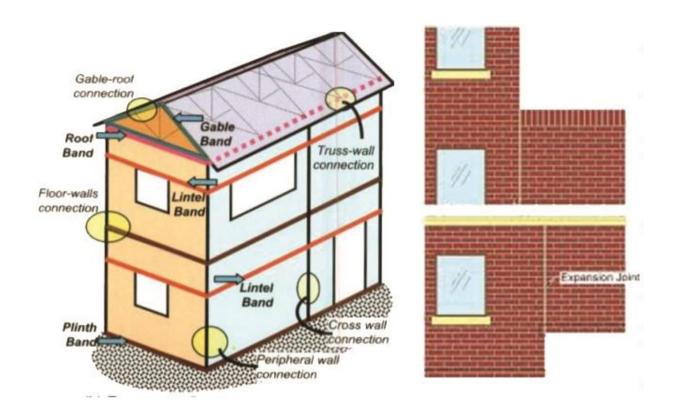
OF THE BUILDING.

TO PROTECT FROM EARTHOUAKE SHOCKS VARIOUS TECHNIQUES ARE PRACTISED SUCH AS:

HORIZONTAL BANDS-

- 1. PLINTH BAND
- 2. LINTEL BAND
- 3. ROOF BAND

VERTICAL REINFORCEMENT IN BRICK WALLS; SHEAR WALLS PROVISION OF EXPANSION JOINTS.



AN EXPANSION JOINT ORMOVEMENT JOINT IS AN ASSEMBLY DESIGNED TO HOLD PARTS TOGETHER WHILE SAFELY A B S O R B I N G TEMPERATURE-INDUCED EXPANSION AND CONTRACTION OF BUILDING MATERIALS, AND VIBRATION. OR TO ALLOW MOVEMENT DUE TO GROUND SETTLEMENT OR SEISMIC ACTIVITY.

AREA ANALYSIS

REQUREMENTS AND AREA ANALYSIS

SITE BYE-LAWS:

SITE AREA: 6ACRE (24281.67M²)

F.A.R.: 1.2

GROUND COVERAGE: 30%

PERMISSIBLE COVERED AREA: 29138M²

PROPOSED F.A.R.: 0.51

PROPOSED COVERED AREA: 12324.4 M²

ECS:2/100M²

ADMINISTRATION

OFFICES

RECORDS ROOM

MOAINTENANCE

LIBRARY

SECURITY

OUTPATIENT DEPARTMENT

CONSULTANTS

• COUNCELLING

• THERAPY

• DAYCARE

DETOXIFICATION

DRUG DISPENSING

RESIDENTIAL

DOCTOR'S RESIDENCE

STAFF QUATERS

2 POTTERY MAKING 3 PAINTING

WARDS

4 SEWING & KNITTING

INPATIENTDEPARTMENT

DETOXIFICATION

DRUG DISPENSING

VOCATIONAL TRAINING
 1 COMPUTER TRAINING

COUNCELLING

RECORD ROOM

5 HANDICRAFT

6 CANDLE MAKING

7 TOY MAKING

LIFTS-

PASSENGER LIFT: 1 UNIT

CAPACITY: 8 PERSON CAR SIZE: 1300X1100

HOISTWAY DIMENSION: 1700X1700

HOSPITAL LIFT: 1 UNIT CAPACITY: 10 PERSON

CAR SIZE: 900X1950

HOISTWAY DIMENSION: 1750X2500

ELECTRICAL ROOM-

NO. OF UNITS: AS PER FLOOR

AREA: 20M²

DG SET-

NO. OF UNIT: 1

AREA: 50M²

FIRE STAIRCASE-

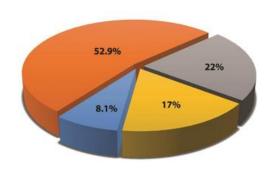
AREA: 20M²

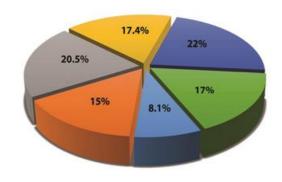
WATER TANK CAPACITY:

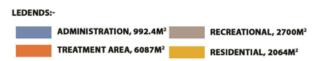
340L/PERSON/DAY

	PATIENT'S DAILY ROUTINE
TIME	ACTIVITY
6:00	WAKE UP TIME
6:15	MORNING TEA
06:45-07:45	YOGA & PRANAYAMS
08:15-09:45	BREAKFAST
09:15-10:15	MEDITATION-INPUT SESSION BY EXPERTS
10:15	TEA BREAK
10:30-11:45	TIME SLOT FOR VISITING COUNCELLOR/DIARY WRITING/LIBRARY
11:45-12:45	GROUP THERAPY
12:45-13:30	LUNCH
14:00-16:00	REST
14;30-15;30	GROUP THERAPY FOR 3rd & 4th WEEK FRIENDS
16:30-17:00	PHYSICAL TRAINING
17:00-17:15	TEA BREAK
17:15-18:30	RECREATION/GYMNASIUM/GAMES
18:30-19:30	AA/NA MEETING
10:30-19:30	(ONCE A WEEK ON SUNDAYS)
19:30-20:00	PRAYER & DISTRIBUTION OF MEDICINES
20:00-20:30	DINNER
20:30-22:00	ENTERTAINMENT-T.V./AUDIO-VIDEO/INDOOR GAMES/BOOKS
20:30-22:00	POST THAT LIGHTS OFF

AREA DISTRIBUTION CHART:



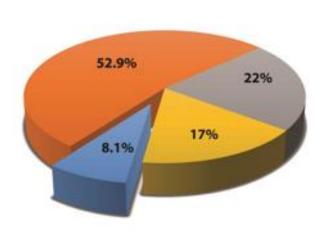


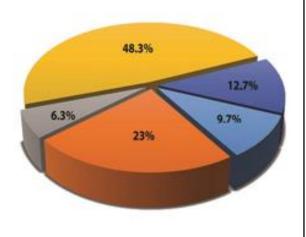


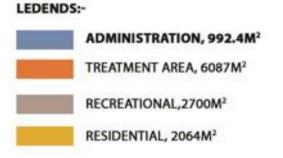


s. No.	REQUIREMENTS		M.)	AZIABAD (SQ.	SANJIV	M.)	ELHI (SQ.	CEN	ITRE, PUNE		STAN	IDARDS	(SQ. M.)	(PRO	POSED F	OR 60 IPD)	REMARKS
			50 IPD & 17			25 M&F			00 IPD & 10								
	TYPES OF SPACE	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	
A.	ADMINISTRATION			1		1			1	ı						T	
1	DIRECTOR'S OFFICE	1	44	44	1	25	25	-	-		1	12	12	1	25	25	CASE STUDY 2
	ENTRANCE FOYER	-			-	-		-	-			1.5/PERSO	ON	1	40	40	STANDARD
2	COORDINATOR'S OFFICE/ASSISTANT	4	5.6	22.4	1	12	12	-		-	1	12	12	2	20	40	TO BE PROPOSED
3	SOCIAL WORKER'S OFFICE	6	12.5	75		-		2	9.8	19.6	2	12	12	1	35	35	TO BE PROPOSED
4	ACCOUNTS	1	11.2	11.2	1	8	8		105		1	12	12	1	15	15	TO BE PROPOSED
5	WAITING			-	1	20	20		60	-	1	40	40	1	40	40	LITERATURE STUDY
6	CONFEERENCE HALL	1	35	35		-		-	-				•	1	35	35	CASE STUDY 1
7	TOILET (MALE)	1	18	18	-	-	-	-	-		1	18	18	2	18	36	CASE STUDY 1
8	TOILET (FEMALE)	1	15	15	-	-		-	-		1	15	15	2	15	30	CASE STUDY 2
9	TOILET (HANDICAPPED)				-	-		-			1	15	15	1	15	15	STANDARD
		NDDTC,	AIIMS, GH	AZIABAD (SQ.	SANJIV	INI, NEW D	ELHI (SQ.	MUKTA	NGAN REHA	BILITATION							i i
S. NO.	REQUIREMENTS		M.)			M.)		CEN	ITRE, PUNE	(SQ. M.)	STAN	IDARDS	(SQ. M.)	Q. M.) REMARKS (PROPOSED FOR 60 IPD			
NO.			50 IPD & 17	0 OPD		25 M&F		1	00 IPD & 10	OPD						,	
	TYPES OF SPACE	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	
B.	O.P.D.																
1	WAITING & ENTRANCE LOBBY	1	20	20	1	20	10		60		1	52	52	1	120	120	TO BE PROPOSED
2	PSYCHIATRIST'S ROOM	-		-		-		2	11.5	23	1	16	16	2	20	40	AS PER STANDARD
3	DOCTOR'S ROOM	-	-			-	-		24	-	2	9	18	5	20	100	TO BE PROPOSED
4	NURSE STATION	-		-	-	-	-	-		-	-	-	-	16	20	320	TO BE PROPOSED
5	THERAPISTS/ PHYSICIAN			-	-	-	-	2	11.5	23	2	25	50	2	20	40	
6	COUNSELLING ROOM	6	8	48	6	8	48	4	30	120	2	9	18	2	20	40	MEAN OF STUDIES
7	GROUP COUNSELLING ROOM	2	20	40	2	20	40		-	-			-	1	40	40	CASE STUDY
8	FAMILY COUNSELLING			-	-	-		-					-	2	20	40	TO BE PROPOSED
9	DAY CARE CENTRE	1	150	150	1	150	150			-	1	120	120	1	120	120	STANDARD
10	STORE	2	12	24	2	12	24	-	-	-	1	24	24	2	24	48	STANDARD
11	DRUG DISPENSARY & PHARMACY			-					-				-	1	25	25	TO BE PROPOSED

ADMIN BLOCK AREA DISTRIBUTION:





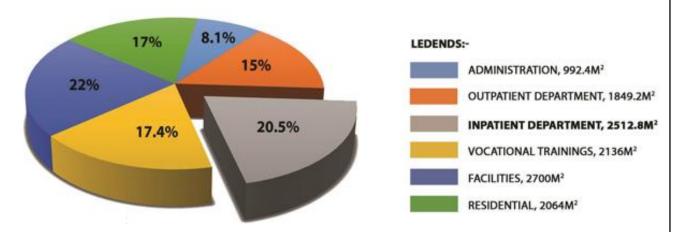




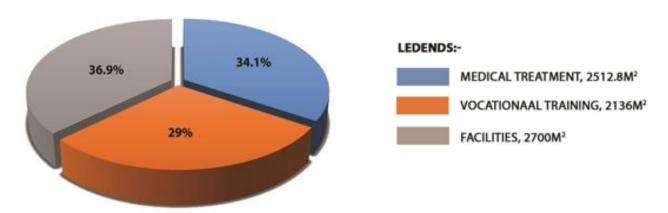
LEGENDS:

S.	REQUIREMENTS	NDD		SHAZIABAD	SANJIV	INI, NEW D	ELHI (SQ.		NGAN REHA	BILITATION	CTAN	IDADDC	(50 M)	REMAR	KS (PROF	OSED FOR	
NO.	REQUIREMENTS		(SQ. M 50 IPD & 17			25 M&F	:		100 IPD & 10	,,	SIAN	IDARDS	(SQ. IVI.)	1	150 M & 1	00 F)	
	TYPES OF SPACE	NOS.	AREA	TOTAL AREA	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	
c.	I.P.D.																
1	DETOX WARD	1	197	197		-	-	-	-	-	1	210	210	2	210	420	STANDARD
2	GENERAL WARD (M)			-	-	-	-	-	-	-	0.8/ BED	FOR TRIP	LE BEDDED	3		180	STANDARD
3	GENERAL WARD (F)	-	-			-		-		-	0.8/ BED	FOR TRIP	LE BEDDED	1		60	STANDARD
4	RELAPSE WARD	-	-	-						-	10/BED I	FOR SING	LE BEDDED	5	10	50	STANDARD
5	SPECIAL WARD		17.98	-		-		-		-	10/BED I	FOR SING	LE BEDDED	4	12	48	STANDARD
6	SINGLE ROOMS		-	-		-		-		-	10/BED I	FOR SING	LE BEDDED	9	12	108	STANDARD
7	TOILET (M)	2				-		-		-	1	32.4	32.4	2	40	80	STANDARD
11	BATHING UNIT	-	-	-		-		-		-	15	1.98	30				
12	TOILET (F)	2	20	40	-	-	-	-	-	-	1	59.4	59.4	2	60	120	STANDARD
16	DOCTOR'S ROOM		7.4					-		-	2	18	36	4	25	100	TO BE PROPOSED
17	NURSE'S STATION		11.1					-		-	-			6	20	120	TO BE PROPOSED
18	REST ROOM	-	-	-	-	-		-	-		1	12	12	3	20	60	TO BE PROPOSED
19	WARD STORE	1	12	12		-		-		-	-	-	-	2	12	24	CASE STUDY 1
20	WARD RECORD	1	12	12		-		-			-	-		2	12	24	CASE STUDY 1

I.P.D. BLOCK AREA DISTRIBUTION:



I.P.D. BLOCK FURTHER AREA DISTRIBUTION:



APART FROM MEDICATION VOCATIONAL TRAINING AND RECREATIONAL
ACTIVITIES LIKE YOGA, MEDITATION, ETC. ARE NECESSARY FOR PATIENT'S METAL
HEALTH AND WELFARE. THEREFORE, I.P.D. IS FURTHER DIVIDED
INTO THE FOLLOWING:

18

s. No.	REQUIREMENTS		C, AIIMS, G (SQ. M 50 IPD & 17		SANJIVI	M.) 25 M&F	ELHI (SQ.	CEN	NGAN REHA ITRE, PUNE 00 IPD & 10		STANDARDS (SQ. M.)		(SQ. M.)	REMARKS (PROPOSED FOR 150 M & 100 F)			
	TYPES OF SPACE	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	
D.	VOCATIONAL TRAINING																
1	STITCHING	-	-	-	-	-	-	-	-	-	1		40	1	40	40	STANDARD
2	PACKAGING	-	-				-	-	-		1		50	1	50	50	STANDARD
3	COMPUTER TRAINING	-			1		-	-				3/PERSO	N	1	180	180	STANDARD
4	POTTERY MAKING	-		-	1	30	30	-		-		2/PERSO	N	1	120	120	STANDARD
5	PAINTING		-						-			4/PERSO	N	1	160	160	STANDARD
6	CANDLE MAKING		-		1	30	30		-			2/PERSO	N	1	80	80	STANDARD
7	TOY MAKING	-	-		-		-	-	-			3/PERSO	N	1	120	120	STANDARD
8	PRINTING	-	-						-					1	240	240	STANDARD
9	MATERIAL STORE	-	-		-	-	-	-	-					1	80	80	

s. No.	REQUIREMENTS	NDDTC, AIIMS, GHAZIABAD (SQ. M.) 50 IPD & 170 OPD		(SQ. M.) M.)		CEN	MUKTANGAN REHABILITATION CENTRE, PUNE (SQ. M.) 100 IPD & 10 OPD					REMARKS (PROPOSED FOR 150 M & 100 F)					
	TYPES OF SPACE	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	NOS.	AREA	TOTAL	
E.	TRAINING & RESEARCH CENTRE																
1	CONFERENCE ROOM	1	80	80	1	60	60		7.4		1	30	30	1	100	100	TO BE PROPOSED
2	LECTURE ROOM	-	-	-		-	-		-	-	1	30	30	2	60	120	TO BE PROPOSED
3	RECREATIONAL ROOM	-	-	-			-		108	-	1	200	200	2	200	400	STANDARD
4	EXHIBITION HALL	-	-						108				-	1	200	200	TO BE PROPOSED

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M)
A.	ADMINISTRATION			
1	RECEPTION CUM WAITING	1	40	40
2	ENTRANCE FOYER	1	1.5/PERSON	40
3	DIRECTOR'S OFFICE	1	25	25
4	DIRECTOR'S SECRETARY ROOM	1	15	15
5	DEPUTY DIRECTOR OFFICE	1	20	20
6	MEDICAL SEPRINTENDANT'S OFFICE	1	20	20
7	DEPUTY MEDICAL SUPRINTENDANT'S OFFICE	1	15	15
8	MEDICAL SUPRINTENDANT'S ASSISTANT	1	15	15
9	ACCOUNTS OFFICER	1	15	15
10	RECORD ROOM KEEPER	1	15	15
11	RECORD ROOM	1	35	35
12	FINANCE OFFICER	1	15	15
13	MAINTENANCE OFFICER	1	15	15
14	SOCIAL WORKER ROOM	1	35	35
15	LIBRARY	1	250	250
16	CONFERENCE HALL	1	100	100
17	CAFETERIA	1	60	60
18	PANTRY	1	15	15
19	TOILET (M,F & HANDICAPPED)	1	30	30
20	CCTV MONITORING ROOM	1	20	20
21	POLICE PROVISION	1	20	20
22	SECURITY HEAD OFFICE	1	12	12
	TOTAL			827
	WITH 20% CIRCULATION			992.4

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M
В.	OUTPATIENT DEPARTMENT			
1	RECEPTION CUM WAITING	1	120	120
2	OFFICE	1	25	25
3	CONSULTANT ROOMS PSYCHIATRIST COUNCILLING ROOM GROUP COUNCILLING FAMILY COUNCILLING THERAPIST PHYSICIAN	15	20	300
4	DAY CARE CENTER	1	120	120
5	DETOXIFICATION WARDS	2	45 (FOR 6 PATIENTS)	90
6	RECOVERY ROOM	4	45 (FOR 6 PATIENTS)	180
7	NURSE STATION	16	20	320
8	CLEAN UTILITY	2	12	24
9	DIRTY UTILITY/SLUICE ROOM	2	12	24
10	DRUG DISPENCING ROOM	1	25	25
11	(URINE & BLOOD TEST)	1	35	35
12	TOILET (M, F, H)		20	20
13	NURSE REST AREA	2	20	40
14	DOCTOR'S REST AREA	2	20	40
15	CAFETERIA	1	60	60
16	TOILET (VISITORS)	M, F, H	40	40
17	TOILET (STAFF)	M,F	30	30
18	STORE	2	24	48
	TOTAL			1541
	WITH 20% CIRCULATION			1849.2

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M)
E.	FACILITIES			
1	LIBRARY	1	100	100
2	YOGA	1	360	360
3	MEDITATION	1	100	100
4	SPIRITUAL	4	100	400
5	SEMINAR HALL	1	120	120
6	AUDIO-VISUAL ROOM	1	120	120
7	INDOOR GAMES	1	180	180
8	INDOOR BADMINTION COURT	2	100	200
9	GYMNASIUM	1	180	180
10	LAUNDARY	1	150	150
11	KITCHEN WITH STORE	1	50	50
12	DINING (STAFF)	1	30	30
13	DINING (PATIENTS)	1	60	60
14	TOILET & BATHING (M)	2	40	80
15	TOILET & BATHING (F)	2	60	120
	TOTAL			2250
	WITH 20% CIRCULATION			2700

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M)
D.	VOCATIONAL TRAINING			
1	COMPUTER TRAINING	1	180	180
2	POTTERY MAKING	1	120	120
3	PAINTING	1	160	160
4	LECTURE ROOM	2	60	120
5	SEWING & KNITTING	1	160	160
6	HANDICRAFT ROOM	1	200	200
7	CANDLE MAKING	1	80	80
8	PACKAGING	1	120	120
9	TOY MAKING	1	120	120
10	PRINTING	1	240	240
11	EXHIBITION HALL	1	200	200
12	MATERIAL STORAGE	1	80	80
	TOTAL			1780
	WITH 20% CIRCULATION			2136

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M)		
C.	INPATIENT DEPARTMENT					
1	DOCTORS ON DUTY	1	100 (FOR 4 P)	100		
2	NURSE STATION	1	120 (FOR 6 P)	120		
3	ISOLATION WARDS	4	12	48		
4	SINGLE BEDDED ROOM	7+2	12	108		
5	SEMI-PRIVATE ROOM	7+2	20	180		
6	GENERAL WARDS	3+1	60 (FOR 6 P)	240		
7	DETOX WARD	2	210	420		
8	RELAPSE WARD	3+2	10	50		
9	COUNCELLOR ROOM	4	20	80		
10	CHECK-UP ROOM	2	12	24		
11	REST ROOM	3	20	60		
12	REST ROOM	8	20	160		
13	RECORD ROOM	2	12	24		
14	VISITOR'S ROOM	2	35	70		
15	CLEAN UTILITY	1	20	20		
16	DIRTY UTILITY	1	20	20		
17	DRUG DISPENCING ROOM	1	30	30		
18	EQUIPMENT STORE ROOM	1	15	15		
19	PANTRY	1	25	25		
20	LOCKER ROOM	1+1	20	40		
21	CAFETERIA	1	60	60		
22	TOILET & BATHING (M)	2	40	80		
23	TOILET & BATHING (F)	2	60	120		
	TOTAL			2094		
	2512.8					

S.NO.	REQUIREMENTS	QUANTITY	AREA (SQ. M)	TOTAL AREA (SQ. M)		
F.	RESIDENTIAL					
1	DOCTOR'S RESIDENCE	8	80	640		
2	STAFF RESIDENCE	24	45	1080		
	TOTAL			1720		
	2064					

ADMINISTRATION

- OFFICES
- RECORDS ROOM
- MAINTENANCE
- LIBRARY
- SECURITY

INPATIENTDEPARTMENT

- WARDS
- DETOXIFICATION
- COUNCELLING
- DRUG DISPENSING
- RECORD ROOM

VOCATIONAL TRAINING

- 1. COMPUTER TRAINING
- 2. POTTERY MAKING
- 3. PAINTING
- 4. SEWING & KNITTING
- 5. HANDICRAFT
- 6. CANDLE MAKING
- 7. TOY MAKING

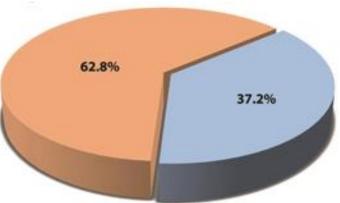
OUTPATIENT DEPARTMENT

- CONSULTANTS
- COUNCELLING
- THERAPY
- DAYCARE
- DETOXIFICATION
- DRUG DISPENSING

RESIDENTIAL

- DOCTOR'S RESIDENCE
- STAFF QUATERS





LITERATURE STUDY- 1

MUKTANGAN REHABILITATION CENTRE

LITERATURE STUDY: 1,

MUKTANGAN REHABILITATION CENTRE

INTRODUCTION:

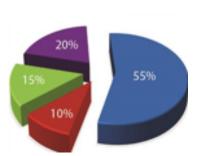
THE MUKTANGAN REHABILITATION CENTRE WAS ESTABLISHED :IN 1986 BY THE LATE DR. ANITA AWACHAT. THE MUKTANGAN REHABILITATION CENTRE WORKS HARD TO HELP INDIVIDUALS CHANGE THEIR LIVES. LOCATED IN PUNE - ALANDI ROAD, MAJI SAINIK NAGAR, MOHANWADI, YE-RAWADA, PUNE, MAHARASHTRA 41 1006.THE ARCHITECT OF THE MUK-TANGAN REHABILITATION CENTRE IS AR. SHRISH BERI.



ENTRY

THERE IS ONLY ONE ENTRY TO THE DE-ADDICTION CENTRE. THE SAME ENTRY IS ALSO FOR USED FOR SERVICES PU-RPOSES. WHICH IS KEPT LOCKED ALL THE TIMES DUE TO SECURITY REASONS.







CONCEPT FOR DESIGN:

- CENTRE IS DESIGNED BY KEEPING THE CONCEPT OF MAKING PATIENTS FEEL UNITED AND INCREASING THE SOCIAL DIALOGUE BETWEEN THEM. THUS, THE APPROACH IS TOWARDS INTROVERT PLANNING.
- IN THE CENTRE THERE IS FIXED SCHEDULE FOR ADMITTING AND DISCHARGING THE PATIENTS THUS A PROPER GROUP OF 15 TO 20 PATIENTS GET FORM FROM THE FIRST DAY AND THUS THE CATEGORY OF PATIENTS UNDER SAME MENTAL PHASE GET GROUPED AND LIVED TOGETHER THROUGH-OUT THE TREATMENT.
- AND THUS A BETTER MENTAL AND PHYSICAL SUPPORT IS BEING OBSERVED AMONG THE PATIENTS. THE FORM OF THE BUILDING GIVES IT A LOOK OF A BUNGALOW AND THUS A HOMELY ENVIRONMENT TO THE PATIENTS





DRUG REHAB INSTITUTION



USERS



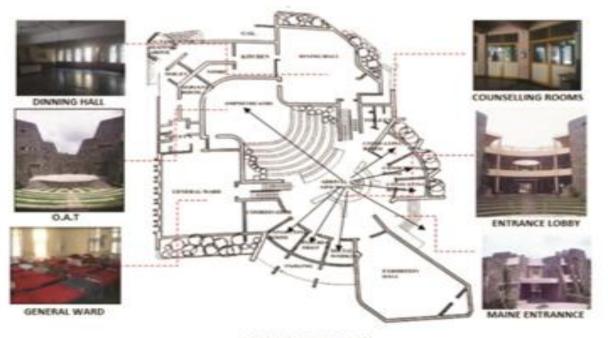
DOCTORS, NURSES, PATIENTS



OCCUPANCY TOTAL CAPACITY-125



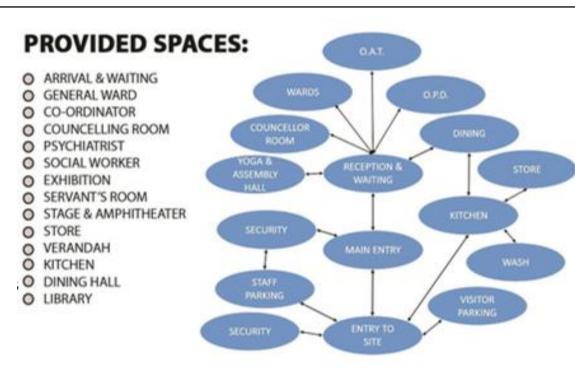
RAINFALL AVERAGE RAINFALL 763MM

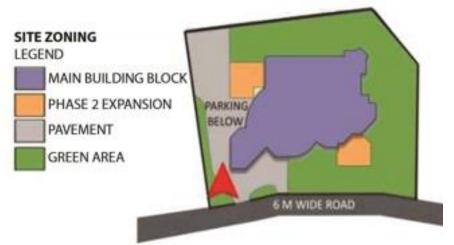


GROUND FLOOR PLAN

PLANNING & CIRCULATION

- THE BUILDING IS A COMBINATION OF ROUGH STONEWALLS INTERSECTED WITH SMOOTHER FINISHES.
- •INTHIS BUILDING THERE IS A PERFECT COMBINATION OF OPENNESS AND DISCIPLINE OF THE PHASE.
- THERE IS A PERFECT USE OF CUT-OUTS, TERRACES TO GIVE OPENNESS, PHYSICAL AND VISUAL INTERACTION.
- THE COUNSELING ROOMS AND ADMINISTRATION AREA ARE RADICALLY LOCATED AROUND THE RECEPTION AND WAITING AREA.
- THERE IS A SMALL AMPHITHEATER AT THE CENTRE OF THE BUILDINGRAISED PLASTERS AT THE WINDOW STILL ARE USED TO CHEER PATIENTS AS SOON AS THEY ENTERTHE COUNSELING ROOMS.
- THE WARDS AND KITCHEN, DINING IS LOCATED ON EITHER OF THE AMPHITHEATER.
- THERE ARE 3 WARDS IN THE BUILDING NAMELY ONE AFTER CARE WARD AND TWO GENERALWARDS
- EACH WARD HAS 1 BALCONY THAT OPENS UP IN THE CENTRAL AMPHITHEATER.
- THE TERRACE IS USED FOR P.P.T.





APPROACHES TO THE SITE:

RAILWAY STATION – 25KM BUS STAND – 30KM AIRPORT – 15KM





SURROUNDING

- CENTRE IS SURROUNDED BY RESIDENTIAL AREA.
- A NALA LIES ON SOUTHWEST SIDE.
- AT ONE CORNER OF ROAD IT HAS SHOPPING COMPLEX
- NEARBY HOSPITAL:-SHAITHIA HOSPITAL(200M) AND KIM HOSPITAL(8KM)

TOPOGRAPHY

 THERE IS A SLOPE TO THE SITE TOWARDS NALA. SOIL IS BLACK COTTON SOIL.



USE OF STONE ON FACADE



GROUND FLOOR LEGEND

- 1. ARRIVAL & WAITING
- 2. GENERAL WARD
- 3. CO-ORDINATOR
- 4. COUNCELLING ROOM
- 5. PSYCHIATRIST
- 6. SOCIAL WORKER
- 7. EXHIBITION
- 8. SERVANT'S ROOM
- 9. STAGE &

AMPHITHEATER

- 10. STORE
- 11. VERANDAH
- 12. KITCHEN
- 13. DINING HALL

INSIDE SPACES:

OPEN AIR THEATER- A VARIETY OF INTERACTIVE SPACES HAVE BEEN PROVIDED IN THE CENTER. BARI'S CONCERN OR THE PROJECT INCLUDE WHETHER ARCHITECTURE COULD PROVIDE THE REQUIRED THERAPEUTIC SPACES BY BRINGING MAN CLOSER TO NATURE AND ALSO INCREASE INTERACTION AMONG THE PATIENT

NISHIGANDHA-

IT IS EXTENSION OF MUKTANGAN FOR FEMALE PATIENTS, 25 PATIENTS ONLY.

GUARD ROOM-

GUARD ROOM IS PROVIDED FOR THE SECURITY CHECK OF THE FAMILY MEMBERS COMING TO MEET THE PATIENTS.

PARKING-

VEHICLES ARE PARKED UNDER THE PROJECTION OF THE BUILDING.

KIND OF CONSTRUCTION:

THE CONSTRUCTION TYPE USED IN THE BUILDING WAS RUBBLE MASONRY AND REINFORCED CONCRETE WORK. THE FORM OF STRUCTURE IS FORMFOLLOW FUNCTION BASED.HEIGHT OF THE BUILDING IS 15 METER.THE CURVES AND OPENNESS IN THE ELEVATION EXPRESSTHE SENSE OF SAFETY, TRANSPARENCE, VISION, UNIFICATION, INTERACTION.

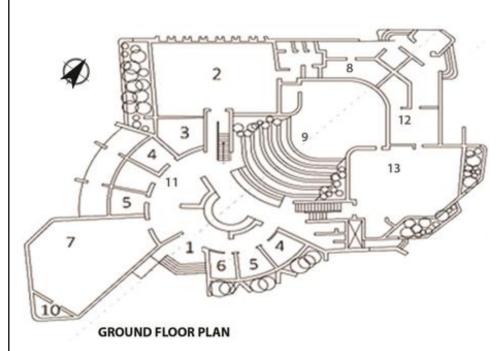






HARD LANDSCAPE



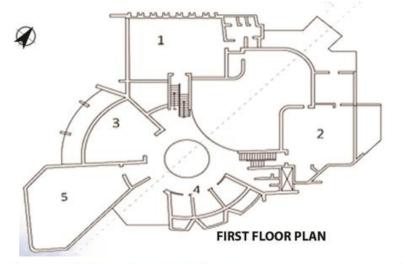


GROUND FLOOR LEGEND

- 1. ARRIVAL & WAITING
- 2. GENERAL WARD
- 3. CO-ORDINATOR
- 4. COUNCELLING ROOM
- 5. PSYCHIATRIST
- 6. SOCIAL WORKER
- 7. EXHIBITION
- 8. SERVANT'S ROOM
- 9. STAGE &

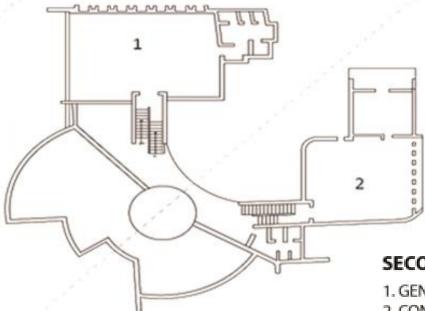
AMPHITHEATER

- 10. STORE
- 11. VERANDAH
- 12. KITCHEN
- 13. DINING HALL



FIRST FLOOR LEGEND

- 1. GENERAL WARD
- 2. COUNCELLING ROOM
- 3. LIBRARY
- 4. WARD & THERAPY HALL
- 5. TERRACE



SECOND FLOOR PLAN

SECOND FLOOR LEGEND

- 1. GENERAL WARD
- 2. CONFERENCE HALL



ENTRANCE LOBBY



AMPHITHEATER ARIAL VIEW

CROSS VENTILATION ALSO CALLED WIND EFFECT VENTILATION) IS A NATURAL METHOD OF COOLING. THE SYSTEM RELIES ON WIND TO FORCE COOL EXTERIOR AIR INTO THE BUILDING THROUGH AN INLET (LIKE A WALL LOUVER, A GABLE, OR AN OPEN WINDOW) WHILE OUTLET FORCES WARM INTERIOR AIR OUTSIDE (THROUGH A ROOF VENT OR HIGHER WINDOW OPENING).

KNOWING HOW THE FRESH AIR CIRCULATES WITHIN A STRUCTURE. AROUND THE PEOPLE INSIDE, AND THROUGH ITS OPENINGS IS CRUCIAL TO DETERMINING HOW TO OPTIMIZE COOLING AND IMPROVE AIR QUALITY. YOU CAN FIND THIS BY LOOKING AT THE BUILDING'S INLETS AND OUTLETS.

INFERENCES:

- ACTIVATES ARE PLACED AROUND THE CENTRAL AXIS WHICH ENHANCE INTERACTION AND REDUCE ALIENATION
- THE WAITING IS MADE LIVELY AND FRESH BY AMPLE LIGHT AND GREENERY
- TRANSPARENT SPACES HAD BEEN CREATED BY THE USE OF GLASS FAÇADE
- BEAUTIFUL BALANCE BETWEEN BUILT UP AND OUTDOOR SPACES
- CENTRAL OPEN-AIR THEATRE UNIFIES PUBLIC AND PRIVATE SPACES
- THERE IS A BALANCE BETWEEN DISCIPLINARY CONTROL AND SENSE OF FREEDOM
- WINDOW AND OPENING ARE DESIGNED AS SUCH NO DIRECT SUN RAYS ENTER THE ROOM
- PATIENT SITTING, RELAXING MOVING AS SUCH THAT VISUAL CONNECTIVITY IS MAINTAINED AND THEY ARE INCONTINUOUS WATCH BY THE COUNSELLORS
- •GREENERY IN THE WAITING AREA REDUCES THE WAITING STRESS BUT CAN'T BE USED IN RAINYSEASON
- FEELING OF OPENNESS CUT OUT FROM THE ARRIVAL LOBBY BRINGS LIGHT AND AIRAMPHITHEATRE BINDS THE BUILDING, CREATING A SINCE OF BELONGING.

CASE STUDY-1

NATIONAL DRUG-DEPENDENCE CENTRE, GHAZIABAD

CASE STUDY: 1, NATIONAL DRUG-DEPENDENCE CENTRE, GHAZIABAD

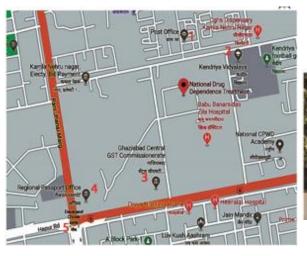
INTRODUCTION:

THE DRUG DEPENDENCE TREATMENT CENTRE, AIMS WAS ESTAB- LISHED IN THE YEAR 1988 AND WAS FUNCTIONAL FROM THE PREM- ISES OF THE DEENDAYAL UPADHYAY HOSPITAL, NEW DELHI. IN 2 0 0 3 IT WAS UPGRADED AS THE NATIONAL CENTRE (NATIONAL DRUG DE-PENDENCE TREATMENT CENTRE) AND IS FULLY OPERATIONAL FROM ITS NEW PREMISES IN GHAZIABAD, DELHI-NCR SINCE APRIL 2003



LOCATION:

SECTOR 19, KAMLA NEHRU NAGAR,NEARC.G.O. COMPLEX.HAPUR ROAD,GHAZIABAD UTTARPRADESH



LANDMARKS:

- 1. POST OFFICE, KAMLA NEHRU NAGAR, GHAZIABAD 2. KENDRIYA VIDYALAYA
- 3. GHAZIABAD CENTRAL GST COMMISIONERAT
- 4. REGIONAL PASSPORT OFFICE
- 5. DAYANAND CHOWK



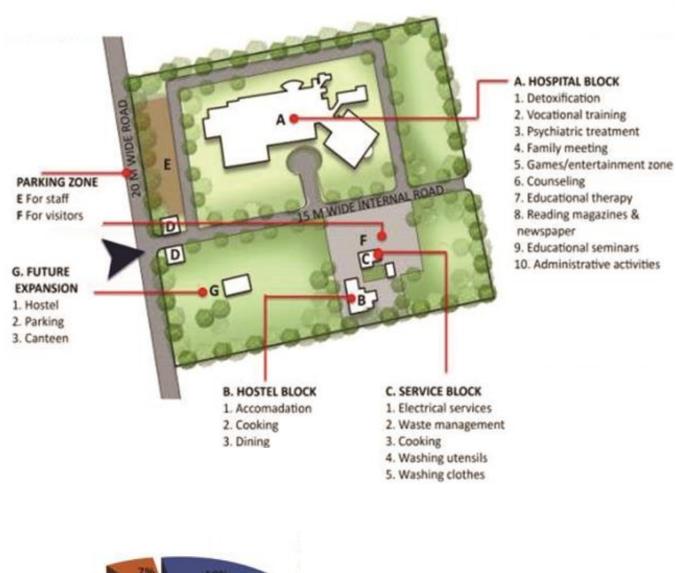
OBJECTIVE OF CASE STUDY:

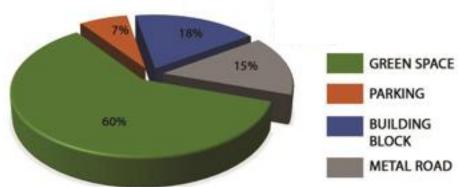
THE CENTRE IS UNDER AIMS AND TI IS THE BEST DRUG DE ADDICTION CENTRE IN UTTAR PRADESH AND THE NEARBY AREA OF DELHI.

CONCEPT FOR DESIGN:

THIS CENTRE IS ESTABLISHED FOR THE TREATMENT OFPATIENTS IN A WIDE VARIETY OF DISORDERS INCLUDINGAL SUBSTANCES LIKE ALCOHOL DIAGNOSIS, TOBACCO CESSATION.THE CONCEPT IS TO MINIMIZE THE BUILT UP AREA ANDMAXIMIZE THE OPEN SPACES FOR PROVIDING NATU- RAL ENVIRONMENT WHICH FURTHER INCREASES THE RATE OF RECOVERY OF THE PATIENTS

SITE ZONING:







ARCHITECT

VARUN SHARMA, SENIOR CONSULTANT



STARTED

SINCE APRIL, 2003



SITE AREA

10 ACRE



STOREYS

G+2



BUILDING TYPE

DRUG REHAB INSTITUTION



USERS

DOCTORS, NURSES, PATIENTS



OCCUPANCY

50 BEDDED



- CONFERENCE HALL
- O WARDS
- ADMINISTRATIVE OFFICE
- NURSE CUBICAL
- O ACTIVITY AREA
- O SAMPLE COLLECTION
- RECORD ROOM
- O DAY CARE UNIT
- O HOSTEL
- **O CANTEEN**
- REGISTRATION DESK
- ENQUIRY OFFICE
- O O.P.D.
- O LABS
- O PHARMACY
- O TREATMENT ROOM
- CONSULTATION ROOM
- DUTY OFFICER'S ROOM
- LIBRARY



ENTRANCE TO OPD

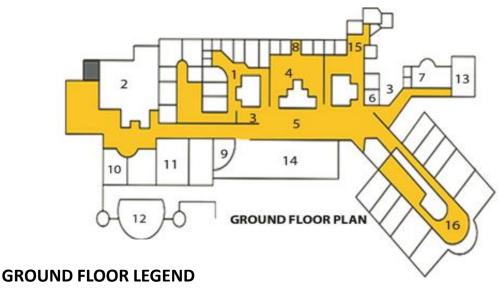


GREEN AREA

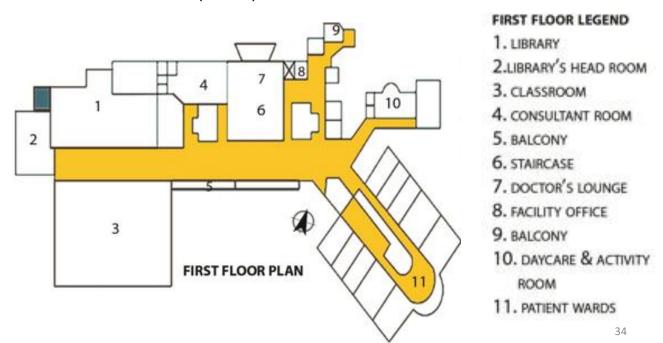


MAIN ENTRANCE





- 1. CONSULTANTS ROOM
- 2. LABORATORY
- 3. OUT-PATIENT DEPARTMENT
- 4. PERCEPTION WITH STAIRS
- 5. IMPATIENT DEPARTMENT
- 6. WAITING AREA (FAMILY)
- 7. RECREATIONAL ROOM
- 1. 8. RAMP FOR HANDICAPPED
- 9. ENTRANCE / REGISTRATION
- 10. STORE
- 11. DIRECTOR'S OFFICE
- 12. CONFERENCE ROOM
- 13. SERVICES
- 14. CORRIDOR
- 15. MALE & FEMALE TOILET WITH DRINKING WATER FACILITY
- 16. PATIENT BLOCK (WARD) WITH TOILET & NURSE CARE ROOM





SECOND FLOOR LEGEND

- 1. DIRECTOR'S OFFICE
- 2. CONFERENCE HALL
- 3. OPEN OFFICE
- ROOM



INDOOR SPACES:

LABORATORY-

TWO DIFFERENT LABORATORY ARE BUILT, ONE FOR URINE TEST AND OTHER FOR BLOOR TEST BOTH PLACED AT GROUND FLOOR.

WARDS-

THERE ARE TOTAL 10 WARDS, 5 WARDS PER FLOOR, WHICH ACCOMMODATE AROUND 50 BEDS. MAXIMUM USE OF NATURAL LIGHT IN WARDS BY PROVIDING LARGE WINDOWS.DIFFERENT CUBICAL ARE PROVIDED FOR DIFFERENT AGE GROUPS AND FOR FEMALESDIFFERENT CUBICAL PROVIDED BUT NO PRIVACY IS MAINTAINED BECAUSE ALL CUBICALS ARE OPEN.

NURSE CUBICALS-

NURSE CUBICAL IS PLACED IN SUCH A MANNER SO THAT NURSE CAN KEEP A WATCH ON ALL PATIENTS.

DAY CARE CENTER & ACTIVITY ROOM-

BOTH THE FUNCTIONS ARE PROVIDED IN A SINGLE HALL AT FIRST FLOOR.
THE FIRST FLOOR HAS A LIBRARY AT THE ENTRENCE WHICH IS ACCOMPANIED BY FOUR CLASSROOMS.AT THE OPPOSITE CORNER THERE ARE DIFFERENTS AREAS ARE PROVIDED LIKE ASSISTANT ROOMS, WARDS, TOILETS ETC.THE SECOND FLOOR HAS ADMINISTRATIVE AREA AND DOCTORS ROOM.





OTHER FEATURES:

THE SKY LIGHT IS PROVIDED FOR GETTING MAXIMUM NATURAL LIGHT AT DAY TIME.

AND CUT OUT IS PROVIDE AT THE FIRST FLOOR SO THAT MAXIMUM LIGHT CAN REACH AT THE GROUND FLOOR CORRIDOR. THIS IS A GOOD WAY TO USE NATURAL LIGHT IN BUILDING. FOR INWARD PATIENTS TOILETS ARE BEING PLACED JUST NEXT TO THE WARD BECAUSE DURING WITHDRAWL THEY FREQUENTLY VISIT THE TOILET.

INFERENCES:

- THERE ARE NO SEMI COVERED SPACES TO CONDUCT GROUP ACTIVITIES.
- THERE ARE NO ACTIVITY AREAS INSIDE THE BUILDING OR IN THE GREEN AREA.
- SCOPE OF EXPANSION OF THE MAIN BUILDING IS LEFT TO CATER THE INCREASING DEMAND IN FUTURE, HOWEVER AFTER THE EXPANSION THERE WILL BE NO OPEN SPACES LEFT AND THE BUILDING WILL WORK AS A TYPICAL HOSPITAL.
- ALL THE ROOMS HAVE WINDOWS BUT THE CORRIDORS REMAIN DIMLY LIT DURING THE DAY TIME.
- OPENINGS MUST BE LONG AND WIDE FOR GOOD AIR CIRCULATION.
- GREEN AREA ONLY IN THE FRONT OF REAR SIDE OF THE BUILDING.





FIRE FIGHTING-

FIRE ALARM AND FIRE EXTINGUISHERSARE PLACED AT ALL THE ESCAPES ROUTES A TOTAL OF FIRE ALARMS WERE INSTALLED THUS COVERING EVERY PART OF THE BUILDING. FIRE HYDRANTS INSTALLED NEAR ESCAPE ROUTES 4HOSE REELS WERE INSTALLED AT 4CORNERS OF THE BUILDING AND ITS LENGTH WAS 70 M EACH FIRE HOSE IS EITHER CONNECTED TO FIRE ENGINE OR FIRE HYDRANT INDOORS.

IT IS PERMANENTLY CONNECTED TO THE BUILDING'S PLUMBING SYSTEM

CASE STUDY-2

SANJIVINI, NEW DELHI

CASE STUDY: 2, SANJIVINI, NEW DELHI



ESTABLISHED IN 1976, SANJIVINI IS A REGISTERED NON-PROFIT VOLUNTARY ORGANIZATION THAT HAS BEEN ADDRESSING THE MENTAL HEALTH NEEDS OF THE COMMUNITY FOR OVER FOUR DECADES. THEIR ROOTS GO BACK TO A GROUP OF COMMITTED INDIVIDUALS WHO SET UP THIS ORGANIZATION, RECOGNIZING THAT A PATIENT EAR AND A SUPPORTIVE ENVIRONMENT CAN HELP ONE FIND THE STRENGTH THEY NEED TO OVERCOME THE COMPLICATIONS IN THEIR LIFE.

LOCATED IN NEW DELHI. SOUTH OF IT, NEAR FAI, BUS STAND, A - 6, SATSANG VIHAR MARG, BLOCKA. OUTAB INSTITUTIONAL AREA



ARCHITECT

AR. JASBIR SAWHNEY & ASSOCIATES



SITE AREA

1906 M²



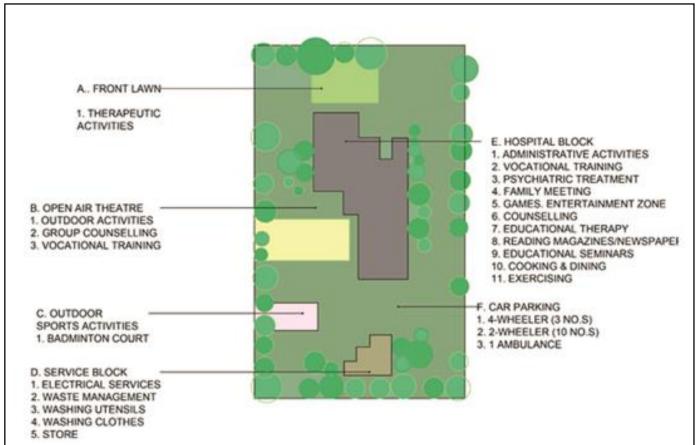
OCCUPANCY

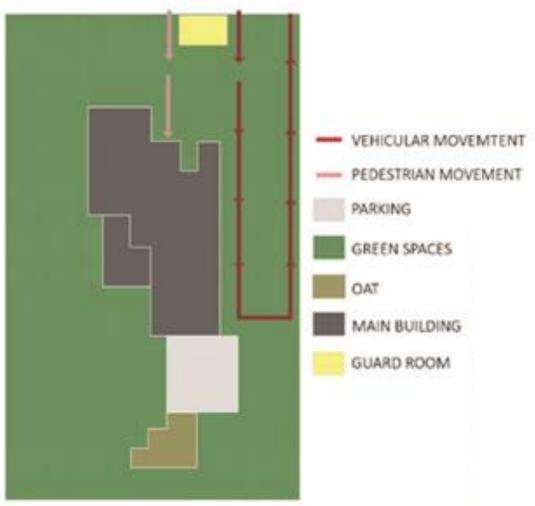
TOTAL CAPACITY-25

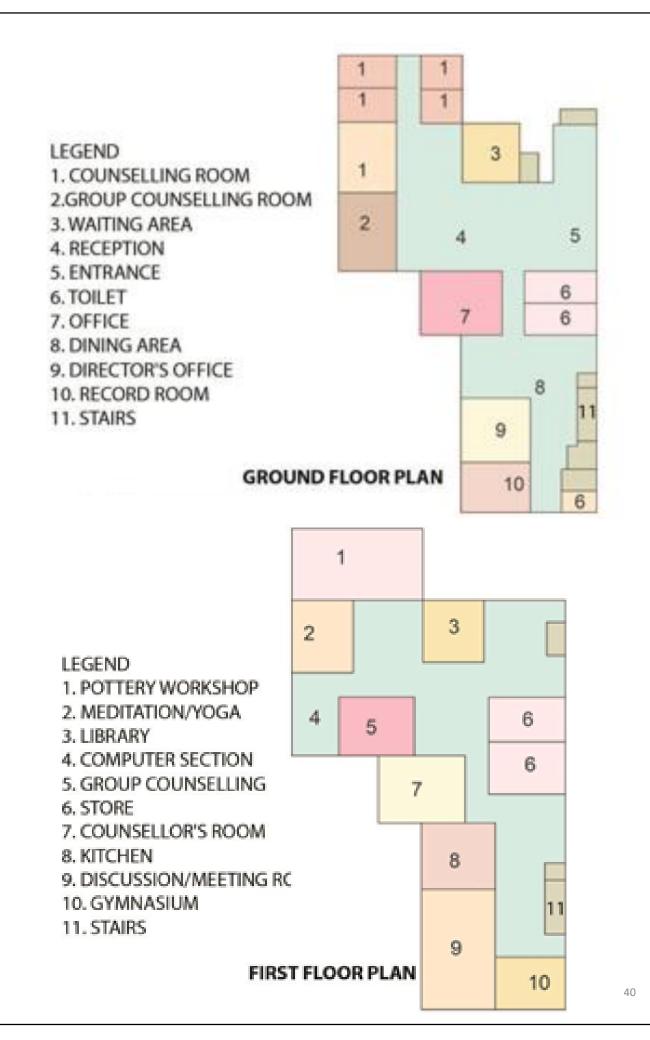


BUS STAND: 21.8 KM RAILWAY STATION: 25.1 KM METRO STATION: 3.8 KM

AIRPORT: 9 KM







SITE FEATURES

- SUNKEN COURTYARD- IT HAS MULTIPLE FUNCTIONS, IS A HIGHLIGHT OF THIS BUILDING. IT IS USEFUL IN MANY WAYS AS IT KEEPS THE BASEMENT WELL VENTILATED.
- LANDSCAPE FEATURES- TALL TREES ON THE EDGES OF THE SITE CREATES A BUFFER ZONE FROM OUTER ENVIRONMENT AND ALSO INCREASES THE NATURAL BEAUTY AS WELL AS THE THERAPEUTIC VALUE OF THE CENTRE.BOUNDARY WALLS ARE COVERED WITH FLOWERING CREEPERS. FRONT WALL IS WELL MAINTAINED. FOOT LIGHTS ARE USED IN FRONT LAWN, LAMP POST ARE USED IN THE COURTYARD.
- EXTERNAL ANALYSIS-THERE IS EXPOSED BRICK WORK ON BUILDING FACADE. THE GLASS WINDOWS OVERLOOKING THE GREEN AREAS WHERE THE PATIENTS GENERALLY HANGOUT MAKE IT EASY FOR THE COUNSELLOR TO KEEP AN EYE ON THE ACTIVITIES OF THE PATIENTS.













SERVICES

WATER SUPPLY: IS FROM THE MUNICIPALITY. THERE ARE OVERHEAD TANKS, 2000 LITRES EACH. WATER IS STORED IN 25 LITRES CANS. FILTERING MACHINES ARE USED FOR DRINKING WATER.

ELECTRIC SUPPLY-50 KWA, 3 PHASE SUPPLY. GENERATORS ARE USED IN CASE OF ANY POWER FAILURE. SEWAGE SYSTEM-SEWAGE LINE IS RUNNING ALONG THE ROAD.BASEMENT IS ALSO USED AS DAY CARE CENTRE WITHOUT ANY PARTITION WALLS MANY ACTIVITIES SUCH PAINTINGS, POTTERIES, ETC.

INFERENCES: ALL THE THERAPEUTIC AREAS CAN OVERLOOK THE GREEN AREASTHE SUNKEN COURT PROVIDES A NATURAL AND HEALTHY INTERACTION DISCUSSION AND MANY OTHER GROUPS ACTIVATESNO DETOXIFICATION UNIT IN THE BUILDINGA CLOSE RELATIONSHIP BETWEEN BUILT AND OPEN ENVIRONMENTBRIGHT COLOURS ARE USED IN INTERIOR AND EXTERIOR.

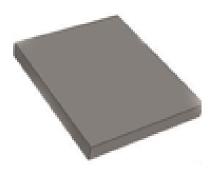
CONCEPT

CONCEPT

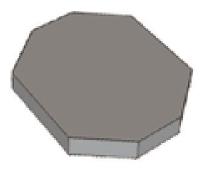
FORM EVOLUTION

TRANSFORMATION OF A BASIC CUBOID INTO AN ENCLOSURE.

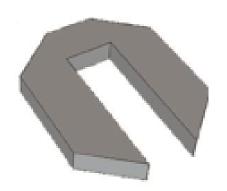
THE ENCLOSURE, IS HEALING IN NATURE AS IT WELCOMES THE PATIENTS WITH OPEN ARMS AND PROVIDES AN INNER SPACE FOR THEIR WELFARE. THE INNER SPACE PROVIDES FOR INTERACTION, ACTIVITIES, ETC FOR THE MUCH NEEDED CHANGE OF ENVIRONMENT FOR A PATIENT.



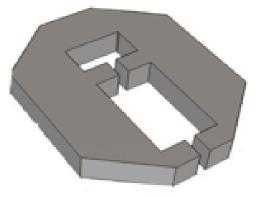
THE BASIC CUBOIDAL FORM IS
TAKEN AS PER THE SHAPE OF SITE.



TRANSFORMATION OF BASIC FORM THROUGH SUBTRACTION.



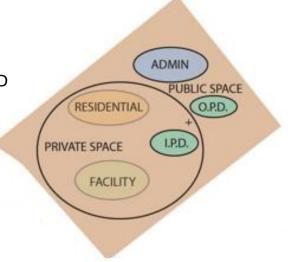
CREATING INTERNAL OPENING FOR CLOSED HABITABLE SPACE.



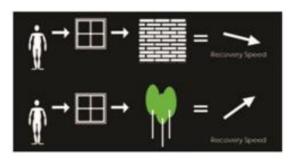
SUBDIVIDING THE OPENING BY
SUBTRACTION DEPICTING THE ARMS.

SITE ZOANING

THE REQUIREMENTS FRAMED ARE CATEGORISED ON FOUR MAJOR BLOCK: ADMINISTRATIVE BLOCK, O.P.D. & I.P.D. BLOCK, FACILITIES PROVIDED AND THE RESIDENTIAL BLOCK. THE FORM PROPOSED FOR EACH BLOCK ARE DIVIDED ON THE BASIS OF PROPORTIONATE AREA.



THERAPEUTIC ARCHITECTURE

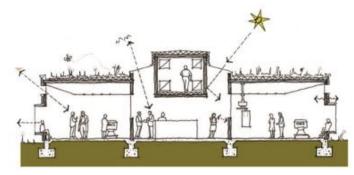


SHOWS THE IMPORTANCE OF GREENERY IN HEALING.



AFFECT OF NOISE LEVEL ON THE PATIENT.

ROLE OF LIGHT



LIGHT PLAYS A CRITICAL ROLE IN HUMAN LIFE AND DAILY AFFAIRS THAT WE CAN HARDLY IMAGINE OUR EXISTENCE WITHOUT IT. IT PERMITS ONE TO FUNCTION AT A BASIC LEVEL AND IT ALSO PLAYS A KEY FACTOR IN OUR PSYCHOLOGICAL AND PHYSIOLOGICAL HEALTH.



MATERIALITY HAS A DIRECT INFLUENCE ON THE OVERALL SENSE OF THE ENVIRONMENT. MATERIALS HAVE THE ABILITY TO AFFECT THE SOUND ENVIRONMENT, CIRCULATE MOVEMENT, INCREASE/DECREASE COMFORT, AND VARIOUS OTHER ACTIONS. WITH THIS, THE FORM IN WHICH THE MATERIAL BECOMES A PART OF WILL ALSO DETERMINE THE POWERS OF ITS PLACEMENT.

LANDSCAPING



SHOWS THE OUTDOOR ACIVITY AREA.



SHOWS THE HEALING GARDEN.



SHOWS THE WATERBODY.



SHOWS THE OPEN AIR THEATRE. 45

COLOUR PSYCHOLOGY



Healing Environment should....

Stimulate positive awareness of ourselves

Enhance our connection with nature and people

Provide meaningful, vary stimuli

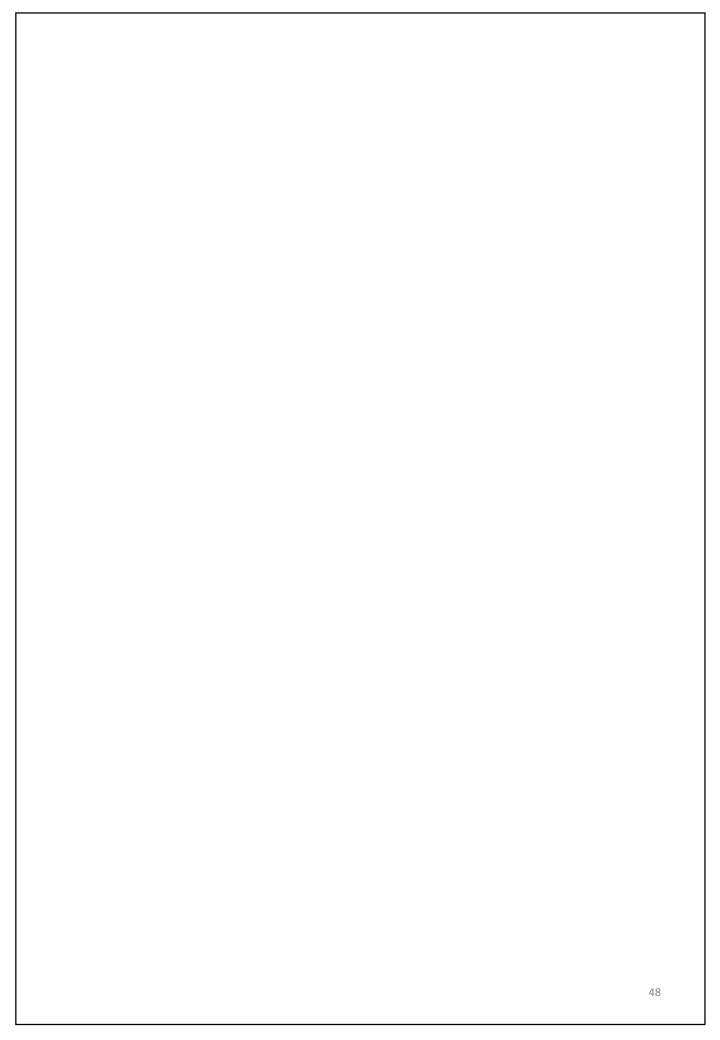
Encourage relaxation

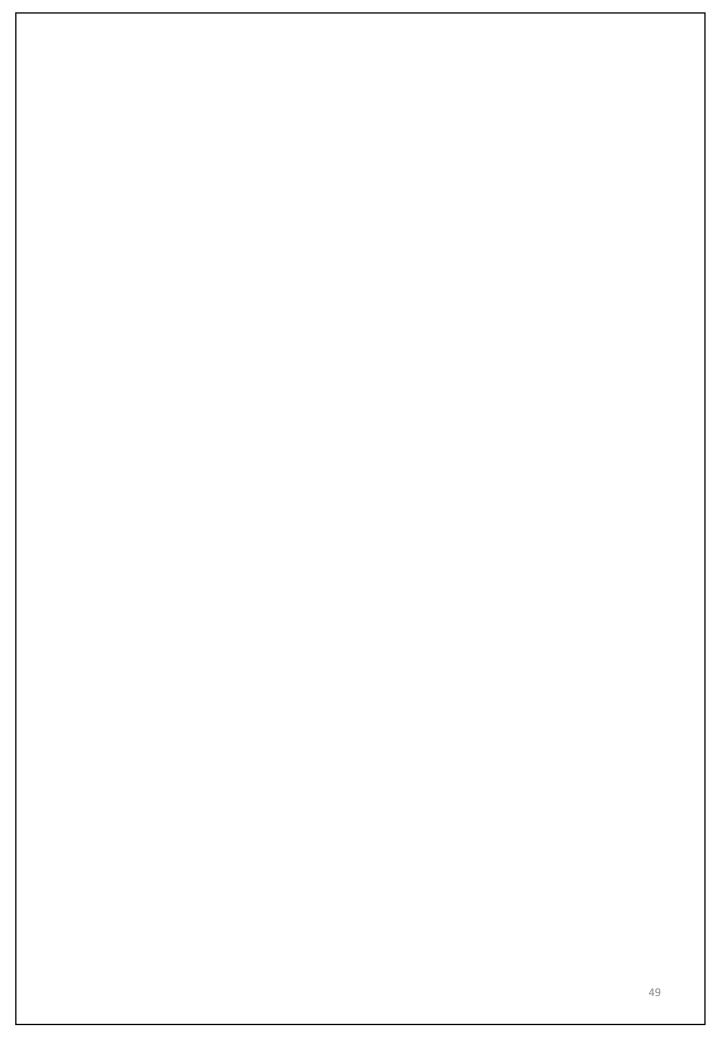
Allow us to interact with them productively

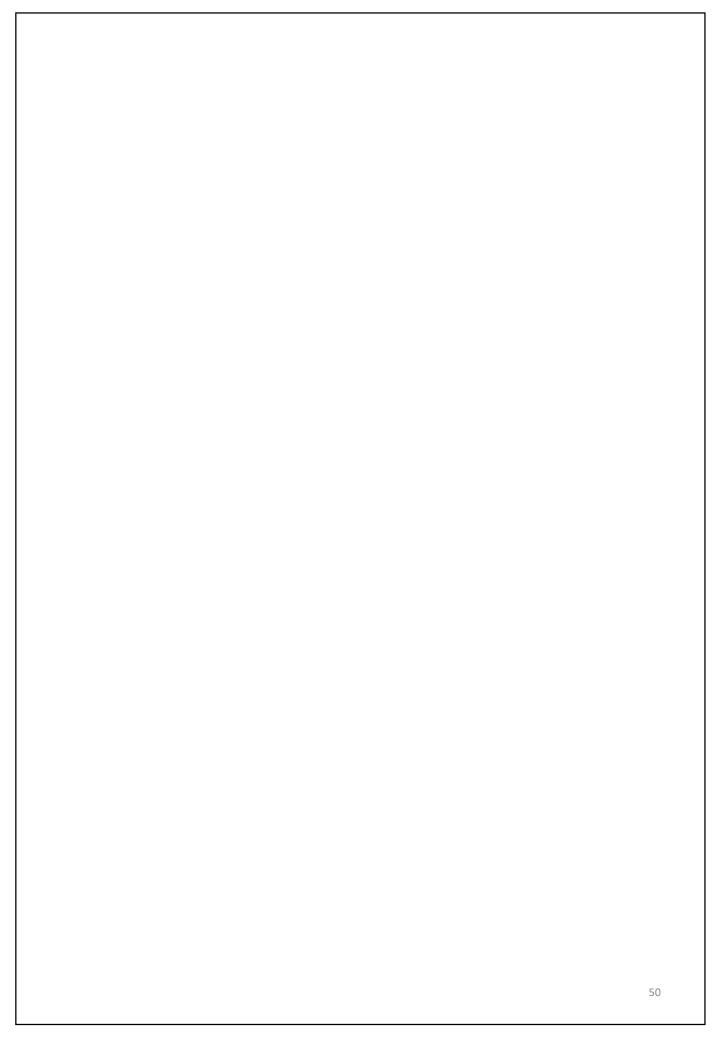
Balance constancy and flexibility

COLORS CAN HAVE A SIGNIFICANT IMPACT ON THE PSYCHE OF PATIENTS; CERTAIN COLORS INTEND TO ENCOURAGE ACTIVITIES, WHILE OTHERS PROMOTE PASSIVE BEHAVIOR. ACCORDING TO COLOR THERAPY, COLORS HAVE THE ABILITY TO INFLUENCE MANY FACETS OF OUR LIVES, INCLUDING OUR EMOTIONS, MENTAL STATE, MOOD, AND ENERGY LEVEL.

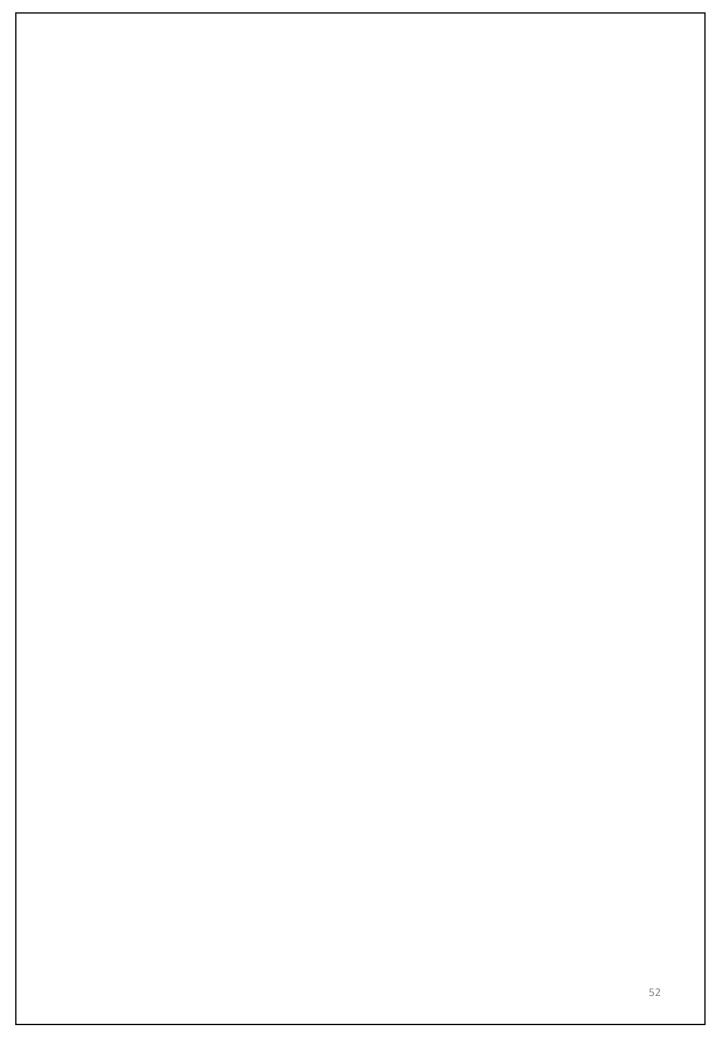




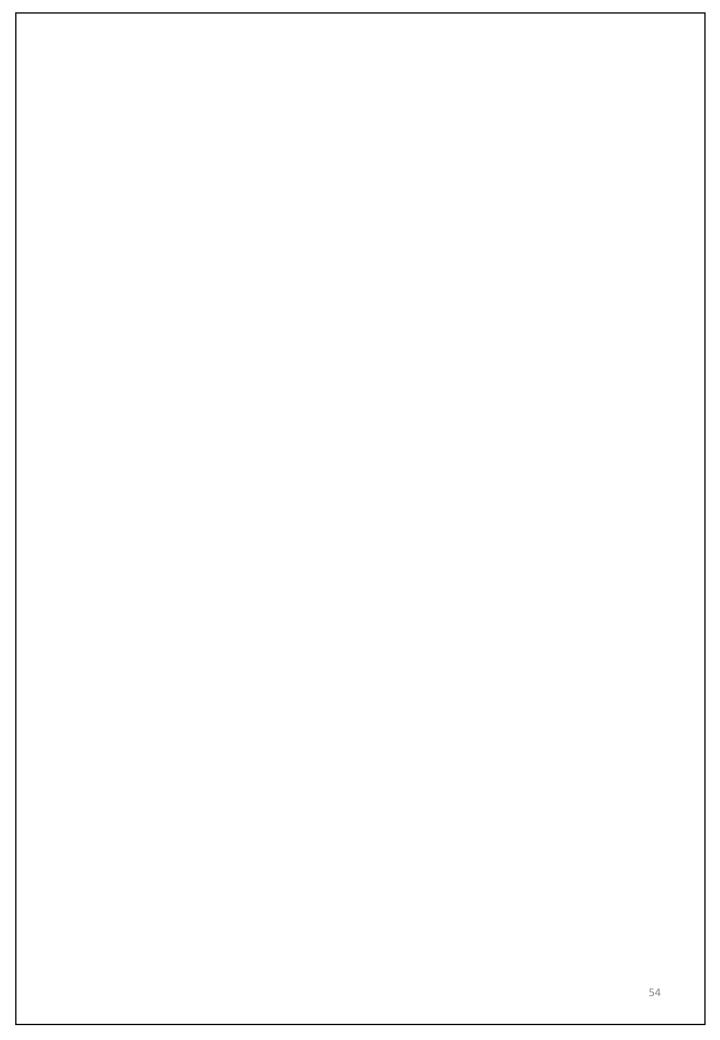




ELEVATIONS

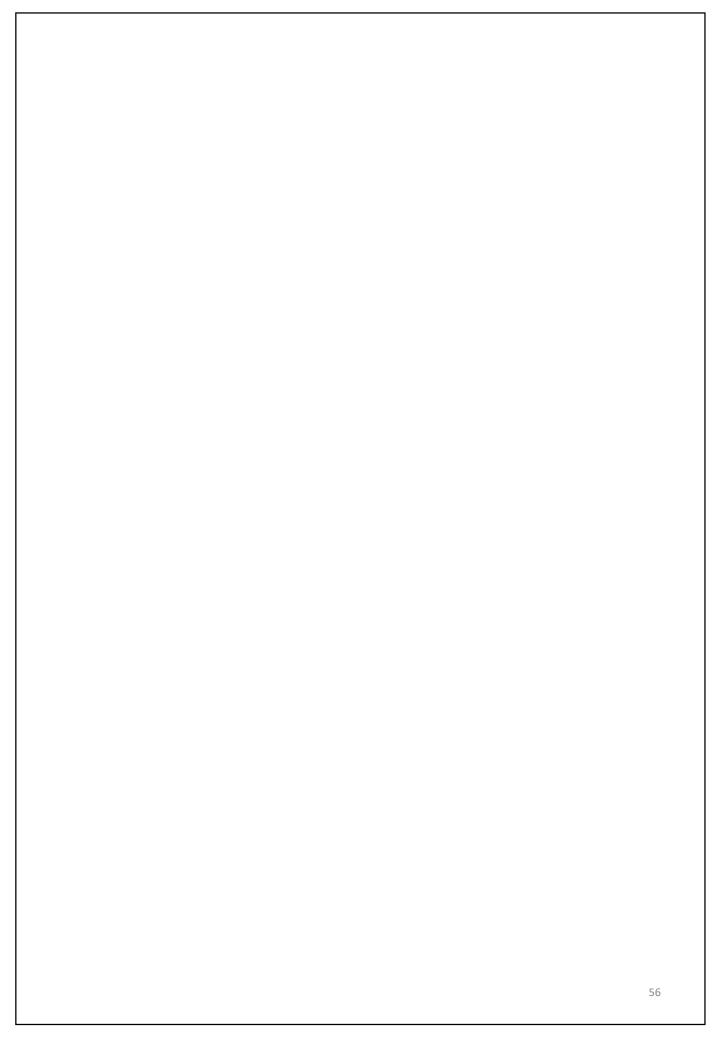


SECTIONS



ELECTIVE-1

LANDSCAPING



ELECTIVE-2

<u>INTERIOR</u>

3D-VIEWS

BIBLOGRAPHY

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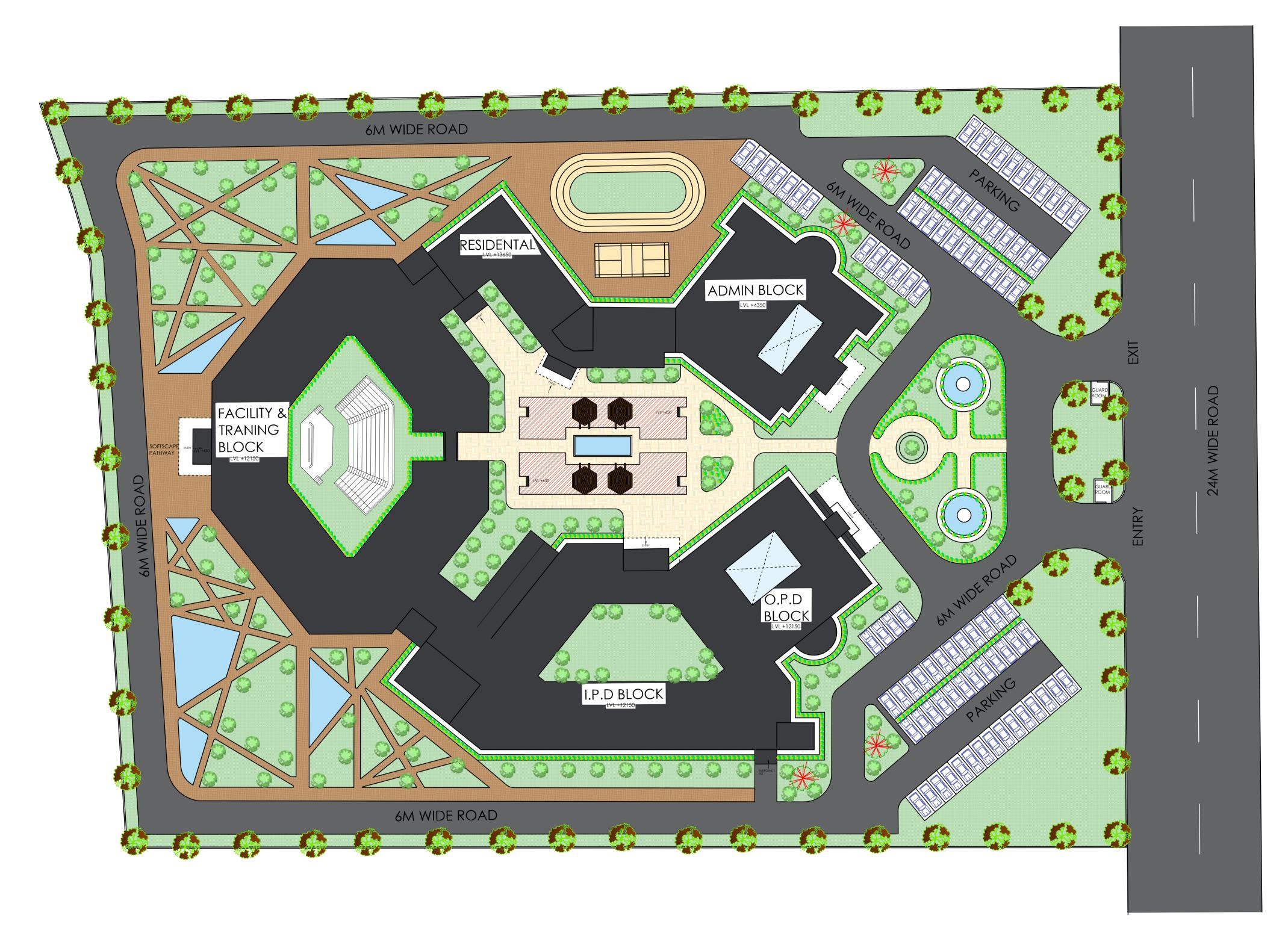
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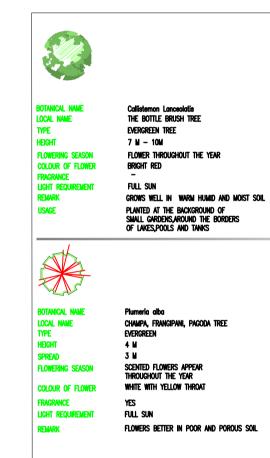
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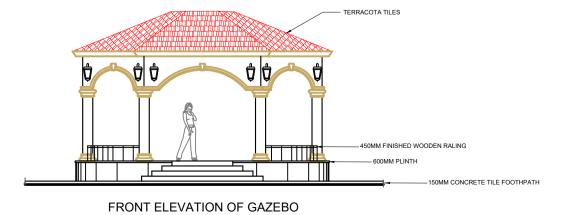
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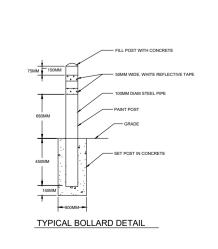
<u>rehabcouncil.nic.inRehabilitation Council of India</u> <u>www.unodc.org > unodc > enDrug Prevention Treatment and Care</u> <u>www.grants-msje.gov.in > display-irca-cost-norms</u>

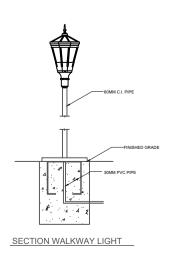


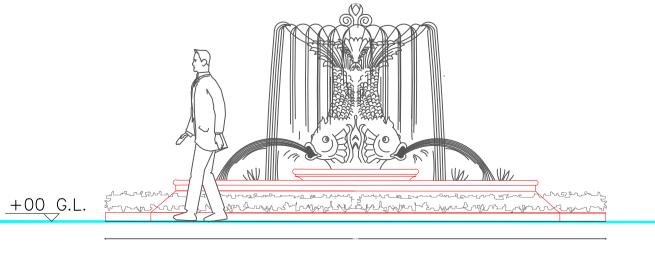












ELEVATION OF FOUNTAIN

DRUD
REHABILITATION
CENTRE

NOTE:-

(1) ALL DIMENSION ARE IN MM

(2) WRITTEN DIMENSION ARE TO BE FOLLOWED

DRAWING:-

ELECTIVE 1

SHEET NO:-

07

SCALE:-

NOT TO SCALE

SUBMITTED BY:-

MOHD OVAISH B.ARCH V YEAR 1180101031

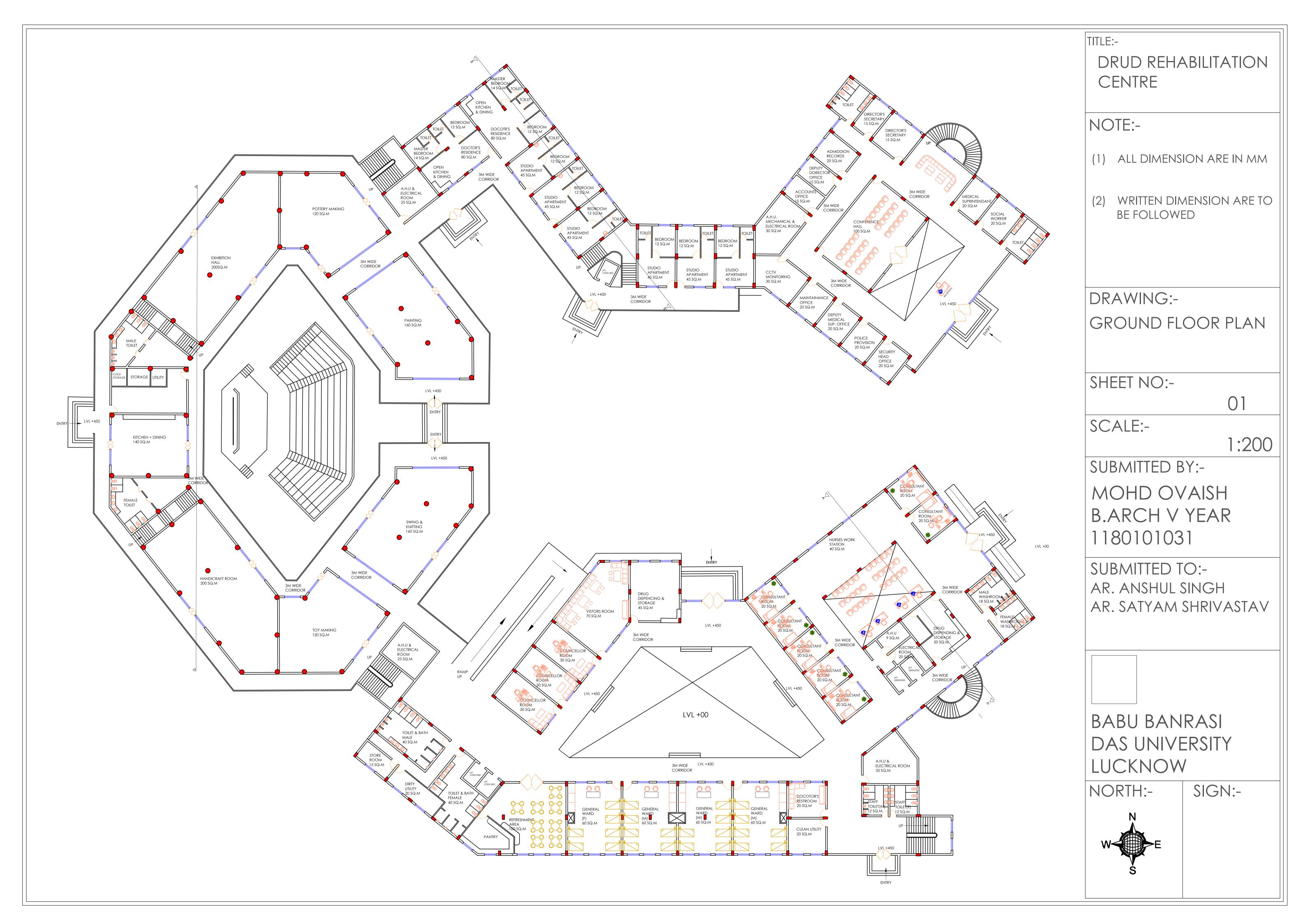
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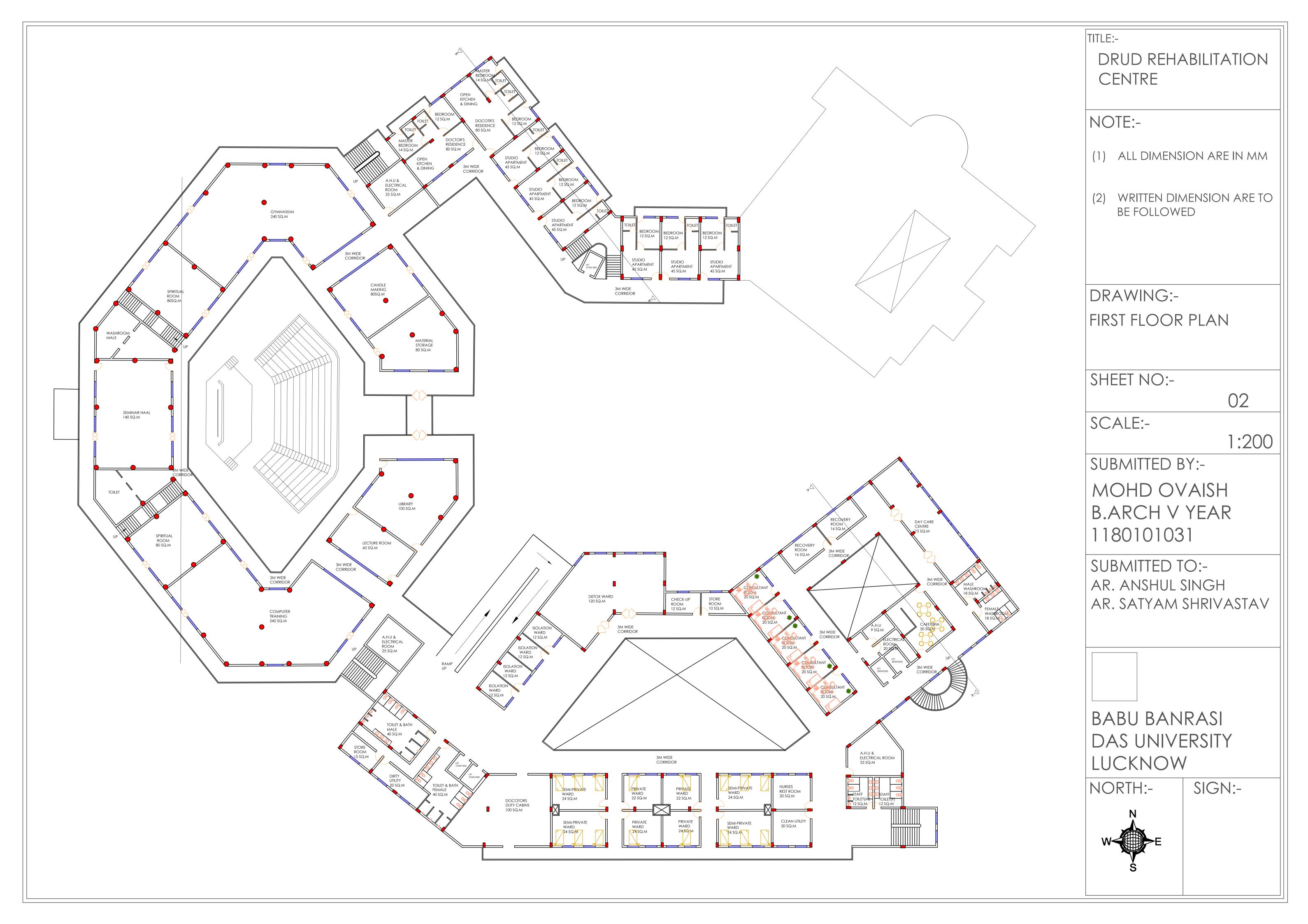


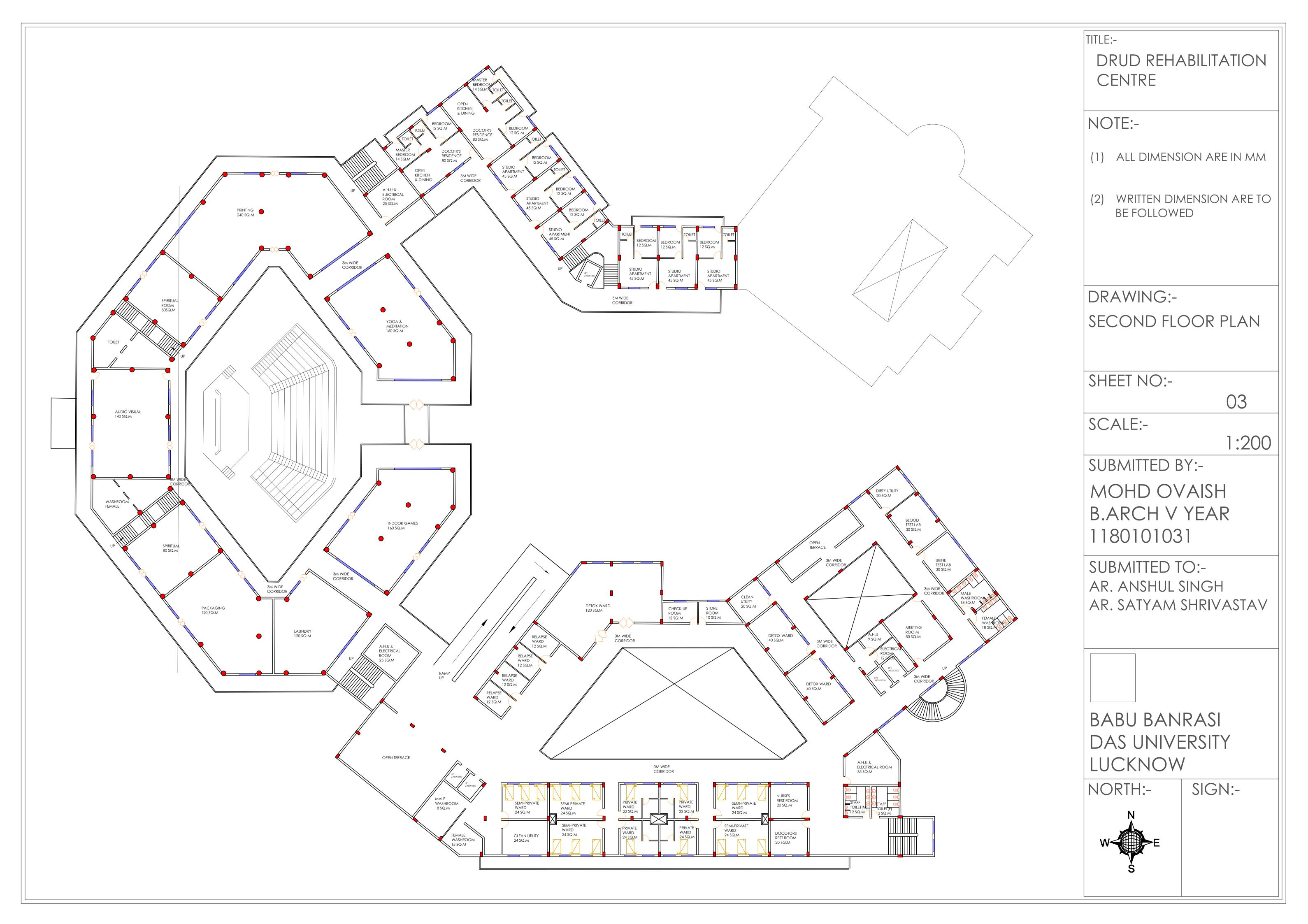
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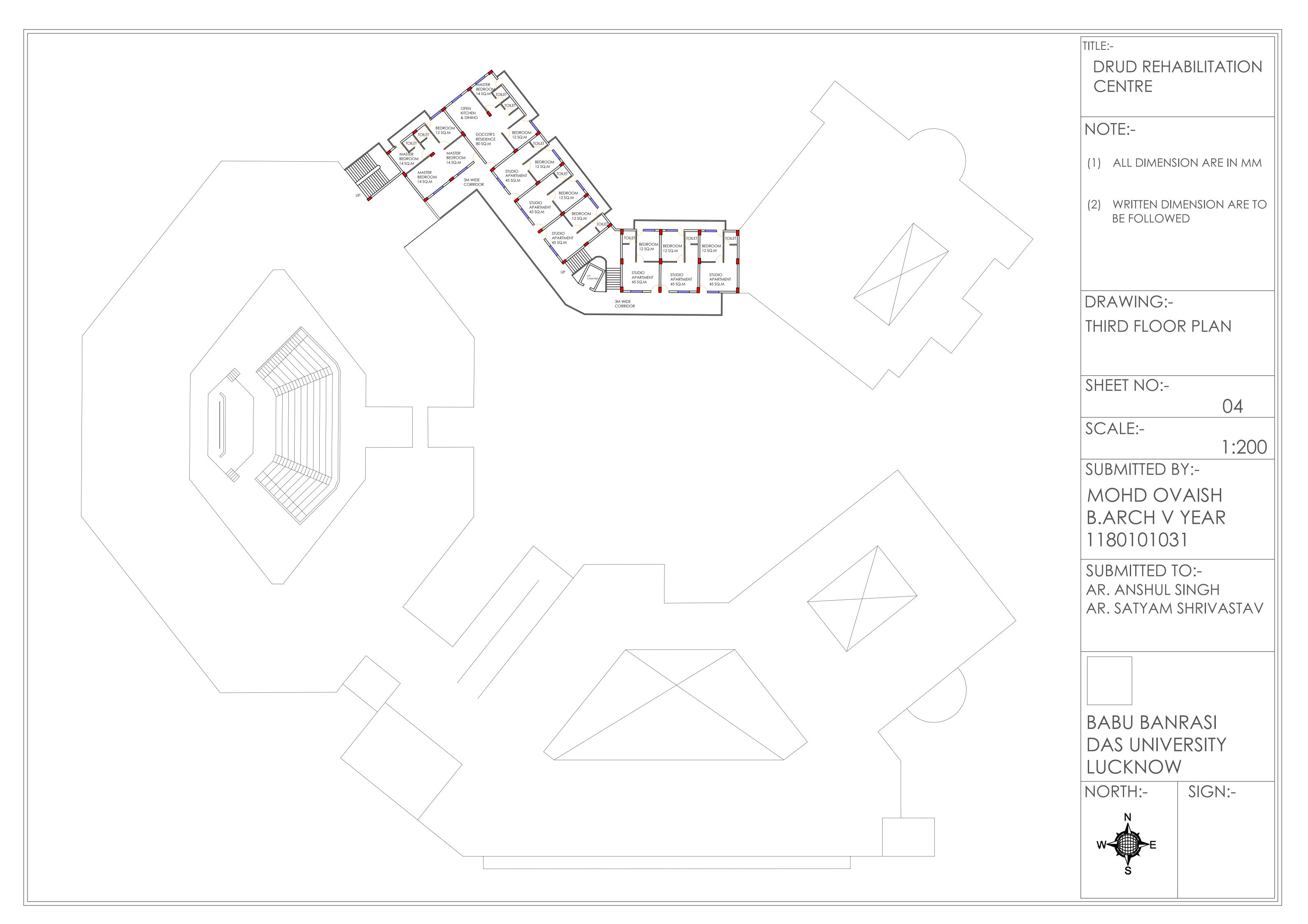
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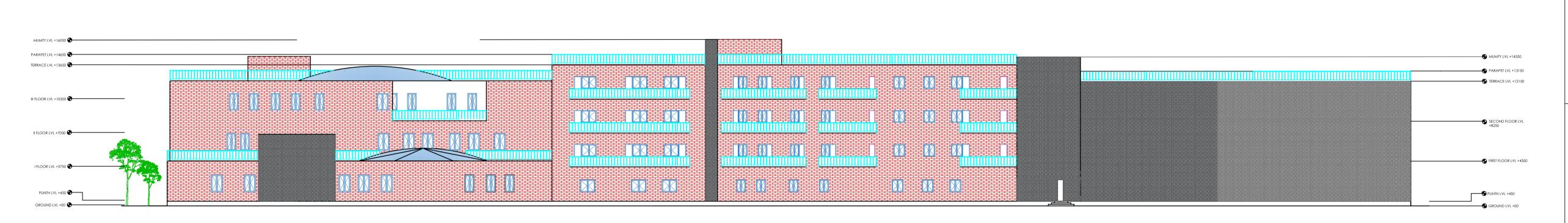




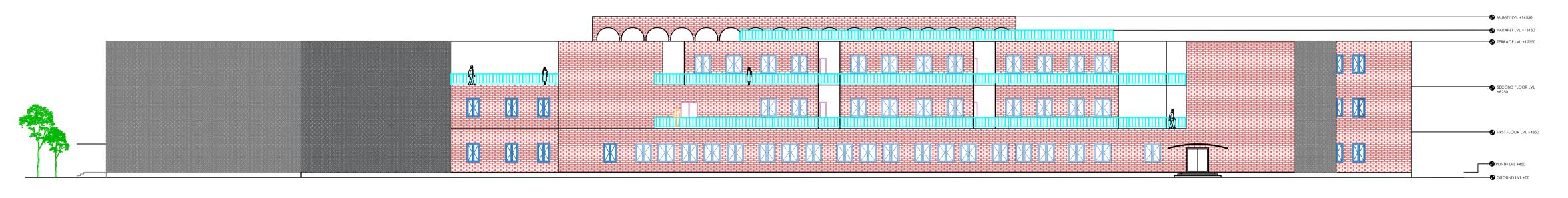








NORTH-WEST ELEVATION



SOUTH-EAST ELEVATION

TITLE:-

DRUD REHABILITATION
CENTRE

NOTE:-

(1) ALL DIMENSION ARE IN MM

(2) WRITTEN DIMENSION ARE TO BE FOLLOWED

DRAWING:-ELEVATIONS

SHEET NO:-

05

SCALE:-

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SUBMITTED BY:-

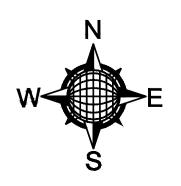
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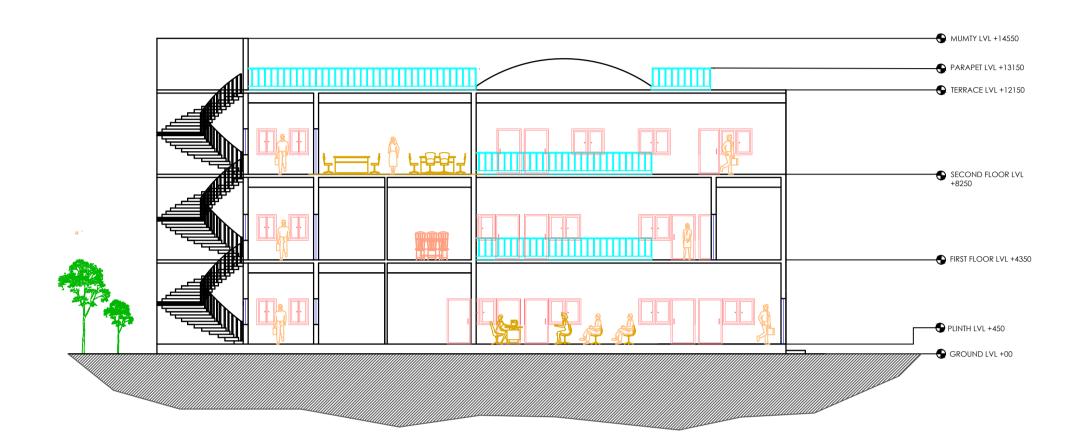
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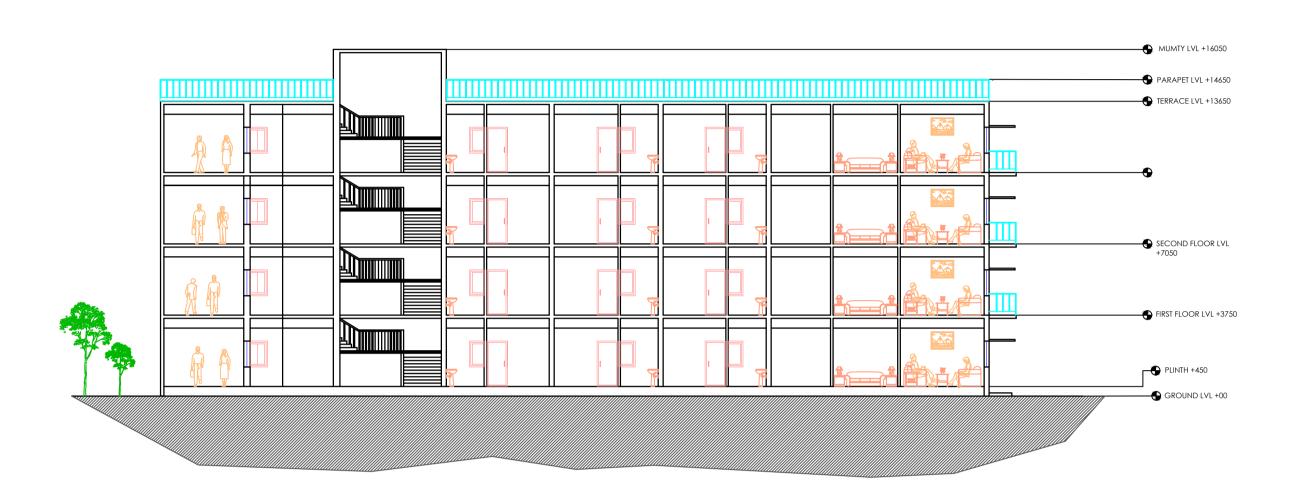


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NORTH:-

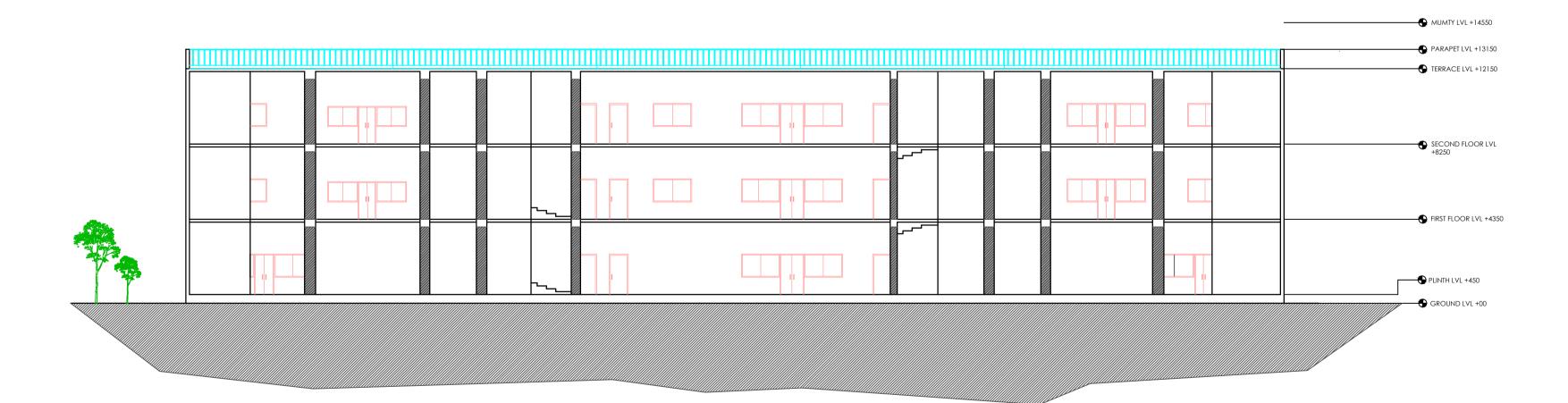






SECTION A-A'

SECTION B-B'



SECTION C-C'

TITLE:-DRUD REHABILITATION CENTRE NOTE:-(1) ALL DIMENSION ARE IN MM (2) WRITTEN DIMENSION ARE TO BE FOLLOWED DRAWING:-SECTIONS SHEET NO:-06 SCALE:-1:150 SUBMITTED BY:-MOHD OVAISH B.ARCH V YEAR 1180101031 SUBMITTED TO:-AR. ANSHUL SINGH AR. SATYAM SHRIVASTAV BABU BANRASI DAS UNIVERSITY LUCKNOW NORTH:-SIGN:-

SITE DETAILS:

PLOT AREA: 6 ACRE
(24281.6 M2)
F.A.R.: 1.2 (DELHI
DEVELOPMENT
AUTHORITY)
GROUND COVERAGE:

(7284.48 M2 OR 1.79 ACRE) **PERMISSIBLE COVERED AREA:** PLOT AREA x F.A.R.

AREA x F.A.R. =29137.92 M2

ACHIEVED GROUND COVERAGE: 25%

(6162.34 M2 OR 1.52 ACRE)

ACHIEVED COVERED
AREA: 16822.04 M2
PROPOSED F.A.R.: 0.69

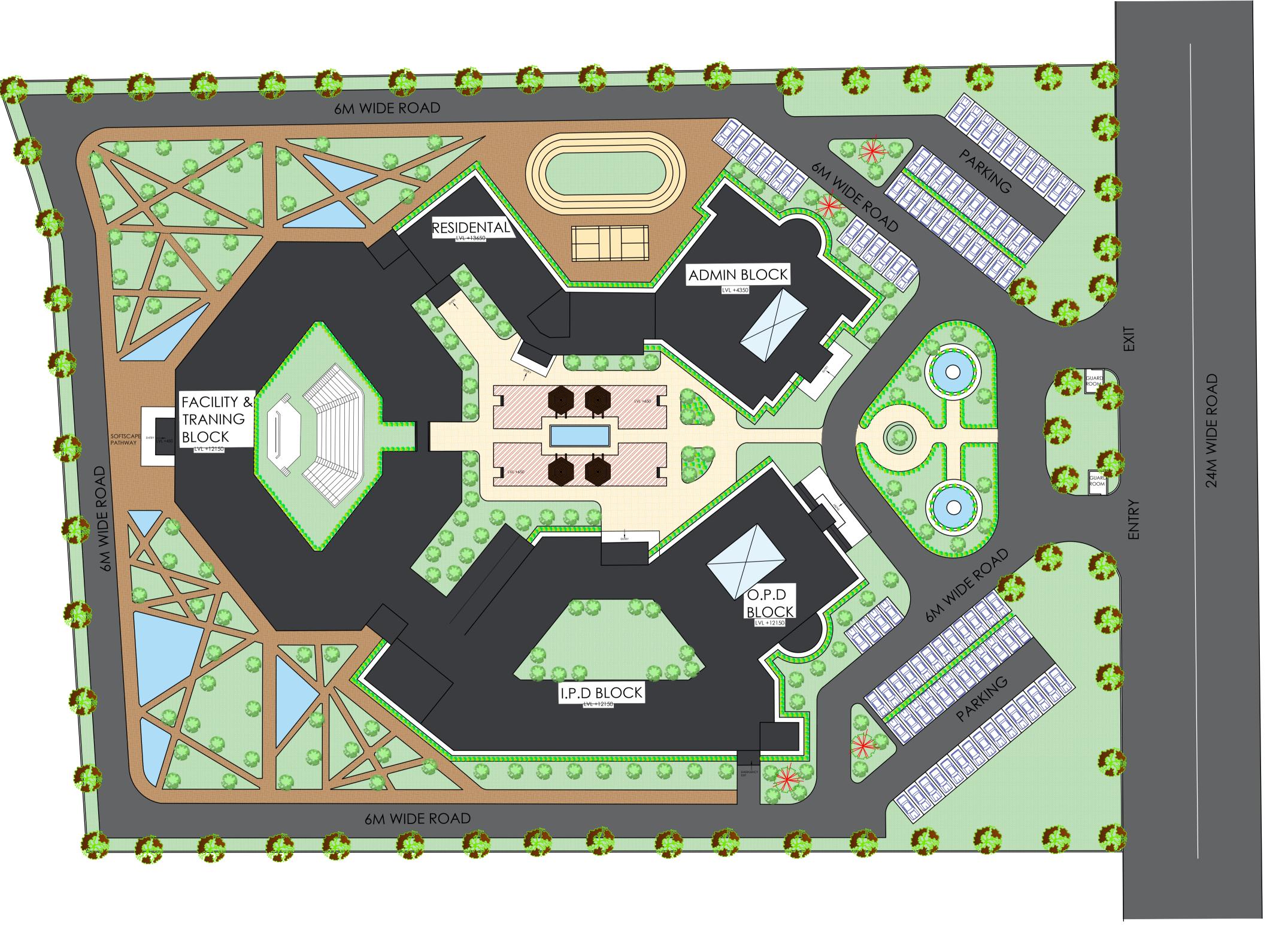
METAL ROAD AREA:

18.5%

PAVED AREA:

12.34%

SOFTSCAPE AREA: 44.16%



TITLE:-

DRUD REHABILITATION
CENTRE

NOTE:-

(1) ALL DIMENSION ARE IN MM

(2) WRITTEN DIMENSION ARE TO BE FOLLOWED

DRAWING:-SITE PLAN

SHEET

NO:-

09

SCALE:-

1:400

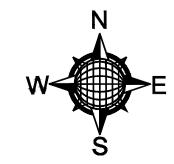
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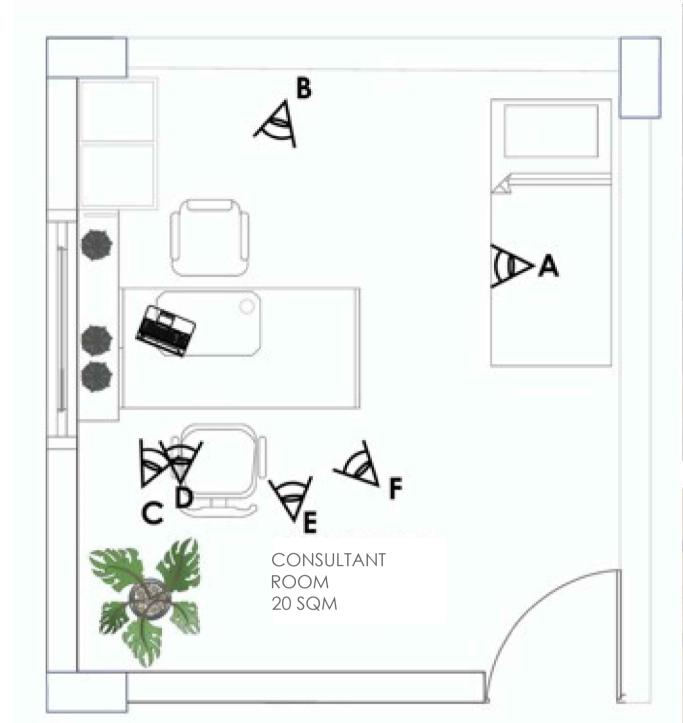
MOHD OVAISH
B.ARCH V YEAR
1180101031

SUBMITTED TO:-AR. ANSHUL SINGH AR. SATYAM SHRIVASTAV

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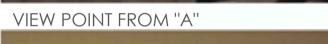
NORTH:-











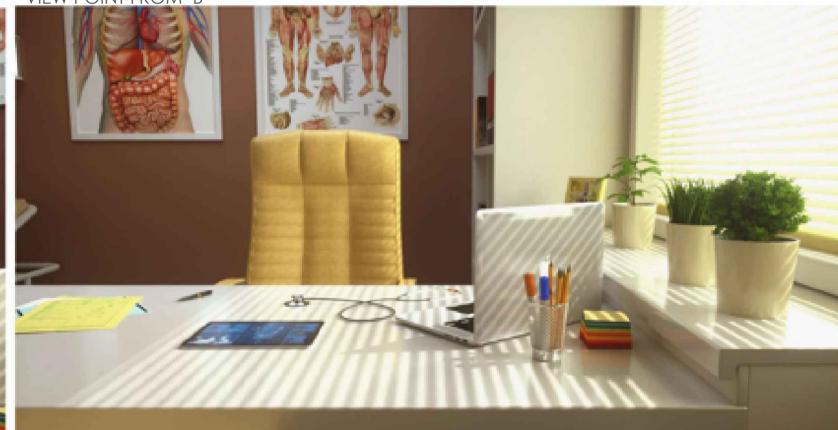


VIEW POINT FROM "C"









VIEW POINT FROM "D"



COTTON SHEET

TITLE:-

DRUD REHABILITATION CENTRE

NOTE:-

(1) ALL DIMENSION ARE IN MM

WRITTEN DIMENSION ARE TO BE FOLLOWED

DRAWING:-ELECTIVE 2

SHEET NO:-

80

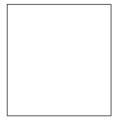
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SUBMITTED BY:-

MOHD OVAISH B.ARCH V YEAR 1180101031

SUBMITTED TO:-AR. ANSHUL SINGH AR. SATYAM SHRIVASTAV



BABU BANRASI DAS UNIVERSITY LUCKNOW

NORTH:-



VIEWS

















VIEWS













